

SIX MILE POST

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The Student Voice

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Georgia Highlands inaugurates fourth president

See page 2

Photo by Taylor Barton

(From left) L.E.A.D founder, C.J. Stewart, President Donald Green and Chancellor Henry M. Huckaby make their way to the presidential inauguration ceremony.



**Frank
Murphy,
minister and
artist**

See page 6.



**Gold's Gym
partners
with GHC**

See page 7.



**Chargers
have big
shoes to fill**

See page 11.

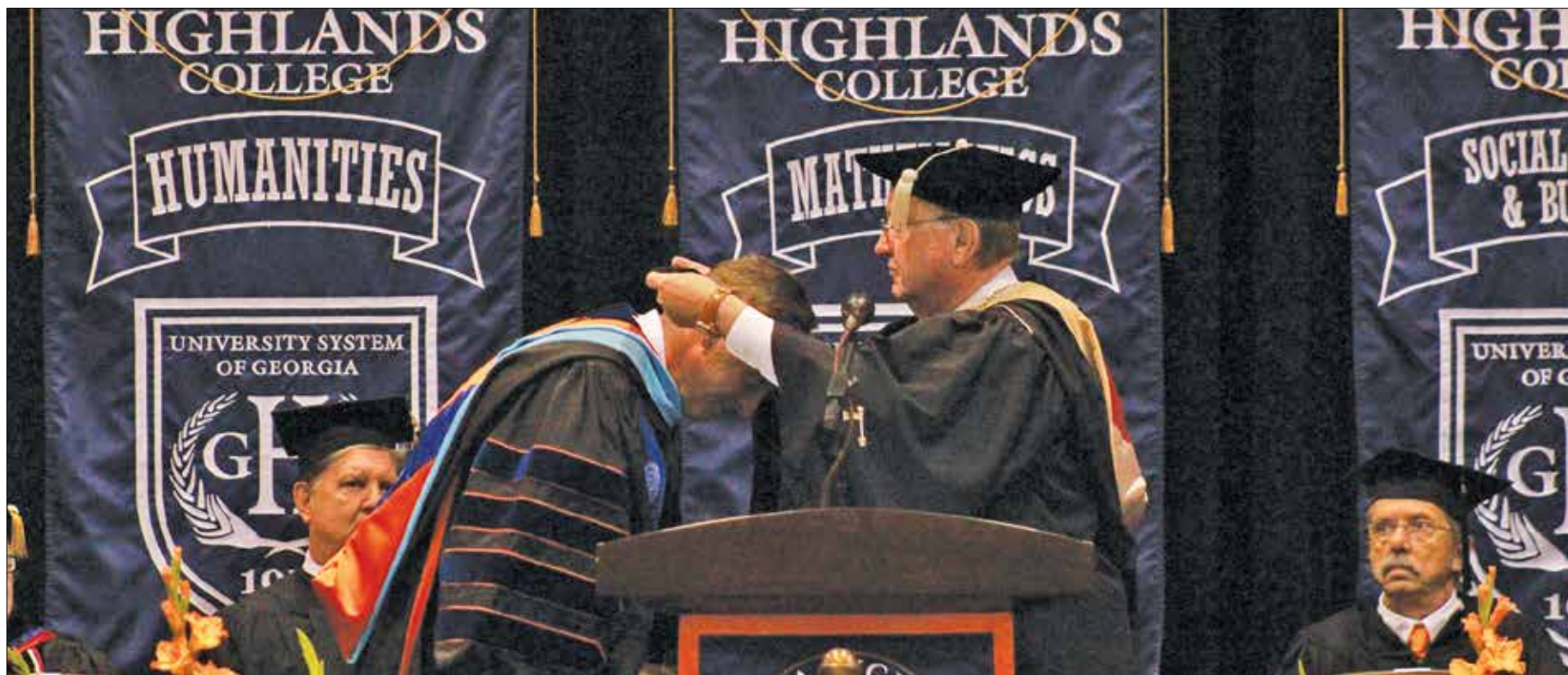


Photo by Lydia Chandler

Chancellor Henry M. Huckaby places presidential medallion around GHC President Donald Green's neck, marking a historic moment for Georgia Highlands with the inauguration of the college's fourth president.

Donald Green's presidency becomes official

By Logan Wilkins
Asst. Sports Editor

The presidential medallion was placed around Donald Green's neck by University System of Georgia Chancellor Henry M. Huckaby on Sept. 18, making him the fourth president to serve GHC.

A crowd of more than 400 students, alumni, faculty, staff, community members and state leaders, as well as members of Green's family gathered at the Floyd campus gymnasium, decorated in blue and orange, to officially usher in a new era for GHC.

A number of distinguished guest speakers accompanied Green on stage, including Willis Potts, former chair of USG Board of Regents and Neil L. Pruitt, Jr., current chair of the USG Board of Regents. Potts officiated the ceremony.

Ken Davis, a Vivian Benton Staff Award recipient, referred to faculty and staff as

family.

"We work together, we play together. We truly care about each other," Davis said.

He quoted Richard Bach as he welcomed Green to the GHC family: "The bond that links your family is not one of blood, but of respect and joy in each other's life."

Speaking on behalf of the students, Holly Chaney, president of the Student Government Association, received a

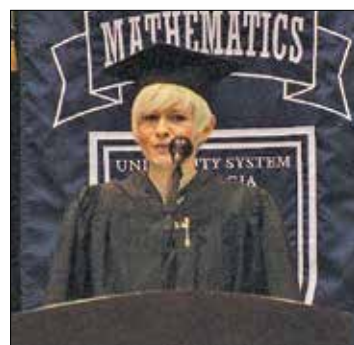


Photo by Lydia Chandler
Holly Chaney speaks on behalf of students at inauguration.

standing ovation following her speech about the impact that GHC has had on her life.

She described her journey to college as an unconventional one, saying that as a child she was put in classes for children with disabilities and thought college was not for her until she turned 29 and enrolled at the Douglasville campus.

Chaney described Georgia Highlands College as one that can "light fires where there may have only been a spark before."

In his speech, Green stated that this day was a time to "celebrate both the college's legacy of student development and its focus on a future of economic growth."

A first-generation college student himself, Green emphasized the value of higher education.

Green said, "That is the beauty of education; it doesn't just change the individual's life. It changes the whole fam-



Photo by Taylor Barton

Donald and his wife, Cathy Green, (center) are surrounded by their children (from left) Aaron, Alec and Abby Green following the inauguration ceremony.

ily tree."

Green concluded his speech by saying, "The future is very bright for Georgia Highlands College. We will continue our legacy and will continue to charge forward."

An outdoor reception immediately followed the cer-

emony. The day's events concluded with an inauguration gala held on the Cartersville campus.

*Additional reporting by
Adriel Banuelos
Editor-in-Chief*

Green plans to keep GHC charging forward

Green envisions an ambitious future for the college

**By Adriel Banuelos
Editor-in-Chief**

After serving a year as GHC's fourth president, Donald Green was officially inaugurated on Sept. 18.

When he first assumed his new post on Sept. 8, 2014, he wanted to work on bringing value to Georgia Highlands, growing the college and retaining students through to graduation.

During his first year as president, Green was able to familiarize himself with the student body, faculty and staff of GHC.

"We have students who show up here and they have a plan. They are prepared, and they are primarily here to take advantage of Georgia Highlands College value," Green said.

For students that do not yet have a plan or are seeking one, Green feels that Georgia Highlands provides the necessary tools for these students to establish their goals.

He believes the faculty and staff play a big role in this.

Green said, "We have a caring and nurturing faculty. The faculty and staff members really help those people who are searching for their career path."

Green also saw an opportunity to bring more pride to students at the college. Green understands students want to graduate from a place they are proud of.

Green said, "When I got here I just felt that there was not a solid brand for Georgia Highlands. We've worked very



Photo by Adriel Banuelos

The day before his inauguration, Green engages a student at a Floyd campus meet-and-greet.

hard over this last year to establish our brand and now what we need to do is enhance it."

He believes the brand Georgia Highlands established in the past year has worked in bringing more pride to students.

"I look at the difference over the last year in students wearing Georgia Highlands College clothes. People are proud to wear them. We want

to continue to improve on that," Green said.

Looking ahead, Green wants to keep improving Georgia Highlands. He wants to continue to diversify the college's student body by reaching out to underrepresented communities and enhance organizations like Brother 2 Brother and La Mano.

He looks to provide more options for nontraditional students by implementing more

web-based and hybrid courses as well as the introduction of late start courses.

Green wants GHC to be known for providing inexpensive, high quality education.

"If you have high quality and low price you have amazing value," Green said.

By doing all this, Green hopes to continue to improve retention among students at the college and keep GHC moving forward.



Photo by Mike Augustin
Donald Green

Highlands Happenings

Georgia Highlands enrollment hits record high

By **Adriel Banuelos**
Editor-in-Chief

Georgia Highlands boasts record breaking enrollment numbers for the fall semester of 2015.

As of Sept. 15, enrollment was at 5,748. This number is not final and is subject to change as the semester unwinds. The official number will be released in November.

BSDH classes begin

By **Ashley Gatewood**
Staff Writer

The Bachelor's Degree

Program in Dental Hygiene at GHC started in summer of 2015.

Students interested in the Dental Hygiene Bachelor's Degree Program must have their associate degree in Dental Hygiene and a dental hygiene license first, according to the director of the Dental Hygiene Program, Donna Miller.

Some BSDH classes can be taken online. Students who have questions can contact Miller at dmiller@highlands.edu.

Marietta campus keeps evolving

By **Christina Goodwin**
Asst. Online Editor

Even though the merger of Kennesaw State Univer-

sity and Southern Polytechnic State University has not brought physical changes to GHC's facilities, Abraham Ortiz, Marietta's student life coordinator, says there are many new options to enhance lives of students at the Marietta campus.

Additional rooms in the J-building are being rented out by Georgia Highlands College for the students.

They include more classrooms and computer labs. According to Douglas Malcom, Marietta's client support specialist 3, the lab in G-106 has brand new computers, and the AV systems are updated in all rooms.

Also, students are welcome to use the on-campus Wellstar Urgent Care, the Big Owl Bus (B.O.B) and KSU's newly opened recreational center.

Police academy comes to Floyd

By **Kayla Jameson**
Staff Writer

If students ever drive up to GHC's Floyd campus to see the parking lot filled with police cars, they should not be alarmed. A police academy has arrived on campus.

Courses are expected to be held three or four times a year, each lasting several weeks at a time.

The first class started on Sept. 21. The police academy, which is located in the F-Wing of the McCorkle Building, will not interfere with the college's regular classes. In fact, Jeff Davis, vice president for finance and administration, said, "We are excited to have

more people do more things on campus."

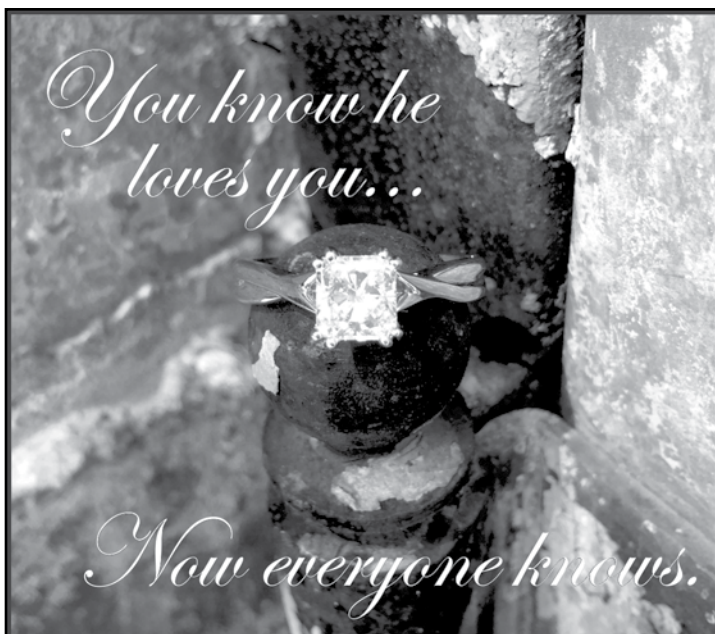
EBA now underway

By **Jessica Lee**
Digital Technician

Students who participate in Early Bird Advising are allowed to register for classes a week before open registration.

Early Bird Advising allows students to meet with a faculty adviser suited to the student's major and plan out upcoming semesters. According to Laura Walton, an adviser on the Cartersville campus, EBA is an opportunity to "map out your entire career at GHC."

Early Bird Advising started on Sept. 28 and ends on Oct. 16.



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Career Exploration

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Learn more online at:

<http://www.highlands.edu/site/student-support-services>

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Linkedin, Instagram and Twitter pages!



GHC career center now open on the Cartersville campus

By Shelby Hogland
Staff Writer

Cartersville students can now get career counseling at the new career center located just inside the main entrance of the academic building.

Run by both career counselors and faculty volunteers, the center helps students figure out their next step in their career process, offers help with resumes and gives students easier access to drop-in advising.

There are two computers in the career center so students can find local job opportunities and important dates and deadlines.

The center is also a convenient place for new students to

ask basic questions.

Leslie Johnson, Cartersville dean, said, "Students can easily find someone to help them with career counseling or direct them to needed resources on our campus."

According to Johnson, the new center was the brain-child of Georgia Highlands Career Counselor Dorothy Morgan and Disability Specialist Kim Linek.

The center is equipped with a mannequin to show students the proper attire for job interviews and other professional events.

The career center is also equipped with a professional clothes closet where students can borrow the proper attire for interviews, class presenta-



Photo by Shelby Hogland

Kim Subacz volunteers at the Cartersville career center. Visible in the background is a mannequin showing proper female business attire.

tions or other occasions.

Kim Subacz, biology instructor and faculty volunteer at the career center, said, "Be-

fore, there wasn't a whole lot here, and the center helps students get pointed in the right direction."

The center is open on Thursdays from 8 a.m. until 5 p.m. and Fridays 8 a.m. until noon.



TRANSFER VISIT DAY

Join us for Transfer Visit Day, where you will have the opportunity to experience Georgia Southern University and get a glimpse into life as a Georgia Southern student.

Friday, October 16, 2015

Space is limited, so RSVP to GeorgiaSouthern.edu/transfervisit

BSU minister is also an artist

By Holly Chaney
Managing Ed., Design

Frank Murphy may often be seen carrying pizzas or a guitar as he heads to the Baptist Student Union meetings.

What students do not see is that Murphy, Floyd campus minister, is an accomplished artist. His paintings, which have repeatedly been featured in the college literary magazine, the Old Red Kimono, are evidence of his talent.

Murphy found his artistic gift early on in life.

"I have drawn all my life, and I knew from kindergarten on that I had a gift in art. For me, that was just drawing the things I loved: horses, eagles, baseball, football, basketball players," he said.

He was devoted to pursuing that gift into adulthood.

Murphy said, "I was determined that when I went to college that I would major in art."

Unfortunately, college proved to be foreign to the natural artist, and he felt out of place as an art major.

"After a year in the art department, I was not sure that I really wanted to do that. The terminology was strange to me, and I didn't feel like I was doing what I really loved, nor was I really being encour-



Photo by Holly Chaney

Frank Murphy works on a new piece.

aged by the art professors, so I changed majors," he said.

Murphy changed his major to physical education, hoping to go into coaching, but then

found himself pulled towards a higher calling.

He said, "I felt God calling me to serve in ministry. It was always to work with students.



Photo by Holly Chaney

Frank Murphy mixes paint in his home studio.

I first began as a youth minister in a small country church while I was in college."

While Murphy had devoted himself to ministry full time, in 1996 he took another leap of faith.

"I was serving as a member of a college student ministry advisory group for colleges in Rome and Floyd County. We were searching for someone to serve at GHC (then Floyd College) part-time. Someone suggested that maybe I should

consider doing it and trying my hand as an artist in my other part-time world. After a lot of prayer and fear and faith, I decided to do it," Murphy said.

Murphy has been serving as the BSU minister since then but still devotes a part of his time to his art work.

Students interested in seeing more of Murphy's work can pick up an issue of the Old Red Kimono in the student life area on each campus.

New academic dean focuses on student success

By David Pulliam
Staff Writer

The ultimate goals of Greg Ford, the new dean of natural sciences and physical education, are recruitment and retention of motivated students and providing a pathway for success.

In order to have success towards a desired career path, he said, "You have to commit. You have to know it's what you want to do, and you have to do whatever it takes to get

there."

During his time as Morehouse School of Medicine's co-director of the Neuroscience Institute's summer program, Ford tracked student data that produced a longitudinal study on student success over a decade.

He highlights the importance of building support systems and making professional connections. He said that because students are going to need letters of recommendation, they need people who

"can say good things about them."

Ford feels students must not only adapt their study habits to be goal-oriented, but they need to reach out to those who are already successful in their chosen field.

"You want to see what they do because you're interested in their career," Ford said.

According to Ford, the goal is to stand out from peers who may be similarly qualified.

Ford postulates that the number one reason collegians

stress "is due to not having a proper schedule."

He expanded upon that by saying, "The best advice I can give is that you have to schedule your entire day."

Class time, study time, work, and even time for spontaneous activity should be regulated, he said.

Proper planning can eliminate distractions such as hunger, social media and television. Ford insists that, "If you plan well for it, then you can maximize that study time."



Photo by Sarah Cousar
Greg Ford

Awareness is key in combating suicide

By Lydia Chandler
Staff Writer

According to the most recent figures from the CDC, someone died by suicide approximately every 13 minutes in 2013. That's more than 41,100 people who died of suicide in that year alone.

Susan Claxton is the human services program coordinator on the Floyd campus, and she is alarmed by these numbers. She says that suicide is preventable and encourages people to be aware, get involved and educate themselves on the subject.

Claxton said, "Talking about suicide is not going to create it or cause it to happen."

She says to not be afraid to ask a person if he or she is contemplating suicide.

Claxton urges those who are thinking about committing suicide to seek help.

A psychology major who has a family history of depression said, "You're not crazy or abnormal. It's okay to feel sad and scared. There are people who want to help, you just have to ask."

Some find it hard to ask for help. One student who has struggled personally said,

"With today's society, people perceive admitting that you need help makes others think you're weak. People are afraid to get help."

This student also encourages others to seek help as well as to keep going, saying, "Even though you feel that you have no reasons to keep going right now, you do. Someone somewhere will point that out to you."

Sophomore Paris Ballinger of the Floyd campus said, "Pain is temporary. It might last a day or a week or a year, but it'll get better."

GHC has counselors on each campus that students can speak to confidentially and at no charge.



Bryanna Lawton 2015

The National Suicide Hotline number is 1-800-273-TALK (8255).



Photo by Lydia Chandler

Susan Claxton, human services program coordinator, advocates for suicide awareness and prevention.

Douglasville, Paulding campuses benefit from alternative fitness options

By Marquis Holmes
Staff Writer

Students now have an outlet to work out their bodies as well as their minds as the GHC campuses in Douglasville and Paulding county roll out free passes to all students at Gold's Gym and American Bodyworks.

Since the Douglasville and Paulding campuses offer very few fitness opportunities compared to the Rome and Cartersville campuses, GHC has

partnered with Gold's Gym Fitness Center and American Bodyworks Fitness Center to provide a gym to its students.

The GHC institutional facility fee that all students pay funds this partnership. As long as students are enrolled in GHC classes at the Paulding or Douglasville locations, they are given a free pass to the gym nearest their campus to satisfy their fitness needs.

Lyric Sprinkle, the student life coordinator of the Douglasville and Paulding campus-

es said, "I love that this partnership offers the Douglasville students access to a gym and classes similar to what our students at other GHC campuses have."

Students on the Douglasville campus interested in utilizing the gym will need to register at the Chapel Hill location at 4600 Legend Place, Douglasville, Ga. 30135. From that point, students are also welcome to utilize the Fairburn Road location at 8741 Hospital Drive, Douglasville,

Ga.

Paulding students will need to register at the American Bodyworks in Hiram at 5886 Wendy Bagwell Parkway, Hiram, Ga. 30141. A student ID will have to be provided upon arrival, and the membership is good from the first Saturday of the first week of classes to Dec. 7, 2015.

Students with any questions or concerns can contact Sprinkle at lsprinkl@highlands.edu or visit their respective fitness centers.

Gold's Gym hours for GHC

Mon. 8 a.m. - 9 p.m.
Tues. 8 a.m. - 9 p.m.
Wed. 8 a.m. - 9 p.m.
Thurs. 8 a.m. - 9 p.m.
Fri. 8 a.m. - 9 p.m.
Sat. 8 a.m. - 6 p.m.
Sun. 10 am - 6 p.m.

Small colleges have big benefits

There seems to be a pervasive idea that a real college experience is limited to those attending a four-year institution.

While this might be true for some, namely those holding out willful involvement for bigger and presumably better opportunities, those who seek involvement early on in a small school environment are more likely to reap a meaningful, cost-efficient benefit than their four-year counterparts.

As students of a predominantly two-year institution, we have immense opportunity, right now, to make the most of our education.

Leadership roles and involvement are readily available to those interested, and earnest effort will never be more valu-

able than it is right here.

There is great possibility here to be seen, to be heard and to make a difference in a big way.

Here is why.

You can find help when you need it. School is hard enough without constantly having to overcome communication hurdles.

Two-year colleges have a leg up on larger universities by having an administrative staff that is less burdened and more readily available.

You can actually get to know your professors. A smaller school means a lighter student load for professors, and a lighter student load for professors means more accessibility for students.

Involvement is readily available and easily had. At a smaller, two-year col-

lege, your experience can be whatever you want it to be. With students cycling out every couple of years, there are virtually always leadership positions up for grabs.

At Georgia Highlands, less is more. The average cost of attending a university in the state of Georgia is \$6,622 per year for tuition and required fees.

In contrast, the average cost of community college in the state of Georgia is \$3,620 per year for tuition and required fees.

Choosing a small college experience is the most accessible, friendly, advantageous and affordable way to kick off your college career and make a big splash in a little pond, so get started.

**-Six Mile Post
Editorial Board**

GHC is better than expected

When first arriving at Georgia Highlands, I assumed I would be surrounded by students fresh out of high school, undecided about their majors and what they wanted to be when they grew up.

I figured there was no way I would connect with many of them, being a few years older and already having had the college experience.

I was surprised to find out how diverse GHC really is.

Being a non-traditional student, I am happy to have met other students like me.

They have also gone to other colleges before attending Georgia Highlands. They also have families to attend to, jobs to go to and experiences to share that are similar to my stories.

The types of friends I have met here range from students just graduating high school to moms and dads raising their children to grown mid-age adults who have already set foot into their professions.

Then there is me, right in the middle of all this. I have learned already that everyone

has a story to tell, and if I listen hard enough, I can learn something.

There is a record enrollment at Georgia Highlands this semester, which means there are more opportunities than ever to meet new students with similar interests.

College is all about seizing every opportunity, and if you are a non-believer like I used to be, you'll definitely miss out.

Join new clubs, go to more events and remember that you can always find someone who's looking for a friend like you!



Editor's Box

**Stacey Moffett
Managing Ed., Online**



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Greetings from the editor Six Mile Post to continue serving as the student voice

Georgia Highlands continues to grow as the years go by, welcoming in and then ushering students out into the world as time moves on. As students and faculty come and go, few things remain constant. With its roots dating back to the 1970s, the Six Mile Post is one of those constants.

As this year's editor-in-chief it is my honor and privilege to offer all students and faculty a very warm welcome.

Here at the Six Mile Post we are dedicated to providing our readers with the latest news occurring at Georgia Highlands. Our duty is to serve our broad group of readers and to represent GHC's diverse community.

Serving as the voice of the student body, our staff members can be found at every campus. Every member of our distinct staff brings a unique quality and a different perspective to the SMP.

With that being said, I want to congratulate every-



Photo by Taylor Barton

Adriel Banuelos

one that helped put together this issue. A lot of us had no idea what we were getting into, but at the end of the day, we were able to come together as a team and reach our goal. I sincerely thank everyone for all the hard work and dedication.

I would also like to take this opportunity to reach out to our readers. Everything we do is for you. We want to hear from our readers and let you know that through the SMP your voices can be heard.

If you have any concerns or would like to bring something to our attention, feel free to directly contact us at 6mpost@student.highlands.edu or visit us online at sixmilepost.com.

Adriel Banuelos
Editor-in-Chief

D-ville student struggles to find healthy food

Starting college I did not expect to find vegan, gluten-free, or organic foods. However, I did hope to find the proper balance of "junk foods" and healthy options as well.

Unfortunately, at the Douglasville campus, all I found was a vending machine stocked with processed, high-sugar foods that give you that "crash" feeling throughout the day. I strongly believe we should have a little more

variety. Having been an athlete my entire life, I had to learn the importance of eating well. Not only did it affect my performance on the field or court, but it also affected my everyday energy.

Even though I no longer play sports on a competitive level, I still maintain some-

Soap Box

Sierra Baggett
Staff Writer



what healthy eating habits for the pure fact that I cannot afford to be groggy or have a weak immune system.

My eating habits are more important now since I am a college student and need every bit of energy to stay awake for class and homework.

Poll

Photos and Poll
by Cassandra Humphries

Do you have an early favorite in the presidential campaign?

"No, but I definitely do not like Donald Trump. All ethnicities have an equal opportunity and right in this country."

China Allman
Floyd Campus
Computer Science



Vicky Drnek
Floyd Campus
Administrative
Assistant, E-learning

"No, not really, but I can tell you that it won't be Donald Trump."



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"I'm a history major and yes I have an opinion. It would probably be Jeb Bush."

Hunter Casey
Floyd Campus
History



Devery Broox shares wisdom through poetry

By Stacey Moffett
Managing Ed., Online

The Solarium in the Floyd student center was bursting with the poetic rhymes of Devery Broox at noon on Sept. 9.

Now living in Orlando, Fla., Broox was willing to travel all the way to Georgia Highlands College in Northwest Georgia to share his ideas in a lyrical cadence. Having so many emotions in his head, he said he felt it best to write his emotions on paper, choosing to rap them for audiences all around the South.

When first arriving at the event, Broox made sure to go around and introduce himself to every participant; soon there was no stranger in the crowd.

He quickly began his performance with a song, "Good Times." This got the crowd singing and smiling, familiarizing themselves with the song.

Then Broox got down to business when he performed the poem, "I Wanna Read the Bible," which spoke of the hypocrites of the world. That poem was followed by "The What If's," a poem customized for

GHC students. In his rap, he said, "Standing out makes you a target" and emphasized that people must overcome negative statistics in order to live life how they want to.

Another poem that seemed to resonate with the student crowd was "We Are Just Pretending." The poem spoke of couples who were in relationships physically, but not mentally. It spoke of people having one foot out the door in a relationship when they either need to be all in or all out.

"You can't put cocoa butter on emotional stretchmarks," Broox raps.

One of Devery Broox's last poems, "His Story," shared his journey of finding his culture. He has struggled to define the culture in his life and isn't sure if he ever will completely find it. He spoke of all the great African-American leaders and visionaries, from Martin Luther King Jr. to Rosa Parks fighting for equality on the bus. Broox's passion radiated through the appreciative crowd.

More information about Broox can be found on his Instagram: @TheWordProblem



Photo by Stacey Moffett

Broox shares his poetic beat with Highlands students at the Floyd campus.

Halsey's new album offers glimpse of the '80s

By Whitney Roderick
Staff Writer

Album review

"Badlands" is empowering.

Halsey's new album "Badlands" supplies thought-provoking lyrics that are relatable to anyone that has struggled to find his or her place, loved and lost, or battled internal struggles.

The album was released on Aug. 28.

It debuted at number two on the Billboard 200 chart, making it the third best in opening sales week for a solo debut album in 2015.

Halsey is credited as the writer for all of the songs on this album.

"Badlands" strays from typical pop sounds in favor of gritty indie pop, meshed with electronic sounds.

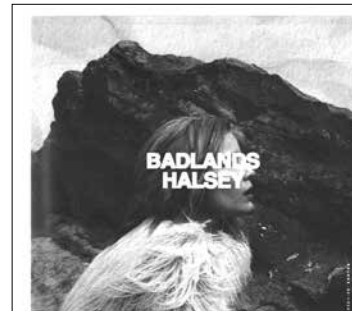
"Ghost," "Colors" and "New

Americana" are the most played tracks on Spotify.

The first single, "Ghost," gives listeners catchy hooks about love.

"New Americana" is an anthem fit for anyone willing to rebel against stereotypes given to this generation.

The song "Colors" uses mature themes and a metaphor to describe a toxic love lost but does so to a sound that is upbeat and reminiscent of the '80s.



Contributed

Halsey's **Badlands** album was released on Aug. 28.

This album
gets a grade of

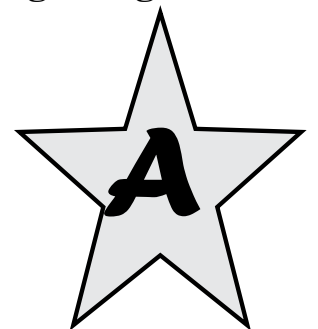




Photo by Taylor Barton

(From left) Fritz Lucien, Kevin Thomas-Griffin, Doniel Dean and Paris Ballinger prepare for the upcoming season at a recent workout.

Chargers have high hopes to build on last year's success

By Karicka Culberson
Managing Ed., Sports

Coming off last year's successful season, Phil Gaffney, men's head basketball coach and athletics director, believes the men's basketball team is looking forward to another competitive year.



Photo by Taylor Barton

Phil Gaffney

Although a few athletes from last season's NJCAA final-four team transferred to either a Division 1 or Division 2 school, the coaching staff still has high expectations for the 2015-16 Chargers team.

For returning players such as Doniel Dean, Paris Ballinger and Quay Ferguson, this will be the chance to pick up where they left off last year.

"As a team we are expecting to build on last year's success and carry it on. We have a vision of creating a winning culture and starting something new at GHC," stated Ballinger.

The only huge difference is that this is almost a whole new team.

Gaffney said, "We have nine guys who have either practiced or played college basketball last year. Even though they were not on our team, we still have more mature basket-

ball players. We have strong guys. They just have to mesh together."

Following the success of last year, the Highlands basketball team will have some big shoes to fill.

According to Gaffney, "The players are unknowledgeable of the odds right now, but the team knows they will be targeted by other teams based off of last year's national recognition."

The Chargers' first game this fall will be at a tournament hosted by and played against the 2014-15 NJCAA champion, Northwest Florida. This is the team that the Chargers were beating by 15 points in the national semi-finals but ultimately lost to, ending their post-season.

The Chargers will also get to test their new abilities against other big schools in the next four games of the season.

Lady Chargers plan to make a few changes

By Karicka Culberson
Managing Ed., Sports

After having three non-title seasons, the Lady Chargers and Brandan Harrell, women's head basketball coach, take a different approach into this year's basketball season.

The coaches have gone about their recruitment in a different way than previous years.

Harrell said that this year's class is based more on character than ability. This year's team has higher academic standards, more self-discipline and more drive to be the best.

With aspirations of competing for a conference championship, the Lady Chargers have a tough schedule ahead of them.

Almost half of the scheduled games this year will be played against four different top 25 nationally ranked teams.

They will be looking to test their talents against the defending national champs, Chipola, on Nov. 13. One game against Chipola will be held at home, and the other game will be played on Chipola's home court.

Although they have a tough schedule ahead, the real pressure will be the pressure they put on themselves, according to Harrell.

China Henderson, a returner coming off an ACL injury, said, "We are going to get at it."

The team is expecting good things overall.

Deana Blankinship, another returner, said, "This year the chemistry, attitudes, and work ethic are far different than last year's team."



Photo by Taylor Barton

Alesheia Johnson takes part in shooting drills during basketball workouts.



Photo by Taylor Barton

Lady Chargers show their support for GHC President Donald Green at the reception after the inauguration.

Softball team wakes up bright and early

By Logan Wilkins
Asst. Sports Editor

The softball Lady Chargers are preparing for the season by getting an early start on workouts at 5:45 a.m. several times a week.

The purpose of the workouts is to target different areas of the body every day us-

ing weights, along with 30 minutes of running right after.

Ashley Cortez, who plays third base for the Lady Chargers, recently moved to Georgia from California after being recruited.

Cortez said, "I am adjusted to the time difference now, but morning workouts were hard for the first couple of weeks."

The players are managing to juggle academics on top of athletics.

They are required to participate in study hall each week.

The amount of time depends on how many credit hours they are taking.

They also meet every Friday as a team for a group

study hall to give the coach their progress reports so that they are able to stay on track.

Head Coach Melissa Wood said that practice in the morning "works well to have our athletes awake and moving so that they can have the rest of the day to be productive with classes, practice, study hall and tutoring."

Because of the efforts to maintain academics as a top priority, GHC softball has had a 100 percent graduation rate thus far.

In previous years, the Lady Chargers have finished in the top 25 of programs in team grade point average.

They finished out last year with a group average of 3.4.

C'ville offers various activities for intramurals

By Victor Gonzales
Staff Writer

The intramural sports are for current students and staff at GHC. Intramurals at Cartersville will happen over two seasons.

The fall season consists of flag football, soccer, ultimate Frisbee, a 3v3 basketball league, a dodge ball tourna-

ment, billiards, Madden Challenge and a turkey trot. These events will be held periodically throughout the semester starting with Ultimate Frisbee on Sept. 29 and ending with the turkey trot on Nov. 21.

The winners from the tournaments will receive championship T-shirts.

A gift card is awarded to the winner of the Madden

Challenge, and a turkey is given to the winner of the turkey trot.

The spring intramural sports consist of 5v5 basketball, volleyball, NCAA bracket challenge, a pingpong tournament, Texas Hold 'Em and Quidditch.

The spring intramurals will begin in February and run through April. The prizes are

to be determined.

According to Clifton Puckett, the Cartersville intramural coordinator, the Cartersville and Floyd campuses are looking to join on certain events.

Sign-ups are now available for all events through the Georgia Highlands website at www.imleagues.com/ghcintramurals.

**Floyd
campus
intramurals
will be
covered in
the October
issue.**