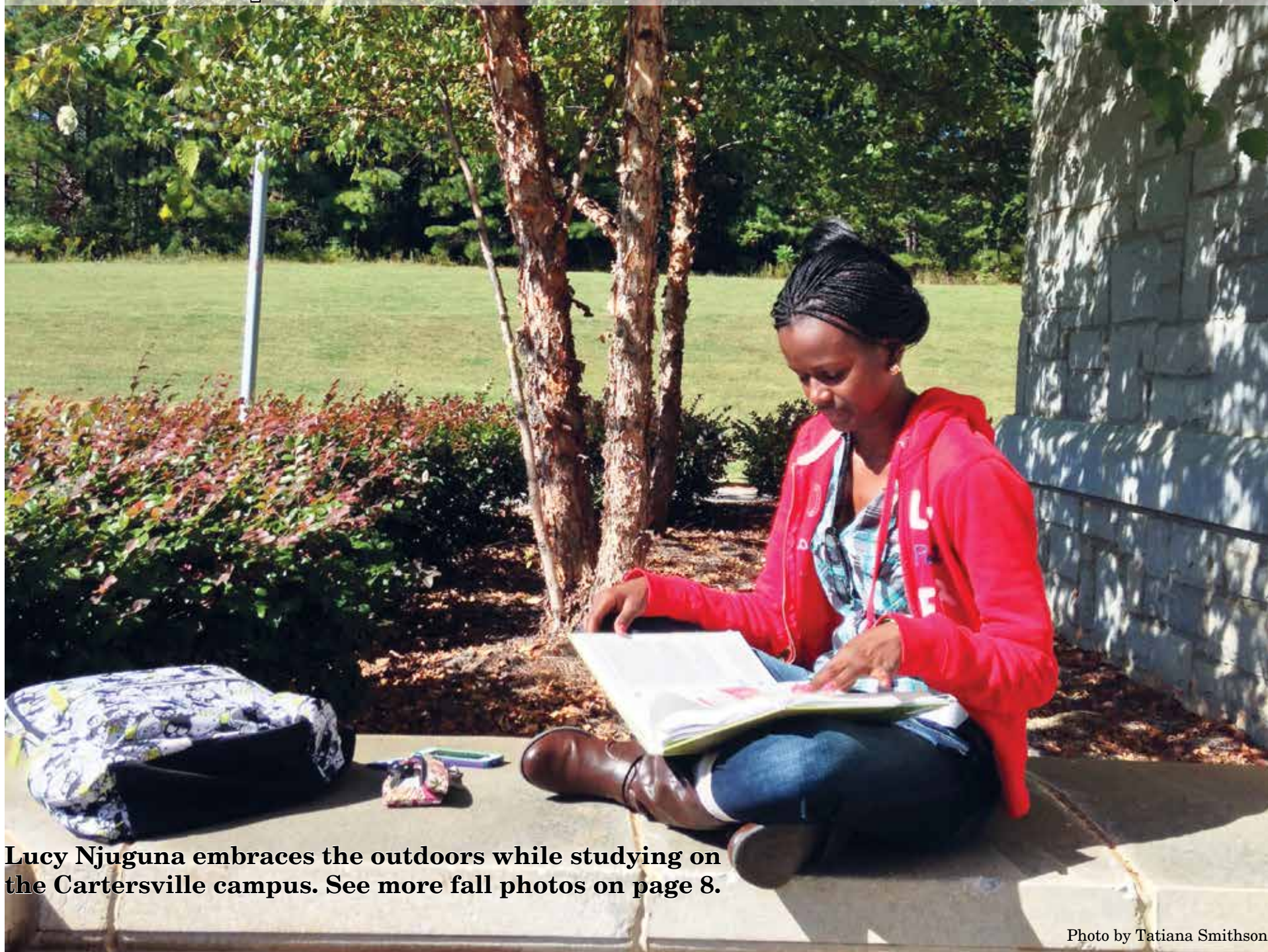


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The Student Voice

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Lucy Njuguna embraces the outdoors while studying on the Cartersville campus. See more fall photos on page 8.

Photo by Tatiana Smithson



Student balances family and class

See page 5.

Charger Café not up to par

See page 12.

Men's and Women's Basketball Preview

See page 16.

Georgia Highlands College - Rome, Georgia

November to bring excitement to the night sky

By Thomas Dobson
Staff Writer

This coming November will be an eventful month for stargazers.

This promises to bring people from the Rome area to Georgia Highlands Floyd campus, the home of the Bishop Observatory, one of only two observatories in Rome area, the other being Berry College's Pew Observatory.

Three separate meteor showers are predicted to peak in November, but the star everyone is expecting to steal the show is Comet ISON.

The meteor showers will be the South Taurids and the North Taurids on Nov. 4, and Nov. 11, respectively. Both will take place between midnight and the early morning.

The third, the Leonids, predicted for late night Nov. 16, may in fact be the more spectacular of the trio given the meteor shower's history of producing thousands of shooting stars in a span of minutes in 1966. A full moon, however, is likely to



Photo by Ryan Jones

One of the two observatories in the Rome area. The Bishop Observatory on the Floyd campus has been reserved for the up coming meteor showers.

make the viewing of the meteor shower difficult.

Comets and their visibility from Earth are notoriously hard to predict, ranging from the iconic blue white arc painted across the night sky to just another

speck.

The comet ISON may be an outright dud or at its most spectacular Thanksgiving Day, Nov. 28. That is when it will pass extremely close (in astronomical terms) to the sun, perhaps

even close enough to cause ISON to break apart and vaporize.

If it does survive its close encounter, ISON will then slingshot back around the sun toward Earth. It would then remain visible from

Earth well into January 2014, no telescope required.

The Floyd campus observatory has in its inventory a 16-inch Meade telescope and a 12-inch Newtonian telescope, along with many smaller telescopes, perfect for viewing distant objects at night even on a full moon.

According to Mark Pergem, assistant professor of astronomy, the Bishop Observatory is not open to the public, but appointments can be made for other groups not affiliated with Georgia Highlands to use the facility, weather permitting. Two separate groups have already signed up to use the observatory in the coming months.

The the details about meteors and comets came from: <http://www.astronomy.com/magazine/press-releases/2013/09/november-2013>, <http://earthsky.org/astronomy-essentials/earthskys-meteor-shower-guide#orionids>, <http://news.discovery.com/space/astronomy/top-5-comet-ison-list-131003.htm>

GHC prepares students to become future leaders during Charge into Leadership at Douglasville

By Matthew A. Massey
Staff Writer

The fifth annual Charge into Leadership conference at the Douglasville campus Oct. 4 was open to students across all GHC campuses as an opportunity to meet, interact and develop critical leadership skills.

The day started with an ice-breaking game followed by a motivational speech by the keynote speaker, Jason LeVasseur.

Wielding his guitar and a beaming smile, LeVasseur championed success with his speech entitled "Get Your Show on the Road," its message geared toward finding one's passion and running with it.

"I didn't initially dream of public speaking; someone else recognized that talent in me," LeVasseur said, "I enjoy working closely with students. Most of my events are concerts, but I love to interact in this type of environment."

Following the speech, the conference attendees separated into several break-out sessions with each one offering something unique for the students.

Alma Malasi, a student at Highlands, said her favorite session was the Responsible Budget session. "I feel budgeting is important in college," Malasi said. "I now feel better at doing that."

A catered lunch followed the break-outs.

The day ended with a break-out involving the SGA, as well as another titled "True Colors" during which students answered questions about themselves for a personality test.

Jennifer Shirey, a general studies major, said, "I enjoyed learning more about myself and how to better communicate with people. I also enjoyed Jason LeVasseur's singing and his speech."

In between events such as the leadership conference, LeVasseur is working on writing his motivational manifesto titled "The Rockstar Project."

Student life coordinators across all campuses helped plan this event.



Photo by David Martinez

Jason LeVasseur performs for GHC students at the Charge into Leadership conference on the Douglasville campus.

GHC 411 helps students

By Tyler Hogue
Staff Writer

The GHC 411 Ticketing System is a system designed by Todd Jones, vice-president for student affairs, and Sandie Davis, director of the admissions and registrar, to help students with any problems they may have.

The Ticketing System first launched in November 2012. It was set up to improve customer service by getting students a quicker response to their problems.

According to Jones, it also allowed the college to track students' concerns to improve communication and to find out what students' greatest concerns are.

He said that financial aid issues represent the most concern from students.

Chris Wheelus, enrollment management specialist, said, "It's an amazing system. All the employees love it."

He said it allows the college to respond more efficiently and reduces the waiting time of trying to get help in person due to limited staff.

Wheelus also goes on to state that it is possible to choose which department and campus the question goes to. This allows it to go to someone in an area of specialty who can answer the question better.

Tickets can be sent to

the Offices of Financial Aid, Admissions, Advising and E-learning (for online students) to name a few.

Wheelus also says that if a ticket gets sent to the wrong department, someone in that department can redirect the question to the correct one.

Jamison Johnston, a financial aid student worker, says that approximately 10,000 tickets for financial aid alone have been answered from the time of launch up to September of this year.

According to Jones, approximately 15,000 tickets have been answered in all since December 2012 till now.

Award-winning author entertains Rome's One Book audience

By Thomas Dobson
Staff Writer

The seats of the Rome City Auditorium were full Tuesday night, Oct. 8, as people turned out to see and hear Clyde Edgerton.

Edgerton visited Rome as part of the city's One Book Many Voices reading initiative, which had selected his book "The Night Train" as the featured book for this year.

The evening began with a few songs played by the Pepperell High School Jazz Ensemble as attendees took their seats.

Edgerton was introduced

by Georgia Highlands College's John Kwist, assistant professor of English, who talked of the humor prevalent throughout Edgerton's works.

Kwist described "The Night Train" as having "humor with an edge."

Edgerton took the stage and recognized the winners of the 2013 One Book Many Voices essay contest.

He made the audience laugh with a combination of humor, stories and songs.

In addition, he also played a piano and his mandolin while a group in a nearby balcony provided a beat for him.

Edgerton went on to recount some of the stories and experiences from his life that he had incorporated into his books, such as "Lunch at Piccadilly," "Papadaddy's Book for New Fathers" and "The Night Train."

Edgerton ended the evening with three more original songs and a short question and answer session with a number of aspiring writers in attendance.

"Very entertaining," said Tim Gillespie, a teacher from Pepperell High School. "He did a great job of mixing past experiences into his fiction."

Quick facts about Edgerton



- He has published 10 novels. "The Night Train" is his 10th.
- He was raised in the community of Bethesda, N.C.
- His short stories and essays have been published in New York Times Magazine, Best American Short Stories and more.
- He is the Thomas S. Kenan III professor of Creative Writing at UNC Wilmington.

SMP staff change



Photo by Ryan Jones

Pedro Zavala
Editor-in-Chief

The Six Mile Post has recently experienced a staff change. Pedro Zavala, former managing editor, graphics and design, is the newly appointed editor-in-chief.

Aaron Harper, former EIC, resigned from the staff citing family issues.

Zavala was a photog-

rapher and staff writer for the SMP last year.

He is a respiratory therapy major on the Floyd campus.

"I'm looking forward to making a great paper this year and getting out there."

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Highlands Happenings

Turkey Day Walk to offer prizes

By Antonio Garcia
Managing Ed., Online

The Floyd Campus Turkey Day Walk-Run will take place Wednesday, Nov. 13.

The Turkey Day Walk-Run has been an annual event held before Thanksgiving each year for over 25 years.

Students, faculty and staff can make the 1.85 mile loop around Lake Paris at their own pace.

Registration will start at 1:30 p.m. by the pavilion near the lake. The event will start at 2 p.m.

Each participant will have to estimate the time it will take for him or her to walk or run around the course. The winners will be

the men and women who finish closest to their estimated time.

All participants will have to leave their cell phones, watches and any other timing device at the start of the race.

The prizes will be \$25 gift certificates to Honey-Baked Ham.

December graduation planned for 2014

By Gayle Golden
Staff Writer

To accommodate its growing number of graduates, GHC is planning to add a December graduation in 2014 in addition to the annual May graduation ceremony.

According to Sherri Beideck, assistant director of admissions, "Looking

back over the last six years, the number of graduates has increased from 391 in 2008 to 525 graduates in 2013. The nursing graduates are included in the total number of graduates."

The nursing graduation has been separate for the last two years, but the current plan is to combine the nursing graduation and the regular graduations in 2014, with the nursing graduates having a separate pinning ceremony.

Laura Musselwhite, interim vice president of academic affairs, said that a graduation in December 2013 was being considered but a location could not be found.

"In the search for a venue everything that would have been suitable was already booked. We are planning to hold a Decem-

ber 2014 graduation," said Musselwhite.

GHC goes skiing for course credit

By Antonio Garcia
Managing Ed., Online

The physical education department will be hosting this year's ski and snowboard trip to Appalachian Ski Mountain, N.C., from Dec. 30, 2013, to Jan. 3, 2014.

The trip is designed to provide students with academic credit in physical education, but it is also available for non-credit students, faculty, staff and friends on a continuing education basis.

Students wishing to attend the trip for academic

credit may include PHED 1420 or PHED 1421 in their spring 2014 class schedule.

There are two activity plans available, the "Learning Adventure" and the "Multi-Mountain." Both will include five sessions of skiing.

Prices will vary depending on housing, and snowboarding will cost a little more than skiing. Attendees will save money if they bring their own equipment.

The deadline to sign up for the trip is Dec. 3. Sign-up will be in the Physical Education Office on the Floyd Campus, the Student Life Office on the Cartersville campus and through Student Life on the other campuses.

Contact Ken Weatherman, the trip coordinator, kweather@highlands.edu, with any questions.

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Photo by January D. Curry

Christian Carter spends quality time with two of his children, Carter (left) and Makena Tierney (back right), his nephew Tony Tierney (front right) and his dog Keegan at a park.

Student balances school, work, family

**By January D. Curry
Staff Writer**

Time management is something that some of us naturally struggle with. Trying to adjust to college life along with juggling a job or family can be difficult.

While the FCST course can help students with study skills and time management tactics, there are students that are real life time management experts at Georgia Highlands College.

The Marietta campus is home to one of the most astounding “non-traditional” students.

He is a 20-year Navy veteran, father of five, a full time Georgia Highlands student and a man one week away from being a new husband.

These may sound like the identities of four different people. However they are the many hats that Christian Carter wears.

Carter knew he had a duty to help people.

He was a volunteer fire fighter in high school, which led him to pursue the same path in the military for 12 years.

Later, switching to become a police officer in the

Navy, Carter honed in on his knack for law enforcement.

He fathered three daughters with his first wife, which made his drive for making a difference even stronger.

Carter’s military career brought many life lasting skills and monetary benefits.

“You can’t buy that kind of training,” Carter said. This training was part of his pathway to return to college to major in chemistry and become a forensic scientist.

Making the decision to go to college at any age is a

major decision. There will be sacrifices. Carter understood that the benefits held much more weight.

Becoming a Georgia Highlands student is just step one of Carter’s plan.

Afterwards, he plans to attend Kennesaw State to continue his path in law enforcement.

“At the end of the day it is only going to benefit me and my family...it’s a win win,” Carter said.

With his fiancée’s support, Carter manages a household, stays on top of a full-time school schedule and is currently planning a

honeymoon.

It is human nature to complain about being too tired to complete an assignment or make excuses for being late to class. But Carter was able to serve this country for 20 years, humble himself to become a college student with students half his age and still had time to get his children down for a nap at 1:30 p.m. every day. His life is a symbol of effective time management.

According to Carter, his calling is to “help people.” He is a prime example of pursuing his calling and recognizing his duty.

Having overcome poverty, prejudice: Omaha enjoys making others smile

By Antonio Garcia
Managing Ed., Online

Larry Omaha is a Native American comedian and actor known mainly for his stand-up comedy.

His comedy special "Goin' Native" appeared on Showtime, he has made an appearance on the Gabriel Iglesias Comedy Central show, "Stand-Up Revolution," and he even voice acted for a character from Mortal Kombat.

Soon, Omaha will bring his comedy act to some of the Georgia Highlands campuses.

Omaha is more than just the man on stage, though. His story does not start how one would think.

Unlike many children, Omaha didn't grow up on playgrounds or near a park.

As a young boy, Omaha would play in the landfill behind his house. He turned sifting through stuff that

others threw away into an adventure.

Rats were constantly in his family's home on the Southside of Omaha, Nebraska. As a toddler he was even bitten by a rodent as he slept in his crib.

Into his early teen years, Omaha was constantly faced with racism and the typical "Indian" stereotype.

At the age of 13, he began drinking alcohol. When he was 17 he got his girlfriend pregnant, and like many people in his situation, he could not handle the pressure of parenthood.

It wasn't until he was 20 that his life began to

change. Complete strangers, who cared about him, became examples of how he could change his life.

Omaha made the choice to change. He quit drinking and smoking, and his negativity vanished.

Omaha said, "I was living a dream simply because I made the choice to do so. No magic wand. No magic program. Just a couple of strangers who took the time to look me in the eyes and tell me what no one had ever told me, 'Larry, you can do this.'"

After that life-changing point in his life, Omaha decided that he wanted to be

a lawyer. He earned a bachelor's degree from the University of Nebraska and entered the law school there.

But after a year of law school, he realized that all of his notes were actually jokes about the professor.

Omaha decided to drop out of law school and go to the place where all great comedians go, Los Angeles. He now travels all over making people laugh around the world.

Omaha uses a lot of experience in his comedy acts. But instead of being hateful and bitter, he chooses to be funny and ironic. He also hopes that his humor will be mind opening.

Omaha's birth name is Barrientos, but when he became a comedian, he chose the name Omaha because that is where he grew up.

Omaha truly has an inspirational story for people from all walks of life. He did not let his negativity over-



Contributed

Larry Omaha

come him and is now living his dream by making others happy.

Omaha will also be in a horror film coming out next year titled "21Days."

Omaha will be visiting the Cartersville campus on Nov. 7, at 11 a.m. He will perform on the Paulding campus on Nov. 11, at noon and will also be performing the Floyd campus on Nov. 12, at noon.

"I was living a dream simply because I made the choice to do so."

-Larry Omaha



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GHC students attend Atlanta Pride

By Tyler Hogue
Staff Writer

Members of the Georgia Highlands College Equality Alliance took part in Atlanta Pride Oct. 12 and 13.

The annual Trans March and the Dyke March took place on Oct. 12.

Jessica Fisher, a GHC student on the Cartersville campus, participated in both of these marches.

The Pride Parade took place on Oct. 13 and was open for all to march. The main purpose of this parade is to promote unity. All GHC students present at the event marched in the parade.

The parade started at the Civic Center MARTA Station. Participants then marched one and a half miles down Peachtree Street and 10th Street, and the parade ended at Pied-

mont Park.

Adam Tucker, a GHC student on the Floyd campus, said, "The main thing I like about Pride is being able to see everyone from different walks of life coming together." He said he believes Atlanta Pride is important because it brings people together and creates a greater sense of community.

Fisher said that it was the first Pride she had attended. She said, "It's fun. I was anxious at first, but I feel this is a safe place to be yourself." She said the thing she most liked about Pride was the sense of community. She also thinks it is good to introduce children to this because it teaches self-acceptance and tolerance.

Various forms of entertainers and vendors were there to be enjoyed on both days of pride.



Photo by Tyler Hogue

Jessica Fisher (center) and Adam Tucker (far right) carry the sign for the GHC Equality Alliance at the Atlanta Pride Parade.



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Early autumn means beautiful scenery...



Leaves on trees on the Marietta campus begin to change colors.

Photo by January Curry



Photo by Tatiana Smithson
Students (from left) Patrick Gruber, Jakiria Carey and John Bessis chat beside Paris Lake on the Floyd campus.



Photo by Tatiana Smithson
Cartersville campus students Bailey Zale (left) and Paul Barnes take in the fall weather.

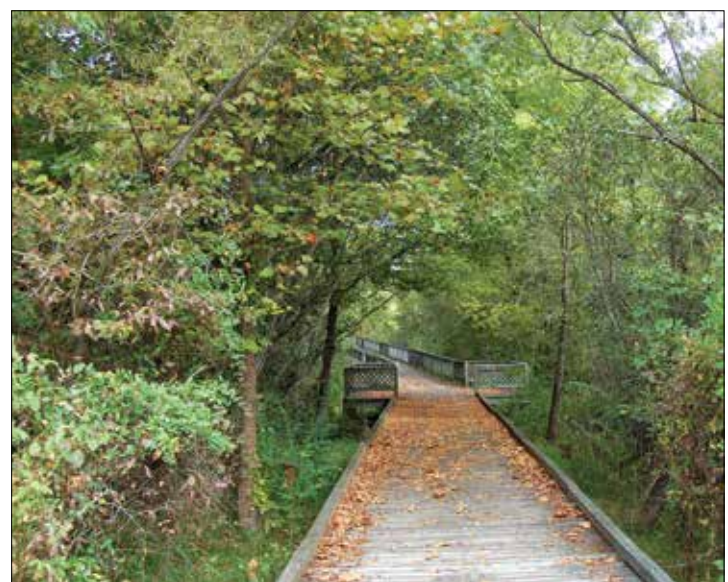
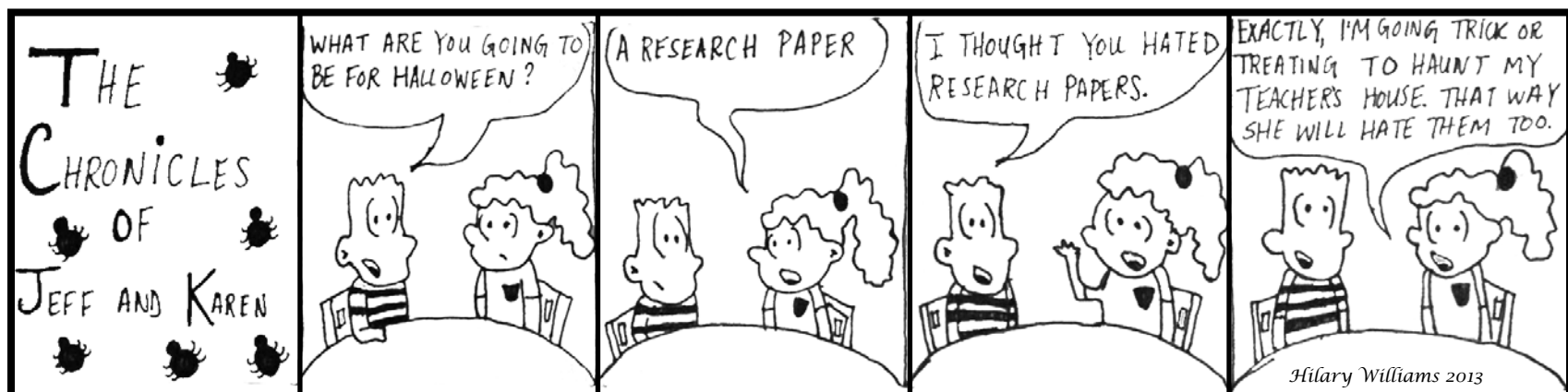
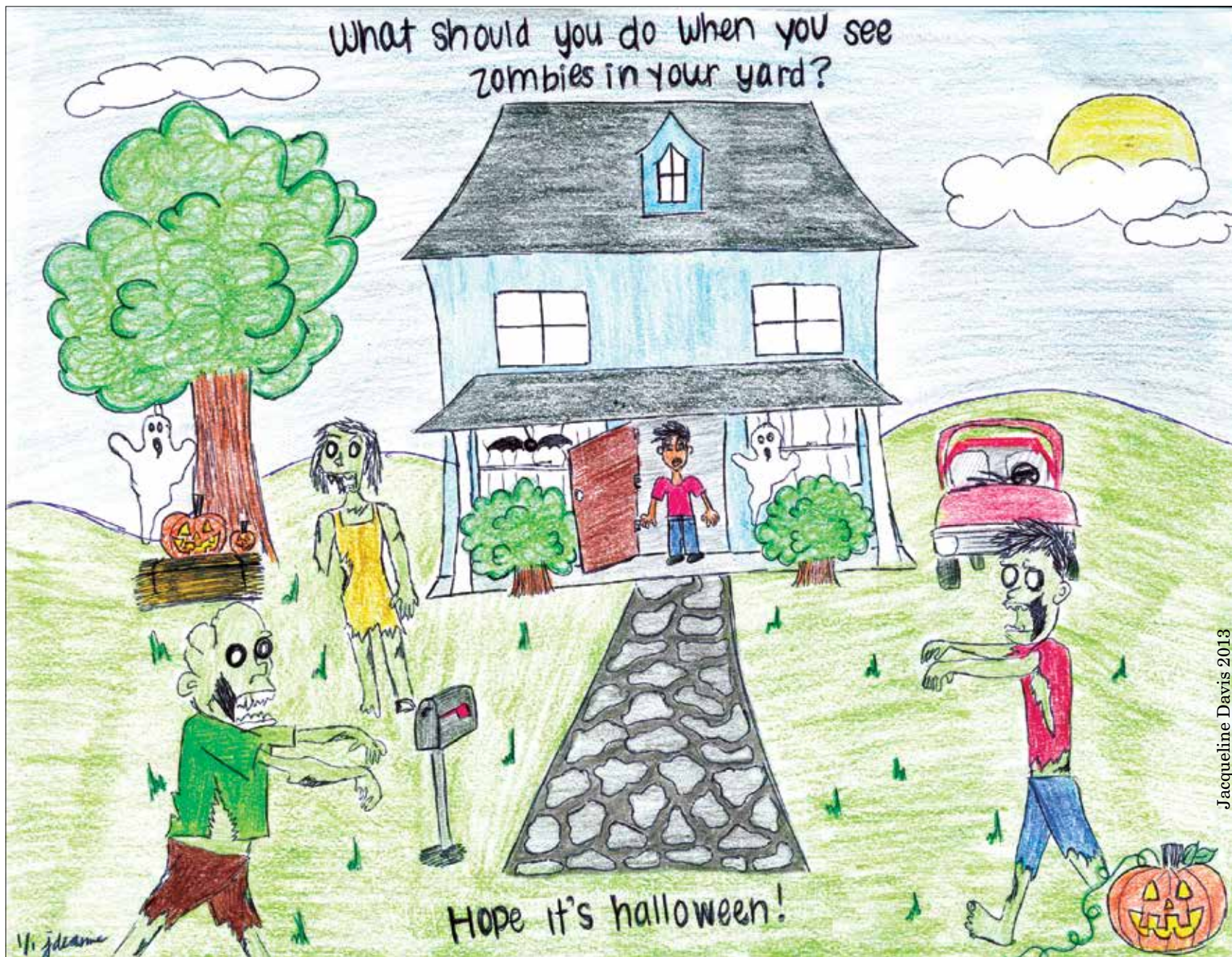


Photo by Ryan Jones
Fall colors begin to show on Floyd campus wetlands boardwalk.

BUT WATCH OUT FOR HALLOWEEN!



Former GHC student to discuss new book Nov. 14

**By Pedro R Zavala
Editor-in-Chief**

Joe Samuel Starnes will be at GHC promoting his book "Fall Line" Thursday, Nov. 14, at 12:30 p.m.

Joe Samuel Starnes was born in Alabama and raised in Cedartown, where his parents, Eddie and Joanne Starnes, still live. He attended Cedartown High School and later went to the University of Georgia, where he graduated with an English major in 1989.

While at UGA, Starnes attended summer classes at GHC when it was formerly Floyd College.

His mother was part of the original group of faculty when the college opened in 1970. It was called Floyd Junior College at the time and later became Floyd College. She retired in 1998 after 28 years of teaching.

After graduating from UGA Starnes then worked at the Milledgeville newspaper, The Union-Reporter, where his interest in man-made lakes began.

In an unpublished essay

about "Fall Line," Starnes said that he was writing an article on earthquakes in Georgia for The Union-Reporter. He did some investigating and discovered the recent shaking wasn't caused by earthquakes, but people cat-fishing with dynamite. He kept digging and learned that Georgia does experience earthquakes.

This set the foundation for "Fall Line," named after the geologic border that runs right through the middle of Georgia where the ocean came to millions of years ago.

In the novel "Fall Line," Starnes discusses the effects damming a river would have on the politics, people and culture.

The book jacket describes "Fall Line" as follows:

"Fall Line unfolds in one day's action, as viewed through the eyes of Elmer Blizzard, a troubled ex-deputy; Mrs. McNulty, a lonely widow who refuses to leave her doomed shack by the river; her loyal, aging dog, Percy; and a rapacious poli-



Contributed

Joe Samuel Starnes

tician, State Senator Aubrey Terrell, for whom the new lake is named. A story of land grabs, wounded families, bitterness, hypocrisy, violence, and revenge in the changing South, 'Fall Line' is populated by complex characters who want to do the right thing but don't know how."

"But I didn't intend to write a political novel decrying the destruction of the environment, and I'd be a hypocrite if I didn't admit

to having enjoyed many days on man-made lakes. In fact, a lake I fish regularly in the Poconos is man-made, built in the 1960s when a creek was dammed. The man-made lakes are beautiful, and should be enjoyed," Starnes said in his essay.

In an interview with Starnes stated, "I was really interested in how a lot of rivers were dammed and the effect it had on the people and culture."

"The novel is an exploration, a search for answers. I don't have all the answers. Above all, I wanted to tell a good story."

As a child, his parents always read books to him. "They got me started. And I've always loved reading books."

Starnes said that he always wanted to write a novel, but never truly started until he was 30. He was 38 when his first book "Calling" was published in 2005.

Starnes said that he is very excited to come back to GHC. "I remember running around the lake and playing tennis on the courts. It's a

meaningful visit because my mother taught there."

Starnes will discuss his new book in the Three Rivers Classroom located in the library. Light refreshments will be provided and attendees are welcome to bring their own lunch.

Extra credit is being offered by some teachers.

The event is sponsored by Student Life, GHC Library and the humanities division. It is open to the students, GHC employees and the general public.

Starnes now lives in New Jersey. He commutes to Widener College in Chester, Pa., just south of Philadelphia to edit the alumni magazine. He also occasionally teaches at other colleges.

He said that he has currently been working on a crime novel about a sheriff from Georgia who ends up in New Jersey.

His newest book "Fall Line" was published in 2011. It has received a rating of 4.3 out of 5 stars on Amazon.com and 4 out of 5 stars on BarnesandNoble.com.

Students may borrow clothes for job interviews from AAWCC closet on Floyd campus

**By Jacqueline Davis
Staff Writer**

The Georgia Highlands Floyd campus has a clothes closet, specifically designated for business attire. Many students may not know about this closet because it is located in the executive dining room, across from campus security.

This closet is part of the "Dress for Success" program through the AAWCC (American Association for Women in Community Colleges.)

"We started the project about four years ago to help students acquire business clothes for job interviews, class speeches, leadership conferences, or anything

else students need a business look for," said Cindy Wheeler, associate professor of English.

The Georgia Department of Labor states that over 90 percent of the decisions on who to bring back for a second job interview are made during the first two minutes of meeting someone. This is why it is so important to provide the clothes to students who need them.

When students need to borrow such clothes, they should contact Wheeler or Alison Lampkin, specialist for alumni development. "The closet currently has sizes ranging from four to 3XL in women, and 31 to 40 in men and needs more for

the younger women," said Lampkin.

The AAWCC, Student Services and GHC Alumni Association host "Passport for Success" every year around April on the Floyd and Cartersville campuses. This event helps students learn the importance of "dressing for success," how to do so and what companies are looking at when interviewing people to hire.

Students, faculty and staff can also donate any business-related clothes, shoes, or accessories by contacting Wheeler at cwheeler@highlands.edu or Lampkin at alampkin@highlands.edu



Photo by Virginia Robinson

Student Rebecca Curtis looks through the "Dress for Success" clothes closet.

Panic! At The Disco gives fans upbeat tune they expected

By Ashlee Gilley
Staff Writer

Pop-rock band, Panic! At The Disco are known for their unique sound and the fact that they like to experiment with it.

All of the earlier albums have had their own sound and with the release of their fourth album on Oct 9, "Too Weird To Live, Too Rare To Die," they keep true to their streak of originality.

Many fans were worried when the singles "Miss Jackson" and "This is Gospel" were released because they sounded very similar to something the band Fall Out Boy would produce. But Panic! At The Disco didn't let their fans down. The rest of the album, which has 10

tracks in all, has a much more diverse, different sound than the two singles.

Music review

Like most of the band's other songs, the tracks on this album have a feel good vibe to them that makes it almost impossible not to dance and sing along. The album does have some more mellow songs such as "The End Of All Things," but with the exception of that track, even the deeper songs have a more upbeat tune.

Lead singer Brendon Urie's fearless love for experimenting with the band's sound is no secret to his fans. It is present in this al-

bum as he edits his voice on several tracks to add a new, technical sound to it.

Most of the songs on this album seem to focus around the idea of romantic interests in several different situations and viewpoints. The track "Nicotine" focuses on the idea of being addicted to the person that they love. Urie uses a clever metaphor to describe it and help listeners visualize and experience the feeling.

As always, the lyrics are exceptionally clever. Urie does a great job of making sure there is something for every fan to enjoy.

As with Panic! At The Disco's other albums, there is a fair bit of profanity. However, a clean version of the album is also available.



Contributed

"Too Weird to Live, Too Rare too Die!" album cover

Most popular songs of the album:

- Miss Jackson
- This is Gospel
- Far Too Young to Die

Spoken word artist offers uncensored reality at GHC by providing personal life stories and experiences



Photo by Ryan Jones

Caroline Rothstein shares her passionate spoken word poetry on the Floyd campus.

By Ryan Jones
Chief Photographer

"Do everything
But actually
Break"

Those are the last three lines of Caroline Rothstein's poem "How Not to Purge."

Rothstein, a social activist who tours college campuses performing spoken word poetry and speaking to students, suffered from eating disorders for 10 years of her life.

Rothstein visited three of the Georgia Highlands College campuses in October: the Douglasville campus on Oct. 7, the Floyd campus on Oct. 8, and the Cartersville campus on Oct 10.

She told me that she does "a lot around eating disorder recovery and positive body image" and "cares a lot about dismantling ho-

mophobia and racism."

It is obvious from her performance and works that she is uncensored, which helps people relate to her. She makes it feel as if everything she writes and says is directly to the audience.

When she performed her poem "How to Have the Best Orgasm of Your Entire Life," I looked around and saw students snickering with looks of disbelief on their faces. I also looked around when she performed her poem "Life Worth" and saw these same students with solemn looks, trying to hold back emotion.

While Rothstein was at the Floyd campus, a student asked how her friend could recover from an eating disorder. I missed the conversation but asked Rothstein about the question later. She said, "I shared how I recovered. I talked about do-

ing a lot of therapy, but also having an epiphany and a realization that I deserved to not harm myself."

Rothstein is an inspiration. In my copy of Rothstein's "This Book Wrote Itself," she wrote, "The world needs your voice! Keep sharing and telling stories!" This is probably the best advice—not only for me, but for everyone.

To learn more about Rothstein, you can look at her website, www.carolinerothstein.com; follow her on Twitter, www.twitter.com/cerorthstein; or Facebook, www.facebook.com/CarolineRothsteinOFFICIAL.

Rothstein is currently launching www.youtube.com/CarolineRothsteinTV, but you can go to www.youtube.com/Cavernchick to see what she already has posted.

What we need from the Charger Café

Georgia Highlands College has the Charger Café on the Floyd and Cartersville campuses. The Charger Café provides students with a chance to eat on campus rather than having to leave campus to find something to eat.

There are times when one can look into the café and see students are lined up to place food orders, and other times when the café seems to have no student activity. Students who have back-to-back classes seem to have trouble getting food

in their break between classes, and others may go without a meal because the café is not open when they are able to get there.

The café opens at 7:30 a.m. and closes at 2 p.m. The time of day when the most students are on campus, according to John Spranza, the coordinator of student life for the Floyd campus, is between 10 a.m. and 2 p.m. So, students who have classes in the afternoon have a hard time getting to the café before it closes.

Most students seem to know that there is a café on the Floyd campus as well as the Cartersville campus, but the prices seem to deter people. When students were asked their opinions on the Charger Café, many of them said that it was convenient to have on campus, but that the food was too expensive or not varied enough. The average price of a lunch-time meal on campus is \$6.22 when a 24 oz. fountain drink is included.

The café offers hamburgers, french fries,

chicken tenders and other types of what is considered fast-food. The Floyd campus offers the option of deli sandwiches as well, but the Cartersville campus does not have that option.

One student said, "Last year you got more food for a lesser price." For the past three semesters, there has been a different company running the café each semester, leading to the difference in the foods offered and the prices.

GHC also offers meal plans. There is a four-

meal per week plan that would save students about \$70, an eight-meal per week plan that would save students almost \$140 and a 12-meal per week plan that would save students over \$185. The problem with the 12-meal per week plan is that the café closes at 2 p.m., whereas students would want a third meal later than that.

Overall, it seems as if students would be more inclined to eat at the Charger Café if the prices were lower and the hours were more convenient.

Don't forget the little things in life

In this age of rapidly changing technology, we get caught up in the hustle and bustle of everyday life. Time is spent in traffic rushing to follow busy schedules, jostled between work, home and family commitments. Eyes remain focused on the lists we have created for each day, hoping nothing out of the ordinary occurs to delay or impede the accomplishment of our goals.

In the process, the little things are often missed or overlooked.

One of the best reminders to paying attention to the little things is to take a walk with a child. This can be either just down the block or on a trail in the woods.

With their eyes closer to the ground, they will notice things long forgotten by you. This could be an ant trail that amazes them or a tiny flower. The possibilities are endless, and a quick thirty minute walk could easily take two hours. The time spent is priceless, and it will open your mind again to the



Editor's Box

Gene Harmon
Assistant Online Editor

joys of seeing as a child.

Not all of you have children, but that does not limit the opportunities to freshen your senses.

Instead of stressing out in traffic or driving down the road intent only on the destination, notice in the periphery things otherwise forgotten. I am obviously not saying to completely distract yourself from the road, but the world around us does provide surprises.

I was reminded of this myself while in Denali this past summer.

There is no cell reception in the park, and I often had time alone at the cabin waiting for tours. My entertainment consisted of observing the antics of several wildlife. If I had just been passing

through in a rush, most, if not all, of this would have remained unseen. True, many of us rarely get the chance to escape far into the wilderness, but things where you live can be made new to you also.

Many of those who visited Denali were in a rush. They often were disappointed at not seeing certain wildlife.

One of the tour drivers, as well as another interpreter, started doing something to remind them to notice the little things. They would ask the tour group to slowly turn completely in a circle and then told them, "If you concentrate on seeing or doing only one thing, you will miss everything else you just saw while turning around."

Six Mile Post

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SEE ANYTHING YOU WANT TO TALK ABOUT? POST YOUR COMMENTS ON SIXMILEPOST.COM.

We're to blame for our lack of freedom

The founding fathers wrote a very important document, The Declaration of Independence, with our freedom in mind. They struggled with a tyrannical government and did not want the future citizens to deal with the same struggle. But, if we look around now, do we truly have the same freedoms that they set in place?

Think about the attacks in Benghazi on Sept. 11, 2012. Many people aren't aware of what was blamed for the attacks, but I'll tell you. The current administration blamed a Youtube video! And guess what happened to the man who made the video? Do you think he just got questioned and let go? Possibly in hiding? No,

he sits in a jail cell to this day. An American citizen is sitting in a jail cell right now over a Youtube video. Freedom of speech? Well, I'd watch what you post online.

This isn't the only incident of pictures or words posted online that landed citizens in jail. People's homes have been searched and then the people have been taken to jail over Facebook jokes. If you were to look at your posts on Facebook today, would you think that you would be held accountable in a court of law over them? Of course not. Why, that's what the First Amendment is supposed to protect, speech.

When you make a phone call, do you think about the fact that there may be some-

one monitoring that call? No, and you shouldn't have to think about it. However, just recently the NSA was shown to be monitoring the calls of millions of American citizens. They say it was to monitor for terrorism, however the Boston bombings happened even with Prism (email monitoring) and NSA phone monitoring going on. So who are these programs really protecting, and who are they actually hurting?

When those in Congress believe that it is okay to kill American citizens with drones without due process, they are taking a stab at our freedoms. When there are drones spying on American people, officials listening to our phone calls, monitoring our credit card statements,



Soap Box

Mary Howard
Staff Writer

forcing healthcare, they are undermining the freedoms the Constitution has set in place.

Men and women have fought and died for these freedoms. Think about your grandfathers and great-grandfathers that fought in World War I and World War II; how do you think they feel about America today? If we continue to turn a blind eye to these discrepancies, they are just going to get worse.

Here is my advice to you as a young American: do research. Find reliable sites, not Snopes or Wikileaks, but reliable sites. Go onto the government pages and look at some of the bills being put forth in Congress and truly read them. Watch C-Span; learn about what is going on in this country. And then when it comes time for mid-term elections, vote for someone that you can trust to keep our freedoms.

Georgia Highlands student moves from 'arm-pit of the planet' to college



Path 2 Highlands

Matthew Massey
Staff Writer

Many, many times I have failed in life, and I'm here to tell you whatever is troubling you at the moment is not the end of the line.

After high school I found myself in a rough spot. Living paycheck to paycheck, stuck in a dead end job living off of Ramen noodles and Cup-A-Soup and in a slump from my first failed attempt at college.

Determined not to succumb to a fate of less than mediocre living, I decided to take a plunge; I sold what I didn't need (which was not much), reluctantly accepted my parents offer to move back home (21 and living with parents' is not a good pickup line) and enlisted in the United States Air Force

Reserve.

From this point forward things were looking up. Basic training, while challenging and sometimes just a down right pain, taught me I could physically and mentally endure much more than I ever thought. My tech schools further reinforced that mentality with an increased academic workload in learning my job as a C-130 Loadmaster.

When I returned home, I began my first semester at Embry Riddle Aeronautical Institute, only to find that I was not quite ready for real world college, marking my second failure of attempting higher education.

Fast forward to May of 2012, I left for South West

Asia on my first deployment. It was here that I began moving towards my education at GHC. I figured that if I could survive terrible living conditions in the arm-pit of the planet and still get the job done in an effective and efficient manner, then it's high time I knock out this college degree.

"I am happy my life has led me to this college and presented me with the opportunity to grow and advance"

-Matthew Massey

After two successful academic semesters, meeting countless friends and going on lots of interesting adventures, like GHC's study abroad trips, I am happy my life has led me to this college and presented me with the opportunities to grow and advance.

Letters to the Editor

GHC offers what other colleges can't

Dear Editor,

In the latest issue of Six Mile Post, there was an article titled "GHC offers a unique college experience." This is the reason why I choose to attend Georgia Highlands College.

I work four jobs and take a full class load. I try to stick to online classes because they offer the flexibility I need.

Now that it is coming time to transfer to a new school to achieve my four-year degree, I am having the hardest time picking a school that will offer the same flexibility along with majors I am interested in.

The article is completely right; GHC offers schooling to students with low costs, flexibility and numerous majors. I personally wish Highlands was turning into a

four-year college sooner rather than later.

Paige Nabers
Undecided Major
Cartersville campus

Staying up to date with latest developments

Dear Editor,

I enjoyed the article about the remodeling of the Floyd Student Center in the Highlands Happenings. I like being updated on what is happening at my campus. It is exciting news knowing after Christmas break, the Floyd campus will have a brand new Student Center. I also enjoy being informed on where the Institutional Fees I have paid are going towards.

Taylor Ayers
Dental Hygiene
Buchanan, GA
Floyd Campus

College on a dime

By Holly Chaney
Staff Writer

The scenario: You have a date on Friday and nothing to wear. You want to impress but you have just \$20 to look your best.

You're in luck! Dressing on a budget can be really easy and is one of the best places to stretch your dollar. While there are many options for you to consider, let's look at three budget friendly resources.

Before you ever step foot in a store it is essential to spend time taking inventory of your own closet; know what you have. Finding base pieces you already own can save you big bucks.

These pieces can also help save time by giving you an idea of the color and style you'll be looking for while shopping. Once you've completed this step, it's time to hit the stores.

Surprisingly, your local mall can be a great place to find options that work within your budget. Most

stores have sections devoted to clearance, and making a beeline to these sections can save you from making hasty full-price purchases.

Many stores have on-line coupons as well as apps where you can access additional savings. A few minutes of research on your smart phone may yield a nice reward.

Finally, if you've exhausted the mall clearance racks, you might try a local, teen focused consignment shop. These stores are a gold-mine for high end new and gently used clothing, only accepting on trend merchandise and in the best condition.

Spend some time in these racks and you are sure to get plenty of bang for your buck.

So whether you find it for free in your closet, on a clearance rack, or gently pre-owned, you can look your best while knowing that you did it within your means, and that makes you one smart student.

What do you do to save money?



Victor Gonzalez
Cartersville Campus
Criminal Justice

"I don't... I'm horrible at it!"



Stacy Haynes
Cartersville Campus
Psychology

"That's easy... if you have it, don't spend it! Budgeting is the key!"



Meagan Williams
Cartersville Campus
Business Administration

"As a financial planner major, I only live on 70 percent of what I make."

Poll and Photos by Tatiana Smithson

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Intramurals kick off at Floyd and C'ville

C'ville

By Brooke Govin
Staff Writer

Intramurals are already under way at the Cartersville campus; flag football teams are starting off strong.

Last year's champions, The Bumblebees, have a stake on the Charger Field. The team has been renamed B2B, mainly consisting of the members from the club, Brother2Brother.

"The club decided to make an official flag football team this year to get more recognition at GHC," said team captain, Aaron Foster.

B2B also recruited players outside of the club to build an unstoppable team.

Coach Ikenna Onwuliri is planning to take his team straight to the championship, but that is not without a fight. "We need to really work on teamwork, because we have so many individuals on the team. Defense is also another area we have to get down before we even think about the finals," Onwuliri stated.

The Championship series is later this fall, with dates to be announced soon.

B2B could be the team to beat this year, but there is still time for an underdog to take home the trophy.

Floyd

By William Thomas
Staff Writer

Flag football, basketball, beach volleyball and many other activities are offered as co-ed intramurals on the Floyd campus.

At the Floyd flag football Championship game, Oct. 20, the "Cuban Raft Riders"

took the victory against the "Money Team." The final score was 42-27.

According to Jonathan Merritt, intramurals coach for Floyd campus, these players take the sports seriously. They practice and work out to prepare for the games.

All sports are co-ed, except for tennis, which has a



Photo by Pedro Zavala

From left to right, Cameron Johnson covers his teammate, Jack Harwell, as Caleb Payne makes an attempt to capture one of Harwell's flags at the Floyd campus.

men's and women's bracket.

Intramurals are free to sign up for. There are fly-

ers up on the Floyd campus with information on joining the teams.

Students can also contact Merritt via his email at jmerritt@highlands.edu.



Photo by Pedro Zavala

Ngozi Eme-Akwari (left) and Taylor Whitaker, practice the cheer routine for the games.

GHC basketball cheerleaders are ready for the new season

By Karlee Helms
Managing Ed., Sports

The Georgia Highlands basketball cheerleaders are preparing to cheer the Chargers to victory.

The squad of 14 consists of former high school cheerleaders, all-star competitors and a few inexperienced students. There are four returning from last year.

Megan Davidson, head cheerleading coach, and assistant cheerleading coaches Stephanie Loveless and Haley Henderson are very pleased with the way the team is shaping up.

Davidson stated, "We have many different lev-

els of talent this year, and that's the good thing. Everyone has an opportunity."

Returning members
"This year's team is more committed and very eager."

-Kasey Dean

Kasey Dean, Taylor West, Tianna McCrary and Paige Fosha are excited to start cheering at the games.

"This year's team is more committed and very eager," Dean said. "We are more en-

thusiastic."

McCrary said, "We are much louder, and the new girls are catching onto the cheers very fast."

Karly Davis and Megan Keeter are two of the new cheerleaders.

Davis and Keeter both agreed that they are having a lot of fun cheering for Georgia Highlands, and they have made new friends within the team.

"Everyone wants to cheer," Davis said. "Unlike in high school cheerleading, there's no drama."

The squad will be showing off their school spirit at all of the home games this upcoming season.

GHC basketball teams look ahead to season

By Karlee Helms
Managing Ed., Sports

The men's and women's basketball teams are more than eager to get the 2013-2014 season underway.

The Chargers will start their season by playing Cleveland State College in Cleveland, Ga., on Nov. 1.

The Lady Chargers will be starting the season off by travelling to Morristown, Tenn., Nov. 1.

Phillip Gaffney, athletics director and men's coach, stated, "Cleveland State had a good team last year." The men's first opponent was ranked in the top ten during the 2012-2013 season.

Having had a disappointing season last year, the men's team is ready to show their improvements on the court. Gaffney stated, "The first three games will tell how the season will be."

Returning player Matt Welch is very excited to start the new season. Welch said, "This year's team is more focused, dedicated and set on the same goals."

New team members Joe Bigham, Dominique Lindsey, Montrel Goldston and Jake Driscoll all feel very



Photo by Pedro Zavala

Coach Brandon Harrell works on plays for the upcoming season with the Lady Chargers.

prepared and ready to get this season started.

The team's first home game will be Nov. 13 against Gordon College.

With the Lady Chargers finishing the 2012-2013 season in the top ten, they are prepared and excited for a new season with their newer and younger team.

Women's Head Coach, Brandon Harrell, stated, "Three out of five of the

first games are against high ranked schools."

The Lady Chargers won't be playing a game on the Georgia Highlands campus until Nov. 23, against Georgia Northwestern Technical College.

The women's team will be travelling to eight games at the start of the season. "Playing on the road will be tough, but we will see how the team will grow," Harrell

said.

Returning players Shakierya McClendon, Amber Curtis and Siera Bubb are excited about the new season and are more than ready to get on the court. McClendon, Curtis and Bubb described the new team as dedicated to each other and very talented.

New team members China Henderson and Aujana Dawkins are looking for-

ward to their first season on the team. Both feel prepared and excited to start the year as college athletes.

Both teams are ready to rumble for the 2013-2014 season. However, each team specifically stated their need of more student support. They believe having the student body behind them will increase their motivation and influence how well they play this year.

Sports Commentary

New year brings excitement to the Chargers

By William Thomas
Staff Writer

As the anticipation builds for the men's basketball season, you can feel the energy and excitement throughout the college.

I recently attended one of the team's workouts as they prepared for the first game on Nov. 1. From old-fashioned suicides to the drill known as the "duke rush," you can tell that there's a different feel about this year's team.

After practice I spoke to veteran Matt Welch and

freshman Marquis Johnson, who both flashed and played very well in the intersquad game.

The consensus among the players is that the expectation for the 2013-2014 team this season is to get better.

A lot of the players have been doing individual workouts over the off season to get better, and you can see it in practice.

As far as team expectations, Welch said that he looks to improve under the rim, get up and down the floor and crash the boards.

He expects to average 10 rebounds a game.

Also, Johnson spoke about his expectation for the season. He expects to contribute early.

Along with that, Johnson believes that the freshman class of players will bring wins, excitement to the team and fans to the games.

The team has a nice mixture of veteran talent infused with freshman excitement.

Expect the Chargers to build upon last season and be much more improved.



Photo by Pedro Zavala

Demaurius Morgan lifts weights during the men's workout.