



Six Mile Post racks in awards at state contest See page 3.



Pics of Round 2 of snow See page 9.



Remembering GHC's most beloved See page 13.



Georgia Highlands College - Rome, Georgia

Geology trip offers unique experience with summer class credit for students

By Antonio Garcia Managing Ed., Online

The travel dates for the summer field course to Wyoming lead by Billy Morris, associate professor of geology, will be June 16 through June 28.

The trip will give students the opportunity to earn eight credit hours completing Geology 1121k, physical geology, and Geology 1122k, historical geology, through hands-on studies in some of the most geologically rich locations in the world.

It is mandatory for the participating students to meet in the Floyd campus' geology lab on June 9-12 for orientation, lab work and testing. Students will earn course grades during this time.

"Geology is best learned outside and we always learn that the world just isn't as simple as the textbooks present it," said Morris.

One of the first locations scheduled for the trip is the Front Range of the Rocky Mountains. This will include a visit to the Red Rocks Amphitheatre and the nearby Dinosaur Trail in the Morrison Formation.



Contributed

Students (front left) Annay Perez, (middle) Randy Bell, Megan Burkhalter, Megan Oehlson, Kandise McHenry, Patricia Loewer, (back) Lex Vick, Victor Williams, Hannah Morris, Angela Coyle, Edwin Whitworth enjoy the view on a Geology trip.

The trip will stay in Casper, Wyoming, which is on the banks of the Platte River, for a few days. Here, students will identify rocks and minerals, study paleontology, topography, stratigraphy, structure and geologic mapping.

The trip will stay for one night in Cody, home of the Buffalo Bill Historical Center, before heading to Yellowstone national park.

Once in Yellowstone, the trip will stay in cabins in Canyon Village for several days. While there, students will study hydrothermal activity, volcanism, ecology and environmental policy. The Grand Canyon of Yellowstone will also be within walking distance.

The trip will also stop in Colter Bay Village on the shore of Jackson Lake in Grand Teton national park, and in Kemmerer, WY, where students will be able to collect 45 million year old fish fossils.

Morris said, "What I'm most looking forward to is exploring with students. This experience allows us the freedom to go to wild places and see new things. GHC students are always ready to hike the next mile just to see what it brings, and to ask questions that may not have an easy answer."

The cost for the trip will be \$1,600, not including tuition, or other college fees. The trip does not cover any spending money for food, souvenirs or other incidental expenses.

Students chosen to participate in the course will be required to pay a \$400 deposit immediately in order to hold a seat. The remaining \$1,200 balance are due in two installments of \$600, the first on March 1, and the second on April 1.

More information can be found on the website: http://www.highlands.edu/site/faculty-billy-morris-summer-field-course-in-wyoming.

Students interested in participating should complete and submit the application found on the website listed above. Space is limited, and participation is not guaranteed.

Students who are interested in the trip may also contact Morris at bmorris@highlands.edu.

GHC to host numerous events for Women's history month

By Jessyca Arndt Staff Writer

With March approaching, GHC is preparing for their annual observation of women in our history.

From poets, writers, women's rights activists, to scientists and mathematicians, women have fought to make a difference in the world.

Carla Patterson, associate professor of English, said, "It's important to stop and give special consideration to the accomplishments of women throughout history, in part because women were marginalized so often in the past."

She stated, "From poets like Sappho to mathematicians like Ada Lovelace, too often women were not given the credit they deserved during their own times. Yet now, we can, and we should, bring their brilliance to larger audiences."

So far, the events scheduled for March include Women's Poetry Reading with local poets Alice Shapiro and Carlene Tejada at the Douglasville Campus on March 4th at 12:30 p.m. in the Student Center.

A focus on issues related to sex trafficking in the greater Atlanta area and a collection drive for Living Waters for Girls has been scheduled at the Paulding Campus on March 19 at 1:00 p.m. in room 301.

For the Floyd campus, Hannah Morris and Rising Star Expedition, an all-female archeological exploration team, will be visiting on March 19 at 11:00 a.m., location to be announced.

Dr. Laura Musselwhite, interim vice president for academic affairs, stated, "The faculty and staff members at Georgia Highlands have done a wonderful job over the past several years to create and promote programming about women's history."

She said, "We hope that this kind of information will bring new insights to students about the contributions that women have made."

Although only a few events have been set, Patterson is working hard to collaborate with the Office Student Life and academic affairs in order to recognize the month of March with the voices of women.

Students should watch for upcoming events on all Georgia Highlands' campuses.

Students can e-mail Patterson with any event ideas at cpatters@highlands.edu.

SMP receives highest award in state contest

By Antonio Garcia Managing Ed., Online

The student-run newspaper of Georgia Highlands College, the Six Mile Post received 22 awards during the 2014 Georgia College Press Association (GCPA) Better Newspaper Contest.

The awards were presented at the GCPA's annual press institute in Athens Feb. 7 and 8.

Most college newspapers staffs in the state of Georgia attended the event. Students and media professionals alike attended a variety of workshops and mixers to learn from and network with other students and professionals.

College newspapers submitted articles and pictures that were published online or in the paper from the spring 2013 and fall 2013 semesters.

The Six Mile Post competed in categories against

other two-year and four-year colleges across the state of Georgia and was one of the most awarded newspapers this year.

For the general awards, the Six Mile Post received first place in general excellence and best campus community service feature, twoyear division; second place in improvement, layout and design excellence and best campus community service - sports coverage, two-year division; and third place in general photography excellence and best campus community service - news, fouryear division B and general advertising excellence, twovear division.

The staff of the Six Mile Post also received individual awards. In the two-year division, J.P. Erickson, former assistant editor, Andrew West, former editor-in-chief, and January Curry, staff writer, received first place in the best column category for



Photo by Ryan Jones

Managing Editor of Sports Karlee Helms and Managing Editor of Online Antonio Garcia take notes as Chris White (right) of the Athens Banner-Herald critiques the November issue of the SMP while at GCPA press institute in Athens.

their Path 2 Highlands columns. Becky Crooks, former sports editor, also received third place in the same category for her sports columns.

In the best review category, Erickson received second place competing against all other colleges.

In the best photographeditorial/feature category, two-year division, Ryan Jones, chief photographer, was awarded second place and West received third For best photograph—sports, two-year, first place went to Pedro Zavala, editor-in-chief, and third place went to Jones.

For best sports story, two-year, West received second place and Brooke Govin, staff writer, received third place.

For best entertainment story, two-year, Six Mile Post staff members took every place. First place went to Antonio Garcia, managing editor online, second place went to Jones and third went to Ebenezer Mulugeta, former staff writer.

For best feature story, two-year, Gene Harmon, assistant online editor, was awarded third place.

For best news article—objective reporting, two-year, first place went to Rebecca Pharr, former staff writer.

Garcia was elected as a GCPA Board Member. Sarah Lane, former Six Mile Post assistant editor, was elected GCPA president.

Johnson, Davis to assume Cartersville campus leadership after passing of Carolyn Hamrick, Cartersville dean

Pedro Zavala Editor-in-Chief

Multiple people have stepped-up to help run daily operations at the Cartersville campus following the sudden death of Carolyn Hamrick, Cartersville campus dean.

According to Renva Watterson, interim president, Leslie Johnson, associate professor of communication, will fill in to take care of academic-related affairs at Cartersville.

Johnson "will keep her current teaching schedule

but will be available for scheduled hours in her office," stated Watterson.

Johnson said, "I am honored to serve as a resource for my colleagues during this time of transition, and I hope my presence will offer some continuity following the passing of our beloved co-worker and friend, Dean Hamrick. I look forward to the challenges of my new duties. They will allow me to grow professionally and better serve GHC in the future."

Johnson will be working with Glenda Law, ad-

ministrative assistant for Cartersville, to make sure everything is functioning in an orderly fashion.

While Johnson handles the academic side, Jeff Davis, vice-president of finance and administration, will handle Cartersville business affairs.

He will be at the Cartersville campus regularly to handle business related matters. Davis will be in room 237. Johnson's office is in room 235.

Watterson also said that Dr. Laura Musselwhite, interim vice-president of academic affairs, and Todd Jones, vice-president of student affairs, will extend help as needed while continuing in their current positions.

"Carolyn's main priority was always doing the best job for our students. That is a philosophy that will continue," said Watterson.

Hamrick died Jan. 25 due to a medical emergency.

Hamrick had been a fulltime employee with the college since 1991. She began her association with the college in fall of 1988 as a parttime instructor of developmental reading.



Contributed

Leslie Johnson

Highlands Happenings

Guest performers come to Cartersville

By Connor Henderson Staff Writer

The Office of Student Life has two guest performers coming to the Georgia Highlands College Cartersville campus.

On Feb. 20 at 12:30 p.m. the poet Jon Goode will be sharing his poetry for Black History Month. Living in Atlanta, Goode has been a part of HBO's Def Poetry Jam since the early 2000s, being named one of the top ranked poets in the nation as of August 2006.

He is also currently featured in the Passion and Poetry concert series for some of the highest ranked poets in the country. His work has been known to be comedic and life-affirming.

Collin Moulton will be performing comedy in the Student Center building on March 10 at 11 a.m. Moulton is a renowned comedian, placing in many comedy competitions since 2001, his most recent win being a finalist in two different competitions in 2012.

He appears regularly on Sirius radio, namely the "Bob and Tom" show, and has shared the stage with numerous big-name comedians such as Robin Williams and Dave Chapelle. His best known stand-up, "That's Just Chicken Stupid," has aired on Showtime.

SAC on Cartersville broadens cultural perspective

By Connor Henderson Staff Writer

The Spanish Activities Club on the Cartersville campus will be hosting several events this semester for students looking to broaden their cultural perspective.

The first will be their regular Movie Night on March 3, with the viewing of "Goya's Ghosts," a movie about an infamous painter and his struggle with the Spanish Inquisition.

Their second event, occurring April 26, is a trip down to Cobb Energy Performing Arts Centre to see "The Barber of Seville," an opera under the romantic comedy genre.

To top off the semester, Cinco de Mayo salsa lessons are being offered to those who wish to learn.

For those wishing to expand their cultural boundaries this organization would be a step in the right direction. Robert Satterfield, the president of the club, stated that the club is laid-back and relaxed. Socialization is highly encouraged, allowing for a natural and "organic" method to

learning new cultures

Kathryn Garcia, adviser for the club and assistant professor of Spanish, said, "I am hoping for students to continue working with the community and to offer students the opportunity to experience cultural outings."

Though the SAC provides students with cultural opportunities, its mission is also to help and serve the local community. During the spring, Bartow County Clean-up the club cares for the children of the parents that help with the community details.

They also participate in Book Buddies, a weekly afterschool event held at the First Presbyterian Church in Cartersville where they read to elementary school children.

For students looking to broaden their horizons or just looking to learn new cultures the Spanish Activities Club is the place to be.

Renovations still planned for Floyd Student Center

By Tyler Hogue Staff Writer

Plans for the Student Center renovations on the Floyd campus are being reworked to better fit the budget for it according to Todd Jones, vice president of student affairs for the Floyd campus.

He stated this will also require them to go through the bidding process again. He also said, "We do not expect any movement on the project until closer to summertime."

Jones stated that they no longer plan to renovate the Student Life office area of the Student Center.

However, the main area of the Student Center will still be renovated.





Married women need two studs

Maybe more. That's why we're here.

Campus Safety offers multiple services

By Derweatra Hammock Managing Ed., Design

Recently a purse was stolen at one of the Georgia Highlands' campuses. Students, faculty and staff should know where to go and what to do if they lose, find something or have a belonging stolen.

Each GHC campus is equipped with an Office of Campus Safety that has a Lost and Found. For Marietta, campus safety is under the control of SPSU.

John Upton, director of GHC'S campus safety, said, "Items are brought in and reported lost to us almost every day." The most common things found are books, calculators, phones and clothing.

John Elish, campus safety officer for Cartersville, stated that those items were



Photo by Pedro Zavala

Samantha Hood and Jonathan Arroyo look through the Floyd campus lost and found box.

also common on his campus, along with notebooks and flash drives.

"We also have some items turned in that are hard to explain, like one shoe!" said Elish.

When someone loses an

item, he or she should report to the Campus Safety office, where he or she will be asked to fill out a Lost Property Report Form.

This form requires a description of the item lost along with contact information in the case that the item is found.

If a person finds an item and brings it to Campus Safety, he or she will be asked to fill out a 'Found Property Report Form.' This form also asks for item description and contact information.

"One of the reasons the Found Property Report Form' asks for contact information is because after 90 days if the item is unidentifiable and has not been claimed, the person who found the item can have it," said Upton.

By "unidentifiable" Up-

ton means the item has no trace of identifying characteristics and features such as names, initials, address, phone number or other personal information.

Elish stated, "If there is any identification with an item, we try and contact the owner by email and cell phone. For this reason it is important for students to keep their information updated."

The Lost and Found cabinet in the Floyd Campus Safety office is overflowing with items because no one has come to claim their possessions.

Those who were credited with finding them, after waiting the 90 days, have not come back to retrieve the items either.

According to Upton, several items have been there for years. The office still has

keys, money and laptops that owners have failed to claim.

Upton stated, "Not all belongings that are lost or found are brought to the office."

For those who lose something and it has not shown up at the Campus Safety Office, he recommended "making flyers or even posting an ad in the Six Mile Post."

The lost and found forms can also be filled out and submitted on the Georgia Highlands website under Campus Safety.

Along with Lost and Found, Campus Saftey employees handle campus patrol, parking permits and tickets, traffic accidents, auto help and medical assistance as well as provide one or two security personnel at campus activities and events.

Death and Dying class allows students to discuss the 'inevitable' along with grieving individually

By Georgianne Carpenter Staff Writer

Facing death will always be one of the most frightening thoughts to cross one's mind. The course SOCI 2145, Death and Dying, helps students deal with the inescapable.

Everyone will come into contact with death. Susan Claxton, associate professor of human services, who teaches the death and dying class, said, "Death is a taboo subject. I want to prepare people for the inevitable." With this course she hopes to open up the discussion of grieving.

This class has many projects to help the students grasp the concept of the course's topic. Each person has a different concept of life and death; one of the first ways to explore is a presentation of personal concepts.

Students open up the discussions with others about death and the future with interviews of different generations. The class explores cemeteries and learns the histories within.

"I enjoyed visiting the cemetery," stated Maxine Clark, a student who has taken the course. "It was fascinating to read the church's minutes about the funerals and the cemetery."

The class focuses on how each person has a different mourning process. "Grief is individual," said Claxton.

Claxton hopes that this class will make people excited about life. "We don't know what tomorrow is go-

Be sure to check out our readers'

contest on Facebook to win prizes!

ing to bring," said Claxton.

The course delves into the natural evolution of life and aging. The class also looks at how each generation reflects on its impending doom.

Though the course does have other texts, the book "Tuesdays With Morrie" by Mitch Albom is an invaluable work. With this book, the students start to understand that death is not what is normally portrayed, but involves the acceptance of each other.

Although this class is required for human services majors, this class can be taken in an area F for other majors.

"I would not have taken this class if it was not required," said Clark, "but I am glad that I did."



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A preview of the 86th Annual Academy Awards

By Ashlee Gilley **Staff Writer**

When viewers combine a man falling in love with a computer operating system, a free man being held captive as a slave for 12 years and a crew being stranded in space, they get a few of the Best Picture nominees for the 86th Annual Academv Awards.

The previously mentioned movies are "Her," "12 Years a Slave" and "Gravity." Each of those nominations received at least one other nomination in a different category.

Other nominees for Best Picture include "American Hustle," where two hustlers find themselves involved in a sting operation that targets political leaders.

"American Hustle" includes four actors who are nominated for other awards. They are nominated as follows: Amy Adams for Best Actress in a Leading Role, Christian Bale for Best Actor in a Leading Role, Bradlev Cooper for Best Actor in a Supporting Role and Jennifer Lawrence for Best Actress in a Supporting Role.

"Nebraska," another nominated film, is about an elderly man who thinks he has won a million dollars.

This leads him to go on a road trip with his son.

"Wolf of Wall Street"

follows a stockbroker who enjoys a rise into the fast paced community of Wall Street and gets involved in several scams that cause vast consequences.

"Philomena" tells the story of a woman who, accompanied by a BBC correspondent, goes in search of her son that was taken from her and adopted by a family in America when he was born.

A popular nominee this year is "Captain Phillips."

The movie is based on the true life events of Captain Richard Phillips as he tries to help his crew survive after they are captured by a group of Somali pirates.

Last but not least is "Dallas Buyers Club."

The film follows the story of a homophobic man who learns that he has AIDS.

He ends up sharing a bond with several gay men who are also affected by the disease as they try and get a drug that may be able to slow the disease's progress.

Several of the nominees for Best Actress and Actor in Leading and Supporting Roles have already had nominations in the past such as Lawrence and Leonardo DiCaprio.

Lawrence won last year's award for Best Actress in a Leading Role for her portrayal of Tiffany in the film "Silver Linings Playbook."



This year marks Di-Caprio's fifthAcademy Award nomination.

Although, DiCaprio has yet to win an award.

There are also several newcomers including, but not limited to, June Squibb for "Nebraska" and Chiwetel Ejiofor and Lupita Nyog'o for "12 Years a Slave."

Don't be shocked if "Frozen" takes home the award for Best Animated Feature Film.

The movie has been extremely popular since hitting theaters in November of 2013.

The 2014 Oscars are go- March 2 on ABC.

ing to be hosted by Ellen De-Generes.

After being nominated for an Emmy for her performance hosting the 79th Annual Academy Awards, Oscar viewers can look forward to an entertaining show.

The Oscars will air on

Hankook Taqueria offers students a combination of Korean and Mexican

By David Martinez Staff Photographer

Hankook Taqueria is located at 1341 Collier Rd. in Atlanta and is one of Atlanta's best hotspots.

Food review

These guys are the epitome of college cuisine, mixing together Korean barbecue and Mexican. The food that they serve is best described as spicy and sweet.

People can mix it up as much as they want but, when it comes down to it, customers always want to experiment with the basics of it all.

The Korean BBQ Tacos are very unique. Customers can mix Korean BBQ together with cheese and all of the fixings they would like to have in their tacos.

The scenery inside is very cool and calm, but it is not the best place to go for a nice date because the food can get pretty messy.

Hankook Taqueria is one of the best restaurants that Atlanta has to offer.

Website: hankooktaqueria.com

> **Hours:** Mon: 11-4 **Tues-Sat: 11-9**



Contributed

Hankook Taqueria in Atlanta, Georgia

Student overcomes struggles caused by Asperger's syndrome

By Jacqueline Davis Staff Writer

At the young age of 12, Allie Pressley was diagnosed with Asperger's syndrome, which made making friends and "fitting in" more difficult.

Because of her differences, she had to deal with bullying all throughout school. But she didn't let this stop her from achieving her goals in life.

Allie overcame many struggles and graduated from Pepperell High School in 2011 and is currently excelling in her post-secondary education by attending the Georgia Highlands College's Floyd campus. She is a human services major completing her last semester at GHC, before transferring to Shorter University.

After graduating, she plans to use her degree to help others in the community. She has a very supportive family that includes both parents, a brother and three



Photo by Pedro Zavala

Allie Pressley

sisters, one of whom is her twin sister.

She has not only overcome her struggles and obstacles, but takes the time to give back and volunteers at Floyd Medical Center in the Arts in Medicine Department.

At 22 years old, Allie is about to embark on a new adventure in life, motherhood.

Even though it came as a wonderful surprise, she is excited to experience the new challenges and blessings that come with being a mother.

Persona Affairs helps students create a personal brand and résumé

By Holly Chaney Staff Writer

Douglasville and Paulding campuses recently welcomed Kim N. Carswell, founder and CEO of the personal branding company, Persona Affairs.

Through her company, Carswell offers clients personal development products like Career Transition Consulting, Professional Identity Management and Digital Voice, a tool that assists in implementing a "personal brand" online.

Carswell, an industry veteran who has worked with companies like Google and Microsoft, spoke to students about "rediscovering" their value and using it to formulate a "personal brand" crucial to marketing to potential employers.

Carswell spoke about the importance of online presence and ranked sites like LinkedIn, Twitter and Facebook as valuable places to market a "personal brand."

Carswell also covered common résumé myths and offered students the opportunity to have their personal résumé looked over after her presentation.

Through her company, Persona Affairs, Carswell offers clients personal development products like Career Transition Consulting, Professional Identity Management and Digital Voice, a tool assisting in implementing a "personal brand" online.

Students can find out more about Persona Affairs and what it offers by visiting http://personaaffairs.com

Marietta librarian is there for students

By January Curry Staff Writer

Mark Gatesman has served as the only librarian for Georgia Highlands College's Marietta campus since Oct. 2, 2006.

Gatesman was a history major who had hopes of becoming a historian, but his job in the Clarion University of Pennsylvania library while working on his undergrad degree took him in a different direction. He changed his major to library science at Clarion and embarked on his new journey.

Gatesman's office is located inside of the SPSU library. Here, he can be found carrying out his daily routine. His day does not only consist of books. Gatesman also teaches a FCST class on Fridays and manages the social media for the GHC and SPSU library.

If Gatesman is not in the SPSU library, he might be in one of the classrooms conducting one of his presentations. In a 50-minute session, he is required to introduce the library's resources to new students.



Photo by January Curry

Mark Gatesman

His approach is handson, interactive and memorable. "It's far more effective to market the library. It's the place to come. We have people there that will help you," said Gatesman.

Students from all majors are benefitting from Gateman's class visits. "There is a reference center in the library that can help you find stuff that is more credible," stated Margarita Vasquez, nursing major.

Gatesman's class visits are for both the students and the professors. He takes the library to the classroom. "He is a good spokesperson for the library. He is energetic, and the students enjoy it," said Barbara Moss, professor of history.

Though resources like GALILEO and live chat are available, they are not utilized to their full potential. "Resources are underutilized. You can use GALILEO, and it will suck you in for hours," stated Moss.

Gatesman is available to help with not only research through GALILEO for projects but also citations and basic grammar. "I cannot shout from the rooftops loud enough. If you need help with citations, the library is the place to be," said Gatesman.

Students can benefit from these resources through online chat or visit Gatesman in the SPSU library.

Gatesman made a parttime college job turn into an overall passion. He hopes that students will take advantage of his ability to help them.

Understanding the importance of the resources the library has to offer, Gatesman dreams to one day offer a library skills class.



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http://www.highlands.edu/site/student-support-services

Tutorial Center gives students assistance for free

By Pedro Zavala Editor-in-Chief

Many struggling students may not realize that walk-in tutoring is offered on all campuses and is free for all Georgia Highlands' students.

There is no appointment necessary for the tutorial center. According to Jennifer Hicks, director of tutoring, the tutorial centers have about 10,000 visits a year by students. She said, "Some students are regulars who come and do homework every day. Others come once or twice a semester."

Taylor West, an education major at the Floyd campus comes almost everyday she says. "I come to study and get help. They're very helpful and friendly."

As of last year online tutoring is also available for students with online classes. GHC has a contract with



Photo by Pedro Zavala

Donavan Harris (left) is tutored by Jennifer Hicks (right) in the Tutorial Center.

Brainfuse, which offers tutorial services from its tutors via online.

She stated that although it varies by semester, the subjects that most students need help in are English, math and science. "The number one subject we see is math across the board," she said.

There are currently 25 tutors in total on all campuses, including part-time and full-time tutors.

At the Floyd campus

there are currently seven part-time tutors. There are also student workers that help tutor at the Floyd and Cartersville campuses.

This semester there is also a Spanish tutor available at the Floyd campus.





Alabama
Shakespeare
Festival Trip
Sign-ups
continue
through
March 3.

ASF Financial
Assistance
Application
deadline has
been extended
until noon on Feb.
24.

See your campus student life coordinator for details.







Georgia Highlands College to Georgia Southern University

Want to continue your education at a school where you'll have the opportunities of a large university with the personal attention of a smaller college? Transfer your GHC credits to Georgia Southern University!

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Come visit campus at Open House on November 16, 2013, February 1, 2014 or April 5, 2014. If you have questions about the transfer process, contact your Georgia Southern admissions representative, Nicole Noel-Charles at nnoelcharles@georgiasouthern.edu or (912) 536-3092.

www.georgiasouthern.edu

Photo by Antonio Garcia

Second snow week freezes classes



Snow falls on Highway 293 in Bartow County.

A view of downtown Rome as the snow continues to fall.



Photo by Derweatra Hammock



Photo by Pedro Zavala

Ice covers a holly bush.

College administrators will soon meet to discuss what will be necessary to make up the lost class times. No decision has been made as of our publication date. More information will be posted online as information becomes available.

Snow blankets a neighborhood in the Polk County area.

sixmilepost.com Website

@6milepost Twitter



Photo by Antonio Garcia

Snow continues to fall in Bartow County well into the night.

Black History Month recognizes historic accomplishments

By Gene Harmon Assistant Online Ed.

Black History Month is an annual celebration of African-Americans and the contributions they have made to the history of the United States, from the first slaves brought here from Africa to the presidency of Barrack Obama.

Its origins reside in 1915 with the creation of a group named the Association for the Study of Negro Life and History (ASNLH).

In 1926 this organization sponsored a Negro History week, selecting a week which included the birthdays of Abraham Lincoln and Frederick Douglass.

In 1976 President Gerald Ford officially recognized the first Black History Month.

While many can name famous African-Americans they have heard about in history or literature classes, there are hundreds of others, even thousands, who deserve just as much recognition as Frederick Douglass, Martin Luther King, Jr., W.E.B. DuBois, Harriet Tubman, Booker T. Wash-

ington, Thurgood Marshall, Louis Armstrong, Sojourner Truth, Ralph Ellison, Rosa Parks and Jackie Robinson.

All of these well-known names are just the tip of the iceberg.

The 54th Massachusetts Infantry consisted of free men of color during the American Civil War. However, it was not the only "colored" regiment that served.

By the end of the war in 1865, nearly 200,000 "colored" soldiers were enlisted in federal regiments.

The term "colored" meant anyone not considered white or Caucasian. Therefore, these regiments consisted of blacks, Asians, Hispanics and some Native Americans.

This was also true for the famed Buffalo Soldiers on the western frontier.

The Pullman railroad strike in 1894 was partly fueled by the mistreatment and low wages of the company's black porters.

It shutdown part of the nation's railroad network, exposing deeply ingrained labor problems before it was ended by force, leaving maimed and broken lives in

its wake.

During World War I, a handful of American regiments consisted of all black soldiers. Facing the same discrimination their predecessors had 50 years prior, they scraped to obtain the chance to prove themselves.

Desegregation of our Armed Forces did not occur until 1948, leaving some names etched into history, such as the Tuskegee Airmen from World War II.

The African-American cook depicted manning the anti-aircraft gun in the movie "Pearl Harbor" was not a result of poetic license.

His name was Doris "Dorie" Miller, and he received the Navy Cross for his actions onboard the USS West Virginia on Dec. 7, 1941.

The examples are endless, and these only skim the possibilities.

Black History Month offers the chance for everyone to look deeper and discover the personal stories and triumphs among the everyday men and women who breathe life into Black History.

Content compiled from history.com.



Contributed

Tuskegee Airmen prep for a mission during WWII

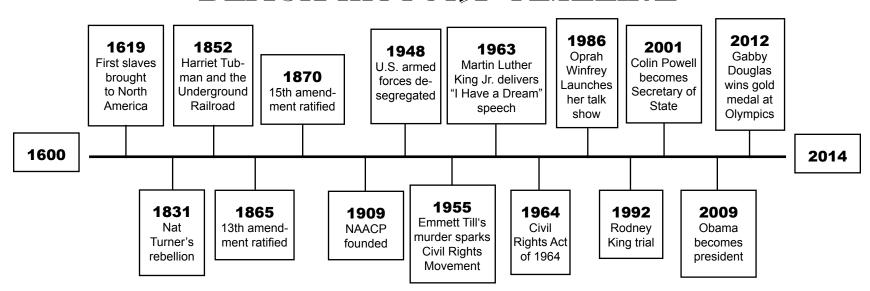




Contribut
Harriet Tubman

Contribut
Colin Powell

BLACK HISTORY TIMELINE



Helpful tips for struggling college students

By Thomas Dobson Staff Writer

While a college education goes a long way toward a better future, college itself can be a nightmare.

However, there are many simple ways to minimize the headache and chaos of keeping up with all the work that comes with the college experience.

One of the most important aspects of college is the academics. Many students find it difficult to keep up with the various assignments and due dates that seem so far away then pop up when least expected.

The easiest way to stay

caught up with the material is to go to class every day. This ensures that students know when assignments and their due dates are given.

When homework assignments are given, even if they are not due until another month from when they are assigned, do not put them off. "Don't plan to do it," says Brian Barr, professor of art. "Do it as you're thinking about it."

Even if the assignment is in danger of being late, not because it has been put off but because the material is too difficult, do not be afraid to take a lower grade if it means turning the work in on time. There is always next time.

The work load from classes can be lessened with careful planning and research.

Planning out classes ahead of time can help students avoid taking unnecessary classes and help them put more hours toward their major.

According to Jonathan Hershey, dean of the humanities division, if students are hoping to transfer to another college after attending Georgia Highlands for a short time and accumulating their core classes, it might be a good idea to stick around a little longer and earn an associate degree.

It might take longer, but students with associate degrees will find more of their class credits transferring over to their new college. It could also help save money on tuition fees in the long run.

But the most daunting aspect of college is simply balancing the time taken up by attending classes and completing assignments with life away from the campus.

The key to success is prioritizing the workload so college is at the top of the list

Hershey advises stu-

dents to resist getting jobs that take time away from classes and assignments. He said, "While you're in college, college should be your job."

Of course that is often easier said than done when paying for college. Even so students should avoid borrowing money, if possible. "Adapt to being poor for a while," said Hershey.

Barr also advises against taking out loans. "You may have to work really hard, but loans take years to pay off"

Georgia Highlands offers dozens of scholarships students can take advantage of before reaching for loans.

Difficult Spring Break decisions ahead: the top 10 destinations for students

By Hilary Williams Staff Writer/Artist

February is preparation month for Spring Breakers. Students from an array of different colleges are making the hardest decision of the year: picking the location for their most memorable Spring Break experi-

According to www.travelchannel.com the top 10 college spring break destinations are Las Vegas, Bahamas, Dominican Republic, Miami, Puerto Vallarta, Daytona Beach, South Padre Island, Panama City Beach, Jamaica and Cancur.

This year Spring Break for all Georgia Highlands

College students is March 23-30.

Las Vegas is not known for its sandy beaches and crisp air. However, it still brings in multitudes of college students who are thrilled about the dynamic nightlife.

The Bahamas are known for their beautiful views and their mega resort, Atlantis, along with their non-stop entertainment offerings.

Dominican Republic, specifically Punta Cana, is a favorite among college students due to the nightlife, beaches and all inclusive accommodations.

Miami is a well-known destination for Spring Breakers from its posh nightlife to its wonderful weather.

Puerto Vallarta, with its massive beach parties and hidden coves, is a great Mexican getaway for those students on a budget

Daytona Beach is great when it comes to cheap hotel accommodations, and miles of drivable beaches make it a classic road trip.

South Padre Island, Texas, is mostly known for attracting families, but during the month of March it is a college students' dream with its unforgettable party scenes.

Panama City Beach is the most visited destination; it is known for its different attractions, beaches and parties (day and night).

Negril, Jamaica

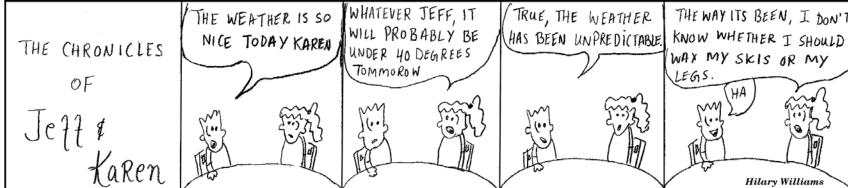




known for its laid-back party vibe and its variety of water activities.

Last, but definitely not least, is Cancun. Cancun

is known for its wild dance parties and contests, making it the most favorable place to party during Spring Break.



The overlooked, snubbed and unsung heroes of Georgia Highlands College

Getting into college is not as easy as it sounds. Being able to succeed in college is even harder. This is why students are constantly thanking their friends, family and professors for helping them get to where they are now because these are the main people who have contributed. They help show the student the right path and how to navigate it.

But what about the people who make sure that the path is cleaned?

That the path is secure? That the path is maintained? That the path has enough toilet paper? That is where the custodians, security officers and plant operation workers come in.

These are the people that work throughout the day making sure that all the rooms do not have small trash left behind. that students are safe and that campus buildings are well maintained.

Day in and day out the

custodians change the garbage bags in all of the classrooms so that they do not overfill.

"Some come as early as 4 a.m.," said David Baker, a recently hired custodian. He stated that he works full time and also attends classes in the afternoon. These workers stay longer at school than most students and teach-

The security guards are present and work on all campuses.

There are approximately 22 GHC campus safety officers in total from five of the campuses. They do things such as writing tickets for expired parking decals and keeping up with the lost and found.

Except the Marietta campus, which is covered by Southern Polytechnic University security.

Now, yes, all of these people are just simply doing their jobs, what they're paid to do; but they have been ignored and denied a basic thank you by students.

Just as it is a struggle for students and professors to wake up in the morning, it is the same situation for maintenance, security employees and plant operation workers but without recognition nor gratitude.

So thank these heroes when you see them.

> - Six Mile Post **Editorial Board**

Think backwards to go forward

I've had a lot of friends tell me they don't know what to do in life, just like a lot of students.

I remember one specific car ride I had with a friend who told me she felt lost. She wasn't in college, no job, had just recently moved and had to take pills to calm her nerves. I didn't know what to say because I had my life in order. I just couldn't relate to her, and I couldn't say let's talk to someone else because she had opened herself up to me for the first time.

I froze but stuttered and said the first thing that came to mind, just so I could stop the awkward silence between us. "How do you want to be remembered when you die?" is what I said. I don't know why, that's just how my mind works.

She looked at me and answered the question to my surprise. She told me that she wanted to be remembered as a kind, happy and



Editor's Box

Pedro Zavala **Editor-in-Chief**

cheerful friend to those who knew her. I then asked how she thinks others see her right now. She said that it was probably the opposite.

Again, I was stumped because she was opening up and I was not prepared to help her with her baggage. But I went with it, and I asked what her long-term goals were—what she wanted to do in life, things she wanted to accomplish. She gave me a long list of things, but she dismissed them all as impossible because of where she was right now. I finally found my groove and was able to connect the dots. But it was too late. We had arrived at our destination and the moment was gone.

I don't have a time machine to go back in time and say what I needed to tell her, so I won't pretend to do it here. But there are millions of people who feel that way, and to them I say, "How do you want to be remembered?"

Make sure everything you do from now on out is to meet that expectation.

Think of where you want to go and what you have to do to get there. You're never too young or too old. You might not be in the best position to achieve what you want; it'll just take more patience. You've just got to keep your goal in mind and go for it.

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The "Six Mile Post," a designated public forum named after the old railroad station and trading post that was once located near where the college was founded in Floyd County, publishes seven print and online issues a year and is funded through student activity fees and ad revenue Letters to the Editor may be brought to the SMP office, emailed to 6Mpost@student.highlands.edu, or mailed to Editor, "Six Mile Post," 3175 Cedartown Highway Rome, GA 30161 Letter must be signed by the author. Publication and editing of letters will be at the discretion of the editors, and letters may appear in print and/or online

Remembrances



File Photo

George Pullen

Dr. William George Pullen passed away Jan. 31. He was an original faculty member of the college when it opened in 1970 as Floyd Junior College. He was a professor of history. He then became chair of the social science department. He later became chair of the division of extended learning before his retirement in 1997. Pullen also served as chair of the Rome City Commission.

"I had the privilege of knowing Dr. Pullen when he was at the college. He hired me and gave me my start in the world of teaching. His calm, steady guidance was a key piece of my journey. I, like all the other people touched by his influence, can see directly how his presence made life better for this college community."- Dr. Laura Musselwhite, interim vice president of academic affairs.

"Dr. Pullen's impact upon this college, this community, and this region is tremendous. When he saw a need, he thoroughly yet efficiently analyzed how he could help meet that need and then he took action. This was true of him as an educator, government official, business owner, citizen and friend. It is cliché to say 'We owe him a lot,' yet, how true that is of Dr. Pullen."- Carla Patterson, associate professor of English.

"I got to know Dr. Pullen better in the years after his retirement. Thanks to his hard work, downtown Rome is thriving. I learned from him that one person who is determined can get a lot done. Georgia Highlands College and the Rome area community owe him more than they will ever realize."- Jon Hershey, humanities division dean.

The Six
Mile Post
extends
our most
sincere
condolences
to the families and
friends
of both
George
Pullen and
Carolyn
Hamrick.



Contributed

Carolyn Hamrick

Carolyn Hamrick, dean of GHC's Cartersville campus, passed away on Jan. 25.

Hamrick had been a full-time employee with the college since 1991.She began her association with the college in fall of 1988 as a part-time instructor of developmental reading.

"Ms. Hamrick was the heart of the campus. Her doors were always open. I will sincerely miss her and the Cartersville campus will never be the same." -Tatiana Smithson, Cartersville student and SGA president.

"Dean Hamrick was an educator, mentor and friend to all who crossed her path at GHC and in the Cartersville community. She was never afraid to stand up for what was right and best for her students, faculty, and staff. She will be greatly missed by all." -Megan Youngblood, Cartersville student life coordinator.

"Carolyn Hamrick was one of the strongest student advocates and staunchest Georgia Highlands allies. Her 24-yr. teaching and administrative legacy at GHC will live on. I hope this institution will never lose sight of her vision for universal college access and success." - Renva Watterson, interim president of Georgia Highlands College.

"She was simply amazing! Her ultimate goal was to help people; a student, a faculty member, a HUB person. Whatever it was, she was here for them to help in any way she could. She was the first person you would see at every HUB birthday celebration, at orientation, or a school function with a smile on her face. I don't know what we will do without our fearless leader and Cartersville campus cheerleader. She is irreplaceable in my eyes."- Laura Walton, advising specialist.

Opinion

bring her to Highlands



Path 2 Highlands

Holly Chaney Staff Writer

My ambitions for Georgia Highlands and college as a whole could read something like a personal ad: Thirty-year-old white female seeks a better self, personal growth and achievement desired. Determination to fulfill dreams a must.

Life up until now has been pretty full. In the past ten years I married my sweetheart, became a mother, watched my children grow into handsome young boys, lived in three different states, weathered the good and the bad as well as reveled in success and failure.

I, for the most part, have been joyfully busy. But in all that hurried bliss I was still missing something. I had been so preoccupied being a wife and a mom that I had neglected something important, investing in myself.

I have always been one of those "weird creative" types, as my mom would say.

It is the disposition by which I have shaped most of my life. Evident in my appearance, my family, my friends and my home, I have always run on creativity.

But, as life had settled into a predictable pattern, I was left with one question plaguing me: Who am I going to be? Sure, I would always be a wife and a mom, but wasn't there more I could offer the world? The

thought of being a creative hobbyist for the rest of my life was horrifying.

It was with that realization that I knew with utmost certainty that I needed an education. I had already spent much of my adult life firmly planted on the notion that school was not for me.

I had believed that being a creative person meant that I didn't need a degree and that the things I wanted to do could be achieved through my ambition and talent alone.

In my early twenties, I set out to prove this notion by pursuing my craft professionally. At times, I found success and at other times I found failure, and in the end there were many areas where I was completely in-

In a few short years I went from starting an ambitious small business, to losing a dream job as the lead designer at a manufacturing company.

I was devastated, and I hung up my design dreams for a solid five years. That was until one year ago when I asked myself that one plaguing question: Who are you going to be?

It was moment of self-reflection and realization that started a mission and led me here to Georgia High-

DON'T FORGET TO VOTE ON OUR NEW ONLINE POLL AT SIXMILEPOST.COM

Student's design dreams Between work, classes and homework don't cheat by on your sleep schedule



Soapbox

Tyler Hogue Staff Writer

Sleep is something that is incredibly important to people's health, but it is something that college students tend to not get a lot of.

With deadlines for papers drawing ever closer, tests to study for and possibly working a job, you may find it difficult to squeeze in some time for sleep. However, sleep is something you should always make time for.

Sleep deprivation inhibits your ability to learn and memorize things. These are vital abilities that a college student needs if they want to make good grades and pass

Staying up till 2 a.m.

cramming for a test isn't a wise thing to do. Studying throughout the week and getting a good night's sleep the night before a test ensures a higher chance of making a better grade on it.

Lack of sleep can also lead to moodiness and an inability to concentrate. Being irritable because you did not get enough sleep negatively affects your ability to concentrate on work and your interactions with people throughout the day.

Getting mad at a partner that you are working on a group project with certainly is not going to help you get the project done any faster or any more efficiently.

Getting sick is also common if you do not have a healthy sleep schedule. Your immune system suffers if you do not keep up a decent sleeping schedule. This increases your chances of serious health issues like heart disease and cancer.

Your metabolism also suffers, which can lead to weight gain and increased risk of diabetes.

Sleep is the one thing you need to make time for. It affects everything you do in your daily life, and having it affect you negatively is counterproductive.

Instead of working your sleep schedule around everything you do and in turn sacrificing some, you need to work everything else around having a healthy sleep sched-

You should, on average, get seven to nine hours of sleep per night.

Survey of GHC students

What Winter Olympic sport are you most excited to watch?

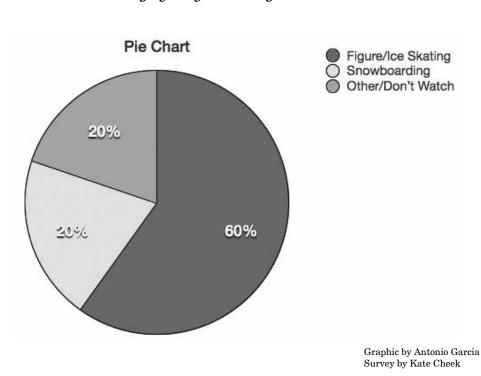




Photo by Antonio Garcia

Aujuana Dawkins scores a basket to help the Lady Chargers maintain the lead.



Photo by Karlee Helms

Donovan Harris shoots for two points in the game against Middle Georgia State, Feb. 5.

Lady Chargers rolling as basketball season nears its final games

By Karlee Helms Managing Ed., Sports

With a final score of 78-62, the Lady Chargers defeated the Lady Knights of Middle Georgia State College on Feb. 5.

Starting off in the lead, the Lady Chargers were able to dominate the court and leave the Lady Knights in the dust. By halftime GHC was ahead by 11 points.

The Lady Knights fought hard to come back and steal the lead, but the Lady Chargers were too much for them.

The Lady Chargers were led by Shakierya Mc-Clendon with 16 points,

14, and Aujana Dawkins, Coretta Haddin and Amber Curtis with 12 points each. Leading assisters were McClendon with a total of eight assists, Curtis with five and Dawkins with four.

GHC's leading rebounders were Dawkins with a total of six rebounds and both McClendon and Haddin with five each.

"We were proud of our team's efforts. We had five players score in double figures so our scoring is becoming a little more balanced," Brandan Harrell, head women's coach said.

Harrell stated, thought we got a little con-

China Henderson with tent towards the end of both halves, but were able to overcome that with a great 12 minutes to start each half."

> "We have to really focus during this last stretch of six games. All six will be really difficult games, with five of them being on the road," Harrell said

This win over Middle Georgia State College put the Lady Chargers at 13-1 in the GCAA Conference and an overall 2013-2014 season record of 20-4.

Since then the Ladv Chargers have suffered a loss and gained a victory giving them a solid spot as number two in the state of Georgia.

Chargers fight to stay near top of GCAA Conference standings

By Karlee Helms Managing Ed., Sports

After a constant uphill battle against Middle Georgia State College, the Chargers were able to claim a victory over the Knights on Feb. 5.

At halftime, GHC was ahead by one point at 30-29.

During the second half, the lead bounced between both teams. The Chargers were able to get ahead by the end of the second half making the final score 86-

Phillip Gaffney, athletics

director and head men's basketball coach, said, "I was very pleased with our play in the second half. Donovan Harris, Dominique Lindsey and Tae Clowers all played very well. We were fortunate that they were hot tonight."

Kentavious "Tae" Clowers with 21 points, Donovan Harris and Dominique Lindsey with 20 each and Montrel Goldston with 12 led the Chargers through their successful game. Leading assisters were Clowers with six. Jamison Jeffers with five and Demaurius Morgan with four.

Head rebounders for GHC were Harris with nine, Goldston with seven and Clowers with six.

On Feb. 8 the Chargers took on East Georgia State College and came home with a final score of 89-80. This makes the Chargers tied for fourth in the GCAA Conference at 9-7 and 12-12 in the overall 13-14 season.

The Chargers' final home game will be held on Feb. 24 at 2 p.m. Students, faculty and staff get in for free with their GHC ID card. The cost for other attendees is \$5 per person.

For more game coverage on all GHC sports and intramurals, check out the SMP online at sixmilepost.com

Lady Chargers begin 2014 season

By Mary Howard Staff Writer

The GHC Lady Chargers softball team kicked off their season on Feb. 1.

They took on Central Illinois Community College during the JUCO Kickoff Classic in Clearwater, Fla. They beat Central Illinois 7-3.

During the classic they also played Central Florida Community College, St. Pete Community College and Florida State College at Jacksonville. However, none of these games resulted in a win for GHC.

During a doubleheader at Santa Fe Community College on Feb. 3, GHC pulled out a win during the first game 2-1. They lost the second game 9-1.

The Lady Chargers softball team had their first home game on Feb. 7 during the GHC Border Battle. This was a home tournament hosted by the Lady Chargers at Stars Field. They played three different colleges: Gadsden State Community College, Chipola College and Spartanburg Methodist College.

There was a pitching change early in the first

inning due to three runs scored by Chipola, including a home run. The pitcher was changed to Brandi Hughes. After the switch, Chipola didn't score any runs until the fourth inning when they brought the score to 5-0.

This would also be the inning with GHC's only run. Sierra Cagle, catcher, hit a rocket into the outfield and got in runner Hillary Rowell. However, this was not enough, and the Lady Chargers were defeated by Chipola 11-1.

"This weekend was the first time our young team



Contributed

Freshman, Kayleigh Medlin slides into first base.

had to face adversity," said Melissa Wood, GHC softball coach.

"It's hard to go play such a hard schedule as a new program, and you get tired of losing, but our team stepped up and won two of three at our home tournament, including a program first win against a nationally ranked team," said Wood.

Wood said that she is looking forward to seeing what the team will do in their conference.

Brand new athletic programs need more fans in attendance



Karlee's Corner

Karlee Helms Managing Ed., Sports

When a new sport comes to a school it's only natural to feel excitement and eagerness towards the upcoming season.

But what if that sport doesn't have a great season? Where will all of the excitement go?

As the season of each sport progresses onward, the crowds should increase in size or at least have the same quantity.

Sport popularity with students is something that I have noticed is lacking here at GHC. Sure I have seen maybe 10 or 20 students at the basketball games, but that's out of how many students that attend GHC? I would say that there are at least 5,000 students enrolled at all GHC campuses, yet not even a fourth of those students attend athletic events.

I understand that you

have to work and have homework piled sky high, but I work and have five classes and still have time out of my hectic schedule to come to the basketball games. No, I don't attend just because I am the sports editor. I go because our athletics program is thriving now more than ever before.

Now, with GHC's inaugural baseball and softball seasons starting they will need our spirit and our cheers to keep them motivated.

The attendance at the home opener for the base-ball team was great. The stands were filled with GHC fans. My only concern is how many students were actually there and if the attendance will stay up to par.

Take at least an hour and go to one of the games. I guarantee it will be worth it in the long run.

GHC's inaugural baseball season has gotten off to a great start

By Mary Howard Staff Writer

The GHC Charger baseball team got their inaugural season started on Feb. 2 in a double header against 2-0 Cleveland State.

The first inning started with number 51, John Hood, pitching for GHC. Cleveland State got an early run in the top of the inning.

However, the Chargers did not follow suit leaving the inning 0-1.

The second inning came and went with no change in score. But in the third inning Cleveland scored four runs to bring the score to 0-5. However, the Chargers started to get the bat going with second baseman, Camden McGill, getting the Chargers' first hit of the game and season.

The score did not pick up until the fourth inning. Although Cleveland State had brought the score to 9-0 at the top of the inning, the Chargers came back swinging in the bottom half. After getting on base early in the fourth, No. 11, Freddie Beamon, stole second base. Then with help from first



Photo by Antonio Garcia

Tyler Elwer pitches at the game against the Cleveland State Cougars.

baseman Chap Lindstrom's run batted in, the Charger's brought the score to 2-9.

The score would change once more in the sixth inning, with the Chargers bringing the score up to 3-9. Unfortunately, that would be the end score for the Chargers first home game.

Micheal Marra, Charger baseball coach, spoke of the first game saying that he was happy to get the first game done and thought there were some jitters. However, he said, "The team settled down and had a good finish to the game."

Marra also mentioned game two against Cleveland saying that they would have to forget about the first loss and "hopefully be able to get the big win in the second one," and that is exactly what they did.

The Chargers came back in game two and ended up winning the game 8-7.