

# SIX MILE POST

*The Student Voice*

November 17, 2009

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The sun sets over the Floyd campus lake.

Photo by Cody Allen

*On the holiday pages read about students' Thanksgiving memories and traditions or learn more about December's holidays.*

## **New buildings in the works**

The Cartersville Campus may be in line for two new buildings in the near future.

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## **Elephant in the room**

Can race make students stand out in a classroom when they don't want to?

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## **Champions are crowned**

Check out the sports pages for the last games played in flag football and basketball.

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**Georgia Highlands College - Rome, Georgia**

# Food on the way; expected in January

By Nick Godfrey  
Editor

It was the demand of the students and faculty that finally made it happen. Next semester, the Floyd campus will have more than just an empty cafeteria. It will have food.

After a year-long process of choosing and eliminating different vendor possibilities, the college has finally decided on and signed a one year contract with four options to renew, adding up to five potential years of service with Campuscafe Food Court.

"It was the students' and staffs' demand. It's something

we need here," said Cynthia Parker, procurement officer at GHC. "Even though it's not a 24-hour school, it's something our students need."

According to Parker, this will be Campuscafe's second college to provide food services for.

"They've been at Georgia Perimeter for about four years," she said.

Items for sale are estimated to be around \$3 to \$6, depending on food choices or combo deals.



Photo by JoNathan Brown

(From the left) Floyd students Aaron Ashworth, Desiree Dinelli and Tyson McWhorter eat food from Subway. By January, students will be able to eat food prepared at the college.

The food service program should be up and ready by January when students return from break, said Rob Whitaker, vice president for finance and administration.

"The vendor will invest \$40,000 to renovate and upgrade the facility. The college will be investing about \$15,000 to get the cafeteria up to operational standards. The college and vendor will split profits at 40 percent to the college and 60 percent to the vendor," he said.

Manoj Barot with Campuscafe stated that the com-

pany is excited about coming to Georgia Highlands.

While Campuscafe will only be at the Floyd campus for now, GHC and Campuscafe are both looking forward to expanding food services to other GHC sites as well.

"I am happy and excited about the opportunity to provide food service at the Rome Campus," Whitaker said.

"I also look forward to the opportunity to add food service at Cartersville," he added.

As of now, Campuscafe will only be open for lunch, serving different specials and focusing on different ethnic foods each day.

"Now that we have food service, I encourage students, faculty and staff to be strong supporters of our new food service provider," Whitaker said.

"Frequent their shop and buy food from them. They will offer subs, pizza, hot dogs, chicken fingers, burgers, and other food options that I feel students and others will like."

## University System decides to change core curriculum

By Lesley Mathis  
Staff Writer

Changes are coming to the core curriculum of all schools in the University System of Georgia, which means GHC will be adopting these changes within the next few years.

According to Renva Watterson, vice president for academic affairs, the new curriculum will be "expressed as skills, rather than courses."

This means that classes that are offered at GHC will be labeled as belonging in one of these five areas: Communication Skills, Quanti-

tative Skills, Institutional Option, Humanities/Fine Arts, Natural Science/Math/Technology, Social Sciences and Major Requirements.

Instead of specific classes being required, students simply have to take a set number of hours of classes from these groups.

"This won't affect students now at Georgia Highlands. In coming times, it will be a process of labeling. The changes were designed to be an institutional function," said Watterson.

The main goal that the University System was trying to meet with these changes was to make transferring easier for students.

The Board of Regents'

"I never liked the idea of required classes, so this seems like it will open up more options."

-Mary Roberts  
Student

minutes from October 2009 indicated that transfers will be easier because students will no longer have to complete an entire area in order to guarantee that all of their classes will transfer.

Any core classes students take under the new curriculum will transfer to any college in the University System.

Four-year schools must have the changes in place by fall 2011, while two-year schools can wait until fall of 2012.

However, Watterson stated she "would not be surprised if GHC has

changed before then."

Many students at GHC are seeing the good that can come from the new core curriculum.

"I think it will make things easier. I never liked the idea of required classes, so this seems like it will open up more options," said Mary Roberts, a general studies major.

"I think the new system will make things a lot smoother for upcoming students and a lot easier for the schools to keep things organized," said Mark Parker, a general studies major from Austell.

# Two new buildings proposed for Cartersville campus

**By Kursten Hedgis**  
**Assistant Editor**

A new academic building is in the beginning stages for the Cartersville campus, and there is talk of a student center to follow.

"We need more space. Students are packed in wall to wall. We are in desperate need of classrooms so that it is possible to educate this growing student body," said Rob Whitaker, vice president of finance and administration.

According to a study done by the Higher Education General Information Standards (HEGIS) and the University System of Georgia, the Cartersville campus is in need of more space due to an annual 20 percent growth in enrollment.

The proposed 60,500 square foot academic building will house 27 classrooms, four scientific laboratory spaces, 14 faculty and staff offices and a 300-seat auditorium/lecture hall. In all, this project will cost \$19.9 million, plus roughly \$2 million in fixtures and equipment.

The new academic build-

ing will be funded entirely by general obligation bonds or state funding. This means that the state will allocate the money only when the governor, the Senate, and the House have reviewed the state budget and come to an agreement. This also means that at any time the academic building could be taken off the list by any one of these three governing bodies.

"We have requested the funds for design and construction in the same year. The only problem I could foresee is the funding bonds being split into two payouts: one for design this year and the other for construction in the following year. It's fairly common with the budget requests," said Whitaker.

The governor's budget will be released in April. If GHC's building makes the list, it could still be two years before is built. But, there are ways that Whitaker can try to jump start the process.

"We can go ahead and pay the bill for the design plans and wait to be reimbursed from the state. That

way we can get a head start on this project," said Whitaker.

**"I feel good about this academic building's chances of being approved."**

**-Rob Whitaker**  
**Vice President**  
**Finance and Administration**

In addition to the academic building, in the very preliminary stages of planning is a student center. Unlike the academic building the student center would hypothetically be funded through a public/private venture (PPV). That means that the college would, initially, sell bonds to pay for

the building and then use the revenue streams that come in from the student center to pay off these foundation and local authority bonds.

Whitaker proposes three main streams of revenue.

"The first would be through a student/facility fee. The second would be by placing another Barnes and Noble bookstore, like the one in Rome, in the student center. The third would be to have food service in the center, like the kind that will be coming to the Rome campus in January."

The main advantage of a PPV would be that it eliminates the lengthy bureaucratic system that is necessary to receive state funding.

"We haven't encountered any person that thinks the student center isn't a real possibility, because we will be responsible for committing our own resources to paying for this building," said Randy Pierce, president of Georgia Highlands College.

"The next step is sitting down and running the numbers, as well as getting stu-

dent input," said Pierce.

In addition to the new Cartersville buildings there are plans for upgrades at other GHC locations.

Marietta is next in line for construction to address the pressing need for space.

"Any new locations at Marietta will most likely be through state funding, so we will begin working on getting Marietta on future Capital Budget Requests," said Pierce.

Students at Paulding, Douglasville and Floyd should also expect to see renovations and additions in the coming years.

"The most important thing to remember is planning for the future. Even if students are only here for two years, there is still an obligation to the institution and future students to make GHC better," said Whitaker.

Pierce had similar opinions about the future.

"Students need to be a part of the building process. We want to know from the students what they want; we want to know from the students what they need," said Pierce.

## Exclusive online stories...

"Sex Signals" taught students everything they needed to know about sex, dating and relationships. Check out the exclusive online article and read a firsthand account of the performances!



There is a growing club at GHC that has doubled its size in the first year. You could be the next member. Read the online club spotlight and find out if this club is for you!



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# Chancellor visits Cartersville campus

By Danielle Donaldson  
Staff Writer

Chancellor Errol B. Davis Jr., who is responsible for the state's 35 public colleges and universities, visited the Cartersville campus on Oct. 29.

According to Davis, he wants to "get everybody what they want and need, and note the differences of wanting and actually needing."

He also stated that he wants to make sure that what he does is making everyone happy and comfortable and noted that students' input is very important to him.

Chancellor Davis came to Cartersville with pen and paper in hand, prepared to write down all the students' concerns.

Davis made the atmosphere comfortable with his positive attitude, which let the students be able to open up to him more.

The Chancellor met with four students: Donnie Anderson, Courtney Coen, Robyn Johnson and Danielle Donaldson. He asked

the group of students he met with about some of the necessities for the Cartersville campus, and students stressed the issue of a student life center.

"It would be nice to have an actual student center so it doesn't infringe on academics," said Cartersville campus student and biology major, Donnie Anderson.

The student life center is nothing but a hallway that is located, literally, directly below the library.

The library staff often has to put down the storm shutters to block out any activities and noises going on in the student life center.

However, the noises always seem to still make their way into the library, which is distracting to students trying to study.

There are also nearby classrooms that have to contend with the activities going on in the student life center.

Another issue addressed was the need for a chemistry lab.

Chancellor Davis stated that this is a long-term issue because adding new build-

ings not only takes a while, but there is the problem of finding new qualified staff members to fill those positions.

In addition, the issue of no fitness lab for students to meet at for physical education classes was brought up to the Chancellor. There is no gym or track for students to run on for physical education classes. And since there is no gym, there is nowhere for students to learn to workout, or conveniently workout on their own time.

Davis explained that overall, the time period will be around approximately two years or more to build the new buildings that are needed. When the Cartersville campus lot was first purchased, it was already established that there were going to be future building going on, which will eventually create more room for more students as the student body continues to grow.

According to the chancellor, as far as curriculum changes go, there will be no drastic changes. The classes provided will stay the same, but there will be more elec-

tives added, none specifically stated.

The chancellor also believes that critical thinking should be included in classes to enrich the undergraduate experience.

The chancellor's visit ended with a tour given by the group of students he met with. They visited "The Hub," which students thought was a lot quieter than the actual library.

Then the Chancellor was shown the student life center, and again noted the significance of the small size of the center and the library. He indicated he realized how inconvenient it really was to have the student life center directly below it.

He then was shown the famous fireplace, located in the library.



Photo by Robyn Johnson

**Chancellor Davis discusses issues that affect the Cartersville campus.**

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# Philanthropy makes a difference this holiday season

## Cartersville

By Lauren Vanwinkle  
Staff Writer

As the holiday season approaches, GHC's Cartersville student organizations will offer ways for students to get involved in seasonal philanthropy.

Two of the Cartersville organizations that are giving back are Books for Change and Phi Theta Kappa.

This holiday season, Books for Change is holding a book drive to collect books for needy children. It will begin in mid-November and continue through the end of the semester. Donation bins will be located in the Hub.

Students Courtney Coen, psychology major, and Kimberly Walker, early childhood education major, both student workers for the Cartersville campus Office of Student Life, are participating in the book drive.

Along with the book drive, Books for Change, is also holding a clothing drive called "Jeans for Teens Drive."

This program works with Aeropostale clothing stores to help dress homeless teens. In the next few weeks, students can find donation boxes at the Hub on the Cartersville campus.

"We collected about 50 pairs of jeans last year," said Sarah Hepler, adviser for the Book Club.

Phi Theta Kappa will be collecting donations for the Angel Tree on the Cartersville Campus. PTK collects Christmas gifts for needy children in the community. They work with the Salvation Army to meet these needs, according to Sharryse Henderson, co-adviser for PTK.

The tree will be located in the Cartersville Hub. Students can pick up an angel and help a child in need have a Christmas that may not have been possible without this organization.

## Floyd

By Diana C. Davis  
Staff Writer

There has always been a never-ending need for volunteers willing to lend their time to local foundations.

The Floyd and Polk county Toys for Tots coordinator, Ken Futch, is looking for volunteers to help with two main events as well as smaller tasks until Christmas.

"We do have a need for volunteers to help at our auction. We'll have a live auction at the Palladium in Rome to raise money, and

we need anyone willing to help out. Also, on Dec. 19, Toys for Tots will hold its distribution of toys at the Coosa Valley Fairgrounds, and we could really use afternoon volunteers to help give out toys," said Futch.

Anyone that would like to dedicate their time to Toys for Tots this season may call 706-290-3637 or e-mail [rometoy@gmail.com](mailto:rometoy@gmail.com). To view a running list of other Toys for Tots events in local areas visit [www.toysfortots.org](http://www.toysfortots.org) and click under Toy Drop-offs.

On Dec. 4, GHC's Human Service Club will be holding a Christmas party for Polk County foster children. Each child will receive a gift delivered by Santa Claus. He will also be handing out Christmas stockings, games and snacks. The Human Services Club will be providing gifts for 132 children this year. Anyone that would like to sponsor a child can e-mail Kelli McGahee at [kmcgahee@student.highlands.edu](mailto:kmcgahee@student.highlands.edu).

Phi Theta Kappa and the Human Services Club intend to sponsor a Coat Drive by collecting gently used coats that will go to the Open Door Homeless Shelters in both Floyd and Bartow counties. Both campaigns began in early November and end the



Photo by Jason Bowen

**Sarah Colston decorates the Angel Tree that is located near the Student Life Office on the Floyd campus.**

Friday after finals week.

PTK will also be sponsoring an Angel Tree on the Floyd Campus. Donations for the Angel tree will be distributed by the Shriners. Students can purchase gifts for the needy and bring them to the Student Life Office.

"In 2008 students, faculty and staff donated gifts for over 200 children. This year we hope to meet this same goal," said Samijo Miron, president of Phi Theta Kappa.

The Black Awareness Society (BAS) will be making Thanksgiving baskets

that include canned foods and a turkey. These will be delivered on Nov. 25 to needy families in the Floyd community.

BAS will also be adopting three families this Christmas, buying gifts for the entire family. Donations for families can be made to Jon Hershey, [jhershey@highlands.edu](mailto:jhershey@highlands.edu). The families will also be receiving Christmas baskets along with their gifts on Christmas Day.

Students interested in volunteering for any of these programs can stop by their local Student Life Office.

**Advanced Registration:**  
Nov. 9 - Dec. 9  
Pay fees by Dec. 9 at 5 p.m.

**Regular Registration:**  
Dec. 10 - Jan. 5  
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Cartersville Campus - Hub 129A (ATP at UWG)

Floyd Campus - David McCorkle building AA-26

Marietta Campus - SPSU Building D - D-253

Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it.

- - Lou Holtz

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## Can you tell the recycling bin from the trash can?



Check out [www.sixmilepost.com](http://www.sixmilepost.com) for the answer!

## What's the deal with recycling?

As students walk up and down the hallways on campuses and see the recycling bins, the questions pop in their head, "Are they really going to recycle this stuff?"

Well, technically... NO!

According to Philip Kimsey, director of plant operations, currently there is no recycling policy in place. There is no policy stating what or how recycling is being taken care of.

In Cartersville, cans, paper and bottles are all being recycled.

"Containers are placed in various areas to collect cans and bottles. The cardboard is thrown into the trailer manually whenever it is gathered. Paper and magazines are placed into containers in

various points also," stated Kimsey.

However, at both the Floyd Campus and Heritage Hall, only cardboard and paper are being recycled. Rome Recycling Center brings inmates around periodically to collect the cardboard and paper, but bottles and cans are not being recycled by GHC.

Why is someone else doing the work when GHC has capable people who could be doing the job?

An idea that could be implemented is that there could be a committee of students, faculty and staff that work together to tackle the problem. This would disperse the responsibility among a group of people who would be willing to work

to better recycling at the college.

Another improvement that could take place is labeling the recycling bins so that the students could easily know what recyclables go where.

On the Floyd campus, the main problem is that the recycling bins look just like the regular trash cans, and most times students just throw trash in both. This defeats the purpose of recycling.

The most important thing is sticking to whatever is decided about recycling.

Show the students that Georgia Highlands is committed to a recycling program. It takes more to actually do the work than just talk about it. Let's solve the problem once and for all.

## The elephant in the room...



### Editor's Box

JoNathan Brown  
Assistant Editor

Have you ever been in a class where you were the only person of your race in the class and the subject of the day was pertaining to your race?

Well, my answer is YES!

This has happened to me many times, and in some instances this has really hurt my feelings. It often makes me wonder if we as a country have really changed.

The most painful discussion I've had here at Georgia Highlands happened at the beginning of this fall semester.

We, as a class, were talk-

ing about the differences between the enslavement of Africans and the internment camps of Japanese-Americans during WWII.

A student made a comment that the internment camps were worse and made a greater impact on America's image than slavery did.

Another statement made was that slavery was a small portion of the Civil War and not the major cause of the war.

At that moment, every student in the classroom turned and looked at me, wondering what I would do

or say.

At first, I had to quickly compose myself because I was enraged. But after that moment I simply said, "Statements like that makes me wonder if we, as Americans, have really changed, and furthermore, I find no need to justify what my ancestors did to make this country what it is today because I'm black. I'm just going to be the bigger person and I'm going to let history speak for itself."

That day in that class was only one of many accounts of what I have been through being a minority in a class when the discussion is about slaves or the civil rights movement.

Yet, I continue to strive to do what I can to enlighten people to the idea that just because I'm black doesn't mean anyone should put me in a box and label me.

## Six Mile Post

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The "Six Mile Post," a designated public forum named after the old railroad station and trading post that was once located near where the college was founded in Floyd County, publishes seven print and online issues a year and is funded through student activity fees and ad revenue.



## Living Life...

Christie Boyd  
Staff Writer

# 'Pollyanna' and my Uncle Guice

I have never gone to bed in my whole life without reading. It doesn't matter that it is three or four o'clock in the morning, I have to read before I go to sleep.

This habit began early. My Uncle Guice read to me every night and taught me to read by the time I was two or three.

I passed the reading bug on to my own daughter and when she was two, she read her first Rookie Reader to me. These are 15-word books that are for beginning readers.

She informed me that she could read the book to me and did, much to my amazement and delight. When my daughter read to me at that young age, it was one of the proudest moments of my life.

I remember the first book I got to pick out for myself. My Uncle Guice was the principal at Williams Avenue Elementary School. One day he took me to the school library and said that I could pick any book on the table. I picked one.

The book was 'Pollyanna.' He said he meant that I should pick a book I could read to myself. I said, "Oh, I can read this!"

Of course I was only four years old at the time, and he didn't think it was possible that I could read all the multisyllabic words, but I did. I'm sure he was as proud of me as I was of my daughter.

I cannot remember not being able to read the newspaper. The newspaper was a big thing at our house. We

subscribed to two daily papers and our local bi-weekly paper.

Almost every night we all ate dinner together at my grandmother's gate-leg table. We would all talk about the news of the day.

I have a wonderful sense of and love of history because of those dinners at home, the basis of which was reading and learning something new every day that we could share.

Another gift that reading has brought me is the ability to be an awesome trivia nut! I love Jeopardy, Trivial Pursuit, and any kind of game where arcane, sometime useless knowledge is required.

As college students, reading is a gift that we don't think of too often. For the most part, we are public school graduates, coming from diverse backgrounds. Because we are part of the Western world, we take for granted that we are able to go to school and become educated.

We take for granted that some form of education through high school is guaranteed us and through that education we learn to read.

This time of year when we begin to think of all the things we are thankful for, I am thankful for my love of reading and all it has meant to me.

If I ever had a word of advice for anyone, it would be to pick up a book. Read to your children, early and often. Give them a gift that can never be taken from them.

# Letters to the Editor

## Domestic violence affects everyone

Dear Editor,

I believe that the article on domestic violence was interesting. Domestic violence is rapidly growing in the US. It has become something that most people nowadays over look, and they shouldn't. It is not only women who are being abused though; men are also receiving the abuse just as well. Most women abusers are overlooked and thought of as just someone who is defending herself. I was watching an episode of Tyra Banks the other day, and there were men on the show who were being abused by their partners. I think the walk that was held was a great idea. More power to the men who walked in heels!

Lindsay Smith  
Nursing  
Floyd Campus

## Brett Favre vindicated at Lambeau Field

Dear Editor,

I found the article regarding Brett Favre in the current Six Mile Post very interesting because I completely agree. I too was very skeptical of Favre's move to the Minnesota Vikings at first, but now I think it was a very smart decision.

Nov. 1, Favre was welcomed back to a place he called home for 16 years with the roaring sound of "boo" at Lambeau Field, but that didn't hold him back.

He responded with a grin and a performance that will not soon be forgotten. It was "sweet" revenge for Brett Favre and the Vikings as they beat the Green Bay Packers for the second time this season with a final score of 38-26.

Not only did Favre accomplish a second win over the Packers this year, but he also put them right where he wanted, below the Vikings in the standings.

Favre finished with four touchdowns for the day. Favre was neither sacked nor intercepted in either game against the Packers this year. He continues to defy age and many experts predict that Favre will indeed lead his new team into the Super Bowl this coming February.

Rachel Jones  
Early Childhood Education  
Floyd Campus

## October issue, a great read

Dear Editor,

This is one of the best issues ever, guys. I simply cannot put it down . . . Congratulations to each of you! I'm reading the printed copy and am impressed with the physical layout of the cover, pages, etc., as well as the well-written, interesting stories. Keep up the good work!

Larry Stephens  
Asst. Librarian  
Floyd Campus

## Six Mile Post, evolving for the better

Dear Editor,

I just wanted to let you know that I thought this was one of the best issues of Six Mile Post I've seen since I've been here. You did a great job – the stories were well chosen, interesting and well sourced; the writing was solid; and the photos were fabulous. Keep up the good work.

Dana Davis  
Director of College Relations  
Floyd Campus

## SOCI 2145 feature impacts professor

Dear Editor,

I just want to take a moment and express my heartfelt appreciation for the article in the Oct. 20 issue "Not just another course, not just another grade." I have been teaching this class for about 12 years, 9 on this campus. I always wonder just what an impact this class has on the students and after reading Kursten Hedgis' article I know I am accomplishing what I set out to accomplish, making a difference. Thank you again for highlighting this class.

Susan Claxton  
Associate Professor of Human Services  
Floyd Campus

Students can respond to any article in the SMP by sending Letters to the Editor to [6mpost@student.highlands.edu](mailto:6mpost@student.highlands.edu)



# Thanksgiving

## *traditions and memories*

Art by Ashlyn McPherson

### Choking on her holiday smile

My grandmother is very happy when the whole family gets together for Thanksgiving, so last year it was decided that all the family would fly in and we would have a huge family gathering at my rich aunt and uncle's house. Their house is three stories and the bathrooms are all up stairs. So before dinner, I went upstairs to wash my hands. On the way downstairs, I fell and rolled down the stairs and landed right in front of my grandmother who started choking on her false teeth. Truly a gathering I should never forget.

**Casey Bennett**  
*Nursing Major*  
*Floyd Campus*



### Making time for the family on Thanksgiving

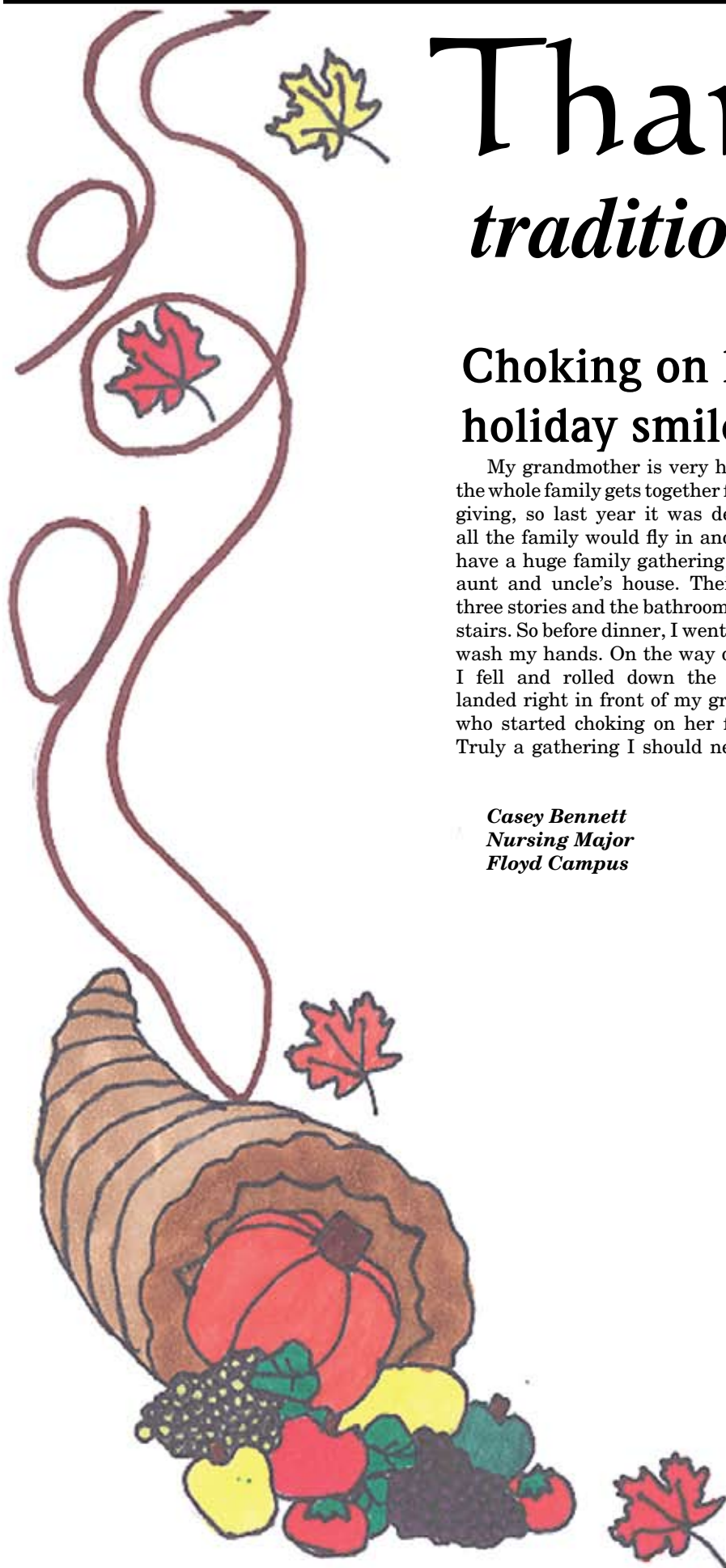
This year I plan on spending my Thanksgiving holiday with my family. This has been a struggle trying to "fit time in" during the previous years, because my family lives out of state. It is my priority this year.

Last year, my father had a stroke. He is still alive, but will never be able to walk, talk or think the same. It really opened my eyes.

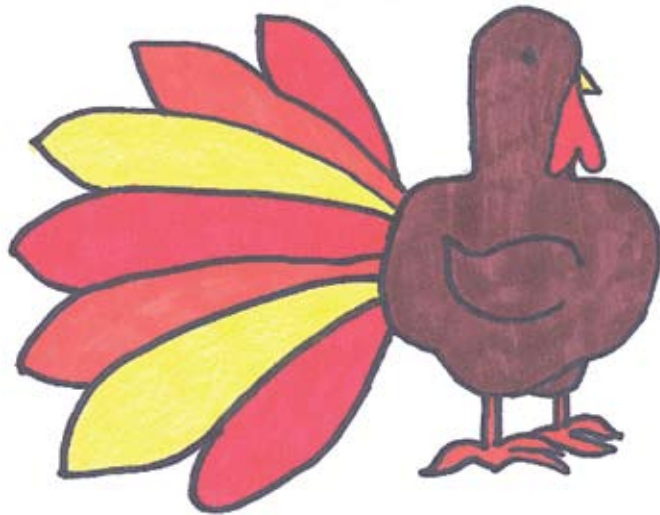
I've always heard that if you love someone, tell them. If you've thought about someone, let them know. If you miss them, tell them. Through personal experience, this has hit home hard.

I'm asking that everyone try to do these things during the holiday season, even if it requires you to "fit time in." You truly never know if it will be your last opportunity.

**Holly Richards**  
*Nursing Major*  
*Marietta Campus*







## Duck and rice: another way to enjoy the holiday

Our family is not very big on Thanksgiving compared to other holidays, but we celebrate the holidays nonetheless.

We do what every American family does on Thanksgiving and that's eating. But unlike the tradition of turkey and mashed potatoes, we have duck and rice.

The cooks of our family are not very fond of cooking a turkey, so we rarely have turkey for Thanksgiving. Sometimes we would all gather at my house if mom is cooking or we all go to my sister's house. It all comes down to whoever is cooking that day as to where everyone will be.

Other than a big dinner, we just sit around and talk or may sing karaoke, and the guys just play poker.

**Thanh Nguyen**  
**Biology Major**  
**Floyd Campus**

## A lesson in Turkey Day fiascos

Every year on Thanksgiving, I cook a whole Thanksgiving feast for my family. With just the three of us at home, I decided last year to cook just a turkey breast. I didn't have a roasting pan so I used a Pyrex dish.

The turkey drippings started to smoke, so I added a cup of hot water. It wasn't boiling, just hot water from the sink. The turkey breast was in my top oven. When the water hit the dish, it exploded! There was turkey, grease and shards of glass all over my kitchen!

I had the rest of our dinner in the lower oven so the chicken and dressing, sweet potato casserole and other things wouldn't ruin. I had to vacuum my kitchen and the oven. It wasn't exactly how I envisioned spending my Thanksgiving.

I found glass for months after Thanksgiving when I would sweep under the stove or the fridge.

My husband bought me a proper roasting pan with a rack and everything. I don't expect this to ever happen again. I bet we will laugh about it for years to come.

**Christie Boyd**  
**Nursing Major**  
**Floyd Campus**



## Giving thanks and eating good

I love thanksgiving.

Every year, the men in my family and I go hunting on the day before Thanksgiving. I look forward to this every year. Most of the time we are not lucky enough to kill anything but it is great just to spend some quality time with one another.

All throughout the year, everyone is busy with school and work. We do not get to spend that much time with one another. This makes this hunting trip extra special.

On Thanksgiving Day, we all come back home and go to my grandmother's house which is filled with family

and lots of great food.

Some of the food my family prepares includes Cajun turkey, ham, sweet potatoes, biscuits, fried okra, stuffing, and of course the famous grandmother's cranberry sauce.

Before we eat my family circles up and prays and thanks God for all that he has blessed us with throughout the year. It is truly humbling to think back on what all has taken place in the past year. Sure there are some bad times through the year but there are also some good times.

It is the good times that make us smile and wonder what is going to take

place this next year. After we thank God for everything he has done, we proceed to chow down on some great southern food.

At the end of the day most of the food is gone and everyone is either on a couch asleep or watching a football game, but what really matters the most about Thanksgiving is giving thanks to God for what he has blessed us with and spending precious time with our family.

**Michael Powell**  
**General Studies**  
**Paulding Campus**

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Thanksgiving  
stories in our  
features section**

**i**sixmilepost.com



## Our Holidays

Art by Ashlyn McPherson

By Nick Godfrey  
Editor

It's easy to forget how many different holidays are going on at the same time in December. Listed are the many holidays we celebrate this time every year.

**Dec. 13: St. Lucia's Day** honors one of the earliest Christian martyrs, St. Lucia, who was killed by Romans in 304 AD due to her religious beliefs. The holiday is known as the festival of lights and is celebrated in Sweden, Norway and the Swedish-speaking areas of Finland. Also, in Scandinavian countries, each town elects its own St. Lucia, who leads a procession of young girls dressed in white and wearing lighted wreaths on their heads and boys dressed in a white pajama-like costume singing traditional songs. It marks the beginning of the Christmas season in Scandinavia and is symbolic of bringing hope and light during the coming long winter days.

**Dec. 25: Christmas** is a Christian festival celebrating the birth of Jesus Christ. Christmas is a major religious holiday for Christians all over the world that is celebrated by spending time with family and attending church in honor of Christ's birth. Since the early 20th century, Christmas has also been a secular family holiday, observed by Christians and non-Christians alike, devoid of Christian elements and marked by an increasingly elaborate exchange of gifts. In this secular Christmas celebration, a mythical figure named Santa Claus plays a pivotal role.

**Dec. 16-25: Las Posadas** commemorates the journey that Joseph and Mary made from Nazareth to Bethlehem in search of a safe refuge where Mary could give birth to her baby, Jesus. When they were unable to find lodging in Bethlehem, Joseph and Mary were forced to seek shelter in a stable, where the Christ child was born. The holiday is celebrated all over Mexico, and each evening of the festival, a small child is dressed as an angel and leads a procession through the streets of the town. Mainly made up of children in silver and gold robes carrying candles and musicians, the procession goes from door to door asking for lodging for Joseph and Mary. And following tradition, they are turned down, though the hosts often provide refreshments and partake in the reading of passages of scripture and the singing of Christmas carols. On the final day, the last home usually takes the family in.

**Dec. 21-29: Hanukkah** is a Jewish festival which is also called Chanukah, Chanukkah or Feast of Dedication. It is an eight-day celebration that reaffirms the ideals of Judaism and commemorates in particular the rededication of the Second Temple in Jerusalem by the lighting of candles on each day of the festival.

**Dec. 26- Jan. 1: Kwanzaa** is an African Harvest Festival celebrated by African-Americans. In 1966, Maulana Karenga, a professor of black studies at California State University, created the holiday from an existing African holiday and added the extra "a" to the end to distinguish it from the original. Each day of the celebration is dedicated to one of the seven principles of Kwanzaa: unity (" umoja"), self-determination (" kujichagulia"), collective responsibility (" ujima"), cooperative economics (" ujamaa"), purpose (" nia"), creativity (" kuumba") and faith (" imani").

**Dec. 12: Bonza Bottler Day** is nothing more than a holiday made as an excuse to celebrate. Although this holiday occurs every month when the day and the month are the same number, it is most recognized in December.

**Dec. 26: Boxing Day** is celebrated primarily in Great Britain and some Commonwealth countries, particularly Australia, Canada and New Zealand, where less fortunate workers, such as servants, trades people and the poor are presented with gifts.

# Holiday spending does not have to hurt

**By Kursten Hedgis**  
Assistant Editor

With the holiday season being right around the corner, students are most likely plagued with endless questions about their holiday gift shopping.

Who should I buy gifts for? What should I buy them? How much should I spend?

These are just a few of the questions that students will contemplate before making their holiday gift decisions.

Georgia Highlands' student Erin King spoke about the way she approaches her

holiday shopping.

"I prioritize my list of people I will be giving gifts to. The people on the top of the list are my family, boyfriend and my best friend. Then with the money I have left over, if there is any, I buy small things for the people that buy gifts for me," she said.

This is the same advice given on the article database, Suite101.com, that offers tips shopping on a budget.

An article by freelance writer, Melissa Roberts, on Suite101.com reads, "Be selective about gift giving. Make a list of the people

with whom you exchange gifts, and who you want to receive a gift this year."

The next question to answer after who to buy for is what to buy.

"I normally just look around malls, or whatever store I might go to, to see things that people would like. If it's reasonable, I will buy it for them. I don't make special trips to stores; I just think about gift ideas throughout the season and buy something when I find it. I don't really have a budget," said King.

However, this is not the advice Roberts would suggest.

According to Roberts, people should "prioritize the gift list. Figure out how much you can afford to spend on gifts, and break it down by person."

"If the money doesn't go as far as you would like it to, think creatively," she said.

Creating a budget helps eliminate stress associated with larger than normal spending on a tight budget.

There is still one dilemma that can arise that no amount of meticulous holiday planning can prepare for: what happens when a person gives a gift, and he or she doesn't get one back?

"If I buy a gift for some-

one and they do not give me one back, I just let it go. It happens. You never know what someone might be going through or how broke they are. I guess it just goes on my good karma list," said King.

Adopting a Zen attitude, like the one King has, helps her eliminate the futile worrying associated with shopping and gifting.

Without the worrying King is able to get into the holiday spirit of giving gifts and spending time with others.

"After all, that is what the holidays are all about," she said.

## How do you deal with the stress of studying?



Photo by James Lane

Candace Little studies for a test in the Floyd campus Library.

### Student Support Services recommends four tips for getting ready for finals:

- 1.) Plan your time wisely
- 2.) Plan and organize the content areas you need to study
- 3.) Skim over all the materials you identified
- 4.) Employ a learning strategy

**For more tips on dealing with stress or any other problems, contact Student Support Services at 706-295-6336 or 1-800-332-2406 for an appointment at any campus.**

## Stress takes many different forms in students' lives



### It seems to me

**Hanna Yu**  
Staff Writer

Evil manifests itself in the form of stress.

One of the most frequent times that stress occurs is during finals. Students must learn to cope with stress and still maintain good grades.

In the popular comic strip, Calvin and Hobbes, it is theorized that one key to creativity is last minute panic.

However, procrastination is the last thing a college student needs to do in preparing for exams.

Carried to extremes, it can also be a destructive plague that spreads throughout a college campus. Some

people do not even realize the existence of their stress until one event finally triggers the dormant beast.

Stress comes in many forms. Parental stress tends to hit students from an early age. Parents tend to have high standards, creating stress for their children desperate to please their parents.

College is an environment with seemingly endless opportunities for social events and activities, but stress can be felt when a professor expects higher performance.

Yet, what impacts most

of the student body is self-induced stress. The highest expectations come from within us.

When stress is finally awakened, it can be overwhelming.

Over time, people have developed different ways to get rid of the demon stress.

Freud popularized his "escape from reality" concept by saying a common "escape" can be music, sports or spending time with friends.

Different methods work for different people.

Each student has a personal responsibility to come up with his or her own way to alleviate personal stress.

One method that has been proven to show the best results is to study and fully understand the material.

Reducing stress is a win-win-win situation for parents, friends and most importantly ourselves.

### Student Support Services Website:

<http://www.highlands.edu/currentstudents/counseling/index.htm>





Photo by Robyn Johnson

Electric Violinist, Tracy Silverman, plays to students at the Cartersville Campus. He also performed on the Floyd Campus.

## New wave music comes to Highlands

By Lesley Mathis  
Staff Writer

Just because Tracy Silverman was playing a violin at the Floyd campus on Nov. 4, that doesn't mean the audience listened to a concert of classical music.

In fact, he used his electric violin to play a variety of songs ranging from original jazz pieces to Led Zeppelin.

"I've been playing the violin since I was five years old. I wasn't always one of the cool guys because of it," said Silverman.

However, Silverman has used his talent to become a world-renowned electric violinist.

He uses a six-string violin and a looping machine to create a variety of effects.

"I can use the looping machine to change a lot of the sounds. One pedal makes the violin sound like a bass, and another pedal is the distortion pedal. That one is my favorite," he said.

One of the pieces that Silverman played was a tiny portion of

a concerto, "The Dharma at Big Sur," by composer John Adams. Silverman originally played the whole piece with the BBC symphony.

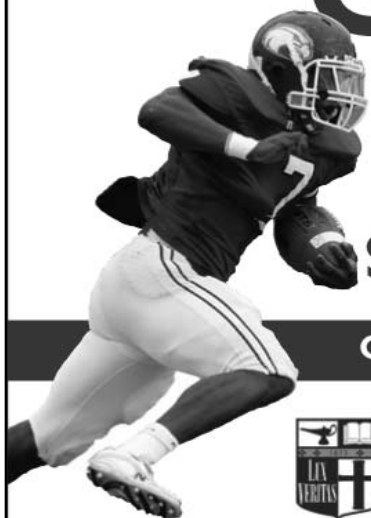
However, in the tiny section he played for GHC students, Silverman did use his looping machine to make it seem like a whole orchestra was playing along with him.

Many of the students seemed amazed by Silverman's talent.

"The performance was very impressive. My favorite parts were when he played Coldplay and Led Zeppelin. I have classes over at Cartersville tomorrow, so I am planning on dropping by to see him play over there as well," said art major Clyde Barrett from Adairsville.

"I saw Tracy Silverman perform at a conference with a huge audience and crazy light effects. His performance here was just as good as it was there. That shows he doesn't need all the flair to be a good artist," said David Echeverria, an art major from Trion.

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Music Review

# New album by KISS ranks as mediocre

By Dylan Hatcher  
Staff Writer

Everyone has heard of the legendary rock 'n' roll band Kiss. But, it's probably a surprise to people to learn that they have recently released a new album entitled "Sonic Boom." This is the 19th studio album released by the band, which is rather impressive. However, is the album itself up to par with other Kiss classics, such as "Dressed to Kill" or "Rock and Roll all Over?"

No. Honestly, nothing can compare to classics such as those. Not that the album is bad, but rather it's generic. With a band like

Kiss, people expect much more, and this album just doesn't deliver. It is worth a listen, but not worth spending money on.



The opening track, "Modern Day Delilah," is the best thing on this album. When it begins it gives the album a sense of greatness and the premonition of a great listen. It's heavy, it's ruthless and it has a marvelous meaning.

But later, the album falls into mediocrity and forgetfulness.

It seems that Kiss tried too hard to write an album of nothing but rock anthems. However, none of them are up to that status. It just seems like another generic rock album and a way for Kiss to reclaim any fame they think they've lost.

The album is dull and could have been much better.

After one listen, there's no reason to hear it top to bottom again.

The opening track is great and will find itself on iPods everywhere, and the second track is equally as good.

Kiss fans should give it a listen.

The first two tracks are worth jamming to, but besides that, this album can be skipped.

Book Review

# True love: 'The Time Traveler's Wife'

By Ethan Lane  
Staff Writer

"Time is nothing." This simple three-word statement found at the end of Audrey Niffenegger's 536-page novel entitled *The Time Traveler's Wife*, explains the essence of her story. It is a story about life's incredible journey and the love shared between two souls.

This story is beautiful in its complexity and intensely captivating. It is about a time traveler's relationship with his wife. The plot of the novel borders on being bizarre. However, Niffenegger's ability to intimately connect readers with each character makes it feel more genuine than initially expected.

At the story's core, it is a love story.

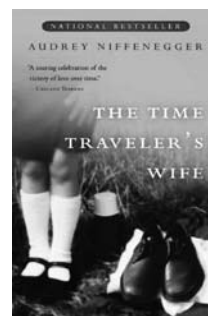
In spite of its unbelievable twists and turns, this simple fact allows for a smooth and willing suspension of disbelief.

The relationship between the two main characters, Henry and Claire, sets the premise for the book, but the relationships they have with the other characters, each rich and complex, contribute greatly to the backbone of the theme of the entire story: "Time is nothing."

Truth be told, there is not much to be said that can promote "The Time Traveler's Wife" to readers.

Its brilliance cannot be explained in mere paragraphs or by some means of a rating scale.

It is a book that has to be experienced.



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# Goons Lurkin finishes on top against the Celtics in the championship game

**By Jose Ajanel**  
**Production Assistant**

Goons Lurkin wraps up the basketball season as champions and as the only undefeated team, beating the Celtics Nov. 5 in the final game, 47-37.

The game began with a three-pointer from Hank Peppers, putting the Celtics up on the scoreboard first. Goons Lurkin reacted as Nate Hibbets equalized the game with three points of his own.

With a minute left in the first half, Goons Lurkin led the game, 22-14.

As the second half resumed, Goons Lurkin continued on top 22-17.

Caleb Ware scored first for the Celtics, but Goons Lurkin stepped up their defense and offense.

Both sides fought hard, but it was Corey Pitts, De-

Maurius Morgan, and Hibbets who led Goons Lurkin to a victory with 22, 16 9, respectively.

For the Celtics, it was Ware and Peppers that scored the most with 16 and 21 points.

"It was a good game. Both teams played hard. Unfortunately we had a couple of people that were hurt. To be honest, I think their team was scared, they double teamed and flopped a lot," said Peppers of the Celtics.

"It was a good game. They played hard and Hank Pepper came in doing his thing. For Nick Rucker I give him heart for playing on a hurt ankle. . . But we played hard and came undefeated," said Pitts of Goons Lurkin.

"We won. A win is a win," said Goons Lurkin's Morgan as he reacted to the team's championship over the Celtics.



Photo by Chiara VamTubbergen

The Celtics' Nick Rucker (right) guards Corey Pitts of Goons Lurkin.

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**When:** Wednesday, Dec. 2

**Time:** 12:30 p.m.

**Where:** Gym Lobby on Floyd Campus

**Who:** Anyone that participated in any Intramural Sports or Fitness Program for Fall Semester 2009

Awards will be presented at that time





## The Extra Point

Will Floyd  
Staff Writer

# College football championship predictions

College football is a topsy-turvy world where anything can change in a matter of seconds. Teams can go from the highest of the high to the lowest of the low with one play.

Therefore, it is always dangerous to predict college football. I'm going to anyway.

Even though we're halfway through the season, I'm pretty much asking to be wrong, but hey, what's the fun in playing it safe?

**ACC Champion** – Georgia Tech. The Jackets have done nothing but get better since they got beat at Miami earlier this season. If they win the coastal division, and it looks like they will, they'll be playing a subpar team in the ACC Championship. You can probably chalk the Yellow Jackets in for the Orange Bowl.

**SEC Champion** – Alabama. The Crimson Tide is playing pretty good football with the exception of nearly getting beat by Tennessee. Mark Ingram is a big game running back with Heisman potential. I think the SEC is one of the toughest conferences to call, but I believe Nick Saban and the Tide will beat the Fighting Tebows for the SEC Championship, and presumably a berth in the

BCS National Championship game.

**Big 12 Champion** – Texas. I just can't see Colt McCoy or Mack Brown messing this up when the Longhorns are this far in. They had a great argument for the BCS Championship Game last year, but didn't quite make it. I think this year will be different. I see Texas winning the conference regardless of who they play in the conference championship. If they can avoid a late season slip up, the Longhorns should be a lock for the BCS title game.

**Big 10 Champion** – Iowa. Do I think Iowa is better than Ohio State? Probably not, but I think the Hawkeyes may just be too far ahead at this point in the season for Ohio State to catch them.

**Big East Champion** – Cincinnati. Enough said.

**Pac 10 Champion** – USC. I pick USC solely because of the fact that they always win the Pac 10. Oregon is a really good team, but I just think USC is going to have a little too much. They have a winning pedigree and a great coach. Matt Barkley is also progressing well. Although this is a really close one, I still like USC to handle business.

# Students make predictions for college football championship *Who do you think will win?*



"I think that Florida will win the BCS National Game because of Tim Tebow."

Casey Forrister  
Cedartown, GA  
Physical Education



"I think Alabama will beat Texas for the BCS National Championship because of a great defense and the best coach in the country."

Michael Chandler  
Lindale, GA  
Early Childhood Education



"I think that Florida will win the championship, but I really would like Alabama to win."

Debbie McCullough  
Armuchee, GA  
Health Information Management



"I think that Florida will win because Tebow got it!!!!"

Laurie Bray  
Rome, GA  
Nursing



"I think that Alabama will win the championship. ROLL TIDE!!!!"

Morgan Peek  
Rome, GA  
Wildlife and Forestry



"I think Florida will win because they ate Georgia alive."

Nathan Gaddy  
Norfolk, VA  
Business

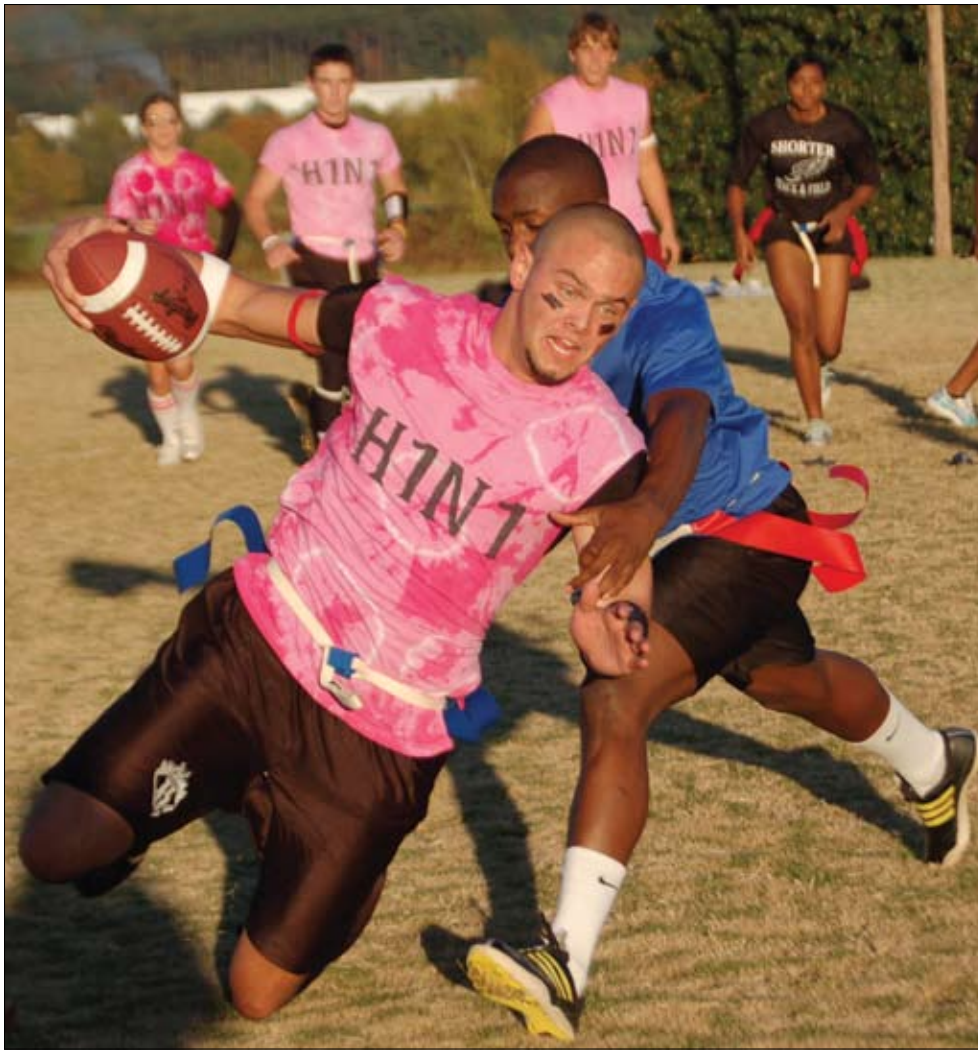


Photo by Chiara VanTubbergen

# Shorter team immune to H1N1 attack

By Jose Ajanel  
Staff Writer

In a game of champions, the Shorter College flag football team defeated the GHC flag football team H1N1, 28-25.

Shorter, motivated by last year's defeat against GHC, was ready to play an offensive game, but so was H1N1.

With touchdowns coming from Cody Folsom and Nate Hibbetts, H1N1 scored the first touchdown and took the lead at the end of the first half, 19-10.

Shorter tied the game in the second half. As the clock signaled the last few minutes of the game, Shorter sealed their victory by outscoring H1N1 by three points.

"We had a few calls that didn't go our way... they had a few rules that were different from ours so we had a little bit of confusion at times. But we can't make any excuses, we stopped doing what we did in the first half, which caused us to lose," said Hibbetts, the team captain for H1N1.

(Pictured left) H1N1's Cody Folsom stops at nothing to evade Shorter College's flag football team in a heated match that ended with Shorter victorious.

## Flag football season ends with H1N1's comeback

By Felix Monterrosa  
Staff Writer

After GHC's previously undefeated H1N1 had lost to Shorter on Oct. 28, they played again on Nov. 3 against Georgia Northwestern Technical College's Mustangs, winning 48-28.

With the bitter taste of defeat still fresh in their mouths, H1N1 headed into a much anticipated rivalry game against the Mustangs, who were crowned champions in their league.

Before the game, both teams gathered together and discussed their strategy. The Mustangs looked to rely on two-time state champions Derrick Dupree and DeMonte Key to rush their team to victory.

H1N1, however, played

to their strengths and had their entire offense run through QB Nate Hibbits.

The Mustangs started the first half with possession of the ball on their own 20-yard line. H1N1, as they had done all season, forced the Mustangs to turn the ball over on downs.

With H1N1's first possession, Hibbits quickly found Spencer Daniel for his first, but not last, passing TD of the afternoon. H1N1 went on to score 28 points, including TDs by Stephanie Proffitt and Cody Folsom, before allowing a score.

Now down by 28 points, the Mustangs quickly found themselves in a hole.

The key for H1N1's victories this season has been their ability to force turnovers. In the first half of this



Photo by Cody Allen

H1N1's Nate Hibbits prepares to pass the ball as the Mustangs' defense closes in.

game, they forced the Mustangs to turn the ball over on all five of their possessions with four interceptions by four different defenders. The only points that H1N1 allowed in the first half was a safety on the last play of

the half.

The Mustangs, although down 28-2 at the half, made the game a little interesting by scoring on three straight possessions and forcing turnovers on defense as well. However, being down 26

points and fighting an uphill battle, there was little hope for Georgia Northwestern.

The game ended in a 20-point blowout as H1N1 held off the Mustangs 48-28 in the annual rivalry match.