

SIX MILE POST

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The Student Voice

Vol. 44, #6
March 10, 2015



Professor of music directs local orchestra see page 6

Photo by Jeremy Huskins

Samuel Baltzer, professor of music and community art liaison on Floyd campus, directs the NW GA Winds during a rehearsal.



**New dean
appointed
at C'Ville**

See page 2.



**Spring Break
is in the air**

See pages 8-9.



**GHC wins
Doubleheader**

See page 15.

GHC names Leslie Johnson as new dean

By Ashlee Gilley
Staff Writer

Leslie Johnson, associate professor of communication, has now fully taken on the role of Cartersville campus dean, after stepping in last year when the late dean, Carolyn Hamrick, passed away.

Before officially being named the Cartersville campus dean, Johnson had been acting dean while still teaching five classes.

She was able to transition into the position over the last year.

Johnson said, "One of my primary responsibilities is retention, which is to make sure that the students that we have currently at this campus are getting the resources that they need in order to be successful."

"Since she's started, the Dean has really focused on



Leslie Johnson is the new Cartersville campus dean.

Photo by Jessica Tatum

plans to improve retention at Cartersville. This will

probably be the most important area of focus for her

work – helping us serve students better so they can stay

at GHC and succeed," stated Jeff Davis, vice president of finance.

Donald Green, president of Georgia Highlands College, said, "Dean Johnson has done an exceptional job. Her priority is students, and that will be evident as she expands student engagement."

He continued, "She is a big advocate for student degree completion."

Students are important to Johnson, and she even requested that she still be allowed to teach one class a semester even with her new role as campus dean.

Johnson said the hardest part of her new position is juggling the responsibilities of all aspects of the job.

She also stated that she is there to help students either directly or by guiding them to the right department.



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David Horace takes over as new chief of campus police

By Tyler Hogue
Asst. Online Editor

Georgia Highlands College welcomed its new chief of campus police, David Horace, on Feb. 9.

Horace's arrival was brought upon by the retirement of John Upton, former chief of security, and the decision made by the Board of Regents of the University System of Georgia that requires all chiefs of security to be certified in accordance with the Georgia Peace Officer Standards and Training, or POST, Council rules and regulations.

Horace received his training through the Department of Criminal Justice in Virginia.

He obtained his Basic Law Enforcement Training certification in North Carolina. His POST certification is through the state of Georgia.

Horace has been working in law enforcement for 19 years.

Horace said he has plans for changing the current structure of the security team and security policies.

Some policies will be changed to be more in compliance with POST standards, and he plans to transition the security team into a police department. He also plans to add more certified



Contributed

New chief of campus police looks forward to establishing relationships with students on all campuses.

officers to the team.

Before coming to GHC, Horace worked with the Johnson C. Smith University Police Department in Charlotte, North Carolina.

Prior to that, he was the chief of police for Virginia Union University in Richmond, Va.

Some of the main reasons Horace came to work at GHC were that he had worked in Georgia before and enjoyed being here and

has family here he would like to be close to.

Horace said that the thing he is going to like most about working for a small college, such as GHC, is that it will be easier to establish a good relationship with the faculty and students.

He also stated he likes being in his line of work, and that he especially likes "being in a position to help someone. I enjoy helping others."

Course scheduling by Highlands' deans is a collaborative effort

By Brianna Drake
Staff Writer

For students who wonder how their class offerings are developed and what it takes to make it all possible, there are several different factors used to make the college schedules.

According to Renva Watterson, vice president of academic affairs, the way Georgia Highlands creates class schedules for students is through a scheduler's group.

This group is made up of academic and campus deans.

The group works together to study the information in which they are given on which classes are offered, what locations are available, the enrollments needed, faculty availability, student demand, student success and much more.

Alan Nichols, dean of social sciences, education and business, said that enrollment is one of the main factors.

"We look at prior semester's enrollment as well as

the current semester's," he said.

They also study anything and everything involved in the development of the college's course offerings.

Watterson said the group is always focused on "accessibility, positioning class sections for optimal enrollments, remaining mindful of students' need for flexibility and completion of programs and degrees, as well as types of delivery, e.g., face-to-face, hybrid or online."

This takes a while to put together so the group works for months in advance to make sure the offerings are suitable and sufficient enough for the students to create their own class schedules.

The group has a current initiative to develop a set of classes for students who are not yet ready to begin classes at the beginning of the fall term due to financial aid or paperwork issues.

This set of classes is being called "late start" classes.

• • • • •

Summer course registration is now underway.

Fall registration for those who participated in Early-Bird Advising begins April 6. For everyone else, registration begins on April 13.

New Area B special topics courses offer students more variety

By Chazmyane Griffin
Staff Writer

According to Alan Nichols, academic dean of social sciences, business and education, at least half of the freshmen college computer studies, or FCCS, courses offered will be replaced by a special topics lineup during summer and fall 2015.

For much of Georgia Highlands' history, Freshmen College Computer Studies, or FCCS, has been an Area B requirement for graduation.

By completing this course, students demonstrate computer application proficiency within Microsoft Word, Excel and PowerPoint.

According to Tim Floyd, academic dean of mathematics and computer science, as the world is becoming more engulfed by the current Technology Age, this class is becoming less productive as most students have had previous experience making it less beneficial than before.

As a result, Floyd and Nichols and the other aca-

demic deans are implementing more special topics courses such as psychology of hip hop and psychology of women among others into the Area B course offerings.

"I do not want students to feel pressured to take FCCS," said Floyd.

"I think these courses will offer students an opportunity to look more deeply at

areas that may be of interest to them," Nichols added.

These special "GH**" courses have been offered for three years now but are overshadowed to varying degrees by the enormous array of FCCS courses offered.

Nichols and Floyd are hopeful that this will encourage students to explore their interests.

Highlands Happenings

Floyd library offers blind dates

By Kiston Dowler
Editor-in-Chief

"Blind Date with a Book" is back at Floyd campus library.

According to Melissa Jones, library assistant, the details remain the same from last year with students being able to choose from carefully packaged books including "anything in the library except reference and research."

Hints are written on the wrapping paper covering the books, but Jones said that they came up with different hints to write on the paper so students cannot guess what the book is before they pick it up.

Jones said her favorite part of "Blind Date with a Book" is, "probably picking

out the books. You never know what someone is going to pick up."

Honor's Night date and time set

By Derweatra Hammock
Managing Ed., Design

GHC's annual Honor's Night will be held at the Clarence Brown Conference Center in Cartersville on April 9 beginning at 6:00 p.m.

Students who will be honored with an award will receive a letter in the mail. Those invited will have to RSVP to the Student Life Office on their campus.

John Spranza, Floyd student life coordinator, said his favorite part about the event is "recognizing successes and achievements students have made throughout the year."

GHC scholarships help out students

By Marquis Holmes
Staff Writer

The GHC foundation, funded by past and present faculty members, currently offers \$62,000 dollars annually in 26 scholarships with 60 individual scholarship rewards.

The requirements vary by majors, GPA, place of residence, and even school participation.

Students can view and apply for these scholarships using Georgia Highlands' new STARS online scholarship site, which provides convenience in completing a scholarship portfolio, narrowing down their individual requirements and providing recommendations for scholarships to pursue.

"I think our GHC foundation scholarships are wonderful opportunities that give students a better chance to earn money for school compared to nationwide scholarships, in which you can be competing against hundreds of thousands of students," said Melinda King, financial aid counselor on the Floyd campus.

Students can contact any campus financial aid counselor directly for any questions or concerns.

Speech tourney sign-ups to begin in March

By Kiston Dowler
Editor-in-Chief

The 5th annual Speech Competition will be held at GHC's Cartersville campus

on Friday, Apr. 17.

Students who are currently enrolled in or those who have previously taken communications or public speaking may sign up to compete.

According to Steve Stuglin, assistant professor of communication, those wishing to participate may sign-up online by searching "speech competition" in the search box on the GHC homepage.

The online form will go live in mid-March and the deadline to sign up is April 10. A rough 100-300 word outline of the speech must be submitted as well.

Stuglin said that having public speaking skills is a highly desired trait for job applicants.

He continued, "Performing well in events like this one gives a student something to feature on a resume."

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SMP takes home awards at SRPI

By Kiston Dowler
Editor-in-Chief

Members of the Six Mile Post staff attended the 64th Annual Southern Regional Press Institute (SRPI) held at Savannah State University in Savannah on Feb. 19-20.

Representing the staff at the event were Kiston Dowler, editor-in-chief; Anna Douglass, managing editor of online; Shelby Hogland, assistant editor of sports and advisers Kristie Kemper and Cindy Wheeler.

The theme for SRPI this year was, "Stepping Up, Stepping Out: Entrepreneurial Media in a Digital World."

Workshops covered everything from journalism to television broadcasts and film directing with high-pro-



Contributed

From left Kiston Dowler, Cindy Wheeler, Shelby Hogland, Anna Douglass and Kristie Kemper hold up their awards from attending the 2015 SRPI conference in Savannah, Georgia.

file speakers. This included Emmy-award winning journalist, Sheila Brooks; executive editor for the Savannah Morning News, Susan Cartron and senior editor and

digital presentation team for the Atlanta Journal-Constitution, Cynthia Daniels-DuBose.

"SRPI gives aspiring journalists and mass com-

munication majors the opportunity to meet professionals in the field and learn from them," Hogland said.

She continued, "Hearing the inspiring speeches re-

minded me of why I wanted to be a journalist in the first place."

The convention concluded with the Milledge/Owens Awards Luncheon where the Six Mile Post claimed the award for Best Overall Newspaper as well as Best Online Website in the two-year division.

In addition, former Six Mile Post editor-in-chief, Pedro Zavala placed second in the Photography category, two-year division.

Zavala also placed second in the Editorial and Column Writing category, two-year division.

Hogland was awarded first place for Sports Writing in the two-year division.

Wheeler said, "It's always fun to go to Savannah State because it's a very friendly campus."

Up-and-coming food pantries hope to supply free food for those in need

By Derweatra Hammock
Managing Ed., Design

The Honors Club is in the process of starting a food pantry on the Floyd and Cartersville campuses with hopes of expanding to the Paulding campus in the future.

Stephanie Wright, assistant professor of psychology and food pantry coordinator on the Floyd campus, said the idea was brought up in a past meeting. She stated, "We realized that there was this huge need. There are not that many food pantries in Rome and they are difficult for students to get to."

Wright stated that the goal of the food pantry would be "to provide food to students who are food-insecure, free of charge."

They plan to stock the shelves with donations from

the community and GHC clubs and organizations.

Wright said they want this to be a student-driven organization so they plan to have a student advising panel.

In exchange for a seat on the panel, GHC clubs can host a food drive to help stock the pantry shelves.

Juliana Breithaupt, director of community outreach and engagement, said she hopes that the food pantry will be a two-fold service. "We not only want to meet the needs of students on campus, but we are also offering a hands-on learning experience," she said.

Students using the pantry will not have to fill out paperwork. There will be some parameters, like how much food students can get and how often, but they have not been established yet.

"We want as few barriers between students and the food as possible," Wright stated.

Sandy Mathis, nursing major on the Floyd campus, feels the food pantries are a great idea. "There are so many people who need the help and they don't know how to go about it," she said.

Wright hopes to get flyers and posters up on all campuses soon to help spread the word. "Once we get a campus wide food drive going and donations to help stock the shelves then we'll target an opening date," said Wright.

Students who are interested and want to get involved with setting up the pantry or who want to involve their campus organization should contact Wright at stwright@highlands.edu.



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Baltzer conducts his way into RSO

By Anna Douglass
Managing Ed., Online

A new Artistic Director and Principal Conductor will be taking over the Rome Symphony Orchestra, and it is Samuel Baltzer, professor of music and community arts liaison.

Baltzer started his musical career in third grade when his mother signed him up for piano lessons. He later began participating in the school band in fifth grade, and he "never stopped."

Baltzer has played with the Rome Symphony Orchestra before; he was principal trombonist for the past eight years. Although, since the conductor position was not available at that time, Baltzer became the conductor for the NW GA Winds, which is a community concert band.

"My reputation has



Photo by Jeremy Huskins

Samuel Baltzer conducts the NW GA Winds during one of their recent concert rehearsals.

been more of a band director instead of an orchestra director even though I was trained as an orchestra director. So recently when

the Orchestra Director position became open again, I was invited to take it," said Baltzer.

Baltzer has already

started his position as the RSO conductor. He is currently picking out music, dates and venues for next season and he will start con-

ducting with the orchestra in September.

"I am excited to work with some of the greatest music on the planet. There are some wonderful masterpieces I've heard all my life and to get to stand in front of an orchestra and conduct those pieces is just really a thrill and an honor," said Baltzer.

Jon Hershey, dean of the humanities, stated, "Sam Baltzer has been a music miracle for many years in Rome and Northwest Georgia, so it makes perfect sense for him to become the conductor of the Rome Symphony."

He continued, "Georgia Highlands is fortunate to have him as we try to build our own music program. Dr. Baltzer's work with the Rome Symphony is great for the community and great for Georgia Highlands."

Student life's Lyric Sprinkle receives an honor



Photo by Aurielle Anderson

Lyric Sprinkle is the student life coordinator for Douglasville and Paulding campus.

By Candace Whitfield
Staff Writer

Lyric Sprinkle, student life coordinator for Douglasville and Paulding campuses, is the newest recipient of the Roger B. Winston Outstanding New Professional Award.

Georgia Tech, the host of the Annual State Conference, held the award ceremony last October.

Named in honor of Winston, professor emeritus, the award symbolizes his outstanding contributions to the state and to education.

Sprinkle, who was nominated by a member of The

Georgia College Personnel Association, explained the requirements for this award.

The recipient must be "currently employed in the student affairs profession, have six or fewer years full-time experience in the field and have demonstrated service in leadership, research, innovative programs and other professional activities."

Jami Hall, the director of student activities at Dalton College, presented the award to Sprinkle.

"I am grateful to have received the award and I appreciate the recognition!" Sprinkle said.

Cathy Ledbetter, dean of the Paulding campus, works closely with Sprinkle on a daily basis and agreed with the honor being awarded to Sprinkle, saying that she "is amazing and is quite deserving of this award that has been bestowed upon her."

Ledbetter classifies Sprinkle as one of her "amazing people." To be one of her amazing colleagues, one has to possess a love for GHC, be totally devoted to the people GHC serves, build lasting relationships and accomplish extraordinary things through teamwork while enjoying the journey.



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Inspiring women who are changing the world today

By Emily Varnum
Staff Writer

Since the start of women's suffrage in the late 1800's, women have persevered in the fight for change. Gaining the right to vote was only the beginning. Since then much more has happened in the world of women success.

Ever had to read an article for the Huffington Post for an assignment? Well, the co-founder is Arianna Huffington who is the editor-in-chief. She is a successful columnist, radio host, as well as the author of fourteen books. Huffington's most recent accomplishment is the publication of her latest book "Thrive: The Third Metric to Redefining Success and Creating a Life of Well-Being, Wisdom and Wonder."

Another successful woman is the wife of Bill Gates, Melinda Gates, who is number three on the list of most powerful women according to forbes.com.

She founded an organi-

zation with her husband in 2000 that focuses on helping with large issues like extreme poverty and poor health in developing countries. This is the most successful, private organization in existence today.

She, as well as her husband, believes in giving back and helping out the most they can, which is why they founded the Bill and Melinda Gates foundation.

Another woman making a change is Michelle Obama, who was originally her husband's boss when she was a corporate attorney. She is actively initiating the effort to end childhood obesity. Since her launch of Let's Move! in 2010, families have had more access to information concerning physical activity and nutrition, and schools have become healthier environments.

The First Lady has even teamed up with Disney to make a change. According to the Let's Move! website, Disney has announced its promotion of all food and beverages on its channels

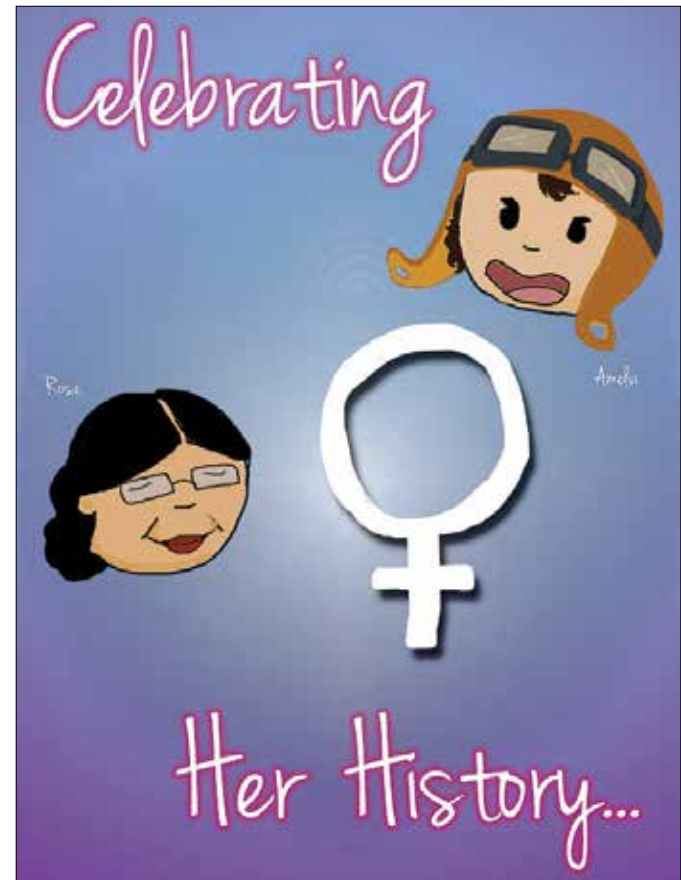
must meet the nutrition guidelines and federal standards by 2015.

The most recent advocate for change is a famous actress who became the UN Goodwill ambassador last year. Emma Watson launched the HeforShe campaign that calls for men to join the fight for gender equality.

She gave an insightful speech to launch the campaign at the UN in September of 2014 concerning feminism and the male role in gender equality. She talked about how feminism is not a man-hating ideal, but an equality ideal. Since then, the campaign has caused billions of social media conversations and pledges to support HeforShe.

To learn more about this campaign and sign the petition to stand up for gender equality, go to HeforShe.org.

The world may not be a perfectly equal place, but there are women paving the way for future generations to be confident young girls and successful women.



Artwork by Bryanna Lawton 2015

Sources:

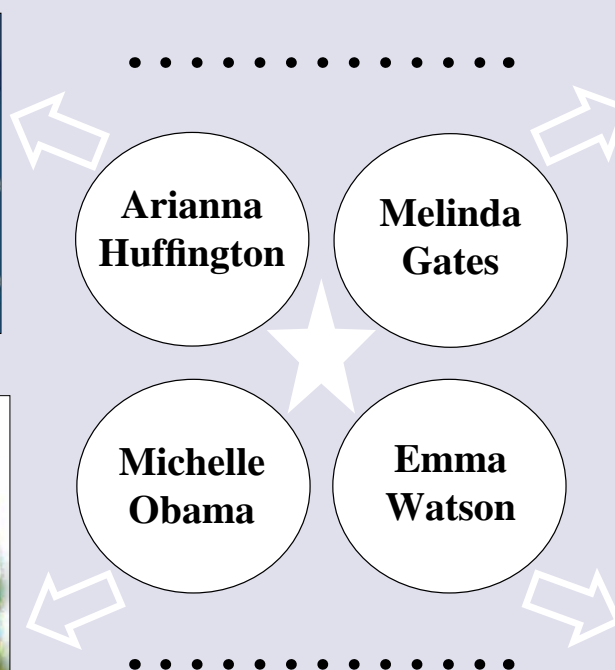
- www.letsmove.gov
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- Forbes.com (list of most influential women)
- Youtube.com (Emma Watson UN speech and IMPACT speech at World Economic Forum)



The Huffington Post



Let's Move!



All photos contributed



Bill & Melinda Gates foundation



HeForShe

SMP editors’ tales on the origin of spring break

After the American Revolution was won, George Washington decided that Americans needed to be way more educated than those tea-sipping Brits. So he started harassing the children of America and making them go to school, day after day until suddenly they stopped learning. Eventually, Washington decided this wasn't working. He gathered up the school children and took them out to the beach and released them out into the water. He looked around, put on his sunglasses and said, "We shall call it the Break of the Spring Equinox!" It wasn't until after weekends were allowed that the term, "Spring Break" finally caught on.

The end.

By Kiston Dowler
Editor-in-Chief

Back in the early 1800's, there was a teacher who was an avid inventor. One day, she created a writing utensil that would keep her students from getting ink all over their desks. She did not notice the stress that was being put on the tiny spring inside the utensil. All of a sudden, the spring popped right out of her invention and into her eye. Devastated, she sent the children home for a week so she could fix the spring. When the children arrived home, their mothers asked why they were sent home for a week. All the children shrugged their shoulders and simply said, "Because the Spring Break."

The end.

By Karlee Helms
Managing Ed., Sports

Pressure from school work slowly piled up on children after returning to school in January. By March, they began dropping like flies, falling ill due to the stress of all their assignments. With more and more students becoming sick, the epidemic caused governors to declare state-of-emergencies and give children a week off from school to recover. After returning from break, students felt better than ever and could refocus on their assignments. From then on students were given a break around March to recover from the strain of their studies. Eventually, this time-off was worked into all schools' yearly schedules and became known as Spring Break.

The end.

By Derweatra Hammock
Managing Ed., Design

College students all over the world were stressed out after taking their midterms. Then one day a brave fraternity and sorority decided that they would skip class for an entire week and head down to the beach for a long week of fun and relaxation. When those brave students came back for class, they were completely ready to take on the rest of the semester and ended up making A's on all of their future tests. All of the other students saw their tremendous success and decided to try it out the next spring. Thus spring break began.

The end.

By Anna Douglass
Managing Ed., Online



Artwork by Mary Roberts 2015

Important tips to ensure a fun-filled spring break

By Holly Chaney
Staff Writer

For many college students, spring break is a rite of passage, a time to cut loose and have fun far from the burdensome load of course work and from the watchful eye of parents.

While this invigorating freedom can be a great opportunity to seize life as a young adult, it can also be a time for great missteps. Young spring breakers would be wise to remember that their new-found independence also comes with new responsibility and, where applicable, real consequence.

In honor of this joyous occasion, I have gathered some helpful tips to keep your spring break memorable and not regrettable.

I have to start with alcohol. Yes, good-ole-alcohol, it is the life of the party. Everyone wants to know who is bringing what and how much there is going to be. It is the official beverage of spring break, right?

Nearly all of the "Don'ts" of spring break fall under the umbrella of "stuff that happens when you're drunk." Alcohol and spring break go hand in hand and so do the dangers of alcohol and irresponsibility.

Follow these guidelines before you lose your inhibitions and wits to alcohol and you should be alright:

Limits: Before you down your first drink, set your limits. The problem with alcohol is that it lowers your inhibitions. This can make cutting off your alcohol consumption problematic, especially if you're betting on stopping when you've had enough.

Driving: Just don't. Spring break is too much fun to have to worry about operating heavy machinery or getting DUIs. Be smart and download apps such as Uber or Lyft and leave the driving to someone else.

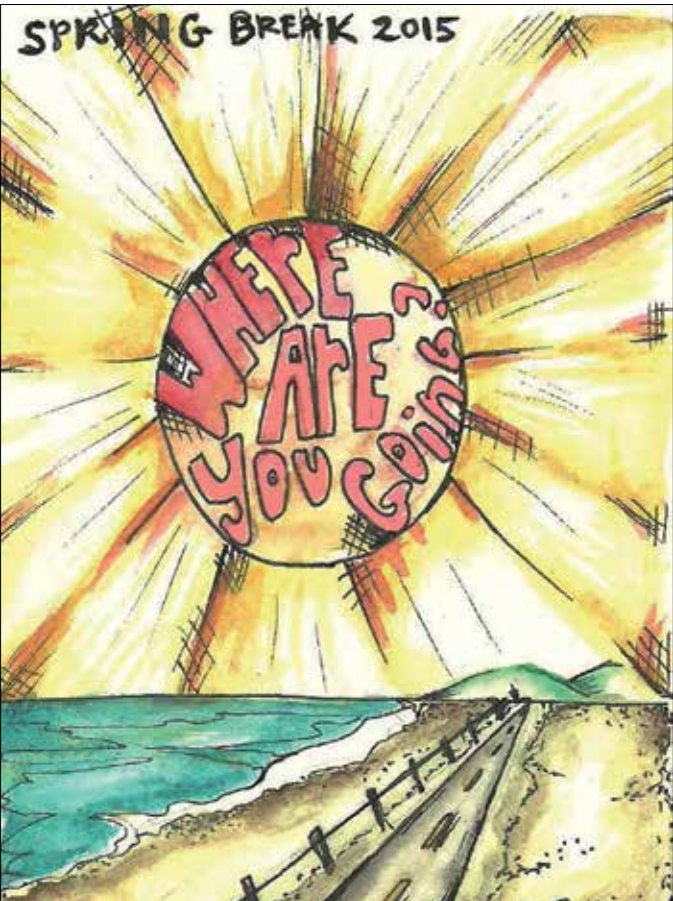
Strangers: It's always fun to meet new people. But, accepting drinks from strangers, or worse, leaving your friends to hang out with someone you don't know, is a recipe for trouble. If you meet someone new enjoy getting to know them in the proximity (and safety) of your friends, and when it is time to part ways, keep in touch via social media.

Internet Famous: Do you want that picture passed around the Internet? No? Then you might want to forgo any "Gone Wild" rendition of spring break. Keeping it classy will

assure that you won't be haunted by the proof of that "one time" reappearing in your future.

Company: Make sure to keep good company. Traveling with people you can trust is huge. They can help keep you accountable and out of trouble, and a good friend will be concerned about your best interest. Choosing the right compadres can be the difference between a fun spring break or a flop.

Set expectations and limits for fun and everyone can have a great time together.



Artwork by Nicole Koehler 2015

☀️: If money weren't an issue, what would be your ideal spring break?



Marlana Lyons
Floyd Campus
Art

"I would go somewhere in Europe. I would like to see the Vatican Palace."



Ryan Stubblefield
Floyd Campus
Psychology

"Lucerne, Switzerland. I've always wanted to go to Switzerland."



Madison Langley
Floyd Campus
Undecided

"I would get all of my friends and go to Panama City. We would get a nice suite somewhere, have a lot of fun and shop."



Auburn Andrews
Floyd Campus
Undecided

"I would go to Australia. That's always been my dream because of all the animals."



Photos and poll by Anna Douglass and Jeremy Huskins.

Upcoming Events



Spring Break: March 23-28

Spring Fling:

- **Douglasville: April 13**
- **Marietta: April 14**
- **Floyd: April 15**
- **Paulding: April 16**
- **Cartersville: April 17**

Snowfall disrupts classes



Photo by Kiston Dowler

Snow covers a backyard in Floyd County.



Photo by Derweatra Hammock

Snow hides city streets in Cedartown.



Photo by Derweatra Hammock

No surface was left uncovered in Polk County.



Photo by Kiston Dowler

Icy surfaces wreak havoc in Rome.



Photo by Anna Douglass

Snow begins to fall in a Rome neighborhood.

Former GHC student, Abraham Ortiz, returns to work with students on the Marietta campus

By Christina Goodwin
Staff Writer

Abraham Ortiz, alumnus of Georgia Highlands College, is now Marietta's new student life coordinator.

As a GHC student, Ortiz was a student leader for the club Brother 2 Brother and won several awards such as the Diversity Leadership award and the Board of Regents Academic Achievement award. Now that he is a coordinator, he monitors student activities and programs. He also plans budgets, creates student guidelines and attends events.

After leaving GHC in 2012, Ortiz went on to get his bachelor's in psychology at University of Georgia.

While at University of Georgia, he was a student ambassador, the president of Latinos Invested in the Students of Tomorrow (LISTo) and a part of the Hispanic Student Association.

Ortiz said, "It was very rewarding to be in LISTo because it incorporated a lot of the things I did in Brother 2 Brother at GHC with an emphasis on the Latino community."

Ortiz stated, "I feel honored to be in this position. It's truly a great experience to be on the other side of student involvement as a coordinator."

Ortiz remembers how active he was in GHC's community and how he would interact with the previous

student coordinator, Alexis Carter, who was always eager and excited to interact with students.

"Being a student, I've built great relationships with the faculty members, so it's like I'm home and among family when I'm here," he said.

Jon Hershey, professor of English, dean of Humanities and adviser of Brother 2 Brother, said, "Ortiz was an impressive student leader when he attended Georgia Highlands and served as president of Brother 2 Brother."

He continued, "We are both fortunate and proud that he has chosen to begin his professional career at Georgia Highlands."



Photo by Ariana Carter

Ortiz is happy to be back, serving students at Marietta.

Staff member Lauren Burkhalter visits Ghana

By Ariana Carter
Staff Writer

Lauren Burkhalter, administrative assistant at GHC's Marietta campus, was in Ghana, located in the subregion of West Africa, from Sept. 17-Nov. 3, 2014.

Burkhalter was a student at Kennesaw State University studying to get her master's degree with the program Science in International Policy Management and got the opportunity to go to Ghana as an unpaid intern for the Ghana International Chamber of Commerce (GHIC).

Burkhalter went as a social media strategist/coordinator working for the President of GHIC, Matilda Arhin.

Being that she was approved for an education leave, she had to work on her thesis for two months.

She said, "My thesis was the impact of social media on public policy, transparency and accountability. I interviewed government of-



Photo by Ariana Carter

Lauren Burkhalter

officials in Ghana and worked on radio and newspaper."

This resulted in satisfying her credit, and she graduated in December.

She traveled to Ghana before in 2013 on a whim. "I just graduated with my bachelor's degree and was feeling a little spontaneous," she said.

What has kept Burkhalter's interest in Ghana is how much help they need even though they are the second most developed African country behind South Africa.

She was there with her five-year-old during the Ebola

crisis and realized how much social media had an impact on the whole outbreak.

She stated, "The people are an inspiration. Despite the fact that not a lot of them have a lot they continue to be happy, constantly thanking God for what they have and making me more thankful for what I have."

Burkhalter said, "My boss, President Arhin, was my biggest inspiration because she went to school in the U.K. and the States, and now she is successful."

She continued, "This goes to show you that education is key, and you can have the world at your fingertips."

Ken Reaves, dean of Marietta campus, has had Burkhalter as his administrative assistant for a little over a year now.

Reaves said, "Lauren is a valued employee, and I believe the Ghana trip will help make her an ambassador for higher education and study abroad."



Contributed

During her trip, Burkhalter stands in front of Lake Volta in Ghana, the largest reservoir by surface area in the world.

GHC email makes life easier

Ever feel like the last one to know something or out of the loop?

Georgia Highlands' student email is very beneficial and those not making use of it are losing out.

"It is the official avenue of communication between students, faculty and staff," said John Spranza, Floyd student life coordinator.

Whether it be scholarships, registration, financial aid, sports, trips, clubs, performers or other activities, students can stay up to date on the latest news and events.

GHC's student email is set up through Office 365 which allows students to sync their email account to mobile devices like phones, tablets, iP-

ods and more.

Office 365 provides a calendar to help students create organized schedules for assignments, events and appointments. It also has a "People" tab that features a student directory and makes it easy to keep track of important contact information.

The student email account gives GHC students access to Microsoft Office online applications straight from their email. Students can even download Microsoft Office 2011 for Mac and Microsoft 2013 for PC on up to five devices free of charge.

This helps with completing course work, especially in classes like FCCS 1100 freshman college computer studies

and BUSA 2205 fundamentals of computer application which frequently work with Microsoft Word and Microsoft Excel.

Student email plays an essential role in making college life easier, so students should make sure to use it to their advantage.

Plus, as Spranza stated, "Email will be part of your daily habits in almost any career you go into, so why not get used to checking it on a regular basis now while in college?"

For help with student email accounts, contact Information Technology Services (IT) at rt@highlands.edu.

**-Six Mile Post
Editorial Board**

No matter what others may say, don't be afraid of being yourself

When I was little, my mom always told me to be myself. It was easy when I was younger because nobody judged one another and nobody cared.

As I got older, I was told to be myself but also hide all of my imperfections. That included straightening my insanely curly hair, covering up all of my acne with make-up, hiding my secret gaming addiction and half of the crushes I had in high school.

With the help of the internet, it has been easier for me to be myself. I could easily hide behind a keyboard and say all of my feelings on Tumblr.

I could also watch influential people come out, tell their stories and show their true selves to the entire world on YouTube.

For me, YouTubers such as Connor Franta, Tyler Oakley and Hannah Hart



Editor's Box

**Anna Douglass
Managing Ed., Online**

helped me understand that it is okay to be myself, that the feelings that I had were nothing to be ashamed of and to share it with the world.

I'm bisexual. I have not told many people but this is the first time that I have felt comfortable expressing my sexuality.

I have known I was bisexual since high school, but I kept it a secret.

I used to make all of my friends think that I was obsessed with boys. I had posters of Taylor Lautner all over my room, and I talked about my unhealthy obses-

sion with various male YouTubers.

I wasn't lying to them, I just kept my women crushes a secret.

I thought that since I liked both guys and girls that I could easily just choose to like guys and that my life would become much simpler. However, the feelings that I had for females wouldn't go away.

I am comfortable with my sexuality. I have easily grown to accept who I am and not be afraid to show that this is a part of me and that I should not try to hide it.

Mary Roberts 2015



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People might say that I am a late bloomer



Path 2 Highlands

Mary Roberts
Staff Artist

“Procrastinator” may be the perfect word, but to sugar coat things a little, one might say “a late bloomer” is the best way to describe me.

High school was not a typical “best days of your life” kind of experience for me. Consequently, I didn’t finish.

I went for my GED immediately after I withdrew from high school and attempted many times between then and now to make

college work for me.

With art and music being my true passions, I was persuaded by the advice and experience of others to believe that looking into a career doing something I love would never amount to much of anything.

I started with Georgia Northwestern, attempting a stable, sensible path in the medical field.

I realized pretty quickly that I wasn’t really excited

by the subject, and like most things I’m not passionate about, it didn’t hold my attention. I then decided school wasn’t for me.

After a few years, fast food reminded me that you have to move yourself if you want to end up somewhere else.

When I decided to try again, I looked into a community college called Georgia Highlands. It offered someone like me, someone out of the education loop, a place to start.

I started as an English major hoping to teach. I was 23, attending classes I could actually afford, learning how financial aid works and figuring out how I could move on to a four-year col-

lege. The only problem was English wasn’t one of my passions either.

Although I had the perfect stepping stone, I was still pursuing something that didn’t keep me focused. A series of hardships and distractions found me out of school and back in the same restaurant.

So here I am, twenty-eight years old and almost finished at Georgia Highlands. I finally decided to pursue what means the most to me despite the risky nature of it.

I’m an art major. I’ve met so many wonderful people and gotten to be a part of so many great things available at Highlands.

I don’t know exactly

where I’m headed, but I love it and that’s what matters the most to me.

I still love the idea of teaching, and I do plan to attempt to get into illustration. As an art major, I’ve gotten a position with the Six Mile Post as an artist, and I’m working as an art editor for Old Red Kimono this semester.

The people I’ve gotten to work with and the fellow artists I’ve encountered as a result of this involvement have been some of the coolest experiences I’ve had thus far.

I hope when I move on to a four-year college it will measure up to the great experience I’ve had at Georgia Highlands.

Don’t disrupt others’ learning by being disrespectful during class



Soap Box

Jessyca Arndt
Digital Technician

My life as a student at Georgia Highlands College started in 2011 with such a different mentality of classroom etiquette than I have today.

For the past three semesters, I have taken out loans and found myself drowning in a new kind of debt that I wish none of us ever had to know, but unfortunately, a great deal of students do. With this knowledge that we have to pay for our own education, I am finding it re-

ally hard to accept those students who choose to disrupt my learning.

I never knew what the phrase “Money Talks” meant until I could almost hear someone’s words flush my money down the toilet. I sat through an hour and fifteen minute class that I heard zero lecture in because of a few students that sat behind me. When the class ended, I felt completely robbed by these disrespectful people.

We all have our reasons

for being in school. My reason is to eventually be able to support my daughters and their futures. If you are taking a class, or in a business meeting or just in an environment where the focus of the room should be on someone other than you, then please, have some common courtesy and keep your lips sealed.

You don’t know what your neighbor is trying to achieve in that atmosphere, and you don’t know the cost of what those missed words could mean to them.

I know it isn’t always easy, but we all need to show others just a little more respect than we already do, both for ourselves, and the well-being of everyone’s future.

Letter to the editor

Random tweets are not real news

Dear Editor,

Upon seeing CNN air an hour program that consisted of reading twitter responses from “prominent people” one evening, I would like to bring the attention of readers the insidious effects that social media has on our society as well as our generation.

What started a little under a decade ago had a good intention of bringing people together, but the sporadic and illogical thought processes that come with social media have trickled into every fissure of our culture.

This is so much to the extent of plaguing a major news network. I say this knowing that CNN is taking steps to connect to an increasing mobile readership, which is completely admi-

nable.

But reading random, biased, and uninformed regurgitations of “tweets” or “posts” from random people on current events definitely does not constitute legitimate news.

One may argue that it brings together the ideas of the masses, but the baseless tweet of “The government sucks #anarchy” doesn’t provide any concrete debate of current issues.

These raw, unattached, emotional comments that the impersonal aspect of social media brings is seeping into our culture as well as into the thought process of our generation. Or should I say the “#generation?”

Drake Johnson
Floyd Campus
Management Major

Have something to say? Send us letters to the editor
by e-mailing us at 6mpost@student.highlands.edu.

Through the freezing cold and scalding heat, play ball!



Karlee's Corner

Karlee Helms
Managing Ed., Sports

On Sunday, March 1, I went to the doubleheader baseball game against the Tartans of Sinclair.

Granted I couldn't stay long due to work and other obligations that aren't as fun as games, but hey, that's life!

To put it in perspective, let me just go into detail about how cold it was. I was there for a little over an hour, and I was freezing to my seat. I had to walk around to keep the blood flowing to my feet, and the wind was definitely not

helping. My fingers were slowly turning blue and going slightly numb.

This was with me sitting there, curled up in a ball, watching the Chargers dominate the opposing team (congrats on the double win by the way!).

I can't even imagine how cold the players must have been!

Now obviously they were playing and I wasn't, so that is a huge factor as to why I was slowly turning into a human popsicle, but the point is that no

matter how cold or how hot it is on game day, the guys play their hardest.

They don't have the luxury of having their games indoors. They, like the softball team, have to stick it out in the freezing cold or in the scalding heat.

They can't control their surroundings, but that doesn't mean that they are going to make excuses.

As a former athlete myself, I can personally say that playing in the cold is not even close to fun, but we all made commitments

to each other. The weather couldn't change that.

No one can control their surroundings. We all have to learn to go with the flow and see where it takes us.

Sure it's not always positive, but that's what makes life interesting. You never know what good things can come out of situations that you can't control.

Don't be a stick in the mud about everything that doesn't go your way! Learn to deal with what's pitched to you, rain or shine.



Baseball

•Vs. ABAC March 13 at 6 p.m. and March 14 at 1 p.m. and 3:30 p.m.

•Vs. Andrew College March 20 at 6 p.m. and March 21 at 1 p.m. and 3:30 p.m.

All games listed will be held at LakePoint.

Softball

•Vs. South Georgia March 14 at 1 p.m. and 3 p.m.

•Vs. West Georgia Tech March 15 at 2 p.m. and 4 p.m.

All games listed will be held at Stars Field.

See full game schedules of all GHC sports at ghcchargers.com



Artwork by Kiston Dowler 2015

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Chargers steal both wins in doubleheader

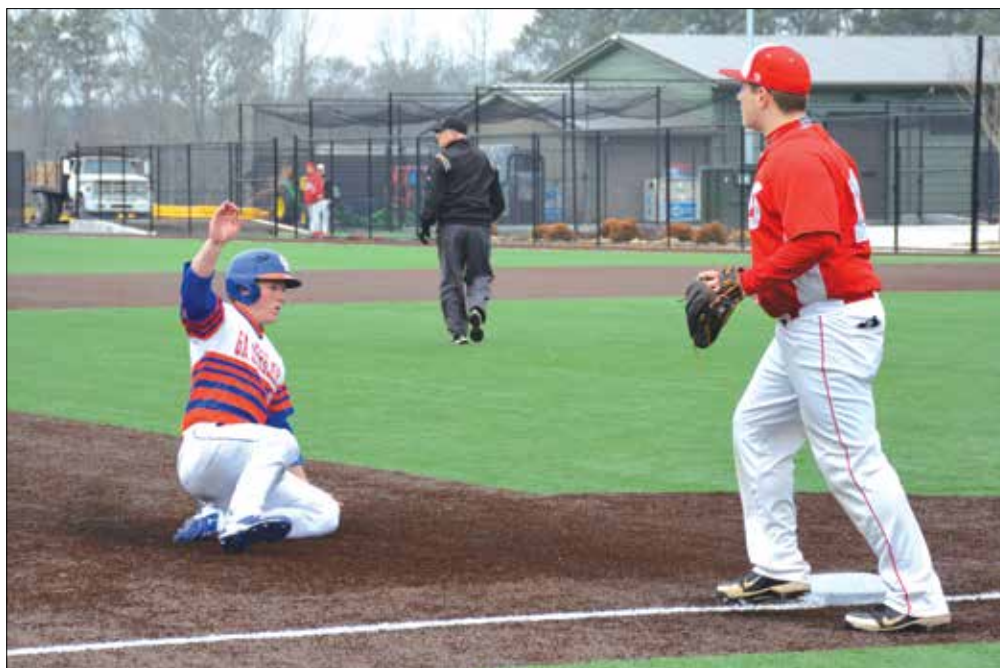
By Jacob Koziara
Staff Writer

GHC baseball hosted a doubleheader on Sunday, March 1 against the Sinclair Tartans of Dayton, Ohio. The first game resulted in a 6-4 come from behind win for GHC over the Tartans.

In the second game Amiel Abreu, a righty, took the mound. Abreu threw four innings, mostly getting grounders to short and fly balls for easy outs.

The Chargers were down 3-0 going into the third inning when shortstop Matt Rivera footed out a single. With Rivera's speed on first, the Chargers took advantage and cashed in on a wild pitch later to put GHC on the board.

Alec Arnsdorff led off the fourth inning with a base knock to the left side. Then up came Zack Nierstedt, a third baseman, who fought



Blake Oxenreider slides safely into third base, March 1.

Photo by Shelby Hogland

at the plate with the Tartans pitcher and came up with a single to left.

On the verge of a rally, Ty Ervin came to the dish with bases juiced and GHC

down 4-1. Ervin took the opportunity with a swat placed to the second base-

man who couldn't handle it and botched the throw. Ervin reached safe and two runs scored. Sinclair's pitcher, under pressure, threw a wild pitch, sending the tying run home for the Chargers.

Sophomore Dalton Geekie gathered himself and stepped in to put the Chargers ahead for the first time on a RBI sac fly to right. GHC was ahead 5-4 with two men on when a bizarre at bat unfolded.

Nick Day struck out, but Sinclair's catcher couldn't hold on to the ball causing a dropped third strike. The catcher botched the throw to first which led to a spirited sprint from Day and the two Chargers on base to make the score 8-4.

After a rally by the Tartans to level the score at 8, Nierstedt scored Bryan Quillens on a squeeze bunt, and the Chargers won 9-8, sweeping the doubleheader.

No practice? No problem!

By Shelby Hogland
Asst. Sports Editor

On Feb. 28, the Georgia Highlands' softball team defeated Darton State 5-2.

The game was played at F. Carter Davis Memorial Field instead of Stars Field due to the inclement weather across the region. With the snow still melting, the team was forced to move the game.

The snowy weather also prohibited the team from being able to practice in preparation for the conference game.

The Lady Chargers took the lead in the first inning and managed to hold the lead without any opposition

until the fifth inning when Darton finally put some points on the board, ending the fifth inning with Chargers in the lead 3-2. GHC went on to score another two points in the sixth inning and finished the game in the seventh inning.

Sierra Cagle, GHC sophomore and catcher for the Lady Chargers, hit a home-run in the sixth inning, helping three teammates make it home.

"It was tough not being on a field for an entire week before our conference opener, but the girls found a way to get us two big time wins" stated Melissa Wood, softball head coach.

She continued, "Liz

Prance and Karlie Jarrett played unbelievable defense and Kayleigh Medlin continues to crush the ball."

The Lady Chargers went on to beat Darton State again that day with a score of 5-1.

The second game started out slow with no points on the board until the fourth inning when Medlin hit a homerun, putting three points on the board.

Prance, sophomore and corner for the Lady Chargers stated, "They weren't necessarily pretty wins, but considering we haven't been on the field in over a week, our defense did well, and we got the key hits when needed."



Photo by Shelby Hogland

Kayleigh Medlin catches the ball for an out, Feb. 28.

Baseball/Softball Game Admissions: free with student ID
(\$5 parking fee at LakePoint)

March Madness



GHC's Montrel Goldston struggles to keep the ball from two Gordon State Highlanders, March 3.



Assistant Coach Demetrius Colson talks strategy with the Lady Chargers to take down Georgia Perimeter.



Danyelle Blankinship pushes through Georgia Perimeter's defense, Feb. 24.

The Lady Chargers' season ended Feb. 27 in the GCAA semifinals against Darton State with a final score of 82-74.

The Chargers advanced to the GCAA semifinals by defeating Gordon State with a final score of 78-54.

Due to publication deadlines, the coverage of the Chargers' next play-off games will be posted online at sixmilepost.com.



Donovan Harris gains two points for the Chargers during the first GCAA play-off game.

Photos by Karlee Helms