

SIX MILE POST

The Student Voice

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**GHC costume
wiffle ball competition
was held at Cartersville
see page 14**

Photo by Stephanie Corona

Leslie Johnson, Cartersville campus dean, steps up to bat in the Halloween wiffle ball competition.



**One Book
Many Voic-
es held in
Rome**

See page 3.



**GHC gets new
financial aid
director**

See page 7.



**Fall
Frenzy
held across
GHC**

See page 9.

Study abroad program will go to China in 2017

By Kacey Neese
Managing Ed., Online

China study abroad is available through a collaborative program co-sponsored by Valdosta State University, Dalton State College, and the Asia Council of the University System of Georgia. The program's main host institution is Zhengzhou University in Henan province of the People's Republic of China.

Assistant Professor of Business Denie Burks is the representative faculty member for GHC on this study abroad trip. Burks commented on the importance of being immersed in a different country's culture. She said, "When you see another country's culture you notice things you have never seen before. You gain cultural awareness and start to see things a different way."

The 2017 program is a four week excursion that offers courses in arts, business, criminal justices, English, political science and sociology. This program runs from May 8 to June 5, 2017.

Students can earn six credit hours in four weeks. Course instructions are supplemented with field trips, excursions, host family visits and cultural enrichment classes. Lectures, independent study, directed field study and seminars are conducted in English, and participants attend classes with



Contributed

Students dressed in historic Chinese clothes.

other U.S. students.

Bronson Long, associate professor of history and director of global initiatives and study abroad, said, "studying abroad is a good opportunity to gain life experience."

The cost of this program is \$3,850. This price includes housing, cultural events, excursions, most meals, round-trip international airfare, visa and ground transportation.

This price does not include tuition, passport and book costs.

Study abroad might sound

too expensive. However, many students have enough funds through their Financial Aid to afford a study abroad program.

In addition, scholarships are offered exclusively for study abroad programs.

Students considering study abroad are urged to speak with Financial Aid and apply for the Gilman Scholarship. For further details on this and contact information email <https://www.highlands.edu/financial-aid/> or <https://www2.highlands.edu/site/financial-aid-scholarships>.



Contributed

Students visit historic Chinese site.

USG requires completion of EverFi Survey for all students

By Morgan Edwards
Staff Writer

All University System of Georgia schools are requiring that students complete the EverFi Survey which was adopted in 2015.

The EverFi Survey has been implemented for alcohol abuse prevention and sexual assault prevention.

All Georgia Highlands College students are expected

to finish the course by the end of the 2016-2017 school year. Students must complete part one by Dec. 1, 2016. After part one is complete, the student will receive an invitation to part two of the survey in via email after 30-45 days.

Ken Reaves, dean of GHC's Marietta campus, said "EverFi is a valuable resource for educating students to protect them from potential dangers while in college."

According to Todd Jones, vice president of student affairs, once GHC students complete the survey, it will be transferable to other USG institutions.

Fauzia Farvez, an electrical engineering student at Kennesaw State's Marietta Campus, said that EverFi helps students to learn how to "take action" if sexual assault is suspected.

Farvez said, "It also helps

avoid the negative effects of alcohol to allow students to help themselves and their peers not consume so much."

David Ware, a communications student, said, "It is definitely important to be aware of your surroundings."

"Sad as it is to say a lot of rape cases happen on college campuses because of alcohol abuse. Being informed is of the utmost importance," said Ware.

According to Kennesaw State's Marietta campus police records, there have been zero sexual assaults reported since 2013 and only one arrest for liquor violations in 2014.

Georgia Highlands College police reports state that all other GHC campuses reported zero incidents for both liquor violations and sexual assault since the survey has been put in place.

One Book Many Voices event features former and current GHC faculty

By Kayla Jameson
Editor-in-Chief

Raymond Atkins, author of "Sweetwater Blues," was the speaker for the 10th annual One Book Many Voices event.

On Oct. 27, the former GHC student and teacher performed a reading of his works at the Historic Desoto Theatre.

The event started with a performance from the local band Little Country Giants, which featured GHC Assistant Professor of Art Russell Cook.

John Kwist, associate pro-

fessor of English and a member of the One Book Many Voices committee, introduced Atkins with a quote from one of Atkins' own works that he had published in the Old Red Kimono when he attended GHC.

Atkins took the stage and read excerpts from his five existing books "The Front Porch Prophet," "Sorrow Wood," "Camp Redemption," "Sweetwater Blues" and "South of the Etowah."

After the reading, his books were sold by a represen-

tative of Dogwood Books while Atkins signed copies.

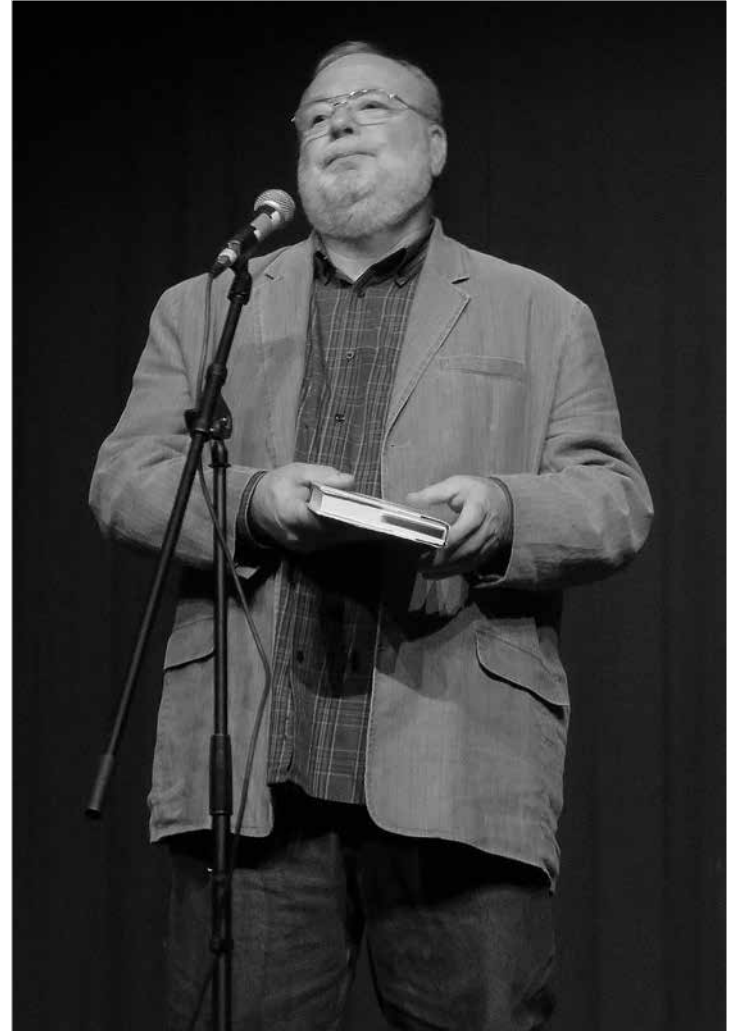
Prior to the One Book event, Atkins visited GHC to discuss "Sweetwater Blues" with faculty, staff and students.



Little Country Giants



A stack of Atkins' books sat on the stage as he read.



Atkins prepares to read from one of his books.

Photos by Kayla Jameson



Kwist (left) and Atkins discuss "Sweetwater Blues" during a Floyd campus event.

Area B electives offered for spring semester 2017

By David Pulliam
Staff Writer

Aside from the more well-known core classes and degree-specific curriculum, Georgia Highlands College will also be offering some unconventional elective courses in the spring of 2017.

For example, in Cartersville, Steve Blankenship will teach Military History, and Josh Stovall will instruct a

class on Qualitative Research Methods in Social Science.

Psychology of the Death Penalty will be offered at the GHC Floyd campus by Stephanie Wright.

Students can attend Bentley Gibson's course at the Marietta campus: Psychology of Prejudice.

Area B courses offered online include Medical History, Educator Ethics, Introduction to Bullying and Bullying II.

Another Area B course available to GHC students in the spring is Jeffrey Kozee's Introduction to Nature Writing: Environment, Culture, and Values of the Region. Students in this class will explore the nature of students' everyday environments "in addition to the familiar nature of natural landscapes and wildlife," according to Kozee.

Associate Professor of Music Robert Adams and Associ-

ate Professor of Spanish Kathryn Garcia are at the helm of "A Cultural Experience," an Area B Humanities course that seeks students who wish to develop their affection and understanding of fine art experiences.

In conjunction with this course, students are encouraged to take an optional trip to New York City during Spring Break to visit renowned museums and Broadway shows. The

trip is open to students "who would like to go whether they take the course or not," Adams said.

For further information on these and other Area B courses offered in 2017's spring semester, students can look under GHC-Special Topics classes in course offerings on GHC's website, or contact the individual courses' instructors, department deans or an academic adviser.

Pantry helps students at all GHC campuses

**By Breyuna Shorter,
Staff Writer and Kacey
Neese, Managing Ed.,
Online**

The Charger Food Pantry provides assistance to students that are experiencing food insecurity. Students can visit the pantry once per week to obtain essential items such as canned food, dry goods and toiletries.

According to Angela Wheelus, director of student support services, non-perishable item such as body wash, toilet paper, detergent and hand soap are among the important items needed at this time.

Pantries where students can make selections are available at the Cartersville, Floyd and Douglasville campuses. Marietta and Paulding campuses also provide assorted items ready for pick-up.

Wheelus said, "Holidays

are an especially hard time for students. When students use the food pantry, it helps alleviate some of the stress."

In order to participate in the Charger Food Pantry, students must sign an application form and show a GHC ID. After a student checks in, he or she is given a bag and may choose up to 12 items. Students can visit the pantry once a week.

John Spranza, director of Student Life, said, "Having a food pantry at the college has been a long-time goal. It is exciting to see it up and running."

Spranza said, "A lot of our students have taken advantage of the food pantry and are appreciative of the assistance."

Collection bins for pantry donations are located around all of GHC's locations. Donations of non-perishable food or toiletry items may be left there.



Photo by Luis Martinez

The food pantry on Floyd Campus is one of three available pantries.

GHC has also joined forces with Action Ministries, a food distribution center for Northwest Georgia, to help keep the pantry fully stocked.

Anyone wishing to make a monetary donation to GHC's Charger Food Pantry may do so at any GHC business office in Rome, Cartersville, Marietta, Paulding or Douglasville.

GHC Food Pantry will be providing complete Thanksgiving meals to any GHC student in need of assistance. Reservations are confidential and must be made by emailing sss@highlands.edu. Reservations must be made no later than Friday, Nov. 18. Pick-up at Cartersville

Highlands Happenings

GHC annual ski trip enrollment

**By Kacey Neese
Managing Ed., Online**

The 37th annual ski trip is scheduled for Jan. 2-6. This trip offers two credit hours for spring semester 2017.

Ken Weatherman, professor of physical education, stated, "This is a good opportunity to complete two credit hours before the spring semester starts."

A student may enroll in this program for academic credit by registering for PHED 1420, Beginning Skiing/Snowboarding or PHED 1421, Intermediate Skiing/Snowboarding.

A student who enrolls will

also need to register with the PHED Office on the Floyd and Cartersville campuses or through Student Life at other campuses.

The registration deadline is Tuesday, Dec 5. Payment is due in full by the registration due date.

A portion of the fee, \$135, is non-refundable.

The price for this trip ranges from \$359-\$623, depending on the number of students per room and equipment rental fees, according to Weatherman.

Included in the trip are five sessions of skiing/snowboarding with instruction from the French-Swiss Ski College at Appalachian Ski Mountain in Boone, N.C.

More information can be found online at [https://www.](https://www.highlands.edu/2016/08/31/ski-college-credits-ghc/)

[highlands.edu/2016/08/31/ski-college-credits-ghc/](https://www.highlands.edu/2016/08/31/ski-college-credits-ghc/) or by contacting Weatherman at 706-295-6353 or 770-546-0585 or at kweather@highlands.edu.

Due dates for fees announced

**By Karen Kinsey
Staff Writer**

Todd G. Jones, Vice President for Student Affairs, has recently released the upcoming due dates for spring 2017 semester's fees.

The first fee payment deadline will be on Dec. 19 at 5 p.m. for the 2017 school year, according to Jones.

It is also important to remember students need a copy of their schedule/bill before

paying any fees to make sure that they have a zero balance or to signify a refund.

For students that need a payment plan now, they are recommended to sign up with NelNet.

Students can register for the NelNet payment plan options on Nov. 7 with the last day to sign up being on Jan. 4.

Turkey Day registration

**By Joshua Mabry
Managing Ed., Sports**

According to David Mathis, assistant athletic director, the Turkey Day Walk and Run will take place on Nov. 17 at Paris Lake on the Floyd campus.

Registration will start at 1:45 p.m. at the pavilion next to the lake.

Participants will estimate the amount of time that it will take them to walk/run around the 1.85-mile trail that surrounds the lake.

Participants are not allowed to have any device that keeps time while walking around the lake.

The person that comes closest to their estimated time will be winner. There will be a male winner and a female winner. Each winner will receive a \$25 gift card.

Mathis stated, "This tradition was started over 30 years ago to celebrate Thanksgiving for all students, faculty and staff. It is sponsored by Intramurals on the Floyd campus."

Community turns out for PTK fall festival

By Stephanie Corona
Staff Writer

Georgia Highlands' Alpha Psi Omicron chapter of Phi Theta Kappa (PTK) hosted a fall festival on Oct. 29 at the Floyd campus.

At the event, David Kay and Mike James represented the fire safety department of Rome by handing out coloring books and other objects to educate the public on fire safety.

The Hooties Haven Animal Rescue had furry four-legged friends sporting Halloween attire.

GHC's AcousticHart played live music at the event with their members Andy Calvert, Clayton Bell, Spencer Harris, Chase Cowan and Samuel Camara.

The Call Back Company, interested in preparing students for professional theater,

also performed live.

Jessica Tatum and Wesley Hubbard represented Active Minds, a nonprofit organization interested in combating traditional stigmas of mental illness.

Carla Summers represented Brain Balance of Roswell, one of four centers in Georgia and one of many nationwide.

Brain Balance assesses students with learning difficulties and behavioral issues to solve the root of their problems.

Nina and Kim Manuel were present for Blood Assurance to hand out treats to any passersby.

Other student groups including Danceline and Psi Beta were present. They each had activities for children and adults.

Kona Ice had cones of ice to sell. To satisfy the palate



Photo by Stephanie Corona

Families enjoy the trick-or-treat village during the PTK fall festival.

Lou Cora's had barbecue ribs, pulled pork and other sides.

The lead adviser for PTK, Karen Huggin, stated that

each year PTK does a yearly project around the college to give back to the community.

An example of their pre-

vious yearly projects is last year's scholarship seminars held on multiple Georgia Highlands campuses.



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Floyd adviser Eileen Walker set to retire

By Zach McFall
Managing Ed., Design

Eileen Walker's career at GHC has spanned decades. She has been an instructor, worked on special projects and most importantly, to her, advised thousands of students. Now she is retiring, and January 31, 2017, will be her last day with GHC.

Walker became the official adviser for the entire college in 2001. However, she has been advising students her entire career.

She began her career with the college in 1980 as a part-time criminal justice instructor.

She said, "I began advising students then because I had a captive audience."

By 1989 she was teaching 50 minute criminal justice courses since the college at that time operated on the quarter system.

In 1992 she officially began

advising but only part time so she could "actively support" her children in their school activities. By 2008 Walker was advising full-time, both in-person and remotely, for all



Contributed

Eileen Walker was once the un-homecoming queen for Fall Frenzy.

campuses.

Walker said her favorite thing about her job is "advising people who have become great representatives of the

college and advising family and relatives." She said, "It's an honor to have that trust."

She believes the most important part of her job is listening.

Walker said the most important piece of advice she can offer students is to "find a job you can't wait to get to on Monday; do what you love." She said the best way to figure this out is to "take one class to find out your strengths, passion and joy and have a plan B."

When asked what prompted her to retire now, she said, "I'm retiring now because advising at GHC is in a good place."

The number of advisers has increased from one to eight in only eight years and is continuing to grow. There is now at least one professional adviser on each campus and advisers for e-learning students.

Walker said, "Advisers are looking for new ways to reach



Photo by Luis Martinez

Eileen Walker

students." She said, "We want to make sure students are taking the correct classes for their major and to help them get to where they want to go."

It is clear when talking with Walker that she is very passionate about advising students and ensuring that more advisers are accessible to more students on all campuses.

Mason Driggers, physical therapy major, said, "She knows what she is talking about for sure and is very insightful."

After retiring, Walker will be helping more to care for her parents, spending more time with grandchildren and riding around town on her bright yellow bike every day.

GHC president teaches at Cartersville

By Morgan White
Staff Writer

Donald Green, Georgia Highlands' president, is teaching The Environment of Business at the Cartersville campus this semester.

The class focuses on increasing students' knowledge about governmental systems, legal systems and regulatory systems involved in business. Green intends for his students to feel comfortable in a business environment and equipped for success in the business field.

Green said that he has placed an expectation on himself to "make sure that the very optimal learning environment is being developed for our students."

He says that his opportunity to teach has "helped him

to better understand the experience of being a student at Georgia Highlands College.

Green was surprised about his students' struggles accessing D2L and their e-textbook, prompting him to work on enhancing orientation.

Green uses his experiences as a former human resources manager in providing anecdotes to help his students learn.

Kyle Wheelless, a business management major, said that Green's teaching "makes learning the information simple" and that he enables a deeper understanding of the information by making his lessons interactive.

Green tries to differentiate between his roles of president and professor and tries to ensure that his responsibilities as president never intimidate

his students.

"It was an opportunity to be able to help students to understand the value of building a rapport with faculty, that building those relationships will help them ultimately to be more successful in college. If they can get comfortable with talking to the president, they'll be more comfortable with building those relationships," Green said.

Vanessa Tully, a business administration major, recalls her reaction to being taught by Green.

She said, "I honestly freaked out. I thought that Dr. Green would be tough and have higher expectation from us. Dr. Green is actually an amazing teacher—and-president combo. He tries his best to know his students and always comes in the class smiling."



Photo by Daniel Smith

President Green interacts with students during class.

King is new GHC financial aid director

By Zach McFall
Managing Ed., Design

Melinda Ewers King is the financial aid director for Georgia Highlands College.

A Cedartown native, King has been part of the GHC family as both a student and employee since 2004.

While completing her associate degree at GHC, she worked as secretary for the Counseling and Career Services Office. After finishing her degree at GHC, King worked as orientation coordinator for GHC while completing her bachelor's degree in business at Shorter College.

After graduating from Shorter, she was hired as a financial aid counselor with GHC in 2010. She assumed her current position Sept. 1, 2016.

Todd Jones, vice president of student affairs, said, "It's exciting to hire someone internally. Melinda is highly capable at overseeing financial aid."

Some of the responsibilities

of the financial aid director are to ensure GHC follows all state and federal laws and regulations in awarding financial aid properly and making sure students are educated about the responsibilities of receiving financial aid both while in school and after graduating.

King said some of her favorite things about working in financial aid are "counseling and working with students to help them map out a financial plan to reach their educational goals and to promote financial literacy."

According to King, the financial aid department will be offering workshops to help educate and bring awareness to students throughout the year.

Some of the workshops planned cover topics such as responsible borrowing, gaining and maintaining eligibility, FAFSA, saving for degree completion, scholarship options, repayment and budgeting after degree completion and more.

When not at work, King



Photo by Lydia Chandler

Melinda Ewers King serves students from the Financial Aid Office at the Floyd campus.

enjoys her family and farming. She and her family have chickens and maintain a large garden. They are in the process of

creating an "edible forest."

Being self-sufficient is something that is very important to her. She said, "It's very

satisfying to know that sometimes your whole meal is from the things you produced yourself."

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Art by Leslie Davis

Holidays as a college student

By Moira Hale
Staff Writer

The holidays are a fun and hectic time of year for everyone, no matter which holiday is celebrated. The holiday season is a break from being in a school environment. This is a very important time for college students because they get to visit their families. Holidays are known for bringing family together from wherever they might be.

Some people don't celebrate any holidays during this time, but others celebrate more than most, by combining holidays celebrated by different sides of their families.

There are many different traditions and things that people do to celebrate these holi-

days. Some take trips to places around the world, and others stay at home with family for every holiday.

Still others prefer to spend the holidays with friends rather than family.

My own family takes trips to Disney World every other Thanksgiving. Fun trips and traditions like these, even if not done every year, give students things to look forward to while working hard during the school year.

When someone says "holiday season," people tend to think of Thanksgiving and Christmas. However, there are other holidays in this time period. The holiday season also includes Hanukkah, Kwanzaa and New Year's.

Most people in the United

States will celebrate Christmas, Hanukkah, Kwanzaa or some combination of them. A portion of people, however, do not celebrate any of those three. This doesn't mean that they cannot still have fun with family over holiday breaks.

While people tend to choose between one of those three holidays and either do or do not celebrate Thanksgiving, a holiday that almost everyone in this country does celebrate is New Year's.

It is a less family or religion oriented holiday and more just a time to celebrate the end of the year and the beginning of a new one.

The holiday season is important to students in many ways, especially getting time away from school.

WHAT ARE YOU DOING FOR THE HOLIDAYS ?



"Sleep. Lots of sleep"

- Mason Driggers
Physical Therapy
Floyd campus

"I plan to work all break long"

-NeKayBaw Stanford
Psychology
Floyd campus



"Spending time with my family"

-Thomas Boylan
Criminal Justice
Floyd campus



Poll and Photos By Kacey Neese

GHC campuses enjoy fall frenzy activities



Photo by Daniel Smith

The Spanish Activities Club members (from left) Shawn Bunyard, Danielle Drexler, Jacelyn Wells, Matthew Clements and adviser Kathryn Garcia celebrate the Day of the Dead at Cartersville campus.



Photo by Daniel Smith

Clifton Puckett hands out pizza for Fall Frenzy at Cartersville campus.



Photo by Kaileb Webb

Abigail Smith wins first place as Harley Quinn in Cartersville costume contest during fall frenzy.



Photo by Kacey Neese

Students enjoy free hotdog lunch at the Floyd campus as part of Fall Frenzy kick-off.

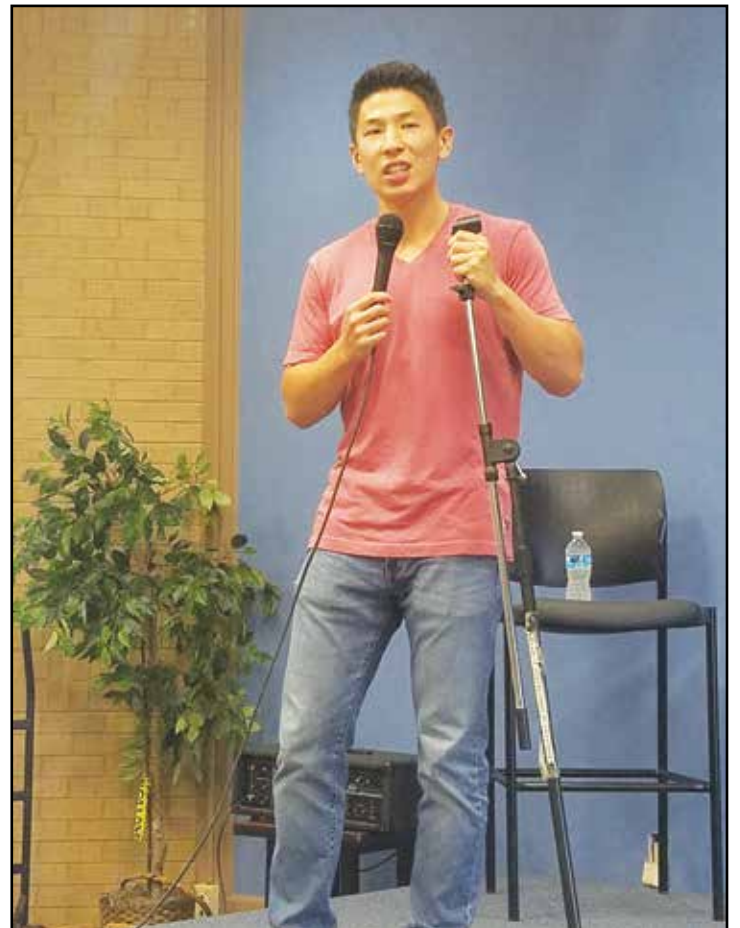


Photo by Luis Martinez

Comedian Jason Cheny performs at Floyd campus during Fall Frenzy.

LBGT+ community: fight for acceptance

Studies have shown that Millennials are more likely to identify as lesbian, gay, bisexual or transgender than previous generations. While there are many Americans who are accepting of the LBGT+ community, there are still signs from previous as well as current generations that highlight a need for education in the community.

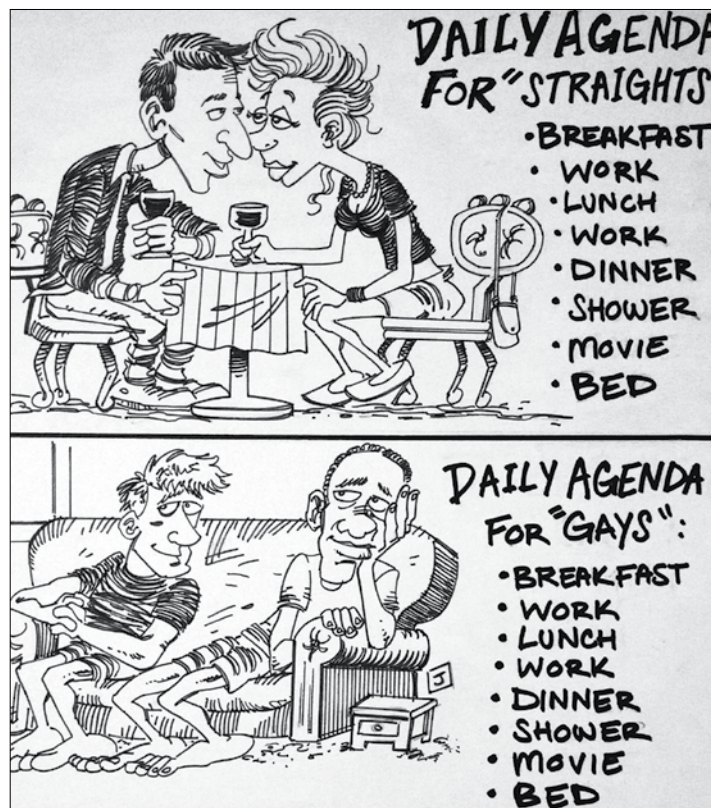
In the 21st century, people are more tolerant of things that would have been taboo decades ago. Even so, there is still a tendency for clashing opinions to evoke hateful and ignorant language.

Every day younger generations are exposed to their peers, people on the television, the internet or even in their own households throwing around the term "gay" in places it doesn't belong. The word often becomes an insult that is made to sound shameful.

Differing opinions on the LBGT+ community and gay marriage are inevitable, but the way that opinion is expressed has the potential to be permanently damaging for those who are developing and trying to come to terms with who they are in such a quick-to-judge society.

There are many different branches of sexuality and gender that not everyone is aware of. Even a vague understanding of these many orientations could ease a person or the person's friends and family into a better understanding of what someone is experiencing. It could also help get rid of some common misconceptions about the community.

We are all created equal, but not with equal opinions. Billions of people of all types and orientations inhabit the Earth, each one with an individual person-



Art by Josh Jones

ality and beliefs. It is up to each of us to decide whether we want to fight against our fellow humans, or with them.

-Six Mile Post
Editorial Board

actual camera like the Canon just opened up a whole new world for me.

I've wanted to learn much more about cameras, but unfortunately I just didn't have the money to afford one.

Instead I started my photography with a simple Five Megapixel Apple iPod Touch. With this simple device I started creating my own memories.

"Photography is a beautiful hobby, and I believe that everyone should try it"

I finally have the opportunity to own my very own Canon DSLR. Since the day my father gave it to me on my birthday, it has changed my life.

Photography is a beauti-

ful hobby, and I believe that everyone should try it, making photography into something more than just taking photos, but actually making it into a career.

I, without a doubt, wish to make this a career of my own. It would be a dream come true to start a new business and share my photography with the rest of the world. It would be an honor to be included in someone's photograph, for every person or company that I help take photos of.

Photos are a work of art, and I hope to never quit the one thing that I love to do every day.

I am excited for what lies in the future with my photography and hope to keep spreading the memories in what I believe.

Six Mile Post

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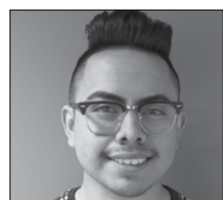
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Editor's Box

Luis Martinez
Chief Photographer



A chain of memories

I believe in the power of photography and how it changes the way I see things. Whether it's a picture of family, nature or food, I see photography as the power to take a photo and store the memory of it forever. I see it as my own memory portfolio. All the photos have a different meaning to each one that brings me back to that day.

Photography has changed my life for the good, and there

is nothing that makes me happier than going out and taking a photo of anything I find interesting or creative.

Since the day I picked up a Canon Rebel at the age of 14, I was amazed. It was amazing because I'd never held an actual DSLR camera before. My family would always use the old disposable cameras that we would buy at Walmart and pick up the photos that were taken on the day before. An

Why I really love Thanksgiving



Guest Column

Larry Oswalt
Non-traditional student

I love Thanksgiving. It is a uniquely American holiday that does not have an equivalent anywhere else in the world.

All nations have their Independence celebrations, and most countries note birthdays of beloved leaders and founders. There are other unique holidays in other countries such as Boxer's Day in Canada and Guy Fawkes Day in Britain, even Mexico's *Día de Muertos* (Day of the Dead), but nothing quite like our cherished Thanksgiving Day.

It is a profound statement of our country's moral center that we have a commemoration of one of the lowest points in our country's history.

We stumbled, unaware and unprepared, into a near

disaster, and were only rescued by a potential enemy.

That oft told first Thanksgiving is remembered and recognized through generations as a blessing and divine intervention in our nation's founding and birth.

It is a holiday that requires no gift giving, no costumes, no braving of the crowds, no monetary output, no carefully crafted stories of make-believe characters, no political statements, no obligatory revelries and no sad rememberings.

It is very simply a time to love your family, enjoy your friends, laugh, smile, snuggle, and, of course, appreciate good food.

Hold this holiday close to your hearts. It is not only exceptional in its founding, but

in danger from society.

To this point, it has not yet been attacked by the secularists who have diminished Christmas. It is still safe from the politically correct that has almost destroyed Columbus Day and other regional holidays.

It is not yet being assaulted by the commercialism that is threatening Halloween. And, gratefully, it is not yet being celebrated with white sales, car commercials, chocolates, roses and talking bunnies.

So on Thanksgiving Day, enjoy the food and the football and the time off. Let your little ones watch the Macy's Parade and greet Santa Claus on his arrival in town.

But then again, don't forget to love and hug your family, don't forget to be thankful for your many blessings and don't forget how lucky we are to be who we are...Americans.

To you and yours, have a happy, healthy and enjoyable holiday season, and "God bless us, everyone."

Atlanta tainted by human trafficking



Soap Box

LaTonya Kilgore
Staff Writer

With beautiful scenery, rich culture and history, career opportunities and an array of events, Atlanta is a great place to live. Add in access to the busiest airport in the country, and you have a recipe for perfection.

But no place is perfect. Hidden in dark alleys, dirty hotel rooms and sometimes in a park in the middle of the day, Atlanta has an ugly, secret—one that needs to be revealed and destroyed.

What is this great crime of

our amazing capital? Human trafficking, sometimes referred to as modern-day slavery. There are many forms of modern day slavery, all horrific, but maybe the most horrific of all is when children are bought and sold to be sex slaves.

What does this have to do with Atlanta? According to the United States Department of Justice, Atlanta is "one of 14 U.S. cities with the highest levels of sex trafficking of children." The many venues that we hold dear - the places we

see our favorite football team and our favorite band—these busy hubs provide an easy arena to target, buy and sell children.

Hartsfield-Jackson Airport not only allows us to fly out for a weekend getaway; it also allows traffickers a place to meet people from all over the globe to exchange a person's life for money.

Atlanta is a great city; one that would be even greater if it were not one of the top cities for human trafficking.

We can make a difference and put an end to modern day slavery.

Be aware of this travesty that is happening all around you. Educate yourself, get involved and help stop human trafficking. Let's make Atlanta clean.

Letters to the Editor

Bigger voice for Marietta campus

Dear Editor,

I found the section "Marietta GHC students feel invisible at KSU" very interesting in the October 25, 2016, Six Mile Post. My boyfriend attends Kennesaw State University and is living on the Marietta campus. There have been many times that I have been at the Marietta campus, wearing a Georgia Highlands t-shirt, and students who attend KSU have ask me where my college is. I can understand how GHC students at the Marietta campus feel invisible, especially if some students on the same campus are not aware there is another college right next to them.

Walking around the Marietta campus, I have never seen any signs promoting Georgia Highlands. It is located at Norton Hall, but from the outside, Norton Hall looks like a building with only offices. I hope that there are some changes on the Marietta campus to give Georgia Highlands students a bigger voice and stand out within the Kennesaw students.

Niki Mitchell
Business major
Floyd campus

Black Lives Matter article helps enlighten student

Dear Editor,

While reading the Six Mile Post, the article titled "Black Lives Matter: a cry for justice" really struck me and interested me. The article talked about injustice towards the African-American race and awareness regarding the topic. I think this was a good way to further explain what exactly the Black Lives Matter movement is. As mentioned in the article most people misunderstand what it really is. The article clarifies that it isn't about one race being superior to the other. It talks about how it has been happening all through history but most recently showed up after the Trayvon Martin murder.

The awareness Black Live Matters provides is crucial in ending this injustice. The writer asks questions regarding how the reader would feel if someone they loved got killed for no reason. It really questions motives and makes the reader feel just for a minute what all the African-American race has to endure. As a result, many people could become more involved in the movement.

Natalie Aguilar
Pre-Nursing
Floyd campus

**To see more Letters to the Editor go to
sixmilepost.com
Submit letters to
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'Sweetwater Blues' depicts realistic Southern town

By Shawn Bunyard
Staff Writer

"Sweetwater Blues" by Raymond L. Atkins is thoroughly a Georgia story.

Any resident of the South will recognize the fictional town of Sweetwater, its inhabitants as their neighbors. The theme of ordinary people struggling with daily life is what made this recent novel the One Book Many Voices pick for 2016.

Its protagonist, Palmer Cray, is a down-home kid trying to recover his life after his greatest mistake.

He is not a hero. In fact, he spends years in jail for unintentionally killing his best friend in a car crash. Far from melodramatic, his story depicts tragedy in a realistic way. Guided by fate and "sloppy luck," almost everything that happens to him is out of his control, yet he does his best

to make it through each tough day.

However, Palmer's life is not just a struggle against the impersonal universe, it is a battle within himself.

This coming-of-age tale navigates his depression, instability, fear, and guilt, as well as his constant battle



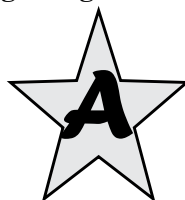
with regret.

After being defined by his mistakes, he has to create a new life both within and after graduating from the walls of prison.

Between his journals and his unique friendships, the reader is able to get a sense of his reality and has to cope with these issues right alongside Palmer.

The relatability of the characters, plus the emotional depth of the storyline, earns this book an A.

This book
gets a grade of



Excellent character building and mediocre story telling makes up a mediocre movie

By Mat Shankute
Staff Writer

"Ouija: Origin of Evil" is a pseudo prequel to the 2013 movie "Ouija," an "adaptation" of the Hasbro board game of the same name.

"Origin of Evil" takes place in 1967 and stars Elizabeth Reaser as Alice Russel, a medium/con artist who has a terrifying encounter with the occult when her youngest daughter

of setting up its main characters as likeable people than most horror movies, and it also goes to great lengths to establish its period setting.

The actors are also a cut above standard low budget horror fare, with everyone doing an admirable job with some admittedly cliché material.

Unfortunately, that is about where the positives end with "Origin of Evil," as the rest of the movie relies on half-baked ideas and tired horror tropes.

Every plot beat from every standard ghost movie this side of "Paranormal Activity" is explored here, giving the movie a strong feeling of "been there done that." The pacing is mercilessly slow as well, taking nearly half of its hour and 40 minute runtime for anything remotely scary to happen.

The real scares are few and far between here, with most of the horror coming from cheap jump scares and some occasionally creative imagery.

The acting and setting are commendable for a movie of this type, but the rest of the film is so stale that it's hard to recommend it to anyone.

Viewers should find their scares elsewhere.

"Every plot beat from every standard ghost movie this side of 'Paranormal Activity' is explored here"

is possessed by a demon after playing with a Ouija board.

The movie does a better job



This movie
gets a grade of



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Students benefit from campus yoga classes

By Michael Lewis
Staff Writer

Yoga lifestyle classes have been taking place at the Georgia Highlands Douglasville campus.

Every Wednesday since Oct. 26, yoga and dance instructor Angie McCanham has been conducting a yoga and fitness lifestyle class called "Zen." McCanham is a dancer, trainer and life coach who also teaches Zumba classes in Dallas, Ga.

She said the class is for all fitness levels and that "it com-

bines several facets of yoga."

Zen features training from traditional yoga such as sun salutations, standing strength and balance routines. It also incorporates other common forms of fitness.

Tai-Chi is offered to calm nerves and center one's breathing while energy flows through the body.

Pilates is also offered to help strengthen the core and back and gain inner strength and tone muscles.

Flexibility is also part of the program to help release tension, elongate the spine

and keep joints safe. Every class ends with 10 minutes of stillness and meditation.

"It's the balance we all need to settle and recharge for the demands of our busy lives," said McCanham.

The last class will take place on Nov. 16 in the Douglasville campus student center from 12:30 to 1:30p.m.

For more information on other activities coming to the Douglasville campus, Lyric Sprinkle, the Douglasville Student Life coordinator, can be contacted at lsprinkl@highlands.edu.



Photo by Michael Lewis

Angie McCanham, yoga instructor, teaches class at the GHC Douglasville campus.



Food Column

By Mimi Ward
Staff Writer

Healthy eating during stress

Stressful times do not just occur during mid-terms and finals week. Stress could come anytime there is a life change, ranging from the very simple to the traumatic.

It causes imbalances in our body that show up as headaches, insomnia or more serious imbalances that lead to disease.

Nutrition plays a larger role in handling stress than most of us are willing to admit or realize. Eating nutritious meals helps the body to relax and keeps bodily systems in balance.

When someone eats well, his or her metabolism, which involves all bodily systems, is getting what it needs to perform at peak levels. Balance, or homeostasis, is what the body seeks.

So you may ask, how can you keep yourself performing at peak levels? This can be done by choosing foods that provide energy and improve brainpower rather than foods that rob your body of energy,

such as processed and sugar loaded foods.

Being a college student myself, I know how tough it can be to make healthy choices that fit within a tight budget, but it can be done.

Who says you can't have it all-taste, nutrition and inexpensive all wrapped into one? Nice hearty soups are cheap and nutritious, just like fully loaded grilled cheese paninis or sandwiches.

Also, smoothies are an excellent way to get veggies, and they taste delicious. A great food for on-the-go is a power-packed smoothie anytime.

Check out this tried and true recipe for Strawberry Oatmeal Breakfast Smoothie.

In a blender, combine 1 cup of milk, almond or skim, 14 frozen strawberries, ½ cup rolled oats and 1 banana, broken into chunks.

Add ½ teaspoon vanilla extract or 1 ½ teaspoons sugar if desired.

Blend until smooth.



Art by Josh Jones

It's so nice having the kids home for Thanksgiving...

THANKSGIVING BREAK NOV. 23-27
CLASSES END DEC. 5
EXAMS DEC. 6-12

Cheers to echo in gym this year

By Autumn Pritchard
Staff Writer

This year's cheerleading squad made its debut at the men's game on Friday, Nov. 4, in Rome.

They then cheered on the men and women during the games on Tuesday, Nov. 8, also in Rome.

According to Phillip Gaffney, athletic director and men's head basketball coach, the cheer team lends a certain presence to the games.

He said he thinks the squad "makes for a good atmosphere" and "makes for an exciting atmosphere" during the games.

There are three new coaches for the cheerleading squad. Susan Claxton, professor of sociology and human services coordinator, and head coach; Donna Mantooth, part-time professor of psychology; and Erin Kingston, biology instructor, have big plans for the squad.

Claxton said one of the main goals the squad has set for the year is to appear at all of the home games.

She said the group is looking to maybe incorporate some halftime programming and sideline cheerleading.

She also explained that the cheerleaders will be working more with the mascot on game day.

Claxton said that the team's coaches will guide and coach the group but the final decisions regarding the squad will be in the hands of the members.

Claxton said, "It is their organization."



Costume wiffle ball breaks out at C'ville

By Stephanie Corona
Staff Writer

For Halloween, the baseball and softball teams had a competition of wiffle ball while sporting an array of costumes.

Dean of Natural Sciences and Physical Education Gregory Ford and Cartersville Campus Dean Leslie Johnson, both participated in this Halloween intramural activity.

Associate Communication Professor Travice Obas and Biology Professor Sharryse Henderson cheered from the sidelines while enjoying the game.

Softball and baseball players opposed fellow teammates in this game of wiffle ball. Some participants contributed to laughs as they tried to keep their attire in place.

Throughout each exchange, each team tried to hit the ball with extremely small bats.

Some aimed far and high, and others went for a more deceptive hit. Obas described the game as enjoyable to watch, and Ford said it was "absolutely fun."

Melissa Wood, head softball coach, remarked with a laugh that the temperature was not ideal for her full body T-Rex suit.

Softball team members Natalie Pedersen and Evan Hall mentioned that it was great for baseball and softball to bond. Dash O'Neill, head baseball coach, said, "It was a great opportunity for each team to do something together and develop a support for one another."



Photos by Stephanie Corona



A dinosaur, a cowgirl, a variety of superheroes, and other creative costumed individuals gather on the Cartersville campus for a Halloween game of wiffle ball.

Classic basketball games upcoming

**By Joshua Mabry
Managing Ed., Sports**

The GHC Chargers basketball season is underway. There are several upcoming opportunities to watch both the men's team and women's team play in basketball classics.

A basketball classic is when several teams play against each other, over a couple of days, to showcase talent. According to Brandan Harrell, women's head basketball coach, "A classic is not a traditional tournament because the games are prescheduled."

The men's basketball team will play in the Dana Davis Classic on Friday, Nov. 18, and Saturday, Nov. 19, at the Floyd campus gym.

GHC will play at 7:30 p.m. on Nov. 18 against Faith Bap-

tist Christian Academy and at 3 p.m. on Nov. 19 against Middle Georgia State University.

The Dana Davis Classic is named in honor of a former GHC employee who lost her battle with cancer in April 2016.

According to Phil Gaffney, men's head basketball coach, Davis was a "wonderful person and a big supporter of athletics at GHC."

Gaffney worries that his team may not be ready for the upcoming classic games.

There have been multiple injuries on the team recently. He said that the team is "definitely not healthy but hopefully ready."

The GHC Thanksgiving Classic is coming up for the women's team. The GHC Thanksgiving Classic will oc-

cur on Friday, Nov. 25, and Saturday, Nov. 26, at the Floyd campus gym.

The Lady Chargers will play at 8 p.m. against Gulf Coast State College on Nov. 25 and 4 p.m. against Northwest Florida State College on Nov. 26.

Harrell believes that the Georgia Highlands Thanksgiving Classic could be measuring the success of the upcoming season.

The 22nd ranked Lady Chargers are playing Northwest Florida State. Florida State is currently ranked 12th by the NJCAA.

Harrell said that "these games are scheduled to play the best teams we can. It gives us an idea of where we are and gets us ready for a tough conference schedule."



Photo by Jaida Lovelace

Kyvon Davenport goes for the dunk during the men's basketball game on Nov. 8 at the Floyd campus gym. He contributed 37 points and 8 rebounds as the Chargers defeated Gadsden State 84-72.



Photo by Jaida Lovelace

At a special ceremony between the women's and men's games on Nov. 8, Athletic Director Phil Gaffney (white shirt) recognizes last year's championship teams.



Photo by Jaida Lovelace

Phil Gaffney presents Maria Crider with her conference championship ring. Crider along with the other Lady Chargers defeated Gadsden State 63-53 on Nov. 8.

Pederson travels thousands of miles to play softball at GHC

**By Carly Trader
Staff Writer**

Natalie Pederson is our featured athlete this month. She is a 19-year-old sophomore attending the Cartersville campus.

Originally from Sylmar, Calif., Pederson has traveled thousands of miles on a softball scholarship to attend Georgia Highlands.

She said, "Coming to GHC allowed me to have more op-

portunities to transfer to a better university with better scholarship offers than I would've had going straight from high school to a university."

Along with a rigorous training and school schedule, Natalie also works for GHC's Student Life. Natalie is majoring in psychology and "plans to continue this degree through graduate school." Though unsure of her exact "dream job," she knows that anything in

the psychology field will be a good match.

Natalie has been playing softball since she was three years old.

"I started serious softball around 13 or 14 years old and plan to play through college," she said.

Sixteen years of softball, and counting, is indeed dedication to the sport in addition to the impact it has made on her life.

Softball has enabled Nata-

lie to travel across the country for school. This is an opportunity that many athletes and students desire.

In Natalie's opinion, the upcoming softball season looks very promising. She said, "We have a very well-rounded team with great freshmen who have come into the program along with experienced sophomores." Natalie's goal for the season is to be competitive "against every team that they play this season."



Photo by Kaileb Webb

Natalie Pederson

Moss accepts position as asst. baseball coach

By Joe Webster
Asst. Sports Editor

The number one reason Brock Moss accepted his position as assistant baseball coach at Georgia Highlands is "the opportunity to win a national championship." Moss looks most forward to seeing "if GHC can win this program's first GCAA championship."

Coach Moss played high school baseball at Montgomery High School in Texas before accepting a scholarship to play at the next level at Morton College.

Following his stint at Morton, Moss continued his playing career at Sterling College. At Sterling, he was a part of the first team from the Kansas Collegiate Athletic Conference to win a NAIA Regional and advance to the NAIA World Series.

This season will be Moss's fourth season as a coach. The

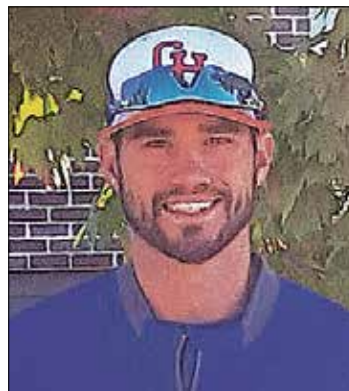


Photo by Stephanie Corona
Brock Moss

expectation for this upcoming spring is "to compete for and win a conference championship." Moss shares the same view on this season as head coach Dash O'Neill.

O'Neill said, "This season promises a new brand of baseball" for the Georgia Highlands Chargers. Moss and O'Neill will lead the team into this spring's schedule.

Gaffney, Harrell are not typical coaches



Mabry's Pitch

Joshua Mabry
Managing Ed., Sports

Phil Gaffney and Brandon Harrell are great assets to the Georgia Highlands College community. They are not typical college coaches that care solely about athletics and nothing else. They do love athletics and their teams, but they also love GHC and it is evident in everything they do.

Gaffney, athletic director and head men's basketball coach, has been at GHC since 2011, when he brought intercollegiate athletics to the college and started the men's basketball program.

Brandon Harrell, head women's basketball coach, started the women's team in 2012. Both teams have been improving ever since then and each season gets more exciting.

The Chargers' first men's basketball season was 2012-13, and the team did not win a game that year. However, this did not discourage Gaffney.

Gaffney started the following seasons with recruited players and focused on training them. This shows the dedication and hard work ethic he has as a coach. Gaffney's hard work paid off, and the men's team won the NJCAA Region 17 title for the 2014-15 and 2015-16 seasons.

The first women's basketball season was 2012-13, and the team ended with a 24-7 record. The team has improved with time and made it to the NJCAA national championship for the first time last season. This shows that Harrell strives for excellence.

From being in class with basketball players, it is evident that Gaffney and Harrell are positive influences in the lives of their players.

The players are typically respectful to their professors and work hard. They do not expect special treatment because they are on the basketball team.

It is great to have coaches that care about what is best for their players at GHC. They care about how their players are performing in the classroom in addition to how they perform on the court.

The coaches are involved in everyday life at the college. They have good relationships with the faculty and staff at GHC.

It is typical to walk down the hallway and see a staff member talking with one of the coaches, which is a great thing to see.

We are glad to have Gaffney and Harrell as part of the GHC community.

2016-2017 CHARGERS basketball			
MEN'S UPCOMING BASKETBALL SCHEDULE			
DATE	OPPONENT	LOCATION	TIME
Friday Nov. 18	Dana Davis Classic (Middle Georgia vs Chatt. Tech)	Rome, GA	7:30 pm
Friday Nov. 18	Dana Davis Classic (FBCA vs GHC)	Rome, GA	7:30 pm
Saturday Nov. 19	Dana Davis Classic (Chattahoochee Tech vs. FBCA)	Rome, GA	1:00 pm
Saturday Nov. 19	Dana Davis Classic (Middle Georgia vs. GHC)	Rome, GA	3:00 pm
Tuesday Nov. 22	Handle It Prep	Rome, GA	7:30 pm
Tuesday Dec. 6	Lawson State College	Rome, GA	7:30 pm
Saturday Dec. 10	Albany Tech	Rome, GA	4:00 pm
Tuesday Dec. 13	Gadsden State CC	Gadsden, AL	7:30 pm CST
Friday Dec. 30	ASA	Rome, GA	7:30 pm
Wednesday Jan. 4	Gordon College	Rome, GA	7:30 pm
WOMEN'S UPCOMING BASKETBALL SCHEDULE			
DATE	OPPONENT	LOCATION	TIME
Friday Nov. 25	GHC Thanksgiving Classic	Rome, GA	
	Roane State CC vs Atlanta Metro State		4:00 pm
	Walters State CC vs N.W. Florida State		6:00 pm
	GHC v Gulf Coast State		8:00 pm
Saturday Nov. 26	GHC Thanksgiving Classic	Rome, GA	
	Roane State CC vs Gulf Coast State		12:00 pm
	Walters State CC vs Atlanta Metro State		2:00 pm
	GHC vs Northwest Florida State		4:00 pm
Tuesday Dec. 6	Lawson State CC	Rome, GA	5:30 pm
Saturday Dec. 10	Albany Technical College	Rome, GA	2:00 pm
Tuesday Dec. 13	Gadsden State CC	Gadsden, AL	5:30 pm CST
Monday Dec. 19	Wallace State Hanceville	Rome, GA	1:00 pm
Thursday Dec. 29	SGTC Classic	Americus, GA	TBD
Friday Dec. 30	SGTC Classic	Americus, GA	TBD
Wednesday Jan. 4	Wallace State Hanceville	Hanceville, AL	2:00 pm CST
Saturday Jan. 7	Snead State CC	Rome, GA	2:00 pm



Go Chargers



Yellow = Home Games

BOLD = GCAA Conference Games