

# SIX MILE POST

*The Student Voice*

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Photo by Kayla Jameson

**Kate Phillips, right, and Tyler Wilkes enjoy the view on the ASF theater grounds during last year's ASF trip.**



**Week of  
Welcome  
and Club  
Round Up**

See page 7.



**SMP holds  
First Amend-  
ment Aware-  
ness week**

See page 8-9.



**Lady Char-  
gers play a  
tough game**

See page 16.



## ASF registration ends March 8

By Moira Hale  
Staff Writer

Sign-up begins soon for the 32nd annual GHC trip to the Alabama Shakespeare Festival, which takes students to Montgomery to see theatrical plays. This trip gives students the chance to experience Shakespeare's plays performed live at the festival.

The trip is in April on Saturday the 22nd and Sunday the 23rd, Shakespeare's 453rd birthday.

The bus will leave from the Floyd campus Saturday morning and drive into Alabama. Saturday will consist of a side trip to the Little White House, a house at Warm Springs that President Franklin Delano Roosevelt frequented while fighting polio. It will also consist of a dinner theater performance of the musical "You're a



Photo by Kayla Jameson  
**Shakespeare's statue stands in the ASF theater lobby.**

Good Man, Charlie Brown" at Faulkner University.

Sunday will include lunch on the festival grounds and the play "The Tempest."

The bus should return students to the Floyd campus by around 10:30 Sunday night.

According to John Spranza, director of student life, sign-up for the trip begins on

Feb. 1 and is open until March 8. There are 55 spots for people to go on the trip, so space is limited, and claiming a spot once sign-up opens is advised. To hold the spot at sign-up there is a \$50 deposit required. After that, the remaining balance of the fee is due on March 20.

Limited funds will be available to help a few students who can't afford the full trip fee. ASF financial assistance forms will soon be available on the college's ASF web page at <http://www.highlands.edu/site/asf> and in all GHC Student Life Offices. The forms need to be returned to a Student Life officer by Feb. 22.

The full fee for the trip includes transportation on the bus to Montgomery, lodging at the hotel with breakfast, tickets to both plays, the side trip with lunch, dinner at the



Photo by Kayla Jameson

### The Alabama Shakespeare Festival theater

Faulkner Dinner Theater and lunch on the festival grounds on Sunday. The total cost per person is \$135 for a double, \$115 for a triple and \$105 for a quad.

Extra credit for the trip is offered in all English classes. Other classes, like history courses, might offer extra credit for the festival and the side trip as well. To see if extra credit is offered, students may

speak with individual teachers.

The trip is set up by Student Life and the humanities division. Any GHC student or employee is welcome to come, as well as non-GHC friends and family that a student or employee invites. Each person will have to pay the fee to participate. Trip sign-up will be handled by Student Life at all GHC locations.



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# Floyd GHC gets health kiosk

**By Kayla Jameson**  
Editor-in-chief

GHC has partnered with the University System office to pilot a LiveHealth Online Kiosk, courtesy of Blue Cross Blue Shield.

The kiosk, located on the Floyd campus, allows students and employees to video chat with a doctor. It is designed to be like a standard office visit and is not for emergency situations.

The kiosk is in the sound-proof Walraven room W-320, and the key can currently be accessed in the Human Resources office. The HR department hopes to eventually install a card reader so that the kiosk can be accessed via GHC's ID cards.

Virginia Siler, vice president and chief human resources officer, said, "The good thing about it is that you can, if you're on the Floyd campus, come get the key from us, go into that space and in just no time be in front of a doctor."

The cost is the same as a patient's copay with Blue Cross Blue Shield or \$49 otherwise. The kiosk takes credit and debit cards.

An individual can set up an account on the LiveHealth Online website in order to have

his or her information available at the time of the visit; however, an account is not mandatory in order to go to the kiosk.

A variety of tools such as a thermometer and blood pressure cuff are available on the kiosk to help the doctor get a better idea of what the patient's medical needs might be. People who use the kiosk are asked to use the provided antibacterial wipes to wipe down the tools and touchscreen after

use.

Students and employees on other campuses can use their devices to access LiveHealth Online.

Wellness Coordinator for Human Resources Emily Farmer said, "Of course people can use their computer and do the same thing to access LiveHealth Online. They advertise on television to do this, but you don't have those instruments available, and that's one of the biggest advantages of this."



Photo by Kayla Jameson

**LiveHealth Kiosk is located on Floyd Campus in W-130.**

## New bachelor's of business administration degrees at GHC

**By Morgan White**  
Staff Writer

Georgia Highlands will be offering two new Bachelor's of Business Administration degrees following the approval of Southern Association of Colleges and Schools Commission on Colleges.

According to Mecole Cooley, Bachelor of Business Administration program coordinator, the specific degrees offered are a Bachelor's of Business Administration in Health Care Management, which will prepare students for the health care industry, and a Bachelor of Business Administration in Logistics and Supply Chain Management degree, which will prepare students to effectively manage logistics and supply chain operations.

Donald Green, Georgia Highlands' president, explains that "the new program enhances GHC's reputation, helps students by providing high quality, high demand business degrees at an affordable price and helps northwest Georgia overall by filling an area of demand in the labor market."

Students will be able to start applying for these degree programs following SACSCOC approval, and the initial appli-

cation window will close April 15.

The degrees will build on the current Associate in Business Administration degree. Students will be required to have at least 50 credit hours within that program, including all of their Area F classes.

Associate Professor of Accounting Annette Maddox, and Professor of Accounting and Business Jed Gillespie have worked together to help develop these degrees. Citing a team effort with Green, Vice President of Academic Affairs Renva Watterson, Vice President of Finance and Administration Jeff Davis, Division Dean of Social Science and Business Alan Nichols, and Special Assistant to the President for Planning, Continuous Improvement and Accreditation Cathy Ledbetter, they worked to identify potential four-year degree programs that fit with GHC's academic mission and geographic service area.

Cooley said that while the exact number of students interested in the program will be undetermined until application opens, "we get over a dozen emails a day inquiring about the program."

"It is truly an exciting time at GHC and for our community," Maddox said.

## Highlands Happenings

### Campus Spa is coming to GHC

**By Karen Kinsey**  
Staff Writer

For stressed students, relief will soon arrive in the form of a foot massage or a hand treatment.

This Valentine's Day week, Student Life will be sponsoring a Campus Spa event on all Georgia Highlands campuses.

From Feb. 13 to 20, students will be able to stop by for one or more free services that will be offered on all Georgia Highlands campuses. The dates for these services will be Feb. 13 at Douglasville, Feb. 14 at Cartersville, Feb. 15 at Paulding, Feb. 16 at Floyd and Feb. 20 at Marietta.

A full treatment will only take about 15 to 20 minutes to complete and will guarantee a fully relaxing and refreshing experience just before the

spring semester fully kicks off.

According to John Spranza, student life director, Campus Spa is based in Tennessee but travels to universities and colleges all across the southeast. Campus Spa has provided its services to Georgia Highlands' campuses in the past.

Students who are interested and want to learn more about the various services can go to campus-spa.com and select the "Services" tab for more information.

### ORK taking submissions

**By Autumn Pritchard**  
Staff Writer

The Old Red Kimono is Georgia Highlands' literary magazine that has been operating since 1972.

They will be accepting submissions of original work until Feb. 10, or until all available spaces are full.

They accept fiction, poetry, art and photography.

There are two categories for prizes: creative writing and art, with three prizes allotted to each category.

The first, second, and third prizes for each category are: \$50, \$30, and \$20. Each person will also receive a certificate of honor.

Students should send their submissions to Nancy Applegate at napplega@highlands.edu

# Steve Wrigley takes his place as the new USG chancellor

By Steven Godfrey  
Guest Writer

Steve Wrigley was named chancellor of the University System of Georgia by the Board of Regents. Wrigley replaced Hank Huckaby as chancellor on Jan. 1 of this year after Huckaby retired. The Board named Wrigley interim chancellor on Aug. 10 of last year after Huckaby announced his retirement.

Wrigley is quoted on the University System of Georgia's website as saying, "I am grateful for the opportunity to serve as chancellor of the University System of Georgia. The faculty and staff bring our campuses to life every day to better serve our students and the State of Georgia, and I look forward to working with them to build on our momentum."

Wrigley has a lot of experience in the University system. Prior to being named chancellor,

he had served for five years as executive vice chancellor of administration before being named chancellor. Previously, he was senior vice president for external affairs and vice president for government relations at University of Georgia.



Contributed

Steve Wrigley became the USG chancellor on Jan. 1.

He was also the Director of the Carl Vinson Institute of Government.

Wrigley received his undergraduate degree from Georgia State University. He has a doctorate in history from Northwestern University in Evanston, Illinois.

Donald Green, president of Georgia Highlands college said, "Dr. Steve Wrigley is an excellent choice as the next chancellor of the University System of Georgia. Steve has great experience in higher education and state government, valuable assets in the chancellor role. Like the leadership of Georgia Highlands, he is committed to providing students a high quality education while managing the cost of tuition."

"On a personal note," Green stated, "I like working with Dr. Wrigley. He is always candid; you know where he stands on any issue."



Photo by Kacey Neese

Richey Harrell, left, and Randy Green

## Bartow County Officer speaks at Floyd campus against sexting

On Jan. 24, at the beginning of the Criminal Justice and Political Science Club meeting on Floyd campus, Captain Richey Harrell of the Bartow County Sheriff's office was presented with an honorary membership in the club by one of its advisers, Randy Green. Harrell was at the meeting to give a presentation on the Legal Issues and Dangers of Sexting.

## Maxient now in use at GHC to assist in disciplinary cases

By Autumn Pritchard  
Staff Writer

Maxient, an online disciplinary program developed by an outside company and used by many other schools, debuted at Georgia Highlands this past fall and has been used to settle approximately 20 cases.

According to Director of Student Life John Spranza, Maxient "is a student conduct management system" that "streamlines the process" of coordinating discipline.

The program is integrated through Banner, so that allows all of the student's information, as well as any other important details about the proceedings, to be found in one place.

Depending on the violation, disciplinary action would be dealt with in either a formal or informal process. Maxient makes this process easier by keeping all of the relevant information in one secure place.

Lucas Lester, SGA president, said that he thinks Maxient will be "a good thing" and that he is "excited about it."

GHC breaks down its ethics violations into two categories: those that violate the school's code of conduct or those that violate the school's academic integrity policies.

Code of conduct would involve issues like theft or harassment, while such things as cheating or plagiarism would fall under academic integrity.

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## GHC officers go the extra mile to protect students

**By Carly Trader**  
Staff Writer

Students see them on their way to class. They see them walking throughout campus or in the security office. Students know the Georgia Highlands police officers have purpose, but do they know the full extent of what that is?

Sgt. Richard Grant is an officer on both the Paulding and Douglasville campuses.

Grant said the officers want to “ensure there are no distractions pertaining to public safety and security” so will be a safe learning environment.

Grant encourages students to come to any of the officers with “any information in regards to any issues related to safety and security on our campuses.”

There are different types of security on GHC’s campuses. GHC police officers are hired by Georgia Highlands, and other safety employees are provided by outside companies. The difference between



Photo by Joshua Mabry

**Chief David Horace**

the two lies in their jurisdictions.

“Because we are hired by Georgia Highlands College to be their police officers, this is our area of jurisdiction,” Grant said.

This means that officers such as Grant enforce the law solely on campus and cannot go out into the city to enforce the law there. “We are all certified peace officers in Georgia,” Grant explains.

Grant said, “We are excited to have the new police cars, excited to know that our force will continue to grow.”

He continued, “As of July 1 of this year, we will be able to hire two additional police offi-

cers. Knowing that, as well as knowing that we have the new police vehicles, it makes us feel good to be a part of the growing expansion of our growing safety department.”

Grant encourages students to stop by even without a safety concern.

He said, “We are hopeful that the students as well as the faculty and staff will feel that we are approachable.”

Grant explained that students can approach GHC police officers “to share anything related to security” or approach them with “a general greeting.”

William Mansfield is another police officer hired by Georgia Highlands College. He works on the Floyd campus.

David Horace is the chief of police and visits all campuses.

Contact Campus Safety at all locations by calling (706) 252-4813 or by e-mail at [campussafety@highlands.edu](mailto:campussafety@highlands.edu)



Photo by LaTonya Kilgore

**Sergeant Richard Grant patrols the Georgia Highlands Paulding campus.**

### Tennessee Aquarium College Days

Students, faculty and staff can show their college ID and get in for half price in February at the Tennessee Aquarium in Chattanooga



Available on all GHC campuses.

Learn more online at:

<http://www.highlands.edu/site/student-support-services>

Connect with us now on our  
Linkedin, Instagram and Twitter pages!



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## Non-traditional students overcome many barriers

By LaTonya Kilgore  
Staff Writer

The average college student looks like someone between 18 – 25 years old, or someone directly out of high school. He or she might be living either in a dorm room or at home with mom and dad, dependent on parents financially. The picture most depicted of college students is of them sitting in class all day and partying all night.

The college experience sounds like an extension of high school except with more freedom. This description is not completely accurate. According to The National Center for Education, statistics show that in 2013, 40 percent of students enrolled in “degree-granting, postsecondary institutions,” were 25 years old or older.

These students are often referred to as non-traditional students. The definition of a non-traditional student is actually much broader. In addition

to students who are not directly out of high school, this title includes students who attend college part-time, who work full-time and have children. Non-traditional students are a vital part of most colleges, including Georgia Highlands.

Calen Cooper is one such student. As a Journeyman Lineman in north Georgia, his schedule is subject to change because storms tend to cause power outages that require extended work hours. Add to that the fact he has been out of high school for eight years. “Time is my major challenge,” he says. Cooper takes fully online classes currently to offset his work schedule.

With such a large portion of the student body being compiled of non-traditional students, how does GHC support these students balancing work, school and families?

To combat time restraints of these students, GHC has offered night courses as well as numerous hybrid and online

courses. This allows students to attend class at the most convenient times for their schedule.

The NOW (Nights, Online, Weekends) program, an accelerated program designed for non-traditional students, is also offered. The number of classes offered online as well as programs such as NOW reveal GHC’s point of view toward the non-traditional students.



Photo by LaTonya Kilgore  
**Calen Cooper uses a boom lift to fix power lines.**



Photos by LaTonya Kilgore  
**Cooper holds a snake that he encountered on the job.**

## Club seeks to make a difference

By Shawn Bunyard  
Staff Writer

Active Minds is a student-created organization that seeks to normalize positive mental health care. Its four-fold goal is as follows: to reduce the stigma surrounding mental health issues, normalize seeking help, educate the community and provide resources for getting help.

Active Minds is a way for students to bring awareness and discussion to their peers, and to engage in activities that foster community.

The club was originally created as one student’s mission to change her campus’ atmosphere surrounding mental

health. In an effort to reduce the number of those who suffer silently and to encourage open discussion, club founder Alison Malmon created a model that quickly became the non-profit organization known as Active Minds, Inc. since 2003. In the words of Malmon, “We don’t all have mental illness, but we all have mental health.”

Mini events, such as creating stress balls or working with art supplies, are just some of their plans for introducing anxiety relief that they stage throughout the year. An upcoming project for the Spring Fling is to recognize notable individuals who have suffered from mental disorders, to help the student body understand

the prevalence of mental disorders.

Active Minds operates on the principle that the more students know about mental health, the more it will be valued. Thus, by exposing the normality of struggling with disorders, it hopes to encourage students to live openly and healthfully.

The adviser to the club, counselor Dorothy Morgan, directs students to whatever help they may need. She and other Student Support Services staff help to guide students in choosing appropriate resources for help both on-campus and at home. Further information may be found at [activeminds.org](http://activeminds.org).



Photo by Stephanie Corona  
**Dorothy Morgan (left), Active Minds adviser and Jessica Tatum, club member, present a display at Club Round Up at the Cartersville campus.**

## Week of Welcome and Club Round Up



Photo by Kayla Jameson

Clock wise from left ,China Allmon and Simren Patel make candles while John Spranza and Tina Noles melt the top layer of wax to keep the candle contained.

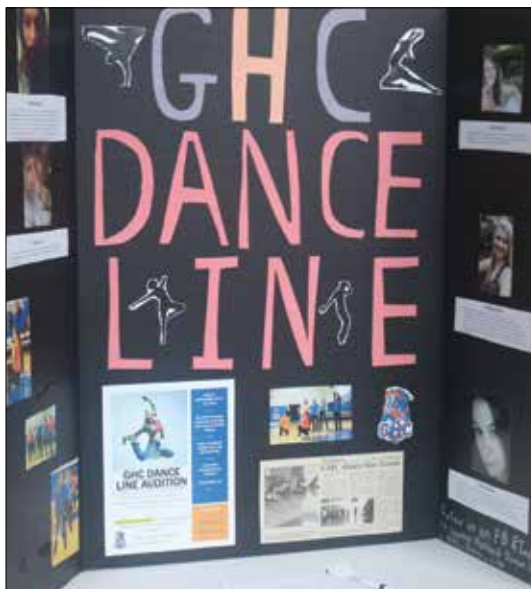


Photo by Daniel Smith

Dance line's advertising board is on display at C'ville campus for Club Round Up.



Photo by LaTonya Kilgore

Students sign up for clubs on Paulding campus.



Photo by Kayla Jameson

A Student views the study abroad poster during Club Round Up.



Photo by Kacey Neese

Students gather for hot chocolate and coffee on Floyd campus as part of Week of Welcome.



Photo by Kaileb Webb

Candle making highlights the Week of Welcome at Cartersville.



Campus Perspectives...



Photo by Joshua Mabry  
Frank Murphy

By Frank Murphy  
Campus Minister

Most every Sunday, and often on other days, I find myself participating in worship and communion with God in a local meeting place with fellow believers.

I am not compelled by anything other than my own desire to share in the experience with others in the act of worship, prayer and meditation on the comprehension of God and understanding of His calling on my life.

It is a privilege that is mine and all others because

of the First Amendment to the Constitution. It is not something that I consciously consider every week, but it is a precious right that I celebrate.

It is not prescribed that I share in this worship in any specific way. In fact, I often find myself out of step with the other congregants around me as to expression and belief.

As a campus minister employed by a local Christian agency, it is my privilege to spend time each week with the students at Georgia Highlands College in prayer and

scripture study. We gather together from our own unique backgrounds with the common thread of faith to bind us. We search together for the truth of our purpose and meaning in relationship to God.

It is a free exchange of ideas and interpretations and encouragement that makes this time most refreshing. It is a freedom each of us possesses in mind and soul that is defended in this country by one of the greatest sentences ever written for the good of man, Amendment One of the U.S. Constitution.



Photo by Kayla Jameson  
Carla B. Patterson

By Carla B. Patterson  
Professor of English

The United States Constitution was, and is, a model for those who seek the “liberty and justice for all” lauded within The Pledge of Allegiance. Yet, soon after the Constitution’s initial ratification, the First Amendment was proposed. The fact that political leaders believed this amendment was essential illustrates the then young country’s commitment to the

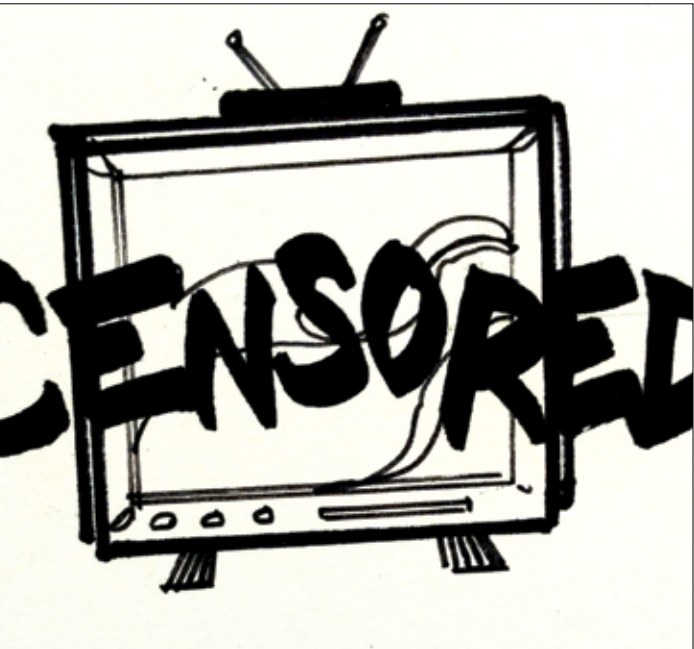
ideals of freedom.

These ideals remain vital to the country. As a citizen, I value each of the First Amendment’s assurances equally. As an educator, I am reminded of one of these assurances daily.

The freedom of speech ensured by the First Amendment is a cornerstone of higher education. Without it, I would not be able to encourage open dialogue within my courses, which is essential. The free exchange of ideas is a foundation of our society, a

foundation often built within education and ensconced by the rights affirmed within the U.S. Constitution.

Since we have been assured of and benefited from freedom of speech for well over 200 years in the United States, it can be easy to take such for granted. Yet, examples of scenarios, past and present, in countries where that freedom is not assured remind me of the significance of this and all aspects of the First Amendment.



Amendment I

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

First Amendment Awareness Week  
Jan. 30 - Feb. 4

Since 2004, the Six Mile Post has sponsored a First Amendment Awareness Week. It is important to our staff, both as journalists and as citizens, to protect and show our support of this important amendment. Without it we could not do our job, speak freely or live freely.

We are supported by our cosponsors, the number of which has grown greatly from the four cosponsors we had back in 2004.

List of Cosponsors:

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15. Students Without Borders
16. Charger Cheerleaders
17. Human Services Club
18. Old Red Kimono
19. GHC Chapter of the American Assoc. of University Professors
20. English Majors Association
21. AAWCC (American Association of Women in Community Colleges)

Campus Perspectives...

By Bronson W. Long  
Associate Professor of History

The First Amendment is very brief. Yet its aim is to protect rights that are among the most sweeping and most precious to all Americans, including the freedom of religion, speech, press and assembly. These rights are ultimately about the freedom of expression and freedom of inquiry. Most importantly, they protect the freedom of conscience.

By Allen Dutch  
Inst. of Communication

Seems pretty obvious. The First Amendment should be important to a communication instructor that teaches mass communication classes. I think the more important question to answer is. Why is the First Amendment important to any citizen of this great nation?

The First Amendment isn’t just permission for everyone to say anything they choose. It is perhaps one of the most important amendments in the Bill of Rights because of

The First Amendment is especially important for those whose political opinions or religious views and practices happen to be unpopular, either with society as a whole, with whoever is in charge of the government at the time, or both.

We live in a very diverse society. Above all, we live in a society with people who hold to a wide diversity of views. At some point in life, everyone can expect to find themselves holding to a viewpoint that only a minority of their

fellow Americans share. The minority rights that the First Amendment protect are thus truly for all. They ensure that our country is both peaceful and free.

As for my career, as a professor, I deal with ideas and knowledge. The type of inquiry, dialogue and debate that occur in academia are only possible if First Amendment rights are protected.

This is also the case for many other fields in which the free exchange of ideas is important.



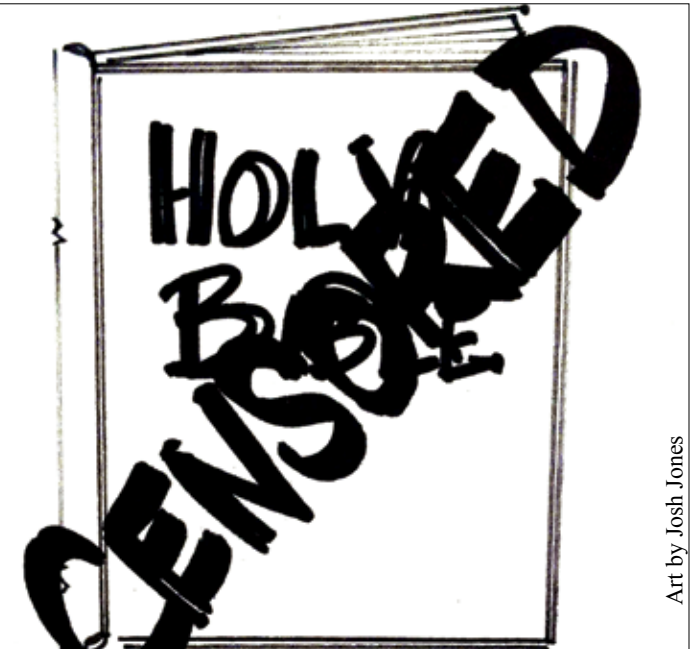
Photo by Kayla Jameson  
Bronson W. Long



Photo by Kayla Jameson  
Allen Dutch

the value of a “market place of ideas.” Stagnation causes decay.

Great nations often crumble from a creeping uniformity of thought, stiffly enforced faith and the fear of losing control of their citizens. I’m optimistic about our future. Why? The First Amendment helps secure the right of self-determination for all American citizens. I love that this concept is central to the U. S. Constitution. The best part is, you don’t have to agree with me, and that’s all right. We just need to acknowledge why this is true.



Art by Josh Jones



## Freedoms soon forgotten by citizens

The First Amendment allows citizens to speak and express their views without fear of the elected government. In some countries, people cannot question the government for fear of their lives! Here, even if we disagree with the elected officials, we are protected and allowed to express that disagreement.

This goes back to a time when royalty ruled most nations and the United States was ruled by Great Britain. Under that rule, at that time, the colonists could not gather to discuss or disagree with rules and laws forced upon them by the British crown. As a type of government, the freedoms given to us by the Constitution were and still are revolutionary.

Due to the First Amendment, people have not only been able to express their opinions but also stand up for what they believe in. The ability to discuss certain things is the ground on which our government stands. It is through com-

promises that our country has been able to grow.

The press plays an important role in showing the events that occur in the modern day world. It is through journalistic integrity that this information is shown accurately. The press introduces the information that without which people would not be informed and not given the ability to make a decision.

How are we as a nation going to be able to grow and change if the reporters don't bring to light the issues that affect all of us? The answer is easy: we won't. We have already begun to see a country easily offended by every statement.

False information is just a click away, and society has been spoon fed for so long that we no longer research the information handed to us. We are losing a very critical freedom by not utilizing the resources we have around us.

Due to the First Amendment people have not only been able to express their

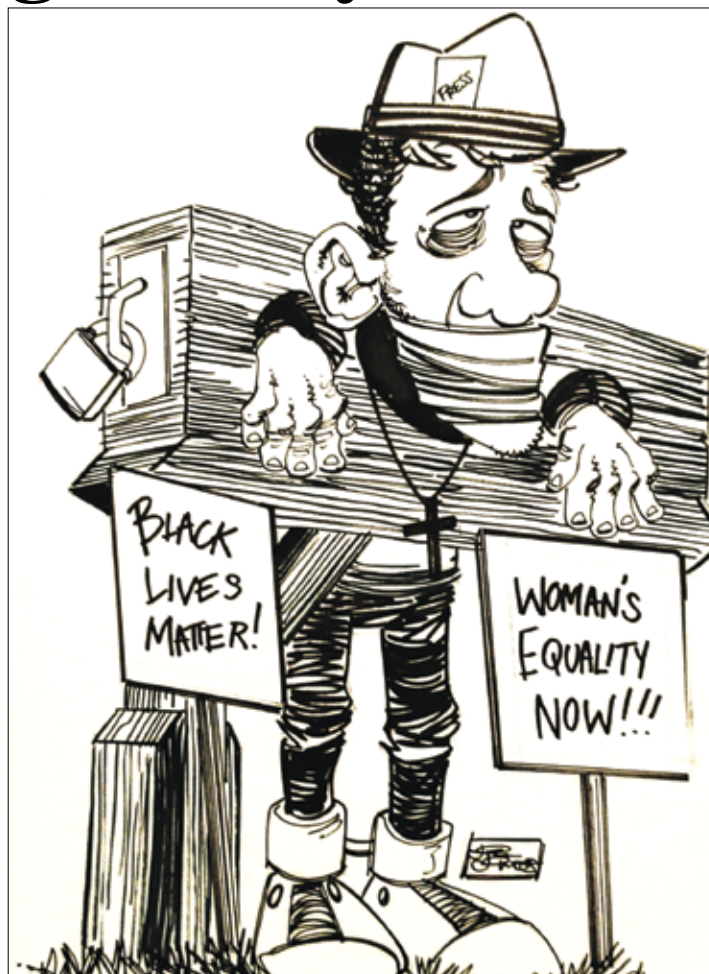


Photo by Josh Jones

opinions but also stand up for what they believe in.

**-Six Mile Post  
Editorial Board**

ing facts regarding unpopular people, groups or viewpoints somehow makes us "Fake." We've even heard it from our President. (Although I'm sure Anderson Cooper would disagree.) All the while, teenagers in Eastern Europe write actual fake news and make enough money to buy a new BMW for their own 17<sup>th</sup> birthdays. Readers believe it, damaging the integrity of reporters like us. And in effect, what happens to us? The small town journalist is cheapened, void of value, mystically aligned with the vilified talking heads on television.

But are we THAT bad? I don't believe so. Call it a machine, call it news, call it en-

tertainment, but the reality of what we do is simple: we tell stories and generate interesting content to sell those nice colorful ads for used car dealers and coffee shops.

We're just common people trying to make a name and make a living like the reader. We make mistakes, and sometimes viewpoints inevitably bleed into our reporting. But we still try to uphold integrity and tell the truth.

So where's the respect? Dishonest as some may believe journalists are, what we do is still honest work. You don't have to like what we say, but the good thing is, in America, the First Amendment means we still get to say it.

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\* Campus coordinators  
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### Editor's Box

**By Lucas Caylor**  
Asst. Online Editor

## Where's the respect?

You see it everywhere, from chain e-mails to social media posts and now in the general public and on all sides of the political spectrum: Journalists are suddenly public enemy number one in this country.

This nation's backbone is the First Amendment. It supports the idea that we are allowed to express ourselves

however we want and have the freedom to believe religiously or secularly, as we please.

But over the last year I've noticed those of us who are the first line of defense for the First Amendment have come under fire for audience perceived biases. We've become the enemy because some have the idea that simply report-



# New year's resolutions are worthless



## Larry's Outlook

Larry Oswalt  
Guest Writer

Musings for the New Year from a self-appointed know-it-all who thinks his opinions matter.

I refuse to bother with resolutions this year. I never follow them. All they do is cause me to feel totally worthless due to my wretched failure to follow them. This year I am simply going to reflect on some things I have learned and my efforts to use them in everyday life.

Follow your dreams. Do what you love to do. Wake up every day excited about your life. If this is not so, change your life. Don't make impor-

tant decisions in your career based on money. I have never heard of anyone on their deathbed wishing they made another \$100.

Do the right thing. Notice I did not say the correct thing, but the right thing. There is a world of difference between being right and being correct. Being correct comes from your head while being right comes from your heart. Sometimes, you have to make a decision between several hard choices. Which is best for you or which works better for everyone.

The answer is usually very

simple. The hardest choice is almost always the best choice. The easy way out will usually result in making the situation worse, and ultimately cause you to have to make an even harder decision later on.

Listen. Even to those that you don't like, even to those you don't agree with, even to those that you don't particularly respect. There is no greater way to learn than listening to others not just teachers and parents, although through simple living, they are wiser than you.

Your opinions, your beliefs, who you are as a person, is not based only on your own thoughts, but the agreeing and disagreeing of others to harden or soften your positions. Listening to those who differ with you is not weakness, but strength. Some of the greatest leaders in history changed

their minds due to new information or the gaining of wisdom.

Be open and friendly with everyone, but jealously guard your privacy. Take the advice of others, but don't be afraid to heed your own counsel. No one knows you like yourself, and no one else understands your needs and short-comings like you. As life unfolds, you will need to be a spouse, a parent, a worker and a dozen other things at the same time. Always remember that to be a good person, you have to take care of yourself. It is not selfish to keep yourself healthy and happy, in order to allow yourself to be a friend or anchor for others.

Look around at your friends, your family and your peers. Pick out the ones that you like best and admire the most, and try to be like them.

Not in their success or popularity, but their likeability and trustworthiness. You can't expect others to trust and like you if you aren't approachable

**"Math is complicated, biology is complicated, people shouldn't be."**

and open to their thoughts and ideas.

Lastly, be simple. Math is complicated, biology is complicated, people shouldn't be. Don't make it hard for others to be around you. Smile for no reason, speak when you have nothing to say, believe when you feel hated, love when you feel hated, and show interest when you had rather ignore. Life is good; always strive to be a part of it.

## Tennis teaches perseverance to players



## Soap Box

Margaret Gardner  
Managing Ed., Design

I chose to play tennis three years ago and do not regret my decision. I am sure that others will not either if they take a shot at it.

The sport of tennis is a highly skilled but delicate activity. This sport is one of the more challenging ones due to the amount of endurance that is needed.

Anyone can pick it up, although it takes many hours of training to notice improvement. It's a great source of ex-

ercise and can be played well into adulthood. The physical aspect of tennis is crucial, but the mentality side is what fuels a phenomenal player.

Anybody that plays tennis whether it be a beginner or advanced player will all have the same result. If they go in with a negative mindset, then more than likely they will not play a vigorous match.

Some people strongly advise against playing tennis because some think it is too

difficult to learn, but one must try something first before listening to others. To be honest, learning a new sport is never easy.

It's not going to come naturally within the first five minutes. In order to really get a taste a person has to at least stick with it for a couple of weeks, especially with tennis.

Some people are not determined or patient enough to keep going with tennis. The good thing is there are other sports out there waiting for them.

If people give tennis a chance they will see that it opens up new gateways of opportunities, such as gaining access to a whole new social spectrum.

## Poll

### What has been your hardest class at Georgia Highlands?



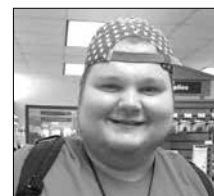
**"Organic Chemistry"**

-Pamela Diokpara  
Pre-med Major



**"Western Civ. I & II"**

-Maria Crider  
History Major



**"Philosophy"**

-Ridge Abernathy  
History Major

Poll and photo by Kacey Neese

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# New Cudi CD disappointing

A review...

By Mathew Shankute  
Staff Writer

Cudi AKA “The Chosen One” has returned after a tumultuous 2016. Cudi’s 2016 tour was filled with callouts, public beef and an extended hospital stay. In spite of all that, it appears that Cudi has returned to his hip-hop roots after a short lived and much maligned alt rock phase.

Fans of Cudi are claiming that “The Chosen One has returned!” This is unfortunately true in more ways than one. “Passion” is an album of extremes, both in themes and quality. It fancies itself as a musical epic journey of redemption and loss, and it’s not hard to buy into this when

listening to songs like “Rose Golden” and “Baptized in Fire.”

For every “Rose Golden” we also get a song like “Wounds,” where Cudi drones in his monotone singing voice with lyrics so absurd no one can’t help but laugh. Much like Cudi’s previous works, “Passion” is a bloated album. It is a 19 song Odyssey that would’ve been helped greatly by having 10 songs instead.

This bloatedness carries into the individual songs occasionally as well. The album opens with “Frequency,” a song that begins strongly, but overstays its welcome and begins to repeat itself.

Tracks like “Surfin” and a handful of great features from artists like Willow Smith,

Pharrell and André 3000 make the album’s transgressions more forgivable. The listener can’t help but feel a little disappointed at the amount of filler on this project. Hopefully on his next album Cudi can manage to release something much tighter, because “Passion” clearly has the hallmarks of a great album, but carries too much dead weight.

This album  
gets a grade of



## Females break gender norms in “Dangal”

A review...

By David Pulliam  
Staff writer

Starring Bollywood megastar Aamir Khan, “Dangal” is based on the true story of Mahavir Singh Phogat and his daughters Geeta Phogat and Babita Kumari.

Winning an Indian national wrestling championship, but failing to capture the world championship at the Commonwealth Games, Mahavir vows that his future son will accomplish what he was unable to attain.

After his wife gave birth to four girls, Mahavir abandoned the dream of his offspring being able to win a wrestling world championship.

One day, after Geeta and Babita beat up two boys who were bullying them, Mahavir had an epiphany: gold is gold, whether it’s won by a boy or a girl. Following this realization, Mahavir begins training his daughters to be competitive wrestlers—even going so far as to cut off their hair.

Despite initially being met with resistance and outright

refusal from tournament organizers, Mahavir enters Geeta in wrestling matches with boys. Eventually, Geeta and Babita go on to compete for gold against the best female wrestlers in their respective weight classes at the Commonwealth Games.

Although the movie’s dialogue is almost entirely in Hindi, English subtitles are provided throughout, even accompanying the musical soundtrack, which helps to propel the story and keep viewers engaged. This film is a triumphant display of girl power,

which deserves to be seen not only by fans of competitive sports, but anyone wishing to break gender norms. “Dangal” is an inspirational example that bucks traditionally held notions about gender-specific paths in life.

This movie  
gets a grade of

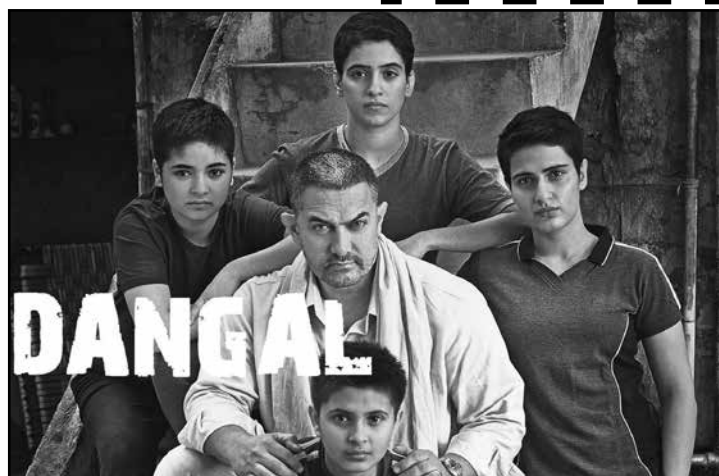
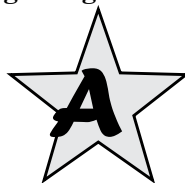


Photo by Kacey Neese

Chris Housman, left, and Scott Wesley perform in the student center at Floyd.



Photo by Kayla Jameson

Wesley plays percussion with foot tambourine.

## Musical duo provides entertainment

Musical duo Scott & Chris entertained student on Jan. 17 during Club Round Up. The event took place in the student center on Floyd campus.

According to Deny Entertainment, “Scott & Chris have years of experience performing at various venues and festivals, including over 100 colleges and universities across the nation.” They bring an acoustic vibe to songs from artists such as the Backstreet Boys and Vance Joy.



# GHC students enjoy slopes for credit

By Kacey Neese  
Managing Ed., Online

GHC's 37th annual ski trip was held on Jan. 2-5 at Appalachian Ski Mountain in Boone, N.C.

According to Ken Weatherman, professor of physical education, the class was a success despite the winter storm. Due to the winter storm, the class concluded one day early.

Weatherman said, "We had a good group this semester and achieved the necessary requirements for the course. We concluded one day early to ensure students made it home safely."

The class of 19 contained students, teachers and staff. Lucas Lester, a student on the Floyd campus, stated, "This

year's ski and snowboarding tip was an incredible experience. Professor Weatherman did a great job of facilitating a family-like atmosphere. If I could go every year I would."

This class gives students an opportunity to receive two credit hours for the spring semester before the semester officially starts.

Students received instruction from the French-Swiss Ski College while on the slopes and attend pre-trip training session taught by Weatherman.

There is also a physical requirement according to Abigail Ranic, a first time snowboarder.

"Snowboarding was one of the most satisfying, yet painful, experience I have ever had," said Ranic.



Contributed

From left: James Beavers, Lucas Lester and Ken Weatherman get ready to enjoy the slopes on the recent GHC ski trip to North Carolina.

## Owen Witcher pedals his way into national top 10 for collegiate bikers

By Stephanie Corona  
Staff Writer

Georgia Highlands student, Owen Witcher, has been competitively racing since the age of six. Witcher participated in bicycle motocross and BMX until the age of 15.

For the last four years Witcher's main focus has been competing in mountain bike racing, with the long term of going professional.

Prior to October's U.S. collegiate mountain bike championships, Witcher raced in two qualifiers to compete in Snowshoe, West Virginia's championships.

Witcher said, "At the time of the championships I was battling with injuries. Eight weeks before the race I broke my collar bone and was not able to ride and train as much as I would have liked. On top of that I sprained my wrist and had to race all weekend on it."

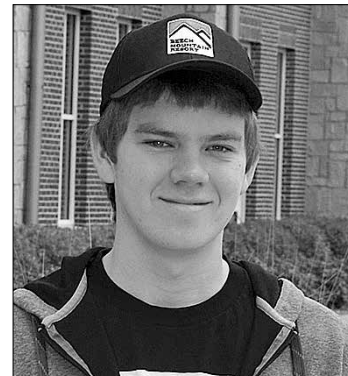


Photo by Stephanie Corona

Owen Witcher

Despite his injuries, he said he was ready to give 110%. He also said rain, heavy wind and snow would not faze him.

As the race approached, Witcher focused on conditioning his mental strength to keep his nerves under control.

Witcher's main goal was completing the race as fast as he can.

He did just that, clocking in over 40 mph on a straight,

finalizing in top 10 in not only the downhill course, but also in the dual slalom.

When asked what he does for training and preparation, Witcher replied, "I tend to ride for an hour to an hour and a half, followed by core and endurance training. As for my bike, a week before the race I regrease all the bearings, clean the chain, and if needed rebuild the fork."

Witcher manages to compete on the weekends while studying towards a GIS major or Geographic Information Systems. He plans to graph and visualize land topography and work with what he enjoys doing.

With this recent win, Witcher has placed GHC on the charts for competitive mountain biking.

He may do it again at the Southeastern Gravity Series, another race where he plans to compete.



Contributed

Owen Witcher has been racing competitively since the age of six.



## Chargers prep for spring season with hard work

By Joe Webster  
Asst. Sports Editor

As Georgia Highlands College moves into the spring semester, some students are worried about books and picking classes.

Others are preparing for their seasons to begin, as the Chargers softball and baseball teams surge towards their opening series.

**“The Chargers baseball team will be playing a ‘new brand of baseball’”**

According to Head Coach Dash O'Neill, the Chargers baseball team will be playing “a new brand of baseball.”

The Chargers softball team is looking to capitalize off their 27-win campaign in 2016.

The Chargers baseball team looks to improve on their

.462 winning percentage from last season, and hopes to swipe their first win on Feb. 3, playing the Chattanooga State Tigers in Cartersville, Ga. at Lakepoint Sporting Community. First pitch is at 3 p.m.

The Chargers are back on the diamond at 2 p.m. the next day for a doubleheader against the same Chattanooga State Tigers.

Chargers softball hits the field for the first time on the road on Jan. 27, taking on six different Florida teams over three days in the JUCO Kickoff Classic in Clearwater, Florida.

Following that road trip, the ladies hit the field for the first time at home on Feb. 3 and 4, playing doubleheaders both days against the University of South Carolina-Salkehatchie Indians.

Friday's games will be at 5 & 7 p.m., and Saturday's at 2 & 4 p.m.

GHC fans will be able to support baseball and softball this season as they hope to make a run for national championships!



Photo by Daniel Smith

**The Chargers baseball team work out at the LakePoint facilities in Emerson. All of their home games will be held here.**



Contributed

**Lady Chargers softball players gear up for the 2017 season.**

**Watch for coverage of the first baseball and softball games in the February Six Mile Post**

## Sportsmanship is the most important aspect of sports



### Mabry's Pitch

Joshua Mabry  
Managing Ed., Sports

Many people believe that winning is the most important aspect of a sport. I, however, believe that sportsmanship is the most important aspect.

To be able to compete well, a player must have respect for

their teammates, the opposing team and their coaches. This is a crucial part of sportsmanship.

If a player is not respectful, they might think they are better and appear arrogant.

This will affect the way they perceive and treat the opposing players.

Sportsmanship also includes being fair. A person should never cheat in a game because that will get them nowhere.

Cheating can possibly get a person the game win, but they will lose respect from the fans, teammates and opposing team.

Players do not want to lose respect from anyone, but es-

pecially their fans. Fans are always there to support their team; they are the backbone of sports. If team members lose their fans, they will have no one to cheer them on.

Sportsmanship is becoming less important in today's world.

To many, all that matters is winning. This is evident in the way that some athletes act. While winning is very important, it is not everything.

There are still many ath-

letes that consistently display sportsmanship, however, such as Georgia Highlands College's basketball teams.

I have been an avid fan of Georgia Highlands' basketball this season, and have witnessed sportsmanship at every game for the men and women.

Even though they both have opposing teams that might not demonstrate the same sportsmanship, they maintain respect for those players.





Photo by Jaida Lovelace

**Kyvon Davenport goes for the dunk during the men's basketball game on Jan. 14 . Davenport contributed 12 points for the Chargers.**

## Featured game: Chargers defeat South Georgia Tech at home

**By Joshua Mabry  
Managing Ed., Sports**

The Georgia Highlands College Chargers defeated the South Georgia Technical College Jets 79-55 on Jan. 14 at the Floyd campus gym.

This win was GHC's 51st consecutive and made their overall season record 17-0. The Chargers had several players that contributed to this win.

By the end of the first half, Ty Cockfield, Rico Bonds and Kamar McKnight had each

contributed 7 points and GHC was winning 38-25.

By the end of the game, McKnight scored 16 points while Cockfield contributed 13 points.

Tylik Evans had 17 points. 6 of his points came from two three-pointers in the second half of the game.

Evans said that he "feels well" about the men's performance in this game. He said, "Everything came along for me, and got the victory for the team."

Head Coach Phil Gaffney said that he is "pretty happy" about his team's performance in this game.

Gaffney said his team did not shoot well causing the offense to struggle, but their hustle and defense allowed them to win.

Gaffney said, "Our hustle's so great and that allows us to win by 24-25 points." According to Gaffney, "We are a good basketball team but are battling some injuries." These injuries could potentially be setting the team back as far as shooting and defense goes.

Gaffney believes that his team is in a good spot for the season, however. He said, "1st place in our conference is where we thought we would be."

He said that the team is taking it "day by day." They try to look only at the present, and that helps them to focus on the task at hand whether it is practice or a big conference game.

### Sports Update

On Jan. 25, the Chargers remained undefeated after holding off Central Georgia Tech 90-88. Kyvon Davenport led GHC with 30 points.



Photo by Jaida Lovelace

**Ty Cockfield, GCAA player of the week of Jan. 23, guards one of the South Georgia Tech players. Cockfield contributed 13 points for the win.**

### MEN'S UPCOMING BASKETBALL SCHEDULE

DATE	OPPONENT	LOCATION	TIME
Wednesday Feb. 1	Albany Tech	Albany, GA	7:30 pm
Wednesday Feb. 8	Gordon College	Barnesville, GA	7:30 pm
Saturday Feb. 11	South Ga Tech	Americus, GA	3:00 pm
Wednesday Feb. 15	Atlanta Metro College	Atlanta, GA	7:30 pm
Saturday Feb. 18	East GA State College	Rome, GA	4:00 pm
Wednesday Feb. 22	Chattahoochee Tech	Rome, GA	7:30 pm
Saturday Feb. 25	South GA State College	Waycross, GA	4:00 pm
Wednesday Mar. 1	Central GA Tech	Macon, GA	7:30 pm
Saturday Mar. 4	ABI	Rome, GA	2:00 pm

**Go Chargers**

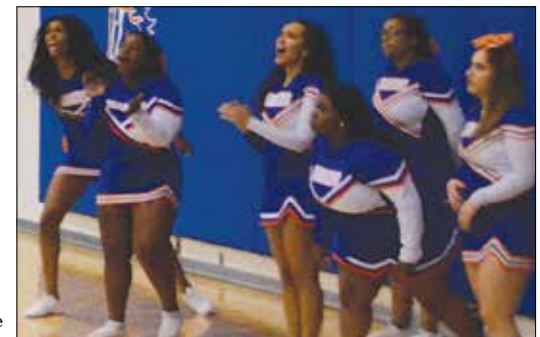


Yellow = Home Games

BOLD = GCAA Conference Games

**Thank you,  
cheerleaders,  
for showing  
support for  
the Chargers  
this season!**

Photo by Jaida Lovelace



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sports updates**





Photo by Jaida Lovelace

Pam Diokpara forces her way through for a shot during the women’s basketball game on Jan. 14 against South Georgia Tech.

# Featured game: Lady Chargers fall short after good first half

By Joshua Mabry  
Managing Ed., Sports

On Jan. 14, the GHC Lady Chargers fell 59-45 to the South Georgia Tech Lady Jets at home.

According to Brandan Harrell, women’s head coach, the Lady Chargers “competed well” in the first half of the game.

GHC stayed close to the Lady Jets during the first half. The score at the half was 32-29 South Georgia Tech. South Georgia Tech started to take the lead in the second half, however.

Kanisha Tharpe and D’Andra Pringle led GHC the entire game. By the end of the first half, they had each scored 6 points.

By the end of the game, Tharpe contributed 11 points and Pringle scored 8 points.

Tharpe said she “played hard even though we fell short” during this game.

She said, “I tried to do the little things as far as getting the little rebounds.” Tharpe is optimistic that GHC will beat South Georgia Tech in the future.

Harrell said, “We hurt ourselves with foul trouble. We missed some easy shots and gave up some easy shots.” He believes this is part of the reason that his team lost.

Harrell said that the team is “absolutely not” where he thought they would be at this point in the season. “We are behind where we need to be,” he said.

The team has had many injuries recently, and that is part of the reason the team is behind.

Harrell did say that he is hopeful for what Taylor Farley, who has been injured but played for a few minutes in this game, can do when she fully recovers.

After this game, the Lady Chargers’ overall record is 7-12.

## Sports Update

A big win against Central Georgia Tech on Jan. 25 made the Lady Chargers 5-1 in GCAA conference play. The women won 72-41.

GHC was led by Pam Diokpara with 17 points and 12 rebounds. Kateryna Khomenko had 11 points and 7 rebounds.

As of Jan. 25, they are ranked 2nd in the GCAA.

WOMEN’S UPCOMING BASKETBALL SCHEDULE

DATE	OPPONENT	LOCATION	TIME
Wednesday Feb. 1	Albany Technical College	Albany, GA	5:30 pm
Friday Feb. 10	Central Georgia Technical College	Warner Robins, GA	6:00 pm
Saturday Feb. 11	South Georgia Technical College	Americus, GA	1:00 pm
Wednesday Feb. 15	Atlanta Metro State	Atlanta, GA	5:30 pm
Saturday Feb. 18	East Georgia State	Rome, GA	2:00 pm
Wednesday Feb. 22	Chattahoochee Technical College	Rome, GA	5:30 pm
Saturday Feb. 25	Andrew College	Cuthbert, GA	2:00 pm

Go Lady Chargers

Yellow = Home Games      BOLD = GCAA Conference Games

Thank you,  
Tim Hensley, for being  
the voice of the Char-  
gers! No one can say  
“Charrrrrrrrrgers ball”  
like you do.

Contributed