

SIX MILE POST

The Student Voice

April 19, 2011

www.sixmilepost.com

Vol. 40, #7



Photo by Kara McDowell

John Southwood, chief advancement officer, gets a face full of pie at this year's Spring Fling. For more Spring Fling pictures and the "before" photo of Southwood, please see pages 10 and 11.

GHC library overhauls some of its policies

Find out about what policies have changed and how they affect you.

Page 2

It's almost Graduation time at GHC

Pull out this special keepsake section with a list of graduates' names and special articles.

Pages G1-G4

ADD meds are a popular study enhancer

Learn why abusing prescription medicines to study is not a good idea.

Page 12

Libraries undergoing further changes

By Ross Rogers
Asst. Print Editor

Following a recent meeting of the library faculty committee, several more changes to GHC's libraries are now in place.

Students should be aware that if they wish to borrow materials from a GHC library, they will need to have their student ID as proof of enrollment. If students do not have their GHC ID cards, a driver's license may be used instead.

Students will no longer be charged a daily late fee for materials borrowed, but will instead be charged \$35 if those materials are lost or damaged and may be subject to paying the cost of replacement. Books that are overdue for more than 60 days will be counted as lost.

Susan Vines, assistant librarian for public services,

encourages students to renew their books and materials online to prevent them being labeled as "lost."

Elijah Scott, director of GHC's libraries, said, "We don't want students' money; we just want our stuff back." Scott pointed out that the prices for lost or damaged books are taken from the "Library and Books Trade Almanac" and are not determined by GHC library staff.

In addition, Vines emphasized that any books that are checked out from a GHC library must be turned in on the last day of class each semester.

Scott and Vines also mentioned that students can receive help when they are not on campus through ask.highlands.edu.

This website allows students to get assistance through live chat, text messaging, e-mail, Facebook,



Photo by Jade Santiago

Sparks fly as work on the Floyd library's facilities gets underway.

Twitter, by telephone and through the "virtual librarian."

However, these services are only available during the library's operating hours.

In addition to these policy changes, which affect all GHC libraries, the Floyd campus library is undergoing renovation.

The Floyd library will have four new group study rooms and a dedicated quiet study area in its northeast corner. Derrick Mitchell, an art major at the Floyd campus, said, "A quiet study area is a great addition because I like to do research without a lot of distractions."

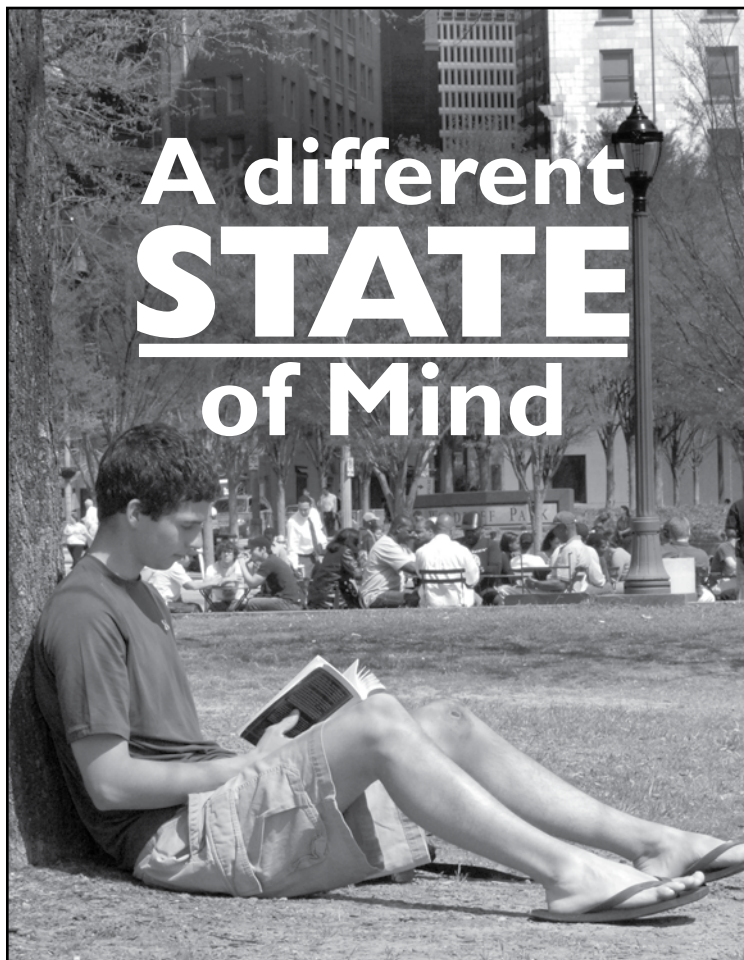
Fourteen skylight-style

lighting fixtures are being installed in the library's central area along with new, brighter paint throughout the building. Mitchell said, "The brighter paint and lighting make it a more comfortable environment."

The unisex restroom will be removed in order to clear a space on the back wall of the library to display student art work, and both the men's and women's restrooms will be made handicapped accessible before the renovation is complete.

All the computer terminals in the Floyd campus library, including the central GALILEO terminals, are being moved to the southeast corner of the library to make room for the quiet study area.

The renovations to the Floyd campus library are scheduled to be complete before fall semester 2011.



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College's decentralization process underway

More changes set to take effect at the beginning of July

By Michael Davis
Editor

Georgia Highlands College's decentralization plan is taking shape.

Right now, the Floyd and Cartersville campuses are the only two full-service locations. The other sites have shared services. The decentralization process aims to resolve this.

Renva Watterson, vice president of academic affairs, said, "This is an effort to do a better job, a continual self-improvement on the delivery of instruction and student services."

During a series of town hall meetings held at each of the college locations in late March, it was stated that under the plan the site directors will become campus deans and the division chairs will become academic

deans.

The campus deans and academic deans will serve under Watterson, who will absorb the responsibilities of student affairs, when she becomes the vice president of academic and student affairs in July.

Laura Musselwhite, the current associate dean for strategic planning assessment and accreditation (S.P.A.A.), will become the associate vice president of academic and student affairs under Watterson. Musselwhite will continue her work with S.P.A.A. and SACS accreditation as well as taking on any additional responsibilities that her new position will entail.

Also in July, John Spranza, the current director of student life, will become the student life coordinator for the Floyd campus

and Megan Youngblood will remain at Cartersville as the student life coordinator. Lyric Burnett will cover student life activities for the Paulding and Douglasville

"In short, one size does not fit all."

**-Randy Pierce
GHC president**

locations. Alexis Carter, the current new student orientation coordinator, has already moved from the Floyd campus to the Marietta site and will become the student life coordinator there.

According to Randy Pierce, GHC president, the main focus of decentralizing student services is to better serve students. This process aims to fix the problems and

allow students to get what they need at their location. "In short, one size does not fit all," Pierce said.

Watterson compared GHC's multi campus make-up to a "franchise model," meaning that at each location students will receive the same services they would at any other.

"While the process is already being implemented, some locations must meet a benchmark enrollment to trigger new positions at that location, but we are moving forward with this process so that we are ready when the benchmark is hit," Watterson said.

Pierce and Watterson both mentioned the hard work that has been put into this process. They have studied many different models of how student services are organized elsewhere

and feel that what they are implementing fits GHC the best.

Watterson emphasized this by saying, "There will be an ongoing assessment to see if it is working the way we want it to. It is important that we are fluid in the change. We are prepared to respond to necessary changes."

Decentralization is just one of the 10 key parts in a three-year strategic plan covering student services, student support, academic affairs, student retention and graduation. This plan is aimed toward the needs of current and future students, and being able to better service those needs.

"More attention and ability to serve students at their locations is best and that is what we are moving toward," said Watterson.

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Regents to vote on intercollegiate sports at GHC

By Mike Geibel
Asst. Online editor

At the Board of Regents spring 2011 meeting on April 19-20, the board members will vote on the fate of intercollegiate varsity athletics at GHC.

According to college administrators involved in the project, the vote is expected to pass, and in doing so will set into motion the first official moves toward bringing competitive sports teams to Georgia Highlands since the athletic fee was approved by Student Engagement Council (SEC) in December.

The next step for GHC would be to begin collecting the athletic fee, upgrading facilities and gaining acceptance into the National Junior College Athletic Association (NJCAA) and the Georgia conference. GHC has already received an in-

itation from these organizations and is listed on the NJCAA website under the "Welcome New Members" heading. Participation in the organization is pending the approval by the Board of Regents for athletic competition.

The Georgia conference of the NJCAA includes schools such as Young Harris College, Georgia Perimeter College and Darton College. GHC would rank fourth among the conference schools in enrollment and would fall in very similar rank in funding and participation.

According to the feasibility report provided to support the proposal of athletics at GHC, over 90 percent of the funding for the first five years of each athletic team would come directly from the new athletics fees slated to go into effect in August

2011. The \$50 per semester fee is \$2 below the conference average. For full-time students the fee assessed would produce approximately \$450,000 in funds per fiscal year with summer school and part-time students adding another \$200,000 combined.

The study also stated that much of the money coming in to the school from the athletic fees would be used to upgrade GHC's current facilities. The athletics proposal includes plans and strategic ideas for creating space for baseball and softball teams, creating locker rooms for athletes and upgrading the current gymnasium on the Rome campus. Other expenditures early in the procedure include the hiring of an athletic director, hiring coaches and purchasing necessary items such as jerseys and equipment.

The eight proposed sports to be started in the next five years include men's and women's basketball, soccer, tennis, softball and baseball. The first sport to become active would be basketball, due to the ease of beginning a team and the availability of current facilities on the Floyd campus. Basketball would begin competition during the 2012-13 academic year.

Baseball and softball would be the next two teams formed, after finding or building fields to be used by the teams. Tennis and soccer would have teams in subsequent years. According to the proposal fee structure presented to SEC by Rob Whitaker, vice president for finance, by 2015 all eight sports would be formed and actively competing.

The opportunity to bring intercollegiate sports to

GHC would provide scholarship opportunities as defined by the NJCAA for a Division I school. Division I in the NJCAA is characterized by scholarships that cover tuition, books, living expenses and other materials deemed necessary by the institution. According to estimates in the feasibility study, Georgia Highlands is expected to make somewhere around \$200,000 available annually for scholarships for athletes once all eight sports are up and running.

In the future additional revenue may be raised through ticket sales, merchandising and sponsorships.

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5006/5007

Highlands Happenings

Douglasville hosts Fabulous Fridays

By Brandon Allen
Staff Writer

At long last, Fabulous Fridays will be held at the Douglasville Campus, thanks to the efforts of Ken Reaves, site director, Alison Lampkin, of the Office of Alumni Development, and through the partnership of Dr. Gordon Pritz, school superintendent of Douglasville.

On April 22, the first session will host students from Inner Harbor, a residential treatment program. They will be attending the session from 9:30 a.m. until 11:30 a.m.

Samantha Bishop, administrative assistant at the Douglasville location, will be running a PowerPoint presentation to greet the students and prepare them for the event. Katrina Vernor, enrollment specialist, will be explaining many collegiate terms to the students, such as "GPA," "course credit" and many other terms important for a successful college career. Melinda Ewers, financial aid specialist, will explain scholarships and other forms of available financial assistance.

There will be a "Fun with Math" session and a science session as well. One game, called "Are You as Smart as a College Student?" will test what the students have learned during this event.

New Mexico trip set for May

By Judson Hartline
Staff Writer

Susan Claxton, associate professor and coordinator of human services, is planning her second trip to the New Mexico area of the Navajo Nation with students from her human services class.

The students will be there

learning about the Navajo culture by talking to the people who follow and keep the traditions alive and by sampling traditional foods like lamb stew and fried bread.

This isn't the main focus of the trip, however. The primary goal is to help people. "The biggest thing is really being out there and doing something for someone else," said Claxton.

Elizabeth Early, human services major on the Floyd Campus, was able to go on the first two-week trip to the 26,000 square mile reservation. She said, "It was life changing. You were humbled by how little these people had and how appreciative they were about what they had. It was just amazing."

Credit offered for Wyoming trip

By Anastasia Jean-Louis
Staff Writer

This summer a 13-day trip to Grand Tetons, Jackson, Wy. is being offered to GHC students.

Students who apply and are selected not only enjoy the landscape but will also earn eight credit hours for Geology 1121k (Physical Geology) and Geology 1122k (Historical Geology).

"Students benefit in a number of ways—we study the most important subjects in geology in a hands-on learning environment; we work, live and co-operate closely with other each other. We collect minerals, rocks and fossils from their naturally occurring habitat, we travel through spectacularly beautiful landscapes and explain their origins," said Billy Morris, associate professor of geology.

"In my opinion, the most important aspect of the trip is the opportunity to study geology where it is best observed-outside. Rather

than looking at pictures in a textbook or holding a small sample of rock in the lab, students are fully immersed, hiking and climbing over miles of volcanic debris or through a glacial-carved valley or across a dinosaur bone-bearing sandstone formation," Morris said.

"This gives us a better perspective on the immense time and space that the study of geology involves," said Morris.

For more details please visit the website: <http://www.highlands.edu/site/faculty-billy-morris-summer-field-course-in-wyoming>

Cartersville groundbreaking scheduled

By Mary Bryant
Staff Writer

A groundbreaking ceremony for a new Student Life building is scheduled for June 15 at 11 a.m. at the Cartersville campus. All students and faculty are invited to attend.

Dana Davis, director of college relations, is coordinating the groundbreaking. Davis says that all the speakers of the event have not been confirmed yet, and the governor may or may not be speaking.

Carolyn Hamrick, the director of operations at the Cartersville campus, says that a light lunch will be served after the groundbreaking ceremony.

More information will be provided at a later date.

Johnson wins speech competition

By Meagan Czachor
Staff Writer

Joseph Johnson of the Floyd campus won GHC's first college-wide public

speaking competition held at the Cartersville campus April 8.

Christina Alexandersen and Jeffery Williams, each from the Cartersville campus, took second and third place, respectively.

Twenty-eight competitors from five GHC campuses and sites were judged on their strength of delivery and ability to communicate effectively within a 6 to 8 minute period. Each student chose his or her own topic for a persuasive speech.

The first place winner received \$150, second place \$100 and third place \$50. In addition, all finalists received a \$10 gift card.

Communications faculty members Trivice Obas, Meredith Ginn and Laura Beth Daws coordinated the event. Obas said the turnout for the competition was "Fabulous!" Daws said, "It was an amazing joint collegiate effort."

Plans are for the competition to become an annual event.

AAWCC receives national award

By Ross Rogers
Asst. Print Editor

The Georgia Highlands chapter of the American Association of Women in Community Colleges (AAWCC) has been recognized with a "Model Program" award from the American Association of Community Colleges (AACC). The award is given to chapters of AAWCC that show involvement in community service, career advancement, professional development and networking between faculty and students.

The GHC chapter of AAWCC was founded two years ago and has been involved in campus activities, such as co-sponsoring Women's History Month and Passport to Success. AAW-

CC also works in the community, including working with Living Water for Girls, a treatment center for sexually exploited girls under the age of 18.

AAWCC received the award at the annual AAWCC conference, held April 10 in New Orleans, La. Meredith Ginn, Georgia Highlands' AAWCC chapter president, and Laura Beth Daws, chapter secretary, attended the awards breakfast.

Ginn said, "It was such an honor to represent our outstanding group of women who have all worked together to make our chapter a success. We have so much to be proud of in the two years we have been established from mentoring young girls, to donating to shelters, to raising awareness of women's issues, to supporting each other in our careers."

'The Blue Play' makes the rounds

By Felicia Scott
Staff Writer

Communications lecturer Richard Stafford's theatre appreciation class performed "The Blue Play" at Douglasville on April 11, Cartersville on April 13, Marietta on April 18 and will be performing on the Floyd campus April 20 at noon in the student center.

Actors in the play are Dana Garbe, Brian Haughes, C.J. Brown, Lacie Clotis, Andrew Bryan and Origen Monsanto. Elisheva Ray is the director.

Brown, who plays Tracey Loman, said, "I get to play the only character that isn't blue, and I get to promote anti-conformity."

Clotis auditioned and landed the role of 817. She says she is nothing like her character. Clotis commented, "I have more patience and I treat people nicely and with respect."

Bidding a fond adieu to John Reiners

By Kim Riggins
Staff Writer

After 12 years at Georgia Highlands College, John Reiners will be retiring.

Reiners, professor of business, began at Highlands as the director of Human Resources after teaching at Berry College. "I worked that for two years," Reiners said, "then the position became available and it was the best move I've ever made."

Reiners plans to stay involved in Highlands after his retirement.

He currently teaches yoga on Tuesday mornings and plans to continue to do so. As for other retirement plans, Reiners said he and his wife plan to travel. "I would love to get back to Europe as well as travel in the United States to Yellowstone, Yosemite and Niagara Falls," he said.

Reiners, who has taught at six different schools over the course of his career, stated that he has enjoyed teaching at Georgia Highlands the most.

He said, "The students are hardworking and smart. We have some transient students during summer from other schools, but more often than not my best student will be ones from Highlands."

Reiners also commended the teaching staff at Highlands, saying, "We have stronger, better teachers than anywhere I've ever taught."

Though many students have come and gone through his classes, most seem to remember one thing in particular, "Donuts. That's exactly what I remember," said sophomore LeErin Ely.

Reiners, who has become famous among students for his donut market teaching

activity, says that the sixth graders also enjoy it during GHC's Fabulous Fridays. "I do the donut market, and they do really well," he said.

Georgia Highlands was still Floyd College when Reiners began teaching, and he says that aside from the name change, the addition of multiple campuses has been the biggest change.

He said, "We've gotten a lot bigger. It's been a pretty dramatic change. The Cartersville campus was pretty small. It's still hard for me not to call it Floyd College. It's very much lent itself to the community, which is what a community college should do."

Reiners has also been named the bearer of the mace at this year's graduation ceremony. This position is given to a faculty member based on the votes of the full-time faculty members.



Photo by Kara McDowell

John Reiners, retiring after 12 years of service, plans travel to Europe and throughout the United States.

Renva Watterson, vice president of academic affairs said, "I can think of no

one who is more deserving of this recognition than John Reiners."

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Hagerstrand to hit the road after retirement

By Hayden Jones
Staff Writer

After teaching 10 years at Georgia Highlands, Allan Hagerstrand, assistant professor of developmental mathematics, is retiring.

Hagerstrand began working at Highlands part time in fall 2000 and has worked full time since fall 2004.

Hagerstrand has taught mostly Math 0097 and 0099. He has also taught all



Photo by Kara McDowell
Allan Hagerstrand

other math classes except calculus and statistics.

"The only thing constant in life is God and change. Go with the flow and always look for the truth."

-A. Hagerstrand
Asst. Professor

Hagerstrand said his favorite moment while teaching is when a student who is having trouble in math finally says, "Now I understand."

He said, "I call that the ah-ha moment."

Hagerstrand plans to do various things after his retirement. He and his wife bought a motor home and plan to travel the United States and relax.

"I have also wanted to try my hand at carving

wood spirits, and I thought now is a good time to start that endeavor," stated Hagerstrand.

He has also been involved in the political arena and says that he will be working on getting a conservative president into office in the next two years.

In regards to retirement, Hagerstrand said, "The only thing constant in life is God and change. Go with the flow and always look for the truth."

Cassity retires after 20 years

By Jessica West
Staff Writer

Following the end of this semester, Jeanie Cassity will say farewell to the students, faculty and staff at Georgia Highlands College.

Cassity is an instructor of developmental English who has been with the college for almost 20 years. She first came to Georgia Highlands because her husband Dwight Cassity, a retired political science professor, worked here.

While she started out in the tutorial center, Cassity found herself drawn to the classroom, and she says the population of students at GHC is what kept her here. She enjoys college students, and especially those that attend community college, because they are balancing more than just classes.

Cassity said, "The idealism that is evidenced on the GHC campuses every se-

mester by those involved in the educational process—the idealism that education can make a difference—has been one of the best parts of my work."

Cassity teaches English 0099 and English 1101. Ty Rhinehart, an art major who took English 1101 with Cassity, recalls her as "a good teacher." He said, "She worked with me whenever I had any troubles. She encouraged me. I want to be a writer. She told me you can make it if you work really hard."

In describing Cassity, Diane Langston, director of the student success center and chair of the academic support division said, "The trouble I would have would be finding enough superlatives."

She said that Cassity's history with students is good and her student pass rate is outstanding.

As for retirement plans,



Photo by Kara McDowell
Jeanie Cassity

Cassity first joked, "Don't even ask me that." She said she plans to take time for herself and to do the things that got overlooked while she was working.

Cassity received her undergraduate degree in English from Manchester College in Indiana, a second undergraduate degree in mathematics from Berry College in Rome and her graduate degree in literature from Jacksonville State University in Alabama.

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‘What makes you tic?’ asks speaker Marc Elliot

By Erin Baugh
Staff Writer

Marc Elliot, 25, has Tourette’s syndrome.

Speaking to GHC audiences, Elliot said that Tourette’s is a neurological genetic disorder that creates an “itch-like” sensation, and just like any itch, the body wants to scratch it.

When a person with Tourette’s tics, he or she is scratching the discomfort. According to Elliot, anyone with Tourette’s syndrome usually has multiple tics and at least one vocal tic.

Elliot has had this syndrome since he was five. He was diagnosed with it at age nine, when it was mild.

As time progressed into middle school, it became worse.

As he entered high school, stress began to build, and it was “atrocious.” However, Elliot is now better than ever.

Elliot also has OCD and only four feet of small intes-



Photo by Erin Baugh

Marc Elliot discusses his struggle living with Tourette’s syndrome in the Cartersville library.

tines, and has dealt with many difficult situations throughout his life.

He has been made fun of, yelled at and even kicked off a bus. But even though he had many rough patches, he said, “I am truly blessed. I don’t try to impress the shoes under the stalls.”

Luke Thompson, a biol-

ogy major on the Floyd campus, said, “It was an enlightening experience to learn about Tourette’s and the troubles that Elliot has gone through. It was admirable of him to give a positive message about his condition.”

Learning to be tolerant of everyone he comes into contact with, Elliot has also learned to love himself, and he understands he has something that he cannot change. It’s not like taking back a pair of shoes he explained; Tourette’s is nonrefundable.

There are seven billion people in the world. Out of those seven billion, 200,000 have Tourette’s. “So,” asked Elliot, “What makes you tic?”

Elliot spoke in the Cartersville library at 7 p.m on April 5. He also spoke in the Lakeview Auditorium on the Floyd campus on April 7.

He came to GHC as part of the college’s Community Speakers Series sponsored by the Office of Student Life.



Photo by Katie Morris

Janisse Ray performs one of her poems for the audience at GHC’s Heritage Hall.

Poet shares memories from her ‘Cracker Childhood’

By Hanna Yu
Staff Writer

Georgia Highlands College’s Writers’ Collaborative hosted writer-poet Janisse Ray for a poetry reading on March 30 at Heritage Hall.

The audience of more than 50 people applauded as Ray approached the podium wearing cowboy boots, a dress and a smile. She recited several of her poems including, “Fire-Wings” and “Eleven.”

Clayton Jones, instructor of English, helped initiate this reading to “celebrate poetry in community college.” He introduced Ray as “not only a friend, but a mentor.”

Ray has a collection of published poetry as well as an award-winning memoir titled “Ecology of a Cracker Childhood.”

Ray remembers being driven towards poetry at a young age.

“My dad believed two classes of people inherited the Earth—poets and saints,” said Ray.

Her first poem was written during a Thanksgiving from her childhood—“What

do I spy on the table so high, is it pudding or pumpkin pie?”

As the program progressed, she closed her book of poems and began to read the chapter entitled “Light” from her memoir, which she jokingly introduced as “Ecology of a Crackpot.”

She went on to list some humorous alternative titles, including “Seismology of a Shaky Childhood” and “Meteorology of a Stormy Childhood.”

Ray’s book alternates between telling about her life and talking about nature. She “pays homage to the longleaf pine ecosystem” and shows the “parallel of the human community with the wild community.”

After the reading, she gave time for a Q&A session with the audience and closed with two final poems.

The audience applauded once more as the Writers’ Collaborative presented Ray with a journal for her future writings as a token of appreciation.

Phi Theta Kappa supplied complimentary refreshments for the event.

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GHC student to compete in Miss Georgia Pageant

By Haley Middleton
Staff Writer

Georgia Highlands College education major Rachel Jones is going to compete in the Miss Georgia Pageant in hopes to move on to the Miss America Pageant.

Jones had to win a local title within the state of Georgia to qualify for the Miss Georgia Pageant. This year she holds the title of Miss Lake Hartwell.

The Miss Georgia pageant includes competition in talent, interview, evening gown, swimsuit modeling and answering an on-stage question. Each of these categories contributes to the

contestant's overall score.

Jones has many motivations to become Miss Georgia, including her number one goal of truly making a difference. Jones said, "I have gained and learned so much from the Miss America Organization."

Although there are other 23-year-olds competing in the Miss Georgia Pageant, Jones has a little different story than most. After graduating from high school, Jones attended real estate school and currently works as a real estate agent and marketing director for Charles Williams, REIC.

Unlike many of the contestants who will be looking

for their first real work experience, Jones has already entered the work force. Jones has been modeling for 14 years and works for Mac Duggal, an internationally known pageant and prom designer. Jones models for Mac Duggal in Georgia, Texas, New York, Nevada, Chicago and Europe.

Rachel Jones' mother, Diane Jones, said, "Watching Rachel go for her dreams and not give up even when times are tough is absolutely priceless to me. Words cannot describe how proud I am of her."

The Miss Georgia Pageant will be held in Columbus on June 18.



Contributed

Rachel Jones

Brother 2 Brother organization growing rapidly

By Ryan Edelson
Staff Writer

There are countless groups that give something back to their community while at the same time giving back to the members. One of these is GHC's chapter of Brother 2 Brother.

Brother 2 Brother or B2B, as it is referred to by its members, is an organization that helps young African American and Latino males recognize and reach their goals, while at the same time reaching out to the community.

Kirk Nooks, an adviser for Brother 2 Brother and Marietta site director, said, "While it would not do the organization justice to merely describe it as a 'support' group, one of its functions is to offer guidance and help its members to remain academically engaged."

As of now, the group has 91 members and hopes to soon break triple digits. The largest increase in student

membership has been at the Marietta site.

Jon Hershey, humanities division chair and director of GHC's B2B program, said, "When we started at Marietta in fall 2009, we had two members. For several weeks I or Dr. Nooks would meet with just the two members. So, to go from two to 33 is pretty good."

B2B belongs to a larger group known as SAAB, which stands for Student African American Brotherhood. This organization has over 200 chapters nationwide and has independently increased the rate of college graduates among its members.

The events that the group participates in are just as diverse as their membership. In the past, they have volunteered at Marietta Middle School to help with an engineering project. Along with members of The 100 Black Men of Rome and Northwest Georgia, the community partner of GHC's B2B, students handed out frozen

Thanksgiving turkeys donated by comedian Steve Harvey to underprivileged residents in their area. They have also attended plays at the True Colors Theater in Atlanta.

Brother 2 Brother recently participated in a national conference in Indiana and the statewide African American Male Initiative (AAMI) conference in Macon.

The AAMI conference, held April 15-16, included a session highlighting GHC's Brother 2 Brother program with presentations by Hershey, Greg Shropshire of The 100 Black Men and students active in B2B. According to Hershey, GHC's Brother 2 Brother chapter was being featured because of its successful multi-campus model and its success and retention rates. These conferences serve the purpose of helping all chapters of the group meet and discuss group policy as well as plan events for following years.

The year's events and



Photo by P.K. Choi

Brother 2 Brother members meet at the Marietta site.

community participation will culminate in an end-of-the-year banquet on Sunday, May 1, at the Cartersville Civic Center. Hershey said that the banquet is "an opportunity for the members of Brother 2 Brother to show appreciation to those who have encouraged them." This banquet serves as a time and place for outstanding members

to be recognized for their achievements, as well as for other members to meet and network.

Anyone interested in joining B2B or who just wants more information can contact Hershey at jhershey@highlands.edu or Marietta adviser Nooks at knooks@highlands.edu. Information on SAAB is available at SAABNational.org.



Photo by Tatiana Smithson

Joseph Slay pies Megan Youngblood, the assistant director of student life on the Cartersville campus.



Photo by Tatiana Smithson

GHC Student Chris Carter tries to dunk Sharryse Henderson, assistant professor of biology, on the Cartersville campus.

Spring

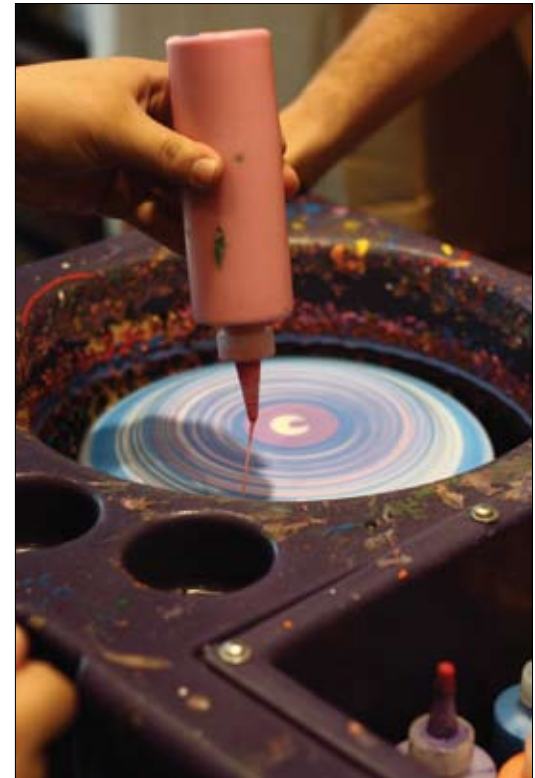


Photo by Kara McDowell

Spin art frisbees are a big hit.



Photo by Kara McDowell

Students on the Floyd campus play Bongo Ball Mania in the Lakeview Auditorium.





Graduates

*Jennifer Lynn Abbott
 Katherine N Abernathy
 Natalie Roberta Abernathy
 Jasmine P Ackey
 Crystal Bridgett Adams
 Bosede Omolara Adekunle
 Rosemary L Ajoseh
 Cher Enriquez Alfara
 Kathleen Mackenzie Allen
 Robert Bradley Allen
 Phillip Charles Altimari
 Brent Daniel Anderson
 Heather Marie Anheier
 Lisa Milligan Anthony
 Christina Alice Arrington
 Aaron Danton Ashworth
 Autumn E Ashworth
 Marika Jenna Ray Ashworth
 Emily Marie Atkison
 Cole Gregory Ayers
 Bryan David Babcock
 Jennifer Bethany Bailey
 Jerome C Bailey
 Zachary Michael Baker
 Keta Rafaela Ballew
 Rhonda Gayle Banks
 Dovie Amanda Barfield
 Phillip A Barker
 Christina Nicole Barnes
 Jacqueline Ann Bartelmo
 Russell Wayne Barwick
 Heather Thompson Basham
 Hayley Elizabeth Bass
 Patricia Baxter
 Adam L Beck
 Joshua Ideal Bedetto
 Deanna Margaret Bell*

*Heather Nicole Bell
 Amanda Ann Bennett
 Samuel Eugene Bennett
 Michele Leigh Billings
 Matthew Corey Bishop
 Christina Mae Blair
 Rhonda Carol Blake
 Terrie Julia Boggs
 Stacey Clifton Bonner
 Benjamin Allison Botkins
 Tonya Ivy Bourassa
 Patti Woodall Boxerman
 Patrick Kevin Boyd
 Hana Lee Boynton
 Heather Renee Braden
 Daniel Weston Brady
 Brittany E Brand
 Virginia Stokes Brand
 Brett Andrew Branton
 Larry W Brock
 Mandy Page Brooks
 Jesse Renae' Brookshire
 Timothy Phillip Broome
 Brittany Auriette Brown
 Cameron P Brown
 Jonathan K Brown
 Sydney Nicole Brown
 Terra Kay Brown
 V Eric Browning
 Aaron Michael Broyles
 Anna Marie Brussee
 Erika Lynn Brussee
 Ryan C Bucki
 Stacey J Bucy
 Bogdan Daniel Budusan
 Sarah Jessica Burch
 Johnathan William Burdette*

*Lauren Kelley Burkhalter
 Michelle Reeves Burns
 Deidra Leigh Bush
 Christie Amber Byrne
 Teresa Ann Byrne
 Oralia Limon Caldera
 Cailey Meshae Calhoun
 David Jacques Calixte
 Chassity Acacia Callison
 Janice Lucille Cameron
 Jennifer Ann Cammarata
 Paula Jean Campbell
 Tamara Lynn Campbell
 Jonathan Kyle Cannon
 Colby Wayne Cantrell
 Lindsey Brooke Carden
 Gina Michelle Carithers
 Kayla Lynn Carlile
 Patricia Sue Carpenter
 Matthew Kelly Carrier
 Shawn C Carver
 Kasey Leigh Castro
 Sarah Elizabeth Cataldi
 Megan Danielle Cauthen
 Gregory Wayne Cayton
 Amy Elizabeth Chadwick
 Krissy Anne Chance
 Elizabeth Ann Chirico
 Kristen Danielle Chumley
 Tiffany Nicole Clark
 Ana Nacole Clayton
 Lacie Elizabeth Clonts
 James Wesley Cobb
 Jeffrey Harbin Cochran
 Satin Shvonne Cochran
 Ashley Anna Cole
 Kathy Marlene Coley*

*Amanda Christine Collins
 Scott Alan Collum
 Amy Cheri Conn
 Christie Michelle Cooper
 Melissa Faye Corbin
 David Slater Cordle
 William Alton Costley
 Teresa Lin Cousineau Veselica
 William Mayfield Cox
 Jessica Leigh Crabtree
 Davia Leann Cranshaw
 Callie Lynne Crook
 Christina Marie Crothers
 Andrew Jacob Crum
 Rachel Elizabeth Dalfonso
 Joshua Steven Davis
 Kimberly Nicole Davis
 Matthew C Davis
 Stephanie Michelle Davis
 Steven Michael Davis
 Cory Alexander Day
 Savannah T DeGrosky
 Calleen Nicole DeHaven
 Jonathan Alexander Dixon
 Bethany Jean Dodson
 Jeff A Dollar
 Lori Deanna Dotson
 Lindsay Ellen Dover
 William Corey Dowdy
 Luke Jasper Dowell
 Derek Austin Dubois
 Amanda Lynn Duncan
 Terri Ann Duncan
 Janet Lynn Durham
 Kaitlin Marie Ealy
 Elizabeth Dawn Early
 Tamatha Leighanna Early*

*Kayla Elizabeth Easley
 Garrett Reed Eaton
 Raul Echavarria
 Andrew Joseph Edenfield
 Sadadra Tekoea Edmondson
 Joseph Todd Ellerbee
 Lisa Renee English
 Justin Spencer Evans
 Michael Steven Evans
 Teresa Ellen Evans
 Marjorie Mera Evans-Yin Choy
 Daniel Jonathan Fabry
 Joshua Lee Fair
 Gerardo Reyes Felipe
 Cody Shai Fincher
 Devin S Finney
 Stacey Sheree Fitz
 Kum Soon Fletcher
 Stephanie Yvonne Fogg
 Leigh Osborne Folds
 Pamela Suzanne Ford
 Catherine Elizabeth Forrister
 Jason Travis Forsyth
 Jordan Lee Forsyth
 Kayla Marie Forsyth
 Shana Leigh Fortson
 Shaun Thomas Brian Foster
 Christopher C Fowler
 Richard Allen Fox
 Jamarra Fraley
 Lyndsay Alyse Franklin
 Rebecca Dawn Frasier
 Leanna Jean Gable
 Laura Jacquelin Gamez
 Kelly Ann Gantek
 Kelly Ann Gaona
 Suzanne Lynne Gardner*

Graduating student Maggie Jackson receives regional honor

**By Hayden Jones
Staff Writer**

Upcoming graduate Maggie Jackson has worked as an orientation leader in the Office of Student Life since 2009. Just recently, Jackson received an award for her hard work.

Jackson became an orientation leader as a last-minute replacement. Looking for something to become involved in on campus, she was hired on the spot. Jackson stated, "I love being an orientation leader! It really fits my bubbly personality, and I love being able to make a good first impression on new students."

Jackson has not only worked as an orientation leader but she has also been active in other areas of Student Life. Jackson said, "For me, it is about easing any fear or nerves that new students may have and adequately preparing them to enter into the college world so that they may progress with confidence."

At the Southern Region Orientation Workshop this year, Jackson received the "Student Leadership Award." Jackson was nominated by John Spranza, director of student life, and presented with the award by the National Orientation Directors Association.

Spranza said, "It is often a challenge at a two-year institution to find students willing to not only participate in campus events, but also take up leadership positions on campus. Maggie has made a point to become involved and has put her own unique stamp on many of the projects in which she



Photo by Kara McDowell

Maggie Jackson

has participated."

Jackson commented, "It was a huge surprise and an even bigger honor! I honestly did not see it coming; I had to read the screen to be sure I heard my name. I am finally seeing the benefits of all my seemingly unnoticed years of hard work."

After graduation, Jackson plans to further her education at Shorter University in the fall on a Phi Theta Kappa scholarship.

She will be majoring in mathematics and plans to tutor long-term patients in children's hospitals so that they will be able to keep up their schooling.

With graduation right around the corner, Jackson encourages those interested in working for student life to get involved. "If you are cut out for the job, being an orientation leader can be very rewarding. I think everyone can find their place somewhere at GHC. Besides simply having a good time and making new friends, by getting involved you are building relationships and connections that can be very beneficial in the future," said Jackson.

Graduates

Melissa Ann Garner
Amy L Garrett
Tosha Michelle Garrett
Julie M Gazerro
Inga Sarlina Gentry
Miles Thurman Gifford
Adrian Taylor Glasco
Jennipher Lorraine Glass
Joshua Scott Glover
Leslie Gomez
Alvaro Lopez Gonzalez
Dustin Bradley Graham
Sarah Elizabeth Gray
Amanda Suzanne Greco
Arloa Ann Green
Joseph Brian Green
Skye Ann Green
Sarah Elizabeth Greenley
Jessica Mary-Nichole Gresham
Brittney Ellen Grindstaff
Amber Kathleen Grosse
Brooke Michelle Hale
Emma Florence Hale
Elisabeth June Hall
Megan Catherine Hall
Abigail Hannah Hanger
Zachary Marshall Hanger
Courtney Danielle Hann
Wendy Lynn Harp
Hillary Christina Harris
Kristin Moran Harris
Shannon Marie Haworth
Eric Jamar Hayes
Thomas Middleton Haygood
Angela Douglas Haynes
Brandon Lee Heath
Beth Elaine Henderson
Joseph Carl Hickman
Mariah Lorain Hickman
Steven Matthew Hickom
Micah Banister Hicks
Sarah Christen Hicks
Sandra Jean Himes
Raymond P Hines
Amber Renea Hoag
Chandra LaRae Holbert
Leslie Eric Holbert
Lucinda Robinson Holcombe

Kristina Glaze Holder
Robert Smith Holder
Ammericia Riva' Holliday
Cindy Lori Holman
Monique C Horton
Hannah Hope Hudgens
Jennifer Nicole Hudgins
Joshua Travis Hufham
Amber Nicole Hufstetler
Jamie Marie Hughes
Amber Breanne Hulsey
Bonnie Renee Hykes
Amanda Chambers Ingram
Stevie Ann Ivey
Lashunta Quanette Jackson
Maggie Renee Jackson
Matthew Lee Jackson
Rebecca Jeanne Jackson
Trenton Abrie Jackson
Amanda Gail Jager
Douglas Marshall Jamieson
Sean Thomas Jepson
Alicia Kay Johnson
Courtney Leigh Johnson
Jessica Dempsey Johnson
Joseph Henry Johnson
Jessica Amanda Johnstone
Angela Beth Jones
Burton Tyler Jones
Dana Ashley Jones
James Baxter Jones
Rachel Michele Jones
Rashida J Jones
Vanessa C Jones
Debra L Kaferly
Leslie Allison Kanis
Chelsea Layne Katt
Gerald Wayne Keasler
Lacy Shallynn Keene
Jeffrey Charles Keith
Krystal Holly Kellett
April Shay Kelly
Joshua Bradley Kerce
Andrea Gail Kerns
Kristen Yvette Kim
Jenna Lillie King
Sharika Anne Kinsey
Stephanie Burnell Kinsey

Stacy Lee Kirby
Michael Kisor
Kayleigh Ann Klein
Kelly M Korzonowski
Gina Marie Lance
Brian P Landenberger
Seth Lee Lang
Bryn Furman Lee
Jennifer Michelle Lee
Troy Lynn Lee
Eva C Lewis
Sandra E Lewis
Kathryn Rita Lincoln
Kimberly Cassie Little
Jennifer Dianne Logan
Heather Marie Long
Sharonda Taniece Longino
Daisy Lopez
Tonya M Lopez
Thomas Rowley Lynch
Maritza Maciel
Terra Elizabeth Mann
Gabrielle Jane Marangakis
Alexander Lewis Marks
Erin E Mason
Michael Keith Mathis
Ashleigh Brooke Maxwell
Kellen Marie May
Crystal Dawn Mayben
Corey Scott McCafferty
Kayla Nicole McCarthy
Kimberly Rebecca McCarthy
Donna Renee McCloud
Alicia Ann McCray
Michael D McCray
Kimberly Michelle McDaris
Alicia Ann McElhannon
Rebecca Coats McGill
Dustin Glen McHann
Victoria Ashlea McMahan
Jessica Bailey McRae
Aubrey James McStay
Christy M McStotts
Civita Lanette McSwain
Amanda Bolich Meabon
Lauren Brooke Meade
Rachael Danielle Messer
Brittany Nicole Messex



Artwork by Patricia Ogle

Graduates

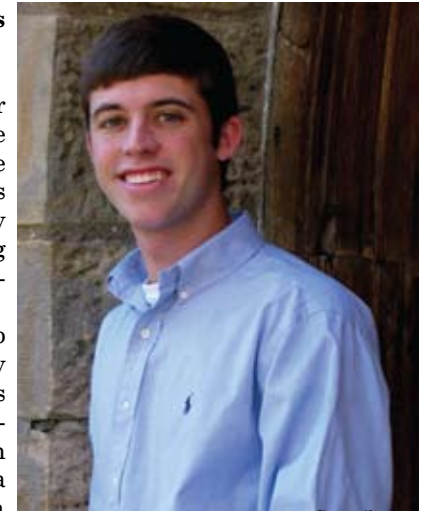
Chester Bernard Mitchell
Christine Marie Mitchell
James David Mitchell
Jessica Elizabeth Mitchell
Gigi Ann Moates
Ashley Nichole Montford
Lashala N Moore
Stephanie Ann Moore
Shakeala Teleisa Moreen
Paige D Morgan
Alisha Ann Morris
Theresa Ann Morris
Steven Russell Morrow
Lori A Morse
Zneta Davon Mostella
Paula Harrison Mullinax
Danette Lynn Murner
Megan Christine Murphy
Alexis Marie Muster
Amerilisa D. Nadir
Forough Narmani Mohammadi
Louis Mitchell Nazro
Kati Elizabeth Newman
Anh Ngoc Nguyen
Alexandria Natasha Nicholson
Tammy McDougal Nicholson
Chukwuemeka I Nwokie
Maxie Afua Brago Nyame
Levi Lincoln O'Banion
Shelia Marie O'Connell
Promise Obianuju Ogali
Lanea Tate O'Neal
Blessing Anyaiwe Onyekachi
Lauren Drew Orebaugh
Danielle Annette Orr
LaReesa Lynn Orton
Dana Nicole Owens
Linda Jeannette Pace
Jauvanie Hopeton Page
Lourie Pak
Mae Hwa Pak
Cynthia Jeanette Palacios
Savanna Hope Parson
Sharon Lynnette Paschal
Cory Michael Pass
Kaleigh Nicole Patterson
Sabrina Ann Patterson
Teresa Louise Pavlicek

Karla Maritza Payan
Alexandra Lauren Peavy
April Michelle Pendleton
Lea Erica Perez
Andrew Robert Perry
Regina Franklin Phillips
Stephanie Eugenia Phillips
Adam Taylor Piatt
Tyler Justin Pickelsimer
Preston Ryan Pike
Tracy Marie Pittman
Jonathan David Plaut
Ashley Nichole Poe
Jessica Diane Pope
Chelsea Nicole Poskus
Lisa Wicker Powell
Michael Caleb Powell
Breianna Lynn Pratt
Lindsey Kathleen Pruitt
Sasha Faye Pruitt
Cory Daniel Puckett
Alexis Chalice Pullen
Brandy Jean Ragsdale
Ray Austin Rains
Megan Rebecca Rapp
Kamal Karran Rattray
Amanda J Ray
Ashley Erin Ray
Jacqueline Sue Ray
Jerrel Lamont Ray
Bethany Bridgette Raybon
Mary Kathryn Reid
Micherlyne Servil Rene
Diane Dillard Rhine
Heather Elizabeth Richards
Meghan Angeleen Richardson
Darleen L Rideau
Kimberly Ann Riggins
Durrand Auburn Robinson
Breanna Lynne Rogers
Justin Dwayne Rogers
Jem Marie Rogich
Jennifer Dawn Rosie
James Andrew Ruiz
David Michael Sadler
Armando Sanchez
Daun Angelo Sanders
Stephen Darryl Sanders

Kaylan Colleen Schlich
Jayme Michelle Schuyler
Carol Lynn Schwager
Jessica Lynne Schwartz
Meredith Diane Seabolt
Allison Bennett Seagle
Elham Sedigh-Sarvestani
Lara Ann See
Brittany Nichole Self
Amelia Elizabeth Sellaars
Jaretta Alise Shaw
Jessica Marie Shaw
Brittany Allie Shepard
Vance Frederick Sherman
Katie A Shetter
Miranda Lane Shortnacy
Scott Anthony Simon
Fred Michael Skellham
Angela Johnston Sligh
Randi Kaitlin Sloan
Ashlyn Renee Smalling
Ashley B Smith
Ashley Nicole Smith
Elizabeth Cheatham Smith
Justin Curtis Smith
Jahmel Ahmad Spikes
Brandon Eric Stanley
Jodi Christian Stewart
Katelin E Stokes
David Chase Striblin
Adam Bradley Strom
Cassie Walraven Sullivan
Rachael Moore Sutton
Dreanna Alisha Taylor
Jacinda Deeann Taylor
David Lee Thomas
Kristen D Thomas
Megan Frances Thomas
Kristin Elizabeth Tomlin
Jennifer Leigh Tompkins
Tiffany E Towslee
John Theodus Traylor
Jannette Honey Turner
Rachel Joanna Turner
Sarah Ashley Vandegrift
Chiara Amber VanTubbergen
Joey Paul Veltri
Kelly Nichole Vetter

GHC set me on the path to hither, thither and yon

By Michael Davis
Editor



Contributed

Michael Davis

Less than a year ago my collegiate journey brought me to Georgia Highlands College, and in May I will be graduating with an Associate Degree in Education.

I would like to start with an apology to Georgia Highlands as a whole. My college career began in fall 2006 at Georgia Southern University, a four-year institution to which I felt GHC could not and would not compare. After several changes to my major I decided to come home to boost grades and save money. Thus, I viewed GHC as a stopgap until I could move on to another four-year institution.

This was a big mistake. Everything I have been able to accomplish here I would never have been able to do at Georgia Southern.

I was given the opportunity to be the editor-in-chief of the award-winning Six Mile Post. This position has helped me to grow in so many ways—as a leader, as a writer and as a future educator. Thank you Kristie Kemper and Cindy Wheeler, advisers to the Six Mile Post, for believing in me and granting me the opportunity to lead a student newspaper with such a decorated past. It was a big pair of shoes to fill, and I can only hope I succeeded in doing so.

I was also inducted into the Phi Theta Kappa honor society last fall. While I have not been as active as I would have liked, I have been able to help with Fabulous Fridays through PTK. That experience has helped me reaffirm my passion to become a

middle school teacher, and after changing my major four times, that affirmation is a big relief.

Highlands is more than the simple community college I initially viewed it as. Since attending GHC, I have had the privilege of studying under some of the best professors I have ever had. Mark Pergrem has taken me to “hither, thither and yon” in astronomy class. Robert Page has refreshed my love of history. Susan Claxton taught me new ways to interpret the world in Sociology 1101. Kemper somehow managed to keep me interested in World Lit, a class that I had dropped previously at Georgia Southern. There are so many teachers that have impacted me here at GHC that I am unable to list them all, but I send a thanks to all those who have taught me.

My time at GHC is almost over and seemed to come to an end as quickly as it began. I find myself wishing I had another year's worth of something to keep me here a little longer. In May, when all is said and done, I will walk away proud to be a GHC alumnus.



Artwork by Patricia Ogle

Graduates

Kelly Nichole Vetter
Whelma J.G. Villaester
Hanna Elizabeth Vinson
Dwane Emmanuel Vital
Linda Trang Vu
Rebekah Dianne Walker
Chris Eugene Wallace
Stephanie Renee Wallace
Ashleigh Nicole Walsh
Ashley Law Ward
Michael Allen Ward
Kenzie Ciera Waters
Courtney Leann Watkins
Ervin Watkins
Danielle Starr Watson
Kristin Janell Waymon
David Worth Weaver
Elizabeth Hope Weaver
Kelly Yvonne Weaver
April Matrice West
Thomas Allen Wheatley
Sherry Lynn Wheeler
Jennifer Lynn White
Jill S White
Carey Ellis Whitman
Rachael Michelle Wilkin

Anne Barrington Williams
Brittany Kayla Williams
Erica Jasmine Williams
Nicholas Scott Williams
Shantel Nicole Williams
Britny Meschelle Wilson
Catherine J Wilson
Jane Ellen Wilson
Brittany Lee Wimpey
James Kenneth Wiseman
Shelley L Womack
Allison Renee Wright
Lisa Ann Wright
Melissa Renea Wright
Alyssa Bryn Yarbrough
Patrick Neal Yates
Orry Nicholas Young
Hanna Yu
Amy Patricia Zamora

Note: These applicants for graduation must complete all necessary requirements in order to graduate.

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GHC prepares for the 2011 graduation

By Dana Hogan
Staff Writer

Graduation is scheduled for May 14 this year. The event will take place at The Forum in Rome at 10 a.m. Last year two people were chosen to give speeches at graduation. One of those people was a faculty member and the other was a student. GHC President Randy Pierce says that he

plans to follow through with the same type of proceedings this year. However, the speakers have not yet been chosen.

Rob Page, the chair of Social Sciences and business division at GHC, had the honor of speaking at graduation last year.

This year another outstanding faculty member will be chosen to say a few inspirational words to those

leaving GHC to pursue their futures.

Pierce says that there are several criteria that the student speaker must meet in order to be given such an honor. He is looking for "an outstanding student."

This student will probably be a leader and definitely be involved in extra curricular activities such as Phi Theta Kappa or the Student Engagement Council.

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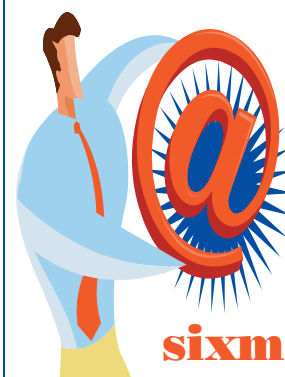
Log on to www.gahighlandsalumni.com
or call (706) 368-7772 for more information.

**Congratulations
to the
2011 graduates!**



Online

**The Six Mile Post staff would like to
congratulate all
2011 GHC graduates**



Online Exclusives

- New poll: What summer blockbuster are you most looking forward to?
- Six Mil; Post Text Book Exchange
- Post you favorite sites that you have stumbled upon in the comment area of this month's Editor's Picks



sixmilepost.com

Fling

Spring Fling comes to GHC each spring semester, usually sometime near mid-term as a chance for students, staff and faculty to take a break from the usual and enjoy free activities food and entertainment.

This year, Spring Fling featured activities such as spin art frisbees, live music, free food, a “pie your professor” game, a dunking booth and Bongo Ball Mania. Hoot ‘N Annie played at the Floyd campus as well as the Douglasville, Paulding and Marietta sites. The Visualizers entertained the Cartersville campus.



Photo by Kara McDowell

John Southwood, chief advancement officer at GHC, volunteers to take a pie in the face at the Floyd campus during this year's Spring Fling. The pie throwing activity was sponsored by PTK to raise money for charity.



Photo by Kara McDowell

Andy Bruce prepares to decorate his frisbee at the Floyd campus.



Photo by Tatiana Smithson

Students paint frisbees at the Cartersville campus.



Using ADD meds to study is a big risk

By Michael Davis
Editor

Adderall, Ritalin, finals... oh my!

With finals just around the corner, students are always looking for a competitive edge when it comes to studying and improving their grades. Unfortunately, students sometimes find what they think is an advantage in the wrong places.

Adderall, Ritalin and other similar medicines are prescribed to people who suffer from ADD and ADHD. In recent decades, there has been an increase in the abuse of these drugs.

Students are using them as a way to enhance their studying, improve grades or deal with overloaded schedules. This is especially true when exam time rolls around.

Among college students, there is very little stigma, if any, associated with taking these drugs to enhance studies.

So much focus is put on grades, GPAs and test scores that students do whatever they can to gain an edge in this competitive environment, and right now that edge is coming from the use and abuse of prescription meds.

Joan Ledbetter, academic adviser and coordinator on the Floyd campus, said, "Personally, I believe students will take drugs like Adderall just like they drink the mega-cafeinated energy drinks to get what they think is an edge."

While some students are turning to drugs to enhance their studies, others are not. Sarah Willingham, general studies major on the Floyd



Photo by Michael Davis

Prescription amphetamines and methylphenidates cause health problems when misused.

campus, said, "I don't feel that the benefits are worth the risk associated with taking these meds to study." Colby Helms, middle grades education major on the Floyd campus, agreed, saying, "It's not worth taking

drugs to study; I get what I get on my own."

With the growth in use of these medicines by students, comes one major question—where are they getting them? The answer is from the students who already have prescriptions. Often the person prescribed will not finish a month's prescription before the new one is filled and therefore has leftovers.

It is as simple as supply and demand. A student who has leftover medicine sees the demand and becomes the supplier.

A student can get a pill for about \$3 to \$5 dollars, depending on the dosage and whether or not it is extended release.

These prices can jump to around \$20 a pill during exam times. Some providers even offer a buy two and get

the third pill discounted incentive.

While students see drugs like Adderall for their advantages, they can actually cause serious health problems. According to WebMD.com, drugs like Ritalin and Adderall can have negative side effects and are possibly habit forming.

Several side effects associated with these drugs are loss of appetite, stomach pain, headaches, nervousness, dry mouth and blurred vision.

Misuse or abuse of amphetamine (Adderall) or methylphenidate (Ritalin) can lead to serious heart and blood pressure problems and can be fatal.

"In the end, the best things students can do are study, get a good night sleep and eat a good meal before the test," said Ledbetter.

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Surviving the Douglasville experience

By Casey Bass
Staff Writer

After attending college in portable trailers behind a high school, anything is an improvement. When the Douglasville site opened in the fall students rushed in with true "first day of school excitement."

The new site is nice. The classrooms are large and equipped with new desks, new grease boards, computers and projectors. There are two science labs, immaculately clean and ready for experimentation. There are offices for professors, making it unnecessary for them to work out of their cars. The Douglasville campus features a Hub where students can access computers and kill some time between class and a student lounge for events and meals. There is a library, and a librarian.

But there are some growing pains. A stapler has yet to be found on campus, and if a student wants to sharp-

en a pencil he or she has two options; buy a pencil sharpener or use the one pencil sharpener in the library.

The library option becomes a problem during advising. A couple of times a semester Eileen Walker, advising specialist, is kind enough to come to Douglasville and advise students face-to-face.

Anyone who has ever been advised by Walker will attest to the invaluable nature of her advice. It is unlikely to be uninterrupted advice, however, as Walker shares her temporary workspace with the campus' only pencil sharpener.

If a student needs to print off an assignment between classes, more problems become apparent. Campus computers are extraordinarily slow. Just to log on takes five minutes.

The computers in the library will not print to the library's printer.

A student must print from the library to the hub.

With 15 minutes between classes, a student must log on, wait for the OS to initialize, find the project, print to the Hub, run from the library to the Hub and then run back to the library to log out (if the student logs out before collecting the print job it will be wrong, and back to step one).

After running the printing gauntlet comes the adventure of purchasing a soft drink from the vending machine.

Good luck. Students lovingly refer to the machine as "the slot machine"; put your money in and see what you win.

Someone who selects a Pepsi may get a root beer. An effort to buy water could lead to a shiny new Mountain Dew or Sierra Mist.

In the words of Forrest Gump, "You never know what you are going to get." Currently the machine is dispensing two sodas for the price of one, so load up on quarters and enjoy.

It's time to break out the grill and bring on the summer

**By Michael Davis
Editor**

Summer is just around the corner and that means the grill comes out of hibernation.

Don't be intimidated by the grill. There are many easy recipes that can be mixed and matched for several different meals. The following recipe is for a red meat—not chicken.

Red meats like steak, pork chops, lamb and others are always classic summer dishes that do not require marinade times to add flavor.

Simply pick which meat you would like—if it were a loin or a shoulder, you should look up proper grilling times and temperatures. Then, in a small bowl combine equal parts salt and pepper and, if you are feeling adventurous,

try adding some fresh herbs like rosemary, thyme or oregano.

Once the rub is mixed, coat the meat in olive oil and pat down with the rub; be sure to press down so that the rub adheres to the meat. Then place it on the grill and cook to desired doneness.

Since the meat did not marinate and has a dry rub, it is typical to pair it with a sauce. Sauces may seem

daunting, but in reality they are like a “plug and chug” math formula; all you need are the ingredients.

Red wine sauce goes really well with a rib eye steak that was rubbed with salt, pepper and rosemary—especially if you add a little to the sauce.

Other sauces are white wine cream sauce, blue cheese cream sauce and the list goes on. Pick a sauce

that sounds good to you; you can find a simple recipe online.

Any of these dishes can be paired with a side such as baked potatoes, mashed potatoes, grilled asparagus or any other grilled veggies.

The best part of this is that each time you grill it is like one of those “choose your own adventure” books; just mix and match to see what you can create.

Cook with charcoal, a superior heat source

**By Jesse Beard
Asst. Print Editor**

Hank Hill, from Fox's “King of the Hill,” might be right about a lot of things, but there is one subject on which he is dead wrong: charcoal.

I have used a propane grill once in my life, and I will never, ever, ever do so again. Strickland propane might want you to “taste the meat, not the heat,” but if you are cooking with propane, you might as well do it indoors.

Charcoal has a way of cooking meat that no other heat source can even come close to. Whether you are

grilling burgers or smoking a pork butt, charcoal with hardwood is the way to go.

A lot of people may use lighter fluid to get their grill going, but I feel like this adds a chemical taste to the food. I find it much cleaner as well as much easier to use a charcoal chimney.

To use a charcoal chimney, take two pieces of newspaper, roll them up and put them into the bottom section of the device. Then put an empty beer bottle into the chimney and pour your charcoal briquettes around it. Remove the bottle so you have a channel through the middle of the charcoal. This creates draft which lights

the briquettes faster and more completely. Spark up the newspapers below and step away, your charcoal will be ready to use in around 15 minutes, chemical free.

You can buy charcoal with little bits of mesquite or hickory inside the briquettes, but I find that these little pieces burn away while the charcoal is lighting and doesn't add to the flavor of the meat. I buy small bags of hardwood chips, soak them in water and place them in an aluminum foil pouch directly on the charcoal to smolder while the meat is cooking. This creates a good bit of smoke and really adds to the flavor of the meal.

Avocado Chipotle Grilled Chicken Sandwich

By Jesse Beard

Ingredients:

Boneless skinless chicken breast
Chipotle chili powder, ground cumin, garlic powder, salt and pepper
3 tablespoons olive oil
1 tablespoon lime juice
1 avocado, sliced
Sliced Monterey or Pepper Jack cheese
Hamburger buns
Diced cilantro and onions, sliced tomato

Directions:

- Mix olive oil and lime juice in a large bowl with chipotle chili powder, ground cumin, garlic powder, and salt. Adjust spices to taste. I usually use about a half a tablespoon of the chili powder and a half a teaspoon each of cumin and garlic powder. Marinate chicken breasts in this for at least 30 minutes.
- Use a meat pounder to pound the chicken breast into an even thickness. If they are too large, cut them in half to fit on a bun.
- Grill chicken until done and toast buns on grill before assembling sandwiches. It is a good idea to melt the cheese onto the chicken for thirty seconds to a minute before removing from the grill.
- Assemble sandwiches and top with cilantro, onions and tomato. Enjoy immediately with an ice cold Corona with lime and some grilled corn on the cob.

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The evolution of the species

The world we live in is in a state of evolution.

As various rebellions and uprisings take place in the Middle East, conflict continues to plague Cote D'Ivoire, and our neighbors to the north seek to oust their current prime minister, it is clear that the way things have worked for past generations is being discarded for a new way.

The current generation of college students, however, seems to be completely uninformed of these important events, despite the fact that those same events are shaping their day-to-day lives.

Gasoline prices as well as food prices have skyrocketed worldwide.

Yet younger adults are ill-informed of why, despite the fact that we now have constant access to information in our own pockets.

With mobile applications available from most newspapers, including major publications like the New York Times, and instant access to major news networks like CNN and BBC, it seems almost criminal for young adults to go uninformed.

Ask five college students what they think of the United States' involvement in the UN coalition bombings of Libya, and no doubt three of them will stare at you as if you are insane.

As with all evolution-

ary processes, only the fittest members of the species will survive.

Actively choosing to be misinformed about what is transpiring in the economic, political and scientific theaters hardly improves the chances of an individual surviving even through to the end of the Natural Selection process that is college.

Yes, entertainment is all well and good, but it is rare to find that it helps someone understand the events and forces shaping day-to-day life.

Part of being a functioning adult is being informed, understanding what sources to trust and being able to distinguish reliable information from

opinionated or dogmatic statements.

In evolutionary processes, organisms do not change instantly but through a process stretched out over numerous subsequent generations. For college students, it is through keeping abreast of current events and doing more than the bare minimum of class work that they can equip themselves to have an evolutionary advantage.

Starting the habit now will not create an informed adult immediately, but it will shape that individual into one over time.

Every individual is responsible for determining

what he or she knows. If someone is not taking action to be informed, no one can take it for him or her.

And, those individuals taking the steps to keep themselves informed will be able to better interact with others who have chosen to.

By working together, these individuals give themselves the ability to effect change not just in their lives, but in consecutive generations.

We should not let a lack of effort keep us from being informed.

As Charles Darwin said, "A man who dares to waste one hour of time has not yet discovered the value of life."

Having good times by geeking out

Damn, it feels good to be a geek.

I don't think any subculture on earth is as great to be a part of. We are the ones who change the world, we have a deep love for the things we do and we can easily fit in with other geeks all over the planet.

Throughout history, it is the nerds and geeks who are remembered. We make great changes in science and literature; we create things like the theory of relativity, space shuttles and the Internet.

If Shakespeare and Mark Twain were alive and in college today, they would be the presidents of the creative writers club or editor-in-chief at the school newspaper. I'm pretty sure Napoleon would sit across the table and dominate me in Warhammer 40k before our political science class.

If it weren't for our nerdy creations, we wouldn't have



Editor's Box

Jesse Beard
Asst. Print Editor

great things like Facebook and iPods.

As geeks, we love the things we do. We get jobs doing the things we are interested in as professors and IT specialists. We meet each other and create life-long friendships through our various hobbies, be they gaming or computer science.

Some of my best friends I met through the mutual love of comic books, video games or Magic: The Gathering. I have known these friends most of my life, and I know that they will be around forever.

Whether I am at a convention, a gaming shop or

just hanging out in the student center with friends, I feel a deep sense of camaraderie.

Even if I had just met someone at a convention or gaming shop, we would be able to understand each other's jokes like "It's a trap!" or have in depth conversations about the intricacies of a Magic: The Gathering draft cube or Schrodinger's theory, bypassing the small talk I would have with anyone else I might meet.

Although we might not be the most attractive or socially adept group of people, we are certainly happy with our lives.

Six Mile Post

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The "Six Mile Post," a designated public forum named after the old railroad station and trading post that was once located near where the college was founded in Floyd County, publishes seven print and online issues a year and is funded through student activity fees and ad revenue.

Letters to the Editor may be brought to the SMP office, emailed to 6mpost@student.highlands.edu, or mailed to Editor, "Six Mile Post," 3175 Cedartown Highway Rome, GA 30161. Letter must be signed by the author. Publication and editing of letters will be at the discretion of the editors, and letters may appear in print and/or online.

My cell has me itching for a text message

Cell phone addiction is as dangerous as any other

I would use my phone when I was happy, sad, bored, excited or even tired. I didn't even like being on the phone that much because it stressed me out but I couldn't stop.

I was addicted—anxiously checking it every chance that I could. My phone was on my mind all day, and I cherished it like athletes cherish their jersey numbers.

I handled it like it was made of glass, cautious of dropping it and rubbing off the screen every other minute.

Because I used it so much, I had to carry my

phone charger with me everywhere I went.

It reached a point where I would get highly upset if someone didn't respond to a text quick enough or if 30 minutes went by without someone trying to get in contact with me.

If a day went by that no one called or texted I found myself fighting off depression the whole day. The next morning I would stay in bed as long as possible or until my ring tone alerted me.

I tried hiding the phone from myself or turning the phone off, to trick myself into not using it. Deleting numbers, only to meet new

people and become attached all over again. I realized that I needed to get the phone turned off as soon as possible.

It's true that cell phones are convenient as well as a form of safety, but let's not pretend that they aren't damaging at times. Phones have made addicts out of people, causing a permanent state of alert and a strong focus on the phone.

Individuals that stop using their phones after being attached to them experience physical and psychological withdrawal. They go through moments of anguish, nervousness, irrita-



Soap Box

Felicia Scott
Staff Writer

bility and anxiety.

Technology is meant to enhance our lives not control them.

I believe that an easy way to overcome any addiction is to just occupy your time and mind. Addictions are the strongest when addicts are bored or have spare time on their hands. Finding a hobby could lower your

stress and take away some of the anxiety connected to the phone. Don't expect every call to be answered or every text to be responded to just because that's what you want.

Being addicted to a cell phone seems small and harmless, but it is just as hazardous as any other addiction.

No drinks for me, thanks

I like to remember nights out with my friends

Are you making memories as you go through your college experience?

On Facebook the other day, I saw a photo album named "Nights We Will Never Remember with Friends We Will Never Forget!" I thought this was funny at first, and then I really started to think about it on a deeper level. The people in the album were all drinking. That is not really funny at all.

I am not a prude or a teetotaler; I do have a drink on occasion, but never enough to not remember! I am building memories in my life, and I've already got more than most people.

When I get out of school and graduate from the nursing program, I hope there is never a picture of me on Facebook with an alcoholic drink in my hand.

I have heard on the news and the Internet that employers look at social network media sites to see what people do when they are not at work. I would hate for one



Living Life

Christie Boyd
Staff Writer

to decide not to hire me because all they see are photos of me drinking!

I have several friends on Facebook and nearly every picture of them that is posted is of them partying. I'm glad they are having a good time; I just think you can have a good time without drinking on every occasion.

One thing that occurs to me when I see these photos is how will they get home? Penalties in Georgia are some of the most restrictive of any state in the United States Georgia has led the nation in legislation to try to halt drunk driving.

If someone is stopped for a D.U.I. he or she will go to jail. Personally, that is not a place I want to see from the backside of a steel door!

There is a lot of talk going around about young people texting on their phones when they are driving. As a matter of fact, I lost a young friend to texting last year. She ran underneath a transfer truck and cut the top right off the car. Her mother and father and all her loved ones will always miss her. Drinking hasn't gotten a lot of press lately, but it still goes on, especially on weekends.

It's springtime, the weather is getting better day by day, and there is more drinking going on. Let's start building memories. Please don't post photos of you drinking. In the meantime you will find me sober, building memories and...Living Life!

What are your plans for summer?



"I plan on getting a job this summer and attending summer classes."

Blake Smith
Criminal Justice
Cartersville

"I plan on going to Destin with my family. I also plan on getting my stuff ready so I can transfer."

Lauren West
Biology/Pre-med
Cartersville



"I plan on working, modeling and hanging out with my friends."

Tiffany Ragan
Bio-Chem
Cartersville



Poll and photos by Katie Morris

Letters to the Editor

Smoking areas needed on campus

Dear Editor,

As is well known, smoking is prohibited on all GHC campuses and has been for quite some time. My experience is confined to the Cartersville campus alone, thus the scope of this letter is as such limited.

The positive effects of the smoking ban are easily seen; those bothered by the smell as well as those who worry over potential health risks are appeased by the campus-wide restriction. Regrettably, this comes at the great price of freedom. The rights of GHC's students and faculty who wish to enjoy a smoke are infringed on by this ban.

While most establishments offer a designated smoking area, out of the way of those who may be miffed by the scent, GHC does not care to provide even the smallest area to its rapidly growing student body. To add to this issue, the terrace of the Carters-

ville campus is littered with ash and butts due to the lack of a smoking area.

If the college simply created a new smoking area, students and faculty would be able to enjoy a reprieve without fear of harassment while disposing of their refuse in a suitable manner.

GHC needs designated smoking areas, not just for our fellow students and teachers, but for a better, cleaner and most importantly, freer environment.

Bobby Graham
Chemistry
Cartersville

One is not enough

Dear Editor,

I would like to express my concern with the Tutorial Center located at the Rome campus. I have attempted to get help regarding certain classes that I am attending, but there is always only one teacher available to help students. The problem is the length of time that it takes for the

teacher to help each student.

For example, the room is full of students, and the teacher is working with one student, while the other students have to wait their turn. This can prevent students from moving forward because we have to wait, and wait and wait. Often, I have left the Tutorial center more frustrated than when I had arrived.

Jill Swanson
Nursing
Rome

HOPE change has two sides

Dear Editor,

Several articles were written in the last edition of the SMP about the changes made to the HOPE Scholarship. In some ways, I think that it is a good adjustment because it assists those students who are working their rear off for their degree. This change also helps eliminate those who don't want to work hard and ex-

pect for money to be handed over.

However, I also see the side of people needing help, who are working hard and can't quite get their grades up to get HOPE. Unfortunately, this is where I would have to say, "Work harder. Hard work does make a person stronger."

I personally have never received the HOPE Scholarship. My past GPA fell into the "grades not within requirements" category. But with constant persistence and diligence in my studies, I hope to be offered HOPE this fall.

Teresa Everhardt
General Studies
Cartersville

Chatting with the librarian is helpful

Dear Editor,

Something that I have used and can vouch for as very helpful to me would be the chat line that is hosted

by the librarians of Georgia Highlands College.

I actually used it twice last semester because I was writing a research paper and just couldn't figure out where I should start to find articles. It was so easy and quick! They responded back within seconds, and if they had to step away for a second, they would let you know.

All you have to do is tell them the topic of your paper and basically what kind of direction you're trying to go, and before you know it, they have a few options of websites that they believe would be helpful to you.

You can feel the friendliness through the messages, which made me feel a whole lot better about asking questions because sometimes I feel as though I may be a bother! I would definitely recommend using this service if you ever need help with a paper or even just to see if you're going in the right direction.

Ishonna Baskerville
Business Admin.
Marietta

Tri-state water wars make waves in the court of public opinion

For many years Georgia, Alabama and Florida have been involved in a court battle to see who has the most right to the water that flows through the states. This court case has brought in The Army Corps of Engineers, the city of Atlanta and numerous environmental groups. According to Billy Morris, associate professor of geology at Georgia Highlands College, there is not enough water for everyone to have all they want.

The only long-term solution seems to be to limit the amount taken from these water sources. Morris also believes that the war is not between Georgia, Alabama and Florida, but is instead Atlanta and its builders association versus all three

states. The latest court ruling is that Atlanta really doesn't have any rights to the water it takes now.

The Corps is charged, by Congress, with the responsibility for the water, people's use thereof and the welfare of any endangered species therein. It built the dams that seek to control the flow of the water through the states. Each dam has a purpose stated in law. Watering Atlanta is not in the mission statement.

The judge has given Atlanta a number of years to come up with an alternate source of water. The only thing they have come up with so far is to take the water from the Etowah River and not return it or build the dam at Lake Lanier deeper.

The extra water would then not be in the Corps control.

Joe Cook, executive director of the Coosa River Basin Initiative, gives us another take on this problem. He feels that conservation will work as well in Atlanta as it has in New York, Boston and Seattle. When these places tried such things as low-flow toilets, the water saved ran to 30 percent and more.

The seven reservoirs either built, being built or proposed would cost \$1.5 billion, or \$4000 for each 1000 gallons, as opposed to 46 cents per 1000 gallons for retro-fitting low-flow toilets in Atlanta, according to Cook. While the state would pay to build the dams, individuals would, more than



Guest Column

Bernie Mitchell
Guest Columnist

likely, be stuck with the bill for toilet retro-fits. The state would have to help with less affluent people's retro-fit.

If Atlanta is too greedy to address its problem itself, the federal courts will have to. A working solution is in front of the city. The builders should not be allowed to use their money to control the city government the way they recently did when low-flow toilets were proposed and defeated in favor of the more expensive solution of

new dams. Anyone want to guess who would build these new dams? More than likely it would be some of these same builders.

This all comes down to power and money. The people of the affected states don't seem to have any power over the greed of a few groups of citizens with large amounts of money. With the downturn in the economy, the builders need new projects, just not at everybody else's expense.

EDITOR'S PICKS

Awesome April Picks

Stumbleupon.com Website

By Michael Davis
Editor

Few websites have an addictive quality like stumbleupon.com.

When boredom strikes, stumbleupon is there to put an end to it. The site allows users to select from a list of interests that covers the entire spectrum, and after selecting topics of interest, users simply click the "stumble" button and voila! Their trip through the Internet has begun. With each click of the button, the user "stumbles" randomly to a new site that relates to one of the topics they are interested in. They can choose to like, dislike or simply keep stumbling.

As users like and dislike different sites, stumbleupon adapts and gets better at

picking sites the user would like.

This is by far the best online invention ever. It is a procrastinator's vice and a savior for the bored. Hours can be spent wasting away, sitting in front of the computer and stumbling onto new and interesting sites that may never have been discovered otherwise.

Also, stumbleupon allows users to follow their friends and other users so they can keep up with what others like as they stumble.

"The Wind in the Willows" Book

By Ross Rogers
Assistant Editor

With springtime upon us, there's nothing quite as relaxing or fitting as a good book about having an adventure in the woods.

Kenneth Grahame's "The Wind in the Willows" follows the adventures of timid Mole, his mischievous mentor and friend Ratty and the incorrigible Mr. Toad of Toad Hall.

This children's classic, set in the idyllic countryside of England, is an enjoyable tale for all ages and is especially a delight on a cool spring evening.

"Venture Brothers" TV Show

By Jesse Beard
Assistant Editor

If you haven't been watching The Venture Brothers on Cartoon Network's Adult Swim, then you are seriously missing out.

The program is an intelligent parody that mixes comedy and action perfectly.

The main characters are re-imaginings of 80's cartoon

characters, comic book superheroes and other popular culture icons. Focusing on the strange adventures of the two titular twins and their "super scientist" father, the series features an intriguing linear storyline stretching over four seasons and the creators have plans for at least two more.

The show has some of the best characterization and voice acting I have ever seen. Every time I re-watch an episode, I notice something I didn't the first time.

Season 4 was released on Blu-ray last month, giving fans like myself another reason to watch the entire series yet again.

If you have not seen this show before, you can watch a few episodes for free on adultswim.com. The other seasons are also available on DVD and Blu-ray.

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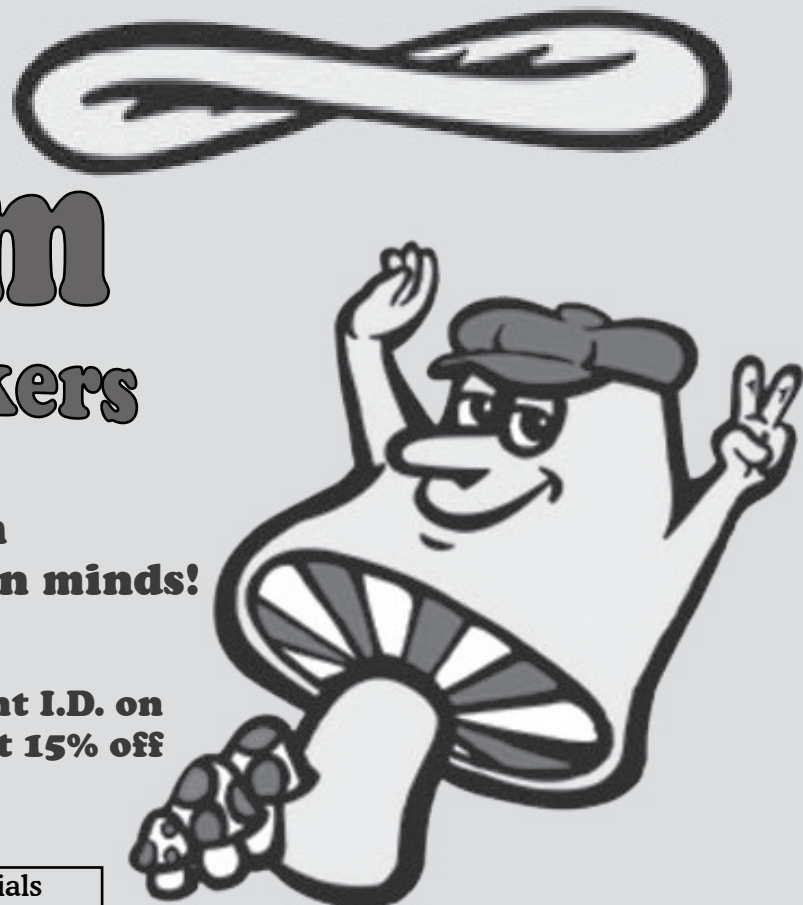
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Making sports history at GHC

Sanford Stadium! Candlestick Park! GHC Physical Education Facility?

There is a lot in a name. A person's name is his or her identity, a calling card, to which the person answers for his or her entire life. Sports arenas are no different.

The name Cameron Indoor inspires memories of Hurley, Laettner, Hill, Coach K and the Cameron Crazies.

Mention of Sanford Stadium brings to mind Herschel, Dooley, Erk and Munson. A picture of Candlestick Park makes one reminisce about the days of Montana and Rice on a dirt infield.

Every year tens of thousands of fans pile into the Big House, the

Horseshoe and the Rose Bowl to cheer on their favorite football team. The history wrapped up in these venues developed over many years, stories of heart-breaking losses and heroic victories passed down from generation to generation. The NAME is part of the legend.

Very soon, Georgia Highlands College will likely begin a varsity athletics program.

Men's and women's basketball will be played competitively, with the Chargers enjoying their home court advantage in the...Georgia Highlands College Physical Educa-

tion Facility.

Really doesn't roll off the tongue, does it? We need a facility name. A place prepared to accept whatever history may unfold in that building.

There is a lot of history at GHC and in the North West Georgia area. The list of people this building could be named after is endless.

So here is my challenge to the student body of Georgia Highlands College as I leave this great institution to continue toward my degree at West Georgia: Take responsibility for getting the gym a name. Talk with professors and administra-



The Extra Point

Casey Bass
Staff Writer

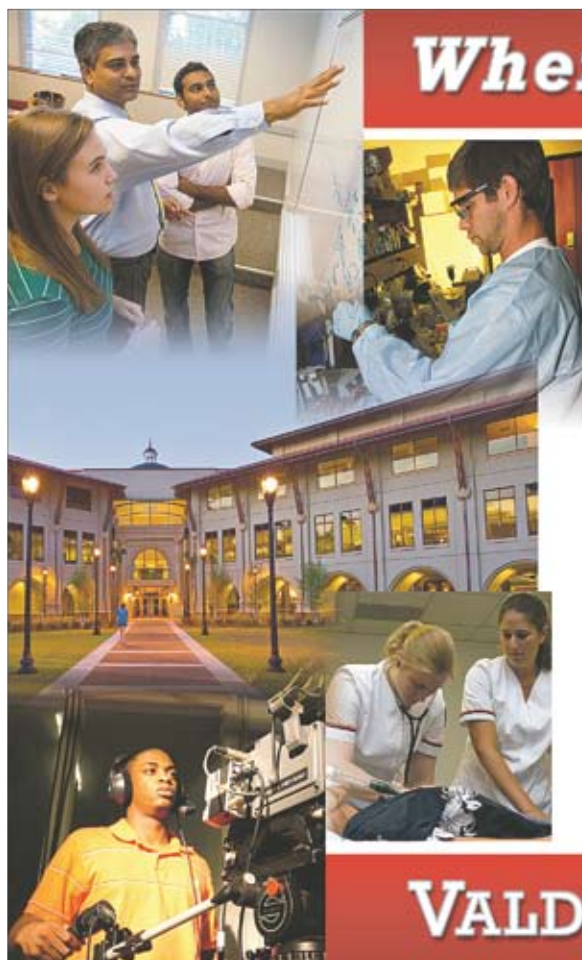
tors about the history of the school and develop a name we can all be proud of.

My suggestion is Kemper Court. While GHC has never enjoyed athletic success, it has been recognized year after year thanks to Dr. Kemper's stewardship of this newspaper.

Walk down the hall at Floyd campus and notice the awards in the dis-

play case, then visit the Six Mile Post's office and notice how the walls are covered with award after award for general excellence.

If GHC enjoys the same level of athletic success under our new athletic director as the SMP has under the watch of Dr. Kemper, the rafters will not hold all of the championship banners that will be won.



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Rome takes the title in the GHC 2011 Intramural Basketball Championship



Photo by Andrew Calvert

The 2011 Intramural Basketball champion team, Rome, display their commemorative championship T-shirts after defeating Old School 47 to 37 on March 29. Winning team members are (from left): Wes Hurley, Mark Smith, Chris Campbell, Anthony Donaldson, Devin Ware, Brad Allen, Brannon Bennett and Judge Watkins. In the match for third and fourth place, Those Dudes took third when Six Mile Sensation had to forfeit.

2011 SMP Ping Pong Tournament Champ



Andrew Mathis is the champion of the 2011 Six Mile Post Ping Pong Tournament. The tournament consisted of four rounds over the semester and was co-sponsored by GHC intramural sports.

Correction: In the March issue, the Six Mile Post erroneously reported that Those Dudes would play Rome in the championship basketball game. The game was actually between Old School and Rome.

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Overcome disabilities with accommodations that will help you succeed at college as independently as possible.

We have locations on each campus for your convenience.



Cartersville Campus - Hub 120A
678-872-8004 | fax 678-872-8013

Marietta Campus - SPSU Building D - D-253
678-915-5021 | fax 678-915-5014

Floyd Campus - David McCorkle Building AA-26
706-295-6336 | toll free 800-332-2406 ext. 6336 | fax 706-368-7708

Douglasville Site - 143
706-295-6336 | fax 706-368-7708

For more information, or to schedule an appointment,
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