

SIX MILE POST

The Student Voice

www.sixmilepost.com

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**Chargers play first
conference game
see page 15**

Photo by Sarah Belcher

GHC pitcher Ryan Smithson faces East Georgia State on March 2.



**Six Mile Post
staff attends
conferences**

See page 4.



**Spring break
staycation
ideas**

See pages 9.



**Lady Chargers
finish second
in GCAA**

See page 16.

Georgia Highlands College - Rome, Georgia



Photo by Kayley Agan

The Floyd campus Charger's cafe is under new management and Floyd students now work in the cafe.

New management now oversees GHC's cafes

By Olivia Fortner
Asst. Online Ed.

There is a new manager at the Floyd and Cartersville Campus cafés.

These two campuses are under the same management personnel and have recently gotten a new site director, Chad Welbourn.

Director of Auxiliary Services Jackson Mathews, who manages the contract with Aladdin Food Management Services, said that though the

previous manager resigned to pursue another opportunity, this should not cause any major changes.

GHC outsources all its food services to a company called Aladdin Inc., a food management service that has been serving companies and businesses for 40 years.

This company is in charge of hiring and managing people for the food service positions.

According to Jeff Davis, vice president of finance and administration, GHC

has partnered with Aladdin Inc. for two and a half years. Aladdin is part of Elor North America. ENA is among the top five contract food service companies in the United States.

This service manages purchasing, facility design, dietetics, human resources, marketing, operations and finance of the café, allowing the college to focus on the education side of things, while Aladdin takes care of all food services.



Photo by Kayley Agan

GHC Floyd campus students Makayla Alley (left) and Kenechi MgBodile work in the school's cafeteria.

GO WEST THIS SUMMER AND GET AHEAD.

Explore new topics, tackle your core courses, and maybe even fast-track your college career. Apply by May 15th.

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Physical education renamed kinesiology and wellness and has been moved to the health sciences division

By Danielle Griesemer
Staff Writer

Physical education is now under a new name: kinesiology and wellness. It has also moved to the division of health sciences.



Photo by Kayley Agan

Angelyn Riaz

The name change from Physical Education to Kinesiology and Wellness is “a more updated and inclusive

representation of our department,” says Associate Professor of Physical Education Angelyn Riaz. This name better describes what is taught in the department and what the department is about. This change has already been put into effect.

Riaz also states that the move from the division of natural sciences to the division of health sciences will better align with other colleges and universities in the University System of Georgia. This may help students transfer more easily, as other colleges have kinesiology and wellness under their Colleges of Health Sciences. “It is in the best interest of GHC to be more aligned with our sister institutions,” Riaz says.

As of right now, this difference will not change anything for students as far as course requirements.

Students will still be required to take PHED 1010 Concepts of Fitness and Health as well as two more elective hours to graduate with an associate degree.

However, Riaz states that

there is hope for the future of adding more degree pathways to the kinesiology and wellness department. Riaz says some pathways to be explored are Fitness Leadership, Sports Management and Recreation Management, to name a few.

“It is in the best interest of GHC to be more aligned with our sister institutions”

-Angelyn Riaz
associate professor
of physical education

These pathways in kinesiology and wellness can be better developed under health sciences, Riaz said.



Photo by Kayley Agan

Riaz instructs student Chera Leroy on the Floyd campus.



Photo by Kayley Agan

Riaz teaches a student how to use exercise equipment.

Registration for summer semester classes is now underway

By Kara Ledbetter
Staff Writer

Registration for summer classes is underway.

There are four different “sessions” of summer classes.

The May session will begin May 13 and end May 31. The June session will begin June 3 and end June 27.

The July session will begin July 8 and end Aug. 1. The “full” session will begin June 3 and end Aug. 1. A new addition since last year, GHC now offers the Pell Grant for summer classes. Before this changed,

students could only use their Pell Grant during the fall and spring semesters.

According to Donna Childres, the director of financial aid, “If a student was full-time during their fall and spring semester, they must take six hours of summer classes to be eligible for the Pell Grant.”

Along with this, she said, “If a student was part-time during their fall and spring semester, they will only have to take three hours in the summer.”

If interested in the Pell Grant for summer, students

will need to have a current FAFSA on file with GHC, which can be completed at <https://studentaid.ed.gov/sa/fafsa>. Along with FAFSA, students must complete the Summer Aid application on the website https://ghcssb.highlands.edu:9986/SCORE/GHC_RQST_SAID.RequestAid

Jillian Petro, an academic adviser, believes that summer classes “are a wonderful way for students to catch-up.”

She has noticed many students putting importance on finishing their associate degree in two years. Petro said

that students might find doing so difficult, but with summer classes, students can take fewer hours in the fall and spring and still finish on time.

To view possible classes, students can visit <https://www.highlands.edu/current-students/> and select “Course Offerings.”

There, students can select “Summer Semester 2019” and can even go as far as to specify part of term, subject, campus, start/end times and days.

Once students have decided on their desired classes, they can then log on to their

“SCORE” account, which is also located on the “Current Students” section of GHC’s website. Here, they can select the “Student Services” tab and click “Registration.”

On this page, all students need to enter is the CRN numbers of the wanted classes, which can be found on “Course Offerings.” For any complications or questions regarding signing up for classes, students can find an adviser on their campus or visit <https://sites.highlands.edu/advising/faculty-and-staff/> to find an adviser to email or call.

SMP attends press institutes and takes home awards

By Joseph McDaniel
Managing editor, Design.

The Six Mile Post staff won several awards at the Georgia College Press Association's Press Institute in Athens Feb. 15.

The Six Mile Post staff won second place in feature writing. Individual award-winners included Catie Sullivan, editor-in-chief, second place in sports photography; Nick Whitmire, managing editor online, third place in investigative news; James Alewine, staff writer, third place in column writing; and Joseph McDaniel, managing editor of design, third place for editorial writing and second for entertainment feature.

Some former Six Mile Post staffers also won awards. Moises Ledesma received first

place in the entertainment feature category. Michael McClain, Latonya Kilgore and Jeimy Celon-Alcantara received second place in column writing.

The seminars presented at the conference included a variety of speakers from different colleges and journalism backgrounds.

The last panel of the day was the Watchdog of the Year competition, where different schools presented investigative news stories from their campuses and competed to win the overall award.

Attending the Press Institute from Georgia Highlands were Sullivan, McDaniel, Whitmire, Chief Photographer Kayley Agan, Assistant Online Editor Olivia Fortner and staff members Michelle Hardin and

Josh Maddox.

At the end of February, Six Mile Post representatives also attended the Southern Regional Press Institute at Savannah State. There they attended seminars focused on journalism and entertainment, with a running theme being diversity. The staff members that attended were Sullivan, McDaniel, and Whitmire.

The keynote speaker was Tatia Adams Fox, vice president of global partnerships for Nickelodeon, who discussed the advancements diversity has made in recent years and how far society still needs to go in order for everyone to get proper representation.

At the awards banquet, SMP sports writer Trevor Gonzales won second place for best sports writing.



Contributed Photo

Back row from left: Joseph McDaniel, Catie Sullivan, Kayley Agan and Josh Maddox and front row Olivia Fortner, Nick Whitmire and Michelle Hardin are holding the awards that were won by Six Mile Post at the Georgia College Press Association.

Highlands Happenings

SGA to sponsor spring dance

By Danielle Griesemer
Staff Writer

The GHC Student Government Association will be sponsoring a spring dance again this year. The dance will be held on April 5 at the Cartersville campus.

For this year's dance, the Student Government Association (SGA) gave the entire student body a chance to vote on the dance theme via student email.

The theme choices were "Bolt around the World," an international theme, "Nuts and Bolt," a steampunk theme, and "Charge to the Stars!" a galaxy and space theme. The poll closed on March 1.

The Spring Dance theme is "Charge to the Stars"! This is a galaxy/space theme. All decorations will include scenes of stars, planets, constellations, etc. SGA hopes to also incor-

porate the theme into food and music as well.

As of the March 1 SGA meeting, the dress code for the dance is semi-formal. Students can dress as casually "or as formally" as they would like.

The dance will take place at the Cartersville campus ballroom in the student center. It will last from 7 p.m. until 11 p.m. Tickets are on sale at the Student Life offices on each campus.

Preordered tickets are \$2 for GHC students and \$5 for non-GHC students. At the door tickets will be \$5 for GHC students and \$7 for non-GHC students.

All non-GHC students must present ID at the door.

All revenue from ticket sales will be used to fund the dance.

GHC students on every campus are invited and encouraged to attend.

This is the second spring dance hosted by SGA. The first spring dance was held

in spring 2018. All campuses were represented.

For questions, comments, or suggestions, as well as for SGA involvement, contact Student Life, SGA President Danielle Griesemer, or SGA Secretary Tristen Tolbert.

Early Bird Advising is now underway

By Nick Whitmire
Managing Ed. Online

Early Bird Advising began on Mar. 11 and will last until Mar. 22.

According to Jillian Petro, an academic adviser at GHC, "It is a great time for students to meet with a faculty member in their area and plan out their academic courses so that they can discuss graduation and their plan and to see what they need to complete their major."

To see which advisers are available on certain campuses and what pathway they advise, students can visit the Early Bird Advising webpage at eba.highlands.edu, or they can get to advising through Navigate in the new student portal.

Alabama Shakespeare Festival trip almost full

By Nya Roden
Staff Writer

The annual trip to the Alabama Shakespeare festival still has a few slots remaining for those who wish to attend.

The weekend trip to Montgomery on April 13-14 is for all GHC students, employees and guests.

The plays this year are Shakespeare's "Romeo and

Juliet" and Alabama born writer Robert Harling's "Steel Magnolias."

Those who have already signed up for the trip need to pay the balance of the trip fee by March 20.

Questions pertaining to the trip can be directed to John Spranza, student life director at jspranza@highlands.edu.

Spring Fling is planned for April at GHC

By Nick Whitmire
Managing Ed. Online

Spring Fling, GHC's annual Spring fun day, will take place on different days from April 8-15 at the various GHC campuses.

Sponsored by Student Life, this event traditionally features free food and entertainment.

DEA outreach coordinator speaks on opioids

By Lynsey Sutton
Staff Writer

Emmett Highland, the diversion outreach coordinator for the DEA, shared his concern over the opioid epidemic with students on the Floyd campus Feb. 26.

Speaking to the GHC Political Science and Criminal Justice Club, Highland cited recent statistics. In 2017 there were 72,000 drug overdose deaths, and 49,000 opioid overdose deaths.

According to Highland, more than 91 people die every day due to a prescription drug overdose. In Georgia, 1,620 people died of drug overdose and 1,040 died of opioid overdose in 2017. Respiratory reduction is the symptom that kills during an overdose.

Highland talked about two doctors that were unnecessarily prescribing pills. Joseph Burton was one of them. Burton wrote 1,100 prescriptions for opioid painkillers, such as oxycodone, hydrocodone and methadone, in exchange for sex.

Highland said that people

who start using heroin usually start by using prescriptions. Heroin is easily attainable, and it is cheap. Highland explained most heroin comes from Mexico to Atlanta and then goes everywhere else.

Fentanyl is 25-40 times more potent than heroin. According to Highland, fentanyl comes from Mexico and China. Fentanyl is starting to be found in other drugs, and it can be manipulated into other substances.

Highland gave the criminal justice students a few tips on how to treat these types of cases. A few of the tips included: treat it like a homicide, talk to the family, look for pharmacy receipts, look for pill bottles, get autopsies, record in pictures and write.

Drugfree.org is a good website to learn more about the opioid epidemic and a way to get involved. SAMHSA.org is a good place to use to find rehab and treatment centers. HHS.gov/opioid gives information on treatments and about the epidemic. The national hotline is 877-734-6812. The opioid hotline is 800-662-4357.



Photo by Catie Sullivan

Emmett Highland

Singer and speaker visits all GHC campuses for Women's History Month

By Catie Sullivan
Editor-in-Chief

In honor of Women's History Month, Student Life invited singer, songwriter and keynote speaker Teresa to perform on all campuses. Teresa chooses to only use her first name as a performer.

Teresa is a speaker, singer and activist for women. She introduces all her songs and clarifies their message and purpose with the audience before performing them. She engages with the crowd and shares personal stories about where she has performed and for what purpose she performs.

She performed at the Cartersville campus on March 4, Floyd on March 5, Douglasville and Paulding on March 6 and Marietta on March 7.



Photo by Catie Sullivan

Teresa entertains students on the Floyd campus..

- ✓ Professional Clothes Closet
- ✓ Charger Food Pantry
- ✓ Workforce Innovation Opportunity Act (WIOA)

You can "✓" us out at any of our campus locations, or online!

www.highlands.edu/student-support-services

- ✓ Career Exploration
- ✓ Counseling Support
- ✓ Disability Support

Yoga classes are now available for students, faculty and staff at GHC on four campuses

By Catie Sullivan
Editor-in-Chief

Yoga classes are available for all students, faculty and staff on all campuses except Marietta. Student life provides yoga mats and local instructors to teach the classes, which are held once a week.

“Anyone can do yoga no matter what shape you are in. It is a good beginning form of exercise, and it is very calming as well as a good stress relief.”

-John Spranza

Local yoga instructors provide beginner based yoga lessons, so anyone can join the class even if he or she has little to no yoga experience.

Student Life Director John Spranza said, “Anyone can do yoga no matter what shape you are in. It is a good beginning form of exercise, and it is very calming as well as a good stress relief.”

On the Floyd campus classes are on Tuesdays 1:30- 2:30 p.m. in the solarium. Cartersville classes are on Tuesdays at 2 p.m. in the student center yoga room. Paulding classes are on Mondays at 12:30-1:30 p.m. in the room above the library.

Douglasville classes are on Wednesdays at 12:30-1:30 p.m. in room 112. At Heritage Hall, classes alternate between being on Tuesdays and Wednesdays from noon until 1:30 p.m. in room 137.



Photo by Kayley Agan

Libby Gore teaches yoga on the Floyd campus on Tuesdays



Photo by Kayley Agan

Angie Wheelus, director of Student Support Services, participates in yoga class.

Special Topics classes are offered to students at GHC

By Olivia Fortner
Asst. Online Ed.

Special Topics classes are something GHC has implemented to cover Area B requirements and fill two-credit hours.

These GHXX class offerings were expanded to replace a once required Computer Studies FCCS 1100 class and are a fun way for first year students to explore different interests.

The Special Topics class curriculums (though they must meet certain criteria) are created by the professors,

making them infused with the professor's hobbies, interests and different things they find important to teach students that might not be found in another class.

These classes were offered this semester in the social science, humanities and math divisions. One particular Special Topics math class is called Show Me My Money, a GHMA 2901 class about practical money management. This class lasts only 50 minutes.

Kathy Young, who teaches this class on the Floyd campus this semester, says, “This class covers things that will help

you later in life.”

Chris Hart, another math instructor, created this curriculum for an online class.

Young has tweaked it a little to suit an in-person class. To change things up a bit, she asked people from the community to come speak to her class.

VALIC Financial Advisor, Stephen Mink and Sun Trust Branch Manager, Debora Johnson have come to talk to the class so far.

During the semester, they go over credit and loans, budgeting, savings credit, interest and all of the ways these apply to an individual's personal life.



Photo by Kayley Agan

Kathy Young, math instructor

Jacob Sullins is grateful for his experiences at GHC and as editor of the Six Mile Post

By James Alewine
Staff Writer

Jacob Sullins is an associate professor of humanities at GHC. But more than that, he is a GHC alumnus and a former Six Mile Post editor.

Sullins was the editor in chief of the Six Mile Post during the 1996-97 academic year. Sullins remembers his time fondly: “That experience gave me some useful leadership experience, but it also gave me a strong sense of how writing and creative work is much like any other job—a person simply has to buckle down and do the work, like any other kind of skilled craft or trade.”

After his year with the SMP, Sullins was appointed editor of the Old Red Kimono, a literary magazine containing poetry, prose and art from GHC students. When it came to how his time with ORK dif-

“If you can find some way or angle to get excited about the subject of your writing, there’s a much better chance that anyone who reads it will be excited about it, too.”

-Jacob Sullins

fered from his experience with the SMP, Sullins said that it was slower and more meditative. Sullins says he learned a very important lesson from his work with the SMP and ORK. “If you can find some way or angle to get excited about the subject of your writing, there’s a much better chance that anyone who reads it will be excited about it, too,” he said.

After Sullins graduated from GHC, he moved on to the journalism program at UGA. Sullins said that he nearly dropped out his junior year due to the rigorousness of the courses but persisted because of his love of writing that the Six Mile Post instilled in him.

Sullins was also a police officer for a short period, which he said has influenced some of his published stories. “A lot of my writing is about crime and violence,” Sullins said.

His most recent publication is a very short story called “Potato Masher.” It won third place in the British magazine Flashback Fiction’s World War I microfiction contest. Sullins returned to GHC as a part-time teacher in 2007. He is now the English coordinator.

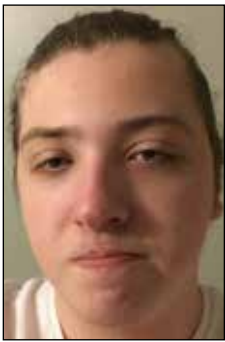
Sullins is currently working on his Ph.D. from Georgia State University.



Photo by James Alewine

Jacob Sullins is an associate professor of English.

Student on the Street



Q.
Favorite Movie
A.

“The Dark Knight”

Grant Wallin is a freshman at GHC, currently attending the Paulding campus.



Q.
Favorite Childhood memory
A.

Watching fireworks for the first time at Disney

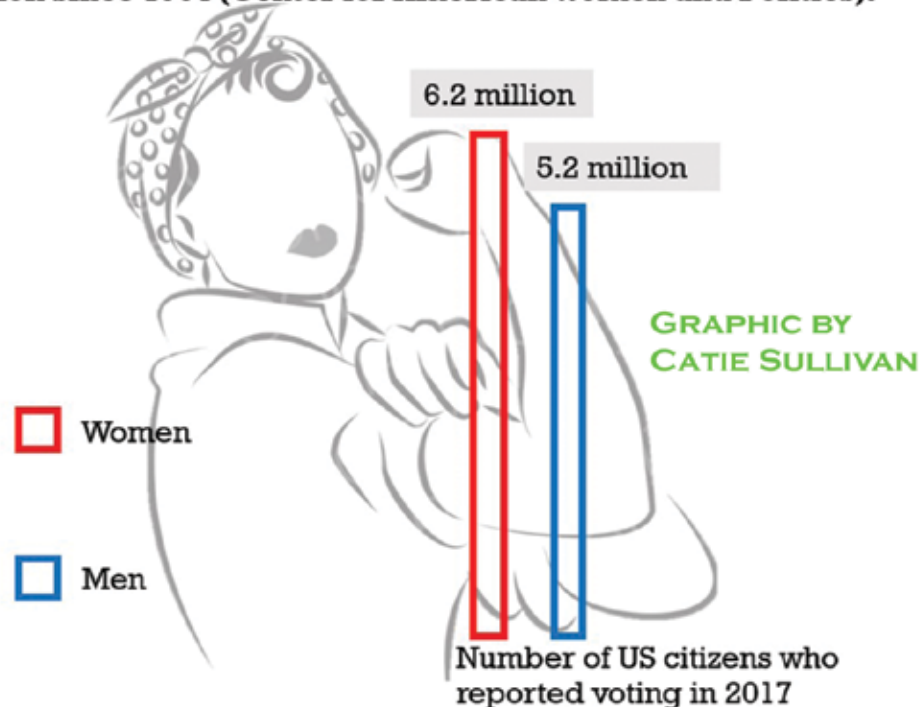


Q.
Where would you go
A.
Cat Island



Women's History Month

Women vote in higher numbers than men and have done so in every election since 1964 (Center for American Women and Politics).



"WOMEN, LIKE MEN, SHOULD TRY TO DO THE IMPOSSIBLE. AND WHEN THEY FAIL, THEIR FAILURE SHOULD BE A CHALLENGE TO OTHERS."

- AMELIA EARHART

GHC screens 'Miss Representation' for Women's History Month

**By Nick Whitmire
Managing Ed. Online**

During Women's History Month, GHC will be providing students with opportunities to learn more about Women's issues through events across all GHC campuses. Many of these events will be documentaries that will give students the perspective and story of the female experience.

One of these documentaries will be "Miss Representation," a film about how media's portrayals of women and girls make it difficult for them to feel powerful and achieve leadership positions.

"Miss Representation" was directed by Jennifer Siebel Newsom. It was her first film that appeared at the Sundance Film Festival in 2011. The film's purpose was to expose the ways in which mainstream media and culture contribute to the underrepresentation of women in positions of power and influence.

According to Travice Obas, professor of communication, "In a society where media

is the most persuasive force shaping cultural norms, the collective message we receive is that a woman's value and power lie in her youth, beauty and sexuality and not in her capacity as a leader."

This is not the first time that "Miss Representation" has been shown at GHC. Obas began showing "Miss Representation" in her mass media course back in 2012. She later provided students the opportunity to organize and conduct the first campus wide showing of the event in 2013. "Miss Representation" will be screened at the Cartersville campus on March 18 at 12:30 p.m. with free Chick-Fil-A for the first 100 attendees. Question and answer sessions will be conducted between segments of the film.

There are also extra credit opportunities for students who attend the events of Women's History Month for classes in English, communication, history and psychology. Students will also have the opportunity to add a stamp to their Stampede Card for attending any of

the events of Women's History Month.

There will be other documentaries that will be shown throughout Women's History Month on all GHC campuses.

Along with "Miss Representation" on the Cartersville campus, there will be a screening of the documentary "Girl Rising," a film that follows the journey of women utilizing the power of education to overcome obstacles, and the documentary "Iron Jawed Angels," a film that depicts the story of women in pursuit of achieving voting rights.

On the Floyd campus there will be a screening of two documentaries "Embrace: The Body Image Movement" and "No Job for a Woman." These documentaries depict female reporters during World War II.

The documentary "Teach Girls Bravery, Not Perfection" will be screened at the Douglasville, Paulding and Marietta campuses. Paulding and Marietta will be screening "Miss Representation" as well.

Obas said, "In order to shift and ultimately change the cul-



ture in relation to gender stereotypes, it is imperative to provide a discussion platform to educate and challenge how women are perceived in media and society."

Obas also said that part of the college experience is to engage in meaningful conversation, dialogue and ultimately act on such revelations. She believes that people simply must communicate more with

one another if people hope to see change in society.

When it comes to the significance of Women's History Month, Obas said, "The significance of Women's History month is truly powerful. To me it represents the opportunity to share stories of women, by women, in the hope that in the future, women of all ages will be provided more opportunities."

ACTIVITIES FOR SPRING BREAK

BY JOSEPH MCDANIEL



SPRING BREAK STAYCATION IDEAS

Students who are not going out of town for spring break should take advantage of local activities.

Acworth Beach

Acworth Beach near downtown Acworth is a public beach and recreation area in Cauble Park on the shore of Lake Allatoona. It is open from dawn to dusk.

Booth Western Art Museum

The museum is located in downtown Cartersville. Regular admission price is \$12 for adults; however, students can use their student I.D. to get in for \$9.

Six Flags Over Georgia

Six Flags reopened March 9. A new rollercoaster called the Twisted Cyclone is now open.

The new ride is similar to the old Cyclone rollercoaster that was located at the front of the park.

Kennesaw Mountain

Kennesaw Mountain Park has a museum and hiking trails. Students can hike up to the top of Kennesaw Mountain as well as learn the history behind the Civil War battle that took place here.

Home technology presents future problems

Technology is a beautiful thing. It has pushed the human race in ways no one could have imagined, but at the same time has put humanity into morally questionable situations that have often led to some of history's most traumatic events.

Looking back at Stanley Kubrick's masterpiece of cinema "2001: A Space Odyssey," its opening sequence "The Dawn of Man" captures the human dilemma of technology. It can be used as a tool or it can be a weapon to destroy.

This conflict in man has existed since the invention of the wheel. With the Industrial Revolution came new and innovative technology but also mass pollution. After World War II came nuclear energy but also its horrific symbol, the atomic bomb. Today, there are too many technological achievements to count, but the biggest consequence to the 21st century is a loss of privacy.

As of 2019, millions of people have either a Google



Home or an Amazon Alexa installed into their homes. These devices can do almost any everyday job one can imagine. But this kind of technology has also led to opportunities for hackers to go into these devices and disrupt a person's privacy.

If someone was to hack into a Google Home, Amazon Echo or Alexa, he or she could see and listen to everything that goes on in a person's house. Also, with these voice activated devices being almost the precursor of artificial intelligence that can possibly lead to these machines not only affecting our privacy but our entire lives as well.

If people are not careful, the world could be looking at a Skynet from "The Terminator," HAL 9000 from

"2001" or Ultron from the Marvel Universe.

Privacy has not only been an issue with our new devices but with social media as well. Facebook has been under fire with its misuse of user privacy by selling the user's data to corporations without the user's consent. It was situations like this that put Facebook's founder and CEO Mark Zuckerberg in front of Congress to justify Facebook's actions.

It is not that these new innovations in technology are a bad thing. It's just that they also leave some important concerns that need to be addressed. This harkens back to the early days of the Patriot Act, where the government wanted to keep better track of incoming

terrorist attacks after Sept. 11 but the act ultimately became a morally unethical and dangerous invasion of privacy.

As Howard Stark in "Iron Man 2" once said, "Everything is achievable through technology." That is true both for the good and for the bad. When it comes to privacy, all one has to do is simply be cautious about any new technological advancement.

That does not mean that one should simply reject new technology and be completely off the grid. All people have to do is be cautious, intellectual and above all else have questions in regard to new technology. We need to read past the headlines, know when it is the right time to use the new tech, when to turn it off and be careful with what we share on social media and other personal accounts because one can never know when a hacker is waiting.

**Six Mile Post
Editorial Board**

Obsessive fans clutter social media feeds

The infatuation with celebrities and reality T.V. stars is starting to get even creepier.

Twitter, Instagram and Snapchat are flooded with new personal information about celebrities and their lives every millisecond of every day. Despite the overwhelming amount of celebrity "news" coverage, people currently cannot get enough. Fans scour every corner of the internet to find pointless information on their favorite celebrity.

These stalker fans have labeled themselves as "stans."

According to the Oxford Dictionary the term "stan" means, "An overzealous or obsessive fan of a particular celebrity." These stans seem to have taken over social media platforms and it feels like Twitter has been affected the most.

These super fans have created a culture that revolves around being obnoxiously vocal on internet platforms. These stans would not be as annoying or distracting if there weren't masses of them.

A person cannot simply search a topic on Twitter with-



Editor's Box

**Catie Sullivan
Editor in Chief**

out having to sort through unrelated, irrelevant tweets made by K-pop stans.

A K-pop group by the name of BTS has fans that seem to be the most prominent of stan groups on social media. Not only are the BTS stan groups massive but they are very vocal. They seem to constantly praise, worship and advertise BTS and its group members. I believe that the mass presence of super fans on social media is

mostly due to it being a trend. It is trendy and cool to be obsessively aware of a current popular group.

It is social media platforms like Twitter that are an excellent platform to show off a stans dedication. In the future I hope the trend of being quirky and obsessive online will fade away and equal representation of pop culture interest groups will be more evident online.

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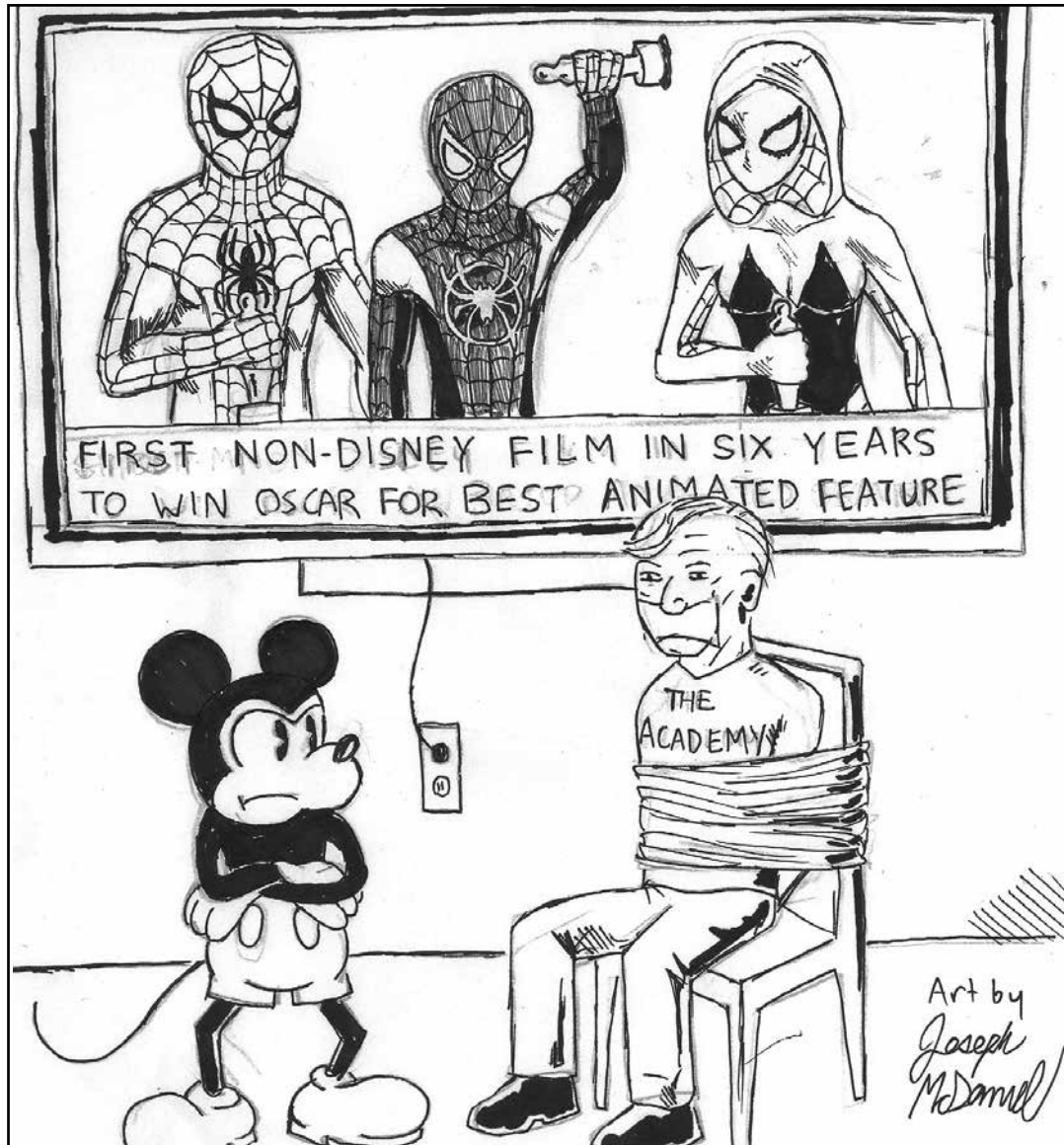
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Duke cannot win championship without star player Zion Williamson



Soap Box

Trevor Gonzales
Staff Writer

When Duke University coach Mike Krzyzewski signed the top three 2018 ESPN recruits- R.J Barrett, Zion Williamson and Cam Reddish- all of the college basketball analysts immediately penciled in Duke to cut down the nets at the Final Four in Minneapolis, Minnesota.

Everybody knew who Williamson was due to his incredible dunks on social media and his athletic prowess.

However, the Blue Devils are currently sitting at a 25-4 (13-3 ACC) record. They survived a road contest against Florida State earlier in the season as one of the top three five-star recruits, Williamson, left the game with an eye injury.

The absence of Williamson was noticeable as he left the game in the first half. The Blue Devils had to bury a three-pointer at the buzzer to win that game. Williamson was okay after that game, and they were back on a tear again, dominating their opponents with a juggernaut offensive attack.

Then February 20 happened. Thirty-four seconds into a Duke versus North Carolina game Williamson drove into the lane which resulted

him blowing out his left shoe and spraining his right knee. He left the game, and Duke got blown out by North Carolina by a score of 88-72.

Williamson would be ruled out week-to-week with a right knee sprain. Duke won its next game against a mediocre Syracuse team but lost to a very talented yet very undermanned, Virginia Tech team.

The problem with Duke is that it has relied too much on Williamson to take over in games. He is one of the most athletic and dynamic college basketball players ever.

His athletic prowess is on display on the offensive end with dazzling dunks, and his intensity carries over to the defensive end with blocking shots.

He is arguably the best player on the team. Williamson is expected to return to the team, as Duke nears the end of the regular season.

There are holes on the offensive and defensive end when Williamson is absent from the lineup.

Duke is still a very good team, but it will not win the national title this year if Williamson is not on the court. He has to stay healthy for the Blue Devils to cut the nets.

Letter to the editor

Student comments on school closing

Dear Editor,

I read the February SMP, page 3. The best decision the officer made was shutting down the rest of the school day due to social media threat. It made us feel safer, we did not have to worry about going to our next class

and having to worry about something bad happening on campus. Getting the alerts on our phones is very helpful. I was actually in the gym working out with my headphones on at the moment everything was happening. If it wasn't for the alerts, I would have still been working out

not knowing what was going on here at campus.

Thank you for your time.

Tania Garcia
Nursing pathway
Floyd campus

Review: 'How To Train Your Dragon: The Hidden World'

By Joseph McDaniel
Managing Ed. Design.

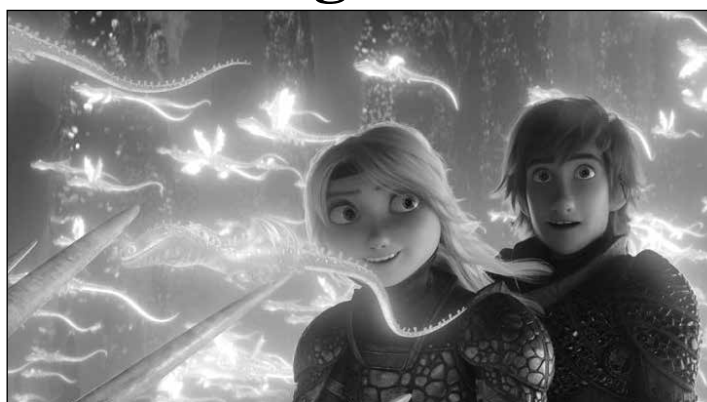
The first "How to Train Your Dragon" surprised audiences and critics in 2010 with a genuinely great film with mature, well realized emotional storytelling and a breathtaking musical score that took the structure of a typical "boy who doesn't fit into society" narrative and turned it into something profound.

Then in 2014, the sequel was released, and where most expected a retread of the first film, they instead got a follow up that took every step to advancing the character arcs and world building. The Dream-Works Dragon films then were two thirds of the way to equaling or even surpassing "Toy Story" as the next great animated trilogy. Now it's 2019, and after almost a decade since the first installment, indeed, we may be completely at that point.

In the third installment of this franchise we find Hiccup, his loyal Night Fury dragon Toothless and girlfriend Astrid searching for the Hidden World, a legendary place that is a safe haven for dragons away from the worst of humanity. Along the way, they must avoid Grimmell, a fearful dragon trapper who has killed Toothless' entire race, and intends to end all dragons forever.

The central force behind making the "Dragon" films so great is writer-director Dean DeBlois, who was previously known for handling "Lilo and Stitch" in the early 2000s. His work on these movies is filled with a sharp understanding of what defines a good story: character growth.

Throughout the trilogy, almost all of the characters have changed in significant ways that set these films apart from other animated sequels, particularly the main character



Hiccup, who has grown from awkward kid into proud chieftain of his village. It never reverts this growth for cheap drama, and always finds the big moments in naturalistic character choices that make sense for what has been set up over the course of the films. "The Hidden World" is able to effectively complete Hiccups development in a way that is totally satisfying. It also provides the focus on his relationship with his girlfriend Astrid that the second film was lack-

ing and actually finalizes it in a mature way.

The same thing applies to Toothless, Hiccup's loyal cat-like Dragon. The execution of this character is so great because it's entirely nonverbal. The film shows his budding romance with a new member of his species by dialogue free comedic scenes and gorgeously animated flight sequences. This film is so beautifully rendered that it often looks entirely photorealistic. The only giveaway that it is not a car-

toon is often the stylized facial designs.

The closest point to an issue with the film is the villain, but DeBlois has made it clear his main concerns are always developing the hero. The villain is just a tool for the protagonist's motivation to be executed and for that purpose, he does a great job.

Another big key to these films has been John Powell's music, which infuses the entire movie with a poetic energy that uses themes both new and old to emotionally anchor each scene in powerful ways. And anchor it does, because when the final moments of the film roll around, if the viewer has been with the series since the beginning, they can't help but catch the feels that the story is throwing at them with soaring intensity. At the end of the day, if that emotional resonance reaches through, then any small problems are quickly forgotten.

COMICS - THE MOST UNDERRATED ART FORM

By Joseph McDaniel
Managing Ed., Design

Comics have a unique position in the realm of entertainment art forms, as they possibly have the most absolute freedom for expression. Television can be highly serialized, but there just is not any budget to satisfactorily realize any complex vision. Movies have budgets, but they require much time to make each individual installment, so serialization is very hard to pull off.

Comics, however, contain the best of both worlds. The only limit is the writer and the artist's imagination. Using only pen and paper, they can create unique and awe inspiring visuals and moments that most films need 175 million dollars to pull off.

Most people know comic

books as being the inspiration behind all of the blockbuster superhero films that come out these days, mainly from the companies known as Marvel and DC.

However, many people are hesitant to jump into the 75+ years of stories that these iconic heroes have, believing that it would be impossible to catch up.

Thankfully, Trade Paperbacks are amazing collections that hold many important stories from the past. Even if one does not want to wade through 50 years of stories, they can just research it online to be up to date on the newest issue.

This goes beyond just superhero comics as well. It is true that is the genre that the art form is most known for, but there are so many other incredible storylines that rep-



resent such a wide diversity of stylings; fantasy, science fiction, even dramatic stories can be covered in comics. In addition, with more independent publishers, good writers can cover an entire story from beginning to end without having to worry about editorial universe overhaul.

That is the only big problem with comics. DC and Marvel like to do big universe shifts for stunts and publicity that often drag down stories that good writers were trying to tell.

One example would include The New 52 from DC,

overhauling their universe to make it more accessible, killing many stories as they were being written.

The most heinous example of editorial mandated changes was Marvel forcing Spider-Man and Mary Jane to have their happy marriage for 20 years be erased from continuity, undoing years of character growth to get Peter Parker back to an immature person who acted like a teenager.

Independent comics have managed to avoid these problems, and they only suffer from writers having so much control that they make stupid

stuff. Thankfully, once a comic reader is well versed enough, they can find the writers that best cater to their own personal tastes.

The easiest way to split up comics are by runs, where a single writer commits to telling story over multiple issues. Generally, even in long running comics, it is very easy to immerse oneself at the beginning of a run. Comics are not just a medium for nerds, they are a medium that offers so many dazzling diverse stories that if people are not reading them, they are sorely missing out.

GHC students share tips on transferring

By Kara Ledbetter
Staff Writer

Many students use Georgia Highlands as a “first step” towards their future, college or career pathway.

Not only can GHC provide students with an affordable way of earning an associates-degree (sometimes even a bachelor’s), but it can also help decide where they go from here. There are many ways to move on from GHC, and the choice can differ from student to student.

Alex Beck, a GHC student, is graduating this semester. Beck decided to take some time to decide exactly what she wants to do with her life.

With this in mind, Beck said, “I don’t want the loans that come with a bachelor’s degree, until I’m certain I know the path I want to take.”

Another student, Callie Johnson, is taking steps to transfer this next fall semester.

Some transfer schools from GHC according to Leslie Terrell Payne, GHC adviser



ter. She applied to the University of Georgia because she wants to be a veterinarian. Although she has completed general core classes, she is now at the point where she can

move on to a bachelor’s. GHC gave Johnson the opportunity to continue her education while boosting her GPA. She hopes to take UGA’s Avian Biology course and complete her

education. One day, she wants to work with owls.

Already accepted to Georgia State University, Taylor Bates, a GHC student graduating with a chemistry associ-

ates degree in May, knew she wanted to continue on to another school. “I applied to GSU Jan. 1 and on Feb. 5 I received my acceptance letter,” she said. Bates will transfer this summer semester and will be studying biology.

Bates said, “Make sure you’re watching your preferred school’s websites.” She stresses how important it is to make sure students are keeping up with any deadline dates.

Whether it’s taking time off, applying to a four-year college or transferring to a university, there is no wrong option for deciding on a path after GHC.

Although the choice is up to the student, deciding the best pathway is not always easy. To contact an adviser, students can visit <https://sites.highlands.edu/advising/faculty-and-staff/>. Any adviser will help with questions or concerns a student might have with moving on.

There is a great passion for mental health awareness coming from GHC and its student support counselors

By Nya Roden
Staff Writer

“Are you injured or are you hurt?” is a question Student Support Services counselor Kris Reyes reflects on from his office in the Student Support Services Center, during a sit-down on mental health and wellbeing.

Reyes, an athlete in his youth, had separated his arm in a game, prompting his coach to ask this question. However, Reyes did what many students struggle to do when their wellbeing is put into question, he advocated for himself.

Reyes has been a counselor for 10 years but is relatively new to Georgia Highlands. He

was employed at the college six months ago.

Reyes grew up a military brat. His father was the first Filipino sergeant in the Marine Corps, and moving around was commonplace, but the topic of mental health was not.

The military community, though involved and united, were mute on the subject of emotions.

“We didn’t discuss them, just picked them up. That’s what we do; we own it over time,” he notes. This mentality is not limited to young people and students of military families.

Many students have this mindset. Reyes admits demographically men of color are

less likely to seek out help, whereas female students are more receptive to the idea of getting aid.

Reyes said, “If we’re feeling bad and we do the same things, it won’t get better.”

He cites that students that do manage to attend counseling sessions, exhibit anxiety and depression, but he is not a fan of diagnoses. “The moment we identify that we stop knowing who we are,” he said.

Projects like the Elevation House, a project in which Reyes is actively involved, embodies the idea that those that struggle mentally are still in fact people.

The Elevation House brings together those with



Photo by Kayley Agan

Angie Wheelus, director of Student Support Services, is one of the counselors at Floyd and Douglasville.

mental illnesses through employment opportunities and life skills.

They can express themselves to be productive members of society, normalizing the taboo topic of mental health.

As Reyes points out, “Stigma goes away when you’re around it.”

He is open and willing to talk to all GHC students in the Student Support Services office.

Six Mile Post holds Ping-Pong tournament

By Scott Rosario
Managing Ed., Sports

Deepesh Pahari and Jose Arias are the winners of the Ping-Pong tournaments held at the Floyd and Cartersville campuses

Pahari came in second at last year's Floyd tournament, and he said it was great to fi-

nally win. "It felt great. The hard work from last year finally paid off," said Pahari.

Arias is Cartersville's tournament winner this year.

Floyd held it's on Feb. 25 and Cartersville held it's on Feb. 21.

The annual tournaments are sponsored by the Six Mile Post and GHC intramurals.



Contributed
Jose Arias won Cartersville's Ping-Pong tournament.



Photo by Sarah Belcher
Jair Ramos plays in the Ping-Pong tournament at Cartersville.



Photo by Sarah Belcher
Jose Arias serves in the tournament.



Photo by Catie Sullivan
Deepesh Pahari is the Floyd campus Ping-Pong winner.



Photo by Sarah Belcher
Jose Arias (left) and Jair Ramos played for the championship at the Cartersville campus.

A no-brainer, MLB should be Kyler Murray's next move

By Scott Rosario
Managing ed., Sports

If I were Kyler Murray I would, undoubtedly, go play for the MLB.

Why exactly? Well, let's start with the money. The NFL, unlike every other major sport, rarely has guaranteed contracts.

This means if he signs a

two-year five million dollar contract he will not make the full five million.

Whereas, in the MLB if he

signs that same deal, he will make the full five million.

Also he will make all that money in the MLB even if he

Rosario's Rebound

Scott Rosario
Managing Ed., Sports



doesn't set foot on any field for game day.

In the NFL, quarterbacks only play on one side of the field.

During baseball season, Murray plays as a second baseman and shortstop, which play both offense and defense.

A player who is athletically gifted like Murray should play the sport he could shine the

most in.

Lastly, the recent discovery of CTE, concussions and other serious head injuries has shown how violent football can be. Murray is 5-foot-10, 194 pounds.

The guys who will be coming at him during NFL games, defensive ends, average four inches taller and almost 50 pounds heavier.

Kara Knight has expectations for her pitching this season

**By Makenna Brown
Staff Writer**

Kara Knight, a true freshman, has proven to be a great asset to the Lady Chargers softball team.

As a pitcher, Knight has achieved 37 strikeouts against opposing teams, a 2.76 earned run average, and contributed to five wins this season. She also holds a .444 batting average and .556 slugging percentage.

Coach Melissa Wood takes great pride in Knight and stated, "Kara is a competitor. She has a 5-2 record as a pitcher and is a power hitter in the middle of our lineup. She is consistent and has found early success here at GHC."



Photo by Sarah Belcher

Knight has a .444 batting average.

"

Kara is a competitor. She has a 5-2 record as a pitcher and is a power hitter in the middle of our lineup. She is consistent and has found early success here at GHC."

-Melissa Wood

Knight started playing softball at a young age, eight years old. She says, "My two older sisters both played as well so that's really how I got into it." When asked why she decided to attend GHC, Knight stated, "I chose GHC because of the atmosphere of the school and coaches. I instantly fell in love with how small the school was and how friendly everyone was."



Photo by Sarah Belcher

Kara Knight

Knight says she has some personal expectations to be ranked in the top five in conference and top 20 in the nation for pitching."

The Lady Chargers' next game is on Mar. 2 at East Georgia State College.



Photo by Sarah Belcher

Knight pitches against Calhoun Community College.

Chargers fall short in their first conference game against East Georgia State

**By Bradley Singh
Assistant Sports ed.**

A slow start on the mound led to GHC losing the first conference game of the season.

The Chargers took on East Georgia State College at Lakepoint sports complex March 2.

In the opening inning East Georgia got off to a hot start scoring three runs. GHC's starting pitcher, Dalton Rhadans, was replaced in the second inning by Jacob Meyer.

Head coach Danyel O'Neill said, "We made mistakes and

were forced to go to the bullpen early."

In the top of the third inning the pitching woes continued for the home team. Ryan Smithson entered the game for Meyer with only one out earned.

At the end of the third the score was 9-1.

In the fourth inning, the Chargers put together their best hitting performance of the day.

GHC totaled four runs in the fourth, cutting East Georgia's lead to 9-4.

After not allowing any runs in the fifth inning, the Chargers found themselves only down four runs after an RBI by Skylar Mcphee.

Unfortunately for the home team, East Georgia continued its hot day at the plate in the top of the sixth.

Taking advantage of a walk and an error the lead was pushed to 12-5 by the time the Chargers got back to the plate.

In the seventh inning the Chargers got back into the game with a double by Keith Lyle, allowing two runners to make it home.

With the score at 12-7 East Georgia was back up to hit. The home team surrendered a triple, which put East Georgia up another two runs.

In the ninth each team scored one run, making the final score 16-8.

With the loss, Georgia Highlands moves to 12-8 on the season.

The Chargers will face West Georgia Tech on the road March 15 and 16.



Photo by Sarah Belcher

Austin Foster takes a swing versus East Georgia State.



Photo by Sarah Belcher

Skylar Mcphee takes a swing against East Georgia State.



Photo by Sarah Belcher

GHC players prepare to field the ball.

The Lady Chargers wrap up the 2018-19 season after a semifinal loss against South Georgia Tech

By Trevor Gonzales
Staff Writer

The GHC Lady Chargers 2018-2019 season came to a close as they lost to South Georgia Technical 57-77 in the NJCAA Region XVII tournament finals in Americus, March 2.

The Lady Chargers finished with a 20-13 overall record and second in the GCAA conference standings with a 15-5 conference record.

According to Brandan Harrell, women's head coach, "We had some great memories from the year, including one of the greatest comebacks I have ever been a part of in the semifinals versus Central Georgia Tech. We were down 71-60 with six minutes to go, and we came back to win at the buzzer 80-78."

The Lady Chargers had multiple players win GCAA accolades throughout and at the end of the season. Freshman



Photo by Catie Sullivan

Jessica Eadsforth-Yates dribbles down the court against Southern Crescent Technical College.



Photo by Catie Sullivan

Jessica Eadsforth-Yates shoots a layup.

forward Jahnarria Brown was named the GCAA Freshman of the Year. Ciara Thompson was named to the first team All-GCAA, and Jessica Eadsforth-Yates garnered second team All-GCAA honors. Thompson and Eadsforth-Yates were also both named to the GCAA All-Tournament Team.

"Playing with the team this year, I could not have asked



Photo by Catie Sullivan

From left, Jahnarria Brown, Jessica Eadsforth-Yates and Ciara Thompson.

for a better group of girls. Playing for Coach Harrell has taught me so much. The tight knit of the school and supporters, I have loved every minute of it. I think we faced some adversity and overcame it this season. We ultimately found our identity as a team. I am grateful for the season and ev-

everyone that was involved with the team," said Yates.

"Our kids overcame a lot this season," said Harrell.

"Injuries, lack of depth, a difficult schedule played a role in how our season played out. In the end, I believe we gave everything we had, we just ran out of gas at the end," he said.

Chargers get a tough quarterfinal win in overtime against Gordon State

By Scott Rosario
Managing ed., Sports

The Chargers defeated Gordon State College in overtime in the quarterfinals of the NJCAA Regional XVII Tournament March 5 to advance to the semifinal round.

In overtime GHC kept up with Gordon State and finally took the lead from a Khalyl Waters' layup with 46 seconds left in the game, making the score 85-83.

Gordon State did not score again, so GHC, after some free throws, took the road win 88-83.

Phillip Gaffney, men's



Photo by Kayley Agan

Derrick Cook scores against on Central Georgia Tech in the last regular season game on Feb. 27.

head coach, said this win was important for many reasons. "This win gives us great confidence heading into the semifinals," Gaffney said.

The Chargers will face Andrew in the semifinal game on Friday, March 8, in Cuthbert.

The Chargers have not beaten Andrew College in the regular season.

"Andrew is a great defensive team, so we have to figure out how to get some easy baskets," Gaffney said.

Due to publication deadlines, coverage of the Chargers' next play-off games will be online at sixmilepost.com.



Photo by Kayley Agan

David Greer attempts a put back against Central Georgia Tech.