



Tobacco banned at USG campuses starting in Oct. See page 3.



List of GHC Grads See pages G1-G4.



Student column and Movie review See pages 12-13.



News

Paulding student wins speech tourney

By Connor Henderson Staff Writer

The corner of the Academic Building on the Cartersville campus bustled with life Friday afternoon, April 11, as students from all five campuses registered for the fourth annual Speech Competition.

"This is one of the few events that brings all the campuses together," said Steven Stuglin, director of the competition this year. "It gives the students the ability to show off their skills to one another" he said.

The first round eliminated all but seven speakers: Emily Larisch, Jessica Fisher, Malika Jones, Ad-

ric Coker, Kiston Dowler, Amber Patton and Brianna Benefield.

By the end of the competition third place went to Dowler from the Floyd campus (\$50 prize), second went to Larisch from the Marietta campus (\$100 prize) and first went to Jones from the Paulding campus (\$150 prize).

Jones' speech, "MS Walk 2014," was a persuasive speech to raise awareness of multiple sclerosis, a disease that damages the myelin sheaths of the nerves, causing inflammation and numerous other symptoms.

As a victim of MS herself, Jones started a Walk MS team called Much Stron-



Photo by Connor Henderson

Final round participants (from left) are Brianna Benefield, Jessica Fisher, Malika Jones, Kiston Dowler, Emily Larisch, Adric Coker and Amber Patton.

ger and has been raising funds for the program.

The speech competition offered Jones the opportunity to get the word out about the program.

"I have learned I have a voice and am not afraid to

use it," stated Jones after the competition. "Alexander MacMurdo gave me my voice." MacMurdo is a communications lecturer at the Paulding campus.

To date Much Stronger has raised \$450, Jones'

speech prize money included, with the goal of \$1,000.

Walk MS 2014 Atlanta will take place Saturday, April 26 at Piedmont Park. The three mile walk starts at 10 a.m. Check in is at 8 a m

Students leave Honors Night with awards of recognition

By Pedro Zavala Editor-in-Chief

Georgia Highlands' 42nd annual Honors Night recognized students who have stood out during the current school year.

The event was held April 10 at the Clarence Brown Conference Center. Over 30 different awards were presented, some with multiple student winners, and some students won more than one award.

Awards included the Business Merit award, Warren Akin IV Award for Excellence in English studies and Who's Who among others.

Justin Deal took home eight awards, including

Outstanding Student for Political Science Majors, the Diversity Student Leadership award, the Georgia Highlands College Leadership Award and five others.

"It was very nice. I appreciate the college recognizing the effort I've put in. I was humbled and honored and it definitely paid off," Deal said.

Tatiana Smithson also took home the Leadership Award, which was presented to her by GHC's interim president, Renva Watterson. "It is an honor and privilege to be nominated and win," Smithson stated. She continued, "All I ever wanted was to make our school better and help our students excel."

Deal offered advice to students, saying, "Regardless of the awards, it's about putting yourself out there, and it goes to show that things will come your way. And regardless of what happens on the way, go for your goal!"

- See full Honors Night information online at sixmilepost.com

GHC to rename Cartersville HUB after Dean Carolyn Hamrick

By Connor Henderson Staff Writer

A memorial ceremony for Carolyn Hamrick, the late dean of the Cartersville campus, will be held at the Cartersville campus April 24 from 10-11 a.m. The Cartersville student services center, commonly known as the "HUB" will be renamed in honor of Hamrick.

Hamrick was always walking the halls talking with students and helping them with their problems whenever possible. "She meant a lot to us," said Tatiana Smithson, president

of the student government association. "She was the heart of our campus."

Hamrick had been with the college for twenty-four years when she died Jan. 25. "The renaming ceremony is to make certain students, faculty and staff recognize Dean Hamrick's achievements," stated Renva Watterson, interim president of GHC.

The ceremony will have several guest speakers from the college and community, including Hamrick's pastor, Rev. Kevin Bellow, Raymond Carnley, the executive director of the Georgia Highlands College Foundation, Adena Harper from the Cartersville Chamber of Commerce (of which Hamrick was a member) and Assistant Professor of English Connie Watjen, who will be presenting the poem "Steel Magnolia" written in honor of Hamrick.

After the speakers finish, a plaque with the new name for the HUB will be unveiled and a breakfast reception hosted by the college will take place.

Students are encouraged to attend the memorial which will be held at the HUB.



Photo by Tatiana Smithson

Lamya Wilkins walks out of the Cartersville HUB.

Board of Regents bans all forms of tobacco

By Pedro Zavala Editor-in-Chief

On March 19, the Georgia Board of Regents passed a policy which will ban the use of all forms of tobacco or simulated tobacco on all college campuses in the University System of Georgia beginning Oct. 1. This includes cigarettes, pipes, cigars as well as electronic cigarettes, commonly known as E-cigs.

The policy applies to "employees, students, contractors, subcontractors and visitors and is applicable 24 hours a day, seven days a week," on all properties "owned, leased, rented or in the possession" of USG colleges, according to the Tobacco and Smoke-Free Campus Policy.

The current GHC policy allows students and faculty to use tobacco products in their vehicles but not anywhere else on campus.

The aim of the ban, according to Marion Fedrick, vice chancellor of human resources for the University System of Georgia, is to "preserve and improve the health, comfort and environment of employees and any persons occupying USG facilities."

The enforcement of the policy is the duty of the college president. Students



who violate the ban will be handled according to the Student Code of Conduct, and employees who violate the policy will be handled by policies stated by Human Resources.

Renva Watterson, interim president of Georgia Highlands, said, "I think it's a worthy policy about student and employee health." She also stated, "I believe it's correct that educational facilities should be tobacco free."

There are mixed opinions in regard to the policy.

Some are in favor of the ban. Others are against it.

The Six Mile Post conducted an online survey asking, "Should smoking tobacco related products in your personal vehicle no longer be allowed while on campus," and 62 percent said, it should be allowed while 38 percent said it should not be allowed.

Ben Allison and Kendall Canter, Floyd campus students, both stated they disagree with the ban.

Allison stated, "I don't agree with smoking, but I $\,$

think people should have a choice. It should be up to the person not the school."

Jeremiah Hicks, Floyd student, said, "Tobacco is legal and people do it anyways. People should do as they please, as long as it's not bothering anyone."

Caleb Parris and Dennise Cornejo, sophomores on the Floyd campus, stated they are in favor of the ban. "It gives a better image to the college. It makes us look like we care about people's health," said Cornejo.

Justin Deal, sophomore on the Floyd campus, commented on an online Six Mile Post article, stating, "I personally am working on quitting myself, but it is not an easy path. And while I am treading down that path, I do not want to have to now add to my schedule to drive off-campus just to smoke my electronic cigarette."

He continued, "This decision stresses me out, and just makes me want another cigarette."

Still, there are others that are not on either side, saying that the ban has good intentions but invades personal rights and should instead allow designated smoking areas.

Most teachers interviewed are in favor of the ban, but there are also faculty members who are against

it.

Johnny Duke, professor of mathematics, stated that he is content with the current policy, which allows for tobacco use in personal vehicles.

Mark Knauss, professor of biology, stated he doesn't mind the ban but that it is invasive. "I don't smoke, so it doesn't affect me as long as others are considerate," Knauss stated.

Angela Delgado, custodian, stated she is in favor of the policy. "I often walk by and see students and teachers standing next to the building smoking. Some even leave the butts in the bathroom sinks. I'm 100 percent in favor."

Frank Minor, associate professor of English, and Jesse Bishop, assistant professor of English, said they see both sides.

"I agree with the health aspect, but I also think it is okay to smoke in their car because it's not bothering anyone," Minor said.

Bishop stated, "I definitely think there are fuzzy lines."

The policy allows for exceptions if an institution is conducting research or if the president of the institution states exceptions.

Watterson stated she does not plan to make exceptions.

Primary elections to select Georgia candidates coming in May

By Gene Harmon Assistant Online Ed.

On May 20, Georgia citizens will cast their votes in the primary election to choose candidates who will compete in November for the offices of governor, U.S. senator and U.S. representatives.

Gov. Nathan Deal, Republican, is making a bid for re-election and facing competition from Republicans David Pennington, an insurance businessman as well as former mayor of

Dalton, and John Barge, the state school superintendent. The Democratic candidate is Jason Carter, grandson of former President Jimmy Carter, who is unopposed in the primary.

Unlike the president and vice-president of the United States, the governor and lieutenant governor are elected separately. Republican Lt. Governor Casey Cagle is running for another term against Democratic contender Connie Stokes, both of whom are unopposed in the primary.

Saxby Chambliss has decided to vacate his senate seat. Among the field of candidates vying for his U.S. senate chair are seven Republicans and four Democrats.

The field of Republican senate candidates includes two familiar names, Jack Kingston and Phil Gingrey. The latter is the current District 11 U.S. representative. Of the Democratic offerings, the name which resounds most within memory is Nunn, due to long-time U.S. Senator Sam Nunn.

It is his daughter Michelle now running for office.

Voters may find their district and current U.S. representative at http://www.house.gov/representatives/find/.

Information on the current races is available on the Secretary of State website at https://gvrs.sos.state.ga.us/GAElection/CandidateDetails.

Voters can search this site for a list of all the candidates for different races and find links to the candidate's individual websites.

Important Primary Facts

- Advanced voting for primary nonpartisan election begins April 28.
- Polls will be open from 7 a.m.-7 p.m.

Facts from MyTimeToVote.com

Highlands Happenings

New social science special topic courses to be offered this fall

By Antonio Garcia Managing Ed., Online

With class registration for the fall 2014 semester underway students might be interested in some of the new social science special topic classes being offered.

Forensic Psychology, GHSS 2901, will be offered on the Cartersville campus and will count for two hours in area B. The course will provide a broad overview of the field of forensic psychology and will cover the role of psychology in the legal system.

The class will be held on Tuesdays and Thursdays, 2-3:15 p.m. The instructor will be Elizabeth Dose, assistant professor of psychology. The course's CRN number is 80834. Students

may contact Dose at edose@ highlands.edu for more information.

The European Union is another GHSS 2901 course that will be offered on the Cartersville campus, and the instructor will be Teresa Hutchins, associate professor of political science.

This class will count for two hours in area B. The class will meet on Tuesdays and Thursdays, 12:30-1:45 p.m. The CRN number is 80607. Interested students may contact Hutchins at thutchins@highlands.edu.

There will be one new GHSS 2901 course offered on the Floyd campus, Labor, Politics and Race in the Modern South's Rome, Georgia. This course will focus on the history of the politics of Floyd County from the Great Depression through the civil rights movement. The course will explore how racial identity affected the textile workers.

It will also explore the history of politics, society, race and economy in Rome.

The instructor for this class will be Scott Akemon, assistant professor of political science, and it will be held on Mondays and Wednesdays, 2-3:15 p.m. The class will count for two hours in area B. The CRN is 80548. Students can contact Akemon at sakemon@highlands.edu for more information.

New special topic humanities classes premiering this fall

By Antonio Garcia Managing Ed., Online

There will be two new GHHU 2901, special topics: humanities, courses offered this upcoming fall semester.

Both of these classes will count for three credit hours in area B.

Hispanic Cinema: Theory and Culture will be offered on the Cartersville campus, and the instructor will be Kathryn Garcia, assistant professor of Spanish. The class will be taught in English and will study contemporary and 20th century Spanish language cinema. The class will meet Tuesdays and Thursdays, 3:30-4:45 p.m. The CRN is 80757. Students can contact Garcia for more information at kgarcia@highlands.edu.

The other class being offered will be Vocabulary Building. This class will be taught by Carla Patterson, associate professor of English, and will be on the Floyd campus.

The course is meant to enhance the vocabulary of students by studying word origins and structures. This course will be able to help students in multiple majors and professions. The class will be held on Mondays and Wednesdays, 12:30-1:45 p.m. The CRN is 80782. Students can contact Patterson at cpatters@highlands.edu for more information.

Hope for Hague 5K to take place April 26

By Staff

The Hope for Hague 5K Run/Walk will be held on Saturday, April 26, at Paris Lake on the Floyd campus.

The race is a fundraiser for the Dr. Nancy Hague Memorial Scholarship at GHC.

On-site registration (\$30) begins at 8 a.m. with the race starting at 9 a.m. Participants can register online for only \$25 at https://runsignup.com/Race/GA/Rome/HopeforHague5KRunWalk, and the first 150 to sign up online are guaranteed a free T-shirt and goodie bag.



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B2B takes home Chapter of the Year

By Pedro Zavala Editor-in-Chief

Georgia Highlands' Brother 2 Brother club recently received the national Outstanding Chapter of the Year award at the Student African American Brotherhood (SAAB) Conference in Detroit, Michigan.

Brother 2 Brother is an organization that is present on all five GHC campuses with over 100 total members. Twenty-three members of GHC's Brother 2 Brother, along with two advisers, attended the conference in Detroit March 28-30. Roderick Presswood, Douglasville B2B president, went on the trip and said, "My favorite was when they asked how youth could be taught better and more effectively."

"Outstanding Chapter" is the highest award, and GHC outmatched over 300 other chapters nationwide to take this honor. This is the second time the GHC chapter of B2B has won the

award.

Jon Hershey, dean of humanities and Brother 2 Brother adviser, said, "Chapter of the Year is determined by the strength of the enrollment, retention and graduation rates of its members, as well as by the activities and dedication of the chapter during the year." Presswood stated, "It was a very surprising and humbling feeling."

Presswood said the best part of the trip was the atmosphere of unity among minority men from across the country. He stated, "It's very inspiring to anyone who attends that conference to strive to be better."

Georgia Highlands African American and Minority Male Excellence, GHAME, initiative is part of the University System of Georgia's African American Male Initiative. GHAME instituted the SAAB program, which then instituted B2B. The mission of B2B and GHAME is to increase the enroll-



Contributed

B2B members accept award at the SAAB Conference. From left: Caleb McCrary, Roderick Presswood, Demario Blackwell, Qwaunzee Jones and Reggie May.

ment, retention, progression, and graduation rates

of African American and Latino men at GHC.

Don't Forget

There may be classes on May 6 to make up for missed snow days.

May 6 was originally scheduled as reading day.

Be sure to check with your professors to make sure.

Highlands' nursing program eliminates second admissions

By Derweatra Hammock Managing Ed., Design

Due to pending changes in the nursing workforce, beginning with the 2014-2015 academic year Georgia Highlands' nursing program will no longer have second admissions during the spring and will be decreasing the number of students admitted from 120 to 80.

Hoping to get the students more prepared with bachelor degrees, the nursing program is slowly decreasing the number of associate degree graduate applicants and increasing the number of applicants pursuing a bachelor of science in nursing.

One reason behind the changes is "The Future of Nursing: Leading Change, Advancing Health" published in 2010. It is an

evidence-based document by the Robert Wood Johnson Foundation and the Institute of Medicine of the National Academies (IOM) that includes the input from nurses, health care provider and other parties interested in the overall improvement of health and health care in the United States.

The document contained eight recommendations that would position nurses to be able to improve the health of American citizens.

"Actions are being taken in Georgia and across the nation to put these recommendations in place. One of the recommendations is for the nursing workforce to be 80 percent baccalaureate prepared by 2020," said Rebecca Maddox, director of nursing.

She also stated that by observing the activity in the

health care field and the employment rates of its graduates, the college has realized that hospitals are hiring nurses with bachelor degrees and asking the nurses with associate degrees to head back to school to earn their bachelor's.

Maddox said, "These changes will make admission into the nursing program more competitive. That impacts all of the prenursing students. We already had more students applying for the program than we could accept each year."

Nadine Fuqua is seeking to be accepted into GHC's associate of science in nursing program and said stress levels among her and classmates are at an all-time high due to the decrease in students being admitted into the nursing program.

"My hands were sweaty

as I turned in my nursing program application this year, and I could feel my heart beat in my throat," stated Fuqua.

She continued, "Not a day goes by now that I don't think about the letter that myself and my fellow classmates will be receiving in mid-June. Will it be an acceptance letter or will it be a denial letter?"

Maddox recommends that students meet with a nursing adviser. She said, "A nursing adviser can help students with developing an academic plan but can also talk with students about positioning themselves for a BSN program."

Maddox wants to be sure that students are aware that there are several healthcare careers that are just as rewarding as nursing. She said, "There are many, many aspects of health care in which students can become involved: physical therapy, occupational therapy, speech therapy, respiratory therapy, medical lab technology, radiology, social work, health care management, etc." Students could also consider becoming physician or physician assistants.

Georgia Highlands anticipates growth in its RN-BSN program as it seeks to meet the needs of associate degree nurses who want to return to school to advance their degrees.

Students with questions should check out the nursing admissions website at http://www.highlands.edu/site/nursing-admissions, contact the admissions office or get in touch with Barbara Cozby, administrative assistant in the Nursing Office.

Alumni art on display in gallery

By Derweatra Hammock Managing Ed., Design

The Floyd campus Lakeview Art Gallery is currently displaying an art exhibit containing works by GHC alumni.

The artwork will be on display in the Lakeview building from 8 a.m. to 7 p.m. Monday through Thursday until April 24.

The gallery will feature art pieces by Eric Dempsey, Atteka Abdou, Amanda Brendel, Carrie McDaniel, Amera Samha, Greg Golden, Elle Mott, Mark Curry, Donnie Davis and Richard Tibbets.



Photo by Ryan Jones

This is some of the artwork displayed in the gallery.

ORK to unveil annual literary magazine

By Derweatra Hammock Managing Ed., Design

The Old Red Kimono, GHC's literary magazine, will be hosting its annual reception and reading to unveil the 2014 issue.

Some contributors to the

magazine will be reading or discussing their work. Food and beverages will also be available.

The event will take place on the Floyd campus April 29 from 12:15-1:30 p.m. in the Lakeview auditorium.

On the Marietta campus,

the reception will take place April 29 from 10 a.m.-2 p.m. and at Douglasville, April 30 from 11 a.m.-1 p.m.

The event will take place on the Cartersville campus May 1 from 2-3:30 p.m. and on the Paulding campus May 1 from 11 a.m.-1 p.m.

Highlands alumnus puts his major to use for Floyd Co. schools

By Tyler Hogue Staff Writer

For some people, when life is incredibly busy, it is difficult to find time to go to school. This was so for Tim Hensley, who is now assistant to the superintendent of Floyd County schools.

According to Hensley, the flexibility provided by Georgia Highlands College, called Floyd College when he attended in 1982, was exactly what he needed to be able to attend school and work full-time.

He said, "It was also more financially possible for me to attend."

Hensley studied journalism at Georgia Highlands. He was also a staff member of the Six Mile Post.

He went on to major in public relations at Shorter University.

Hensley even managed to get a public relations related internship at GHC to earn credit for one of his courses at Shorter.

Hensley's job has him doing public relations work for the Floyd County school system. He said that his job is



Photo by Tyler Hogue

Tim Hensley

to build strong relationships between the school system and those it serves. This includes teachers, students and parents.

Hensley stated, "I love my job because it is vital to the success of our educational system and the future of our community."

He also said that he likes how his job changes rapidly due to the changes in methods of communication.

Hensley has two children. One is a freshman in college, and the other is a freshman in high school.

In his spare time he likes to run and exercise to stay in shape.

Hensley also likes to take care of and train horses.

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New trees help to decorate the Floyd campus

By Derweatra Hammock Managing Ed., Design

The Floyd campus now has 30 new editions in the form of swamp white oak

Bill Cox, grounds supervisor for GHC, bought the oaks from Nature's Incorporated during a special sales event. The oaks are eight to 10 years old, around four to six calipers (the diameter of the trunk) as well as between 18 and 25 feet tall.

The trees were planted behind the Bishop Observatory at the beginning of March. "I chose this area because there is a lot of room for the oaks to grow. Plus, the area would be even better with shade," said Cox.

He chose swamp white oaks because they grow well in several types of soil and on different ground levels. Swamp white oaks are hardy trees with tough bark and provide plenty shade and cooling

Cox stated beavers are a major problem for trees around the lake at the Floyd campus, and to make sure that the beavers stay away from the bark of the oaks, he implemented an anti-beaver invention.

"I placed chicken wire around the base of the trees to keep the beavers from gnawing on the wood. Hopefully the beavers won't decide to go to Home Depot and rent out a chain saw," said Cox.

It usually takes 30 to 50 years for swamp white oaks to reach their maturity, and by that time the trees will be about 50 to 70 feet tall.

However, the oaks will not experience much growth for the next couple of years because they are slow growing and their roots have to reestablish. According to Cox this is why it actually is best to plant in the fall so the roots will have time to reestablish by summer.

Mark Knauss, professor of biology, believes that "the trees will greatly enhance the experience of anyone who uses the road for recreation"

He said, "There is the added benefit that the acorns produced will provide forage for wild animals, such as deer, turkeys and a variety of small mammals, which might be seen by students and others who frequent that part of campus."

Cox stated, "I hope the students will be proud of how the property and trees look. I try to plant things that will look good long into the future."

As for future landscape projects, Cox said he hopes to have a few more projects from the "Master Landscape Plan" implemented. The master plan holds several future landscape ideas such as getting the Floyd campus a new entrance sign.



Photo by Antonio Garcia

New swamp white oak trees were recently planted along part of the walking trail around Paris Lake on the Floyd campus.



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GHC says goodbye to retiring professors

By Thomas Dobson Staff Writer

Donna Mantooth, associate professor of psychology. will be retiring from Georgia Highlands following 16 years on the GHC staff.

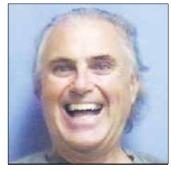
During that time she has served as the adviser for the Psi-Beta Honor Society at Highlands, completed her second master's degree and was named Faculty Member of the Year in 2009 by Phi Theta Kappa.

However, she said, "The fact that I have a good rapport with the students is what I'm most proud of."

By Brooke Govin **Staff Writer**

Students and staff know Simon Grist as the professor of instructional technology, the exuberant teacher with a constant smile on his face and a genuine advocate of living a full life.

Grist began teaching at Atlanta Metropolitan



Contributed **Simon Grist**

Photo by Ryan Jones **Donna Mantooth**

Mantooth stated she will miss her students at Highlands, along with her colleagues and the environment of Georgia Highlands.

College in 1982. There, he taught English courses and also learning support reading classes.

Alan Nichols, her super-

Arriving at Georgia Highlands in November 1999, Grist began teaching general psychology, study skills courses as well as Regents' reading courses online. In addition to teaching, he has fostered the use of the learning management systems. In 2000 he started with five courses using "WebCT" and now there are over 1,600 courses on Desire-2-Learn.

Diane Langston, dean of academic success and elearning and Grist's supervisor, had good things to say about him. "His range of academic and technological skills is remarkable, and he has used them at GHC in multiple ways," she said.

visor and interim academic dean of social sciences, business, and education, said, "Working with Donna Mantooth has been a distinct pleasure. Her bright smile and cheerful attitude have enriched the division immensely. We are much the better for having had her as a member of the faculty. I hope she enjoys her retirement, but I am very sorry to see her go."

After GHC she plans to travel, both in the U.S. and abroad, and spend more time volunteering and being with her 18 grandchildren.

Grist has enjoyed working at Highlands because of its easy access to a good education. "I strongly believe that education is the only hope humankind has if we are to survive as a species on our home planet," said Grist.

His career may be ending this semester, but Grist plans on traveling, practicing blues guitar, sketching and setting up a blog to keep track of biking and camping expeditions in the near future.

Langston went on to say, "Although his work has been primarily behind the scenes in recent years, his activities have been an important part of enabling technology and teachers at GHC to help our students succeed. He will be much ics. missed."

King teaches online classes along with teaching on the Cartersville campus. "I will miss the faculty

and staff family," King said. She continued, "I hope I have influenced other students during my time here."

King stated she doesn't

"I have no idea. I hope to travel and clean up around the house," said King.



Photo by Ryan Jones **Catherine King**

By Georgianne Carpenter Staff Writer

Pauline Ruel, associate professor of nursing, has taught nursing at Georgia Highlands for 21 years and will be retiring at the end of this school year.

She currently teaches mental health classes as well as clinicals.

Ruel appreciates the time she has spent teaching nursing students and enjoys seeing them go out into the work place.

Rebecca Maddox, nursing program director, stated, "She has contributed greatly to the program."

Ruel practiced nursing before she became a teacher. "I always wanted to teach," she said.

She has wanted to keep her retirement a secret, so she has not told her stu-



Contributed

Pauline Ruel

dents. "I don't want it to be about me," said Ruel about why she has kept retirement a secret. "I want the pinning ceremony and graduation to be about the graduates."

Maddox said, "We hate to see her go but wish her the best."

Ruel stated that in retirement she would like to continue to help with the practice of nursing.

By Thomas Dobson **Staff Writer**

After 15 years of helping her students better understand mathematics, Associate Professor Lavinia Heaton plans to retire from Georgia Highlands College at the end of this term.

In 1999 Heaton got her start working part-time at Georgia Highlands, then known as Floyd College. After two years, she joined the staff full-time as an associate professor of mathemat-

Heaton feels one of her greatest accomplishments made during her career at Highlands is the math division videos she helped create for the Math 1111 courses. She puts helping her students understand the course material highest on the list.

Heaton admits she will miss working with her students at GHC and her fellow GHC staff members in the math and science and P.E. divisions. "We've always had a special camaraderie." Heaton stated, remember-



Photo by Ryan Jones

Lavinia Heaton

ing when the divisions were one.

After GHC, Heaton plans to travel and spend more time with the First Baptist Church of Rockmart, where she volunteers her services in the church's recovery from addiction program.

Her supervisor, Brent Griffin, interim dean for the division of mathematics, said, "Ms. Heaton is an outstanding member of the mathematics faculty with a long history of valued service to GHC. The division wishes her all the best in retirement!"

By Pedro Zavala Editor-in-Chief

Catherine King, professor of physical education, will be retiring from Georgia Highlands College this

King has been at Georgia Highlands for a total of 26 years as a physical education teacher. "It's been an honor and a pleasure," stated King.

know what she plans to do after retiring.



Graduates

Jessy Pamela Acosta Christina Hampton Adams Jarrius D'mond Adams Sandy Michelle Adams Andrea Marie Adkison Rebecca Brooke Agan Maryium Ahmed Oyenike Abimbola Ajadi Jake Tyler Akin Isely Alba Megan Turpin Ali Yvonne Turner Allen Melissa Redden Allmon Joseph William Allocca Carrie Leigh Amborn Brent Peter Amelingmeier Brandon Jacob Anders Katherine Sierra Anderson Kayla Megan Anderson Adele Marie Angel Christopher Mark Angel Maya Yakima Arabia Kadum Lashea Aselton Cady Lee Atcheson Tomiko Johnnetta Atkins Jessica Michelle Austin Fadma Aziz Ashley L Baggio Shayla Lynette Bagley Amelia Lee Baqwell Crystal Keyonnica Bailey Nicole Danielle Bailey Joshua Ashton Baird John Ashley Baldes Forrest Dustin Banks Tyler J Barden Carla Deanne Barnett Angela L Barrer

Soledad Barrera Brandi Cherelle Barton Sean Michael Basile Bianca Lashay Bates Bryce Mechlin Bays Amanda Lynn Beatty Rhonda Michelle Beaver Zachary Taylor Beck Brittany Marie Becklund Alicia Brook Belcher Cherrise Rene`e Benham Jarrett Austin Benham Allison Danette Bennett Caitlin Marie Berkenkamp Kellie Felisha Bevans Breanna Joy Bevil Lyea Marie Bickle William Russell Biehl Jennifer Killian Bittaker Kristen Lea Black Lauren Ashley Black Rachel Jordan Blankenship Steven Thomas Blume Louise Sullivan Bone Wendy Yohana Bonilla Mary Louise Borgese Anna Theodosia Bowman Bradley Paul Boyd Kinsey Lara Boydstone Brittany Ellene Brand Ryan Ğrady Bray Donna Jean Briggs Victoria Ashleigh Briggs Staci Braden Broadway Ricky J Brooks Trinette Marie Brooks Brennen Shaw Brown

Joshua Eugene Brown Megan Elise Brown Victoria Lynn Brown Cari Helena Bruce Joseph Milton Brumbelow Lorna Natalie Bruno Joseph Glyn Bryant Ashley Bryson Siera Rojean Bubb Kenneth Keith Bullington Nathaniel Lee Bultman Maria Lynn Burch Regan Leigh Burch Tasheena Burch Wesley Mitchell Burchfield Holly Sharee Burgess Lauren Ashley Burt Bridgett Alexandria Cabe Mary Melissa Cagle Jocqulyn Dionne Callahan Hannah Marie Camacho Denise Perez Campos Itzel Canongo Sarah Annaliese Cargle Alberto Carreon Brandon Kenneth Carrier Laura Shaw Caudle Sabrina Michelle Causey Jeremy Trey Chappell Ashley Nicole Chasse Alejandro Chavez Manon Cherubini Amanda Marie Childers Hol Choi Kellen Edward Churchill

Joseph Roper Clark

Maxine Kattie Clark Erin Joyce Clarke Erin Marie Clay Carlos Arturo Clements Anna Marie Cochran Kaylee Alyse Cohen Jennifer Lea Cole Cassie Denise Coleman Christopher Bryan Colosi Tiffani Amelia Colston Tashayia Monqie Colter Emily Marie Cook Eric Joseph Cooke Shauna Louise Coram Bridgette D. Cothron Watts Chase Kenley Cowart Helen Louise Cox Rebecca Ann Cox Caitlin Renee Crews Christian N Crews Morgan Alexandra Culp Ernest Robert Daniel Jessica Renee Daniels Nicole Katherine Daugherty Abbigail Jay-Brannon Davis Alexandria Bryanne Davis Amanda Ann Davis Gregory Kyle Davis Jacqueline Deanne Davis Jared Shane Davis Kristen L Davis Tanner Bo Davis Briana Lee Day Elyse Middle DeMoya Ashley ELaine Dean Brett Elkins DelRosso Anna Genesis Delgado

Ashley Nikole Dennard Garland Kevin Dennis Michael Craig Dennis Alecia Renae Devens Colin Patrick Diamond Rosa Ernestine Dobbs Laurel June Dockery Kristen Nicole Donegan Bruce Andrew Douda Angela Lynn Downey Jonathan A Dozier Pateira M. Dumas-Tatum Sharhonda L. Dunlap Casey Nicole Earwood Susan Easton Fatima Carola Echanique Eric Leon Edwards Iason Lee Edwards Shiona Renee Eisenhauer Jennifer Hope Elkins Brooke Ashley Ernst Kirsten Lauren Esmann Parker Paul Estopinal Sara Kaitlyn Etterman James Dylan Eubanks Natasha Laundes Fanfan Nathan Travis Fant Crystal Dawn Fennell Hannah Sherre Fennell Roselyne Moline Ferdinand Vicky Turner Ferguson Andrea Grace Fillmore Joshua Alexander Fisher Rebecca Rose Flanigan Laura Catherine Fletcher Keysha Denise Ford Alex Chase Foretich

Jalesa Jasmine Delgado

Note: These applicants for graduation must complete all necessary requirements in order to graduate.

Tyrone Bledsoe to deliver keynote at GHC's graduation ceremony; faculty recognitions also planned

By Holly Chaney Staff Writer

Georgia Highlands College will welcome Tyrone Bledsoe as the 2014 spring commencement keynote speaker at GHC's graduation Thursday, May 15, at 7 p.m. at the Forum in Rome.

Born and raised in Grenada, Miss., Bledsoe received his Bachelor of Arts and Master of Education degrees from Mississippi State University and went on to complete a Ph.D. in Counseling and Student Affairs Administration at the University of Georgia.

He was also honored by the State of Georgia as Outstanding Doctoral Student, and the University of Georgia has recognized him as Outstanding Doctoral Alumnus.

Bledsoe also served as vice president for student life and special assistant to the president at the University of Toledo. He is a lifetime member of



Tyrone Bledsoe

Phi Beta Sigma Fraternity and currently resides in Toledo, Ohio.

Beyond Bledsoe's awards, affiliations and academic achievements, he is the founder and executive director of SAAB, the Student African American Brotherhood. GHC's Brother 2 Brother is a chapter of SAAB and recently won chapter of the year.

SAAB, which was founded in 1990, has grown to more than 300 chapters across college and university campuses as well as middle and high schools in more than 39 states in the U.S. SAAB provides young

men of color the privilege of social, cultural and spiritual enrichment.

SAAB's values are the cornerstone for organizational decisions, program development, and strategic collaborations and partnerships.

SAAB encourages participants to embrace Core Principles of Accountability, Proactive Leadership, Self-Discipline and Intellectual Development in order to exemplify the values that uphold the SAAB mission and vision.

Faculty will also be honored at graduation.

David Mathis, assistant athletics director, will be receiving the Presidential Meritorious Service award.

Carolyn Hamrick, former Cartersville campus dean, will be awarded the Wesley C. Walraven Faculty Award posthumously.

Catherine King will be the mace bearer and will lead the faculty graduation procession.



Alison Keelyn Forrister

Jeremy Collin Fowler

Jason Čory Franklin

Charity Rose Franklin

Edmund Andrew Frederiksen

Amanda Michelle Fulton

Nathan William Gaddu

Terrijana Tyler Gamble

Keia Fosha





File P



File Phot



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David Mathis Carolyn Hamrick

Catherine King

Johnny Martinez Andrew Wayne Mathis Zachary Clay Mathis Sherisha D Matthews Daniel Kenneth May Nicole Nkechi Mayo Breanna E McAlister Laurie Lynne McAreavey Leah Hembree McCarty Marie Helene McCary Misty B McClelland Shakierya J. McClendon Shante Nichole McClure Hanna Elizabeth McDaniel Myra Elizabeth McDonald Kara Lynn McDowell Dylon Čole McElroy Heather Brooke McEntire Gueary Duncan McFate Iohn Čurtis McGraw Ethan Cameron McKown Ayn Claire McLaurin Amber Leigh McLean Abigail Doreen McLendon Christopher Sean McNeil Katie Elaine McWilliams Tyler Lee Mcarthur Jessica Lynn Meleg Jocelyn Mendoza Sarah LeeAnn Mentzer Emilu Wells Mercer Jack Miceli Cindy Michelle Kyla Shay Middleton William Keith Miller Colby Drake Mincey Amanda L Miner John Conner Minesinger Britney Sun Minton Victoria B. Mlenga-Casey Marilyn Clara Mojica Katherine Ann Molden Sunni M Monterroso Kristoffer Taylor Moon John Wayne Mooney Demaurius M Morgan Miranda Taylor Morgan Alexander Lee Morton Ashley Renee Mosher Mariah Calabrese Mosqueda Lauren Danielle Mullen Melanie Nola Mullinax Johnsyn Maxine Murray Wangu Gakuru Muthoni Nicole A Nation Samantha Joyce Nave Christian Andrew Nelms Kevin Shawn Newman Armon A Nezamabadi Tricia Lynn Nichols Douglas Michael Norton Matthew Lee Nottingham Amanda Harvey O'Rear Scoti-Ann Megan Oehlson Samantha Leigh Olivier Omowale Opeyemi Olomola Iulian Orjuela Stephania Ann Orrego Stephanie Michelle Osborne German Alirio Ospina Gerri Patricia Owen

Dana N Ozment Jamieson Exodus Palmer Tyler Ray Paramore Kelli Danielle Parker Kristine Durham Parker Darice Ierome Parks Caleb H Parris Andrius Pasekovskis David Jacob Patterson Jaclyn Breanna Patterson Amber Jade Patton William Robert Payne Marley James Earwood Peals Carleigh Christine Pearson Matthew Scott Pearson Carmen Cherice Peeler Carol Melissa Perez Luis Miguel Perez Haley Renee Perry Teyon Lamont Peters Aluson Marie Pfrimmer Melissa Suzette Pharr Rebecca Faye Pharr Nicholas Matthew Phillips Palma Maxine Phillips Valerie Pierre Michelle Cecilia Pineda Sirajuddin Jaynuddin Pirzada William Charles Pittman Monica Arena Marie Polite Dustin Wayne Powell Keslyn Marlene Powell Carmen Ashley Pritchard Kyrsten Elyzabeth Pugh Jenny Loo Quan KC Renae/Mace Quarles Gary Lunden Rainer Kimberly Lauren Ramey Laslie Camille Ramey Dequicia DeAngela Řawls Fatima Reavis Tracy Michelle Redd Katie Marie Redden Torrey Devon Reedy Meghan Renae Reynolds Erin Michelle Rhinehart Elizabeth Martin Richards Kadian Ninfa Richards Thomas William Richards Angela Rae Richardson Shervonna N. Richardson Tiffany Dian Ridley Tiffany Elizabeth Ridley Brooke Marie Ritt Ashton Marie Rivers Victoria Lindsay Roach Candace Brooke Robbins Cambi Jeanne Roberson Claudia Danielle Roberson Aleya Simone Robinson Whitney Savannah Robinson Toni April Rock Nicolas Cesar Rodriquez Maria A. Rodriguez Segura Jennifer Marie Rogers Sarah Lynn Rohland Ashlee Dawn Rooks Melissa Paige Rotti Tyler Christian Rowe

Kaleigh Marie Owens

Tracy Ann Owens

Graduation

April 22, 2014, SMP, G3

The class of 2014 is the largest graduating class ever for Georgia Highlands College, with 615 applicants. The SMP congratulates all applicants on their achievement and wishes them success.

Jonathan Dozier and Amelia Bagwell to speak at Georgia Highlands graduation ceremony

By Holly Chaney Staff Writer

The two students chosen to speak at the 2014 Georgia Highlands' spring commencement ceremony are Jonathan A. Dozier and Amelia Bagwell.

Student speakers are nominated by faculty members for their excellence. Those nominations are then sent to student life coordinators, where the student speakers are chosen.

Jonathan A. Dozier, a native of Inkster, Mich., began his journey here at Georgia Highlands in the spring of 2012 as a nontraditional student. Dozier, who had not seen the inside of a college classroom in 20 years, could have experienced difficulties after such a hiatus, but he flourished instead.

Having found increased self-endurance and self-perseverance as a student at Georgia Highlands, Dozier has achieved great academic success and has been honored multiple times as a Dean's List, President's List and Who's Who student. He was inducted into Phi Theta Kappa National Honor Society and was a student ambassador, an emerging

leader and was involved in the Brother 2 Brother national organization.

Dozier is graduating with an Associate of Arts Degree in Communications. Dozier said, "My next step is to complete my bachelor's degree in communication, complete multiple community services and internships and eventually land a job in radio or television, preferably as a music or program director. And a main goal after transferring is continuing on to completing my master's degree in applied meteorology."

Amelia Bagwell, a native of Ripley, Tenn., also came to Georgia Highlands in the spring of 2012 as a non-traditional student. After seeing the growth and support that one of her children received at Georgia Highlands, Bagwell enrolled.

Bagwell knew that same support is what she would need to succeed. Her instincts proved correct, and from enrollment to where she is today, Bagwell has found the support and care she needed from the faculty and staff of Georgia Highlands.

Bagwell's success at Georgia Highlands includes being named National Honors Student of the Year, an All-Georgia Academic Student and a Coca-Cola Bronze Scholar. She also received an American Association of Women in Community Colleges scholarship. Her most valued achievement is having received the Steve Burns Service Award from Georgia Highlands College.

Bagwell's involvement here at GHC includes serving president of Georgia Highlands College honors and Phi Theta Kappa.

She has been an officer in Under Graduate Researchers Impacting Tomorrow and Equality Alliance secretary. She served two years as a student government representative. She has also been a student tutor and a teacher's assistant for the IDIS-Honors class.

Bagwell will be graduating with an associate of art in psychology and an associate of science in education and a honors diploma.

Bagwell said, "I will take this with me as I pursue my master's, then my Ph.D. in psychology at the University of West Georgia, with the eventual goal to counsel and teach at the collegiate level."

Graduation

Poll: What will you miss most about GHC? What do you plan to do with your degree?



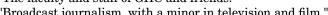
Tatiana Smithson

Cartersville Biology and Art

"I leave with lifetime friendships, amazing memories and knowledge that I will carry with me for the rest of my life."

"My goal is to get my Ph.D, so my Biology associate degree will get me towards my hopes and dreams to make a difference in the world of Environmental Science."

Ashly Taylor Douglasville Communication "The faculty and staff of GHC and friends."



"Broadcast journalism, with a minor in television and film."





Chelsea Signoret

Douglasville Speech language pathology

"I will miss teachers, staff, and friends. With the smaller class size it has been easier to get to know people"

"I plan on furthering my speech language pathology degree. I will get my bachelors' and then my masters'.'

Nurse pinning rich in history

By Holly Chaney Staff Writer

Georgia Highlands' Nurse Pinning ceremony will take place on Thursday, May 15 at 2 p.m.

The Nurses' pinning, which is separate from standard graduation ceremonies, is steeped in history and can be traced back to the crusades.

However, modern day pinning traditions date back to 1860 when Florence Nightingale rewarded outstanding students in her first nursing school.

Each pin is unique to its school. It is a symbol of academic work well done, entry into the profession of nursing, and a reminder of nursing's historical mission to serve the sick.

Rebecca Maddox, director of nursing at Georgia Highlands, is proud of the history of the college's

She said, "The first graduates of our nursing program, designed our school's pin. There have been some changes over the years that accompanied the name changes for the college.

She continued, "If you want to see a photographic history of our school pin, you are welcome to come to Heritage Hall, walk down the nursing hall, and see the photos of almost all of the nursing classes. You can see a photo of our current pin on our nursing web page."

Maddox said the ceremony is a time for the students to thank their families and friends for supporting them while they have been in the nursing program and to reminisce about their experiences with each other.

The student speakers, as well as the faculty speaker, are chosen by students.

Maddox emphasized the importance of the tradition. "It is a time to impress upon the graduates that they are not just earning a degree. They are becoming members of a profession," she said.

During the pinning portion of the ceremony, the graduates come up to the stage, and the director of the program places a stole with the GHC nursing pin on each graduate.

The graduates are dressed in white nursing uniforms for the Pinning ceremony but can then wear their stoles and pin their graduation robe for the graduation ceremony. The ceremony concludes with a unison reading of the International Nursing Pledge.

Micheal Brian Russo Samuel Adam Ryan Phonepaseuth Salasap Crystal Dawn Samples Antoine Dandre Sams Jessica Eileen Samurda Austin R Sanders Robert Grady Satterfield Rebecca Jeanne Schultz Adam H Scott Bojidar Dimitrov Sekoulov Shannon Lindsey Semones Harmony Deanne Sensing Angelie Serrano Melissa Sue Shadrix Mark Anthony Sharp Kristale H Shelnutt Kathy Ann Sherman Christopher Jackson Shields Chelsea N Signoret Nicole Lunn Sikes Brandan Edmund Simmons Michael David Simpson David Jason Sims Victoria Lynn Sinfelt Jonathan Nelson Siniard Shekinah Faith Sisson Matthew Alexander Skinner Iessica Rose Sloan Iames Small Garrett Wayne Smelser Rachel Nicole Smereski Chelsea Faith Smith Chelsea Rae Smith Kayla Jules Smith Kelly Michelle Smith Louis Luke Smith Scott Adam Smith Tatiana M Smithson Fatbardha Bajraktari Softy Jimmy Solano Riley Marc Solomon Michael Dakota Sonntag Claire Elizabeth Sorensen Justin Edward Soriano Sarah Ashley Sparks Alicia Speece Liz Miriam Spencer Shawna Brook Spencer Tiffney Lynn Spencer Alexandria Pauline Spiesel Heather Ashley Spotts Christopher Louis Spurbeck Olivia Dawn Stallings Tyler Matthew Stanton Kristyn Leigh Steffers Dana Stephens Julie Ann Stephens Cindy Lashunda Stewart Tanner David Stinard Rachel E Stogner Jonathan Edward Stone Aubrianna S Strickland Alicia Marie Strom Nikia Briana Sublett Lisa Michelle Swanson Nicole Leanna Swofford David Brian Szczech Chelsea Alexandria Tanner Carol Lee Taylor

Britney Charece Teague Andrew David Tedder Wayne Keith Terry Destiney Elizabeth Tew Melissa Joan Tharp Adam Michael Thomas Jessica Ann Thomas Melissa Octavia Thomason Mariah Chantel Tiller Samuel Parker Tomlinson Ryan Matthew Torres Jesse Lee Trawick Ashly Nychelle Traylor Mark Andrew Triplett Marilyn A. Trudeau-Walls AnnaLee Tatum Tuck Michael Todd Tucker Susan Wadsworth Turgeon Amanda White Turner Jennifer Marie Tyson Chukwuma Canice Uqwu Jacob Paul Underwood Jenny Lynn VanFossen Amy Jo Vaughan Angela P Veach Edna Stephanie Viruet Amanda Colburn Wade Robert Shane Wade Courtney Mitchell Waldrop Arielle Johanna Walker Jenny Lee Walker Vera Valene Walker Jessica Amber Walrod Melissa Michelle Walton Vincent Keith Ward Christy Jo Warren Robert Benjamin Watkins Steven Howard Watkins Jaclyn Michella Watlington Donnie Wallace Webb Dennis Taylor Wells Lacey Marie Weltch Amanda Christine Whaley Joseph Thomas Wheeler Lindsey Nicole Wheeler Katrina Nichole Whetstone Brandon Jammal White Ryan Ashley White Jaimie Marie Whitfield Elizabeth Anne Wiggs Samantha Kay Wilbanks Jordan Danielle Wilcox Aaron Alexander Williams Meagan Jane Williams Alyssa Morgan Wills Terra LaRae Wilson Le'Andrea Dionne Wise Jamee Tru Woodall Christina Renata Woodard Sandra Lynn Woolley Tim Wayne Worthington Caitlin B Wright Joshua Leigh Wright Porter S Yarbrough Regina L. Carver Yarbrough Kimberly Hughes Young Moliat Ådejoke Yusuf William Alexander Zaganas

Morgan Alexis Taylor

I wasn't exactly sure

what I was getting myself

into when I applied for the

Six Mile Post. I was hired as

the managing editor, online,

and found out how it feels to

writing, media and commu-

nications, the SMP became

Having an interest in

truly love what you do.

Staff members of the Six Mile Post say goodbye

Being part of the SMP has given me much more than I had expected. Being at the forefront has launched me into things that were unknown to me before this year. It has helped with my communication as well as people skills. This time last year I would have never imagined myself as editor-inchief of the student newspaper, much less being part of a group that won first place in the state newspaper contest.

The past two semesters that I have spent working for the Six Mile Post have been very enjoyable and rewarding. Along with making new friends, I have had the joy of working closely with GHC students, faculty and staff members. I look forward to possibly being a part of this team again next fall.

I have been on the Six Mile Post since halfway through my first semester at Georgia Highlands College, and now I'm finishing my sixth semester and getting ready to graduate.

It has been a huge part of my time at GHC and helped keep me sane when classes were driving me crazy. I will definitely miss working on the SMP.



Pedro Zavala Editor-in-Chief



Karlee Helms Managing Ed., Sports



Ryan Jones **Chief Photographer**



Gene Harmon Assistant Online Ed.

I have been with the SMP since August 2012. It has passed quickly it seems, but during that time, I have learned a lot and made great strides in my own writing, challenged often to expand outside the comfort zone of topics I am knowledgeable about. It has been an experience I am very thankful for.

It's been such an honor and an amazing experience being part of the Six Mile Post. Not only did I get published, but I got to work on a newspaper where they value your voice and our students. The Six Mile Post has helped me, not only to become a better photographer, but most of all, a better student.

> - Tatiana Smithson **Staff Photographer** Cartersville



Antonio Garcia



Managing Ed., Online

an invaluable experience that will stick with me for the rest of my life. Being the Managing Editor of Design, I have had the

opportunity to be creative by making graphics, writing articles and taking photos. I have also had the

chance to meet several interesting people, make new friends and learn about all GHC campuses.

Working for the SMP has been a wonderful experience and, if possible, I would love to do it again next school year.



Derweatra Hammock

Managing Ed., Design

Jeremy Huskins **Ad Manager**

I began working at the Six Mile Post roughly four months ago. My experience since then has been nothing but rewarding. The people I've met have been completely supportive and eager to help whenever I am in need, and the job has given me plenty of experience in verbal communication. Overall, I am very appreciative and very happy I took the position.

Want to work on an award winning student-run newspaper? Join the

Student Voice of Georgia Highlands College

for the 2014-2015 academic year!

Go to sixmilepost.com and click "Staff Application" under "Links" to apply.

One thing that I enjoyed a lot was finding out which stories I enjoyed writing the most. Being able to attend the Southern Regional Press Institute was an exciting and informative opportunity that I would not have had if it was not for the Six Mile Post.

> - Ashlee Gilley **Staff Writer** Cartersville

Working with the Six Mile Post has been rewarding. I have met a lot of cool people and enjoyed some great opportunities. And it doesn't hurt to see my name in print every month.

> - Holly Chaney **Staff Writer Douglasville**

The new tobacco policy goes way too far

Excessive. That's what the Board of Regents' new smoking policy is. It goes too far and is ridiculous.

Yes, it is noble that the Regents want to promote health, but it should not be at the expense of tobacco users' rights.

Last month the Board of Regents passed a policy which will not allow the use of any forms of tobacco or e-cigarettes on any property used by colleges in the University System of Georgia beginning Oct.

1. What the Board is essentially doing is banish-

ing tobacco users from college.

It is perfectly understandable that smoking and nonsmoking be separated in enclosed areas, and smoking is currently allowed in personal vehicles at GHC where it does not affect others.

People in college are adults and should be treated as such. Tobacco users know the effects of their actions and the results of tobacco use. It should not be decided by a board acting as the old patriarch dictating what can and can't be done in people's personal lives. But this is part of a larger conversation of "what" can be banned by "whom," comparable to the banning of extralarge fountain drinks in New York City.

The policy is meant to "preserve and improve the health" of people present on college campuses. There is no denying the negative effects of smoking and smokeless-tobacco, but there is a fine line between being protective and being invasive.

The Board must face certain facts. The ban is not realistic; people will do as they please if they see it as necessary regardless of the rules. More importantly it is hindering tobacco users' rights. We say we don't discriminate, but this policy is full of discrimination.

The current policy does limit some privileges of tobacco users but does not discriminate on the level the new policy does.

While the policy protects those who don't use

tobacco, it hinders the rights of tobacco users. Instead of a system-wide ban on all college campuses, it would be more practical and realistic to leave the policy as is. Those who feel the need to use tobacco can as long as they are in their cars. This allows for individuals who don't use tobacco to remain unaffected and at the same time allow tobacco users to exercise their rights.

> - Six Mile Post Editorial Board

Is perfection truly perfect?

Perfection is a nice idea. Sure, everyone would love to be perfect, but some of us can end up being much more obsessed with it than others.

I have been a major perfectionist pretty much my whole life, but I never realized how bad it was until my first couple of semesters in college.

A lot of people's perfectionism comes from their parents or how they were treated growing up. But my parents have always been very understanding and encouraged me to do my best without pushing me to be competitive. But growing up the youngest of three brothers, I've always felt the need to do better than not only them, but everyone else too.

I've never been happy just doing well. I wanted to be the best; I had to be the best. I felt that if I did not do 100 percent in everything, then I was failing and possibly being looked down on. I



Editor's Box

Antonio Garcia Managing Editor, Online

have always focused more on how much more I could have done than how well I did.

This desire for perfection and need for superiority only caused me more anxiety and stress. It also kept making me more and more depressed.

I couldn't relax or "cut loose" because I always had to be 100 percent ready for anything. I was so afraid of making a mistake in front of people that I could hardly even have fun with my friends.

I started to realize that I was pushing and had pushed many of my closest friends away because I constantly had to one-up everyone; ev-

erything was a competition, and I had to win.

After two fairly miserable semesters combined with the stress from work and my daily life, I decided this was not the way I wanted my life to be. I was being ridiculous and needed to make a change.

I realized I was being obsessive, selfish and, above all, a jerk.

Since that "self-realizing" moment, I've actually been able to breath clearly, stay confident and be comfortable.

I still work hard and do my best, but I have finally realized that I'd rather enjoy life than be perfect any day. Six Mile Post 6mpost@student.highlands.edu

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The "Six Mile Post," a designated public forum named after the old railroad station and trading post that was once located near where the college was founded in Floyd County, publishes seven print and online issues a year and is funded through student activity fees and ad revenue. Letters to the Editor may be brought to the SMP office, emailed to 6Mpost@student.highlands.edu, or mailed to Editor, "Six Mile Post," 3175 Cedartown Highway Rome, GA 30161. Letter must be signed by the author. Publication and editing of letters will be at the discretion of the editors, and letters may appear in print and/or online.

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Frankly my dear, it's time we give a damn

Have you ever watched a review of a movie or television series that someone rambled on and on about? They talk about what they like about it or what they don't like about it. I mean, come on, what kind of person just talks about movies? Well, I am that type of per-

I am sure you are probably thinking: "Okay, what is he getting at?" and here it is. Whether you know it or not, films or television series can be a great asset to the world, and I believe that they can act as prescriptions to the ignorant, self-absorbed society that we live in.

You see, I am not your average movie fanatic. I look at every piece of cinema as a chance to learn something new. When visiting a movie theater, I intend to walk out viewing life differently than I did before.

For me, film is a gateway to many different thoughts, emotions and ideas: however, it also has the potential to be a portal to understanding different types of cultures, religions and people. Through fictions, non-fictions, biographies and documentaries, we have the chance to learn something new every single day.

Whether we would like to admit to it or not, learning things outside of our comfort zone is good for us. I believe that film places us in that reality.

Take a second and imagine yourself stepping into a movie theatre. You are now entering a world that is not your own. Here lies an endless number of possibilities. Why? It is a place where vou can live the ideas and emotions of others, experience a situation from someone else's perspective and understand why the person does what he or she does. This is a learning environment like no other.

In every great movie or television show there is always an underlining message in what is happening. It is our job, as an audience, to understand what the sto-

Soap Box

Jeremy Huskins Ad Manager

rytellers are trying to get across to us.

This does not mean that we have to agree on the same topics, or share the same beliefs, but we need to be able to respect each other enough to listen.

It is time to stop showing ignorance to our neighbors and fear to those we do not know. It is time that we step up and be the people that we say we are. This is one way I believe we could start.

While film and television sometimes open our eyes to false reports and biased storytelling, they also enable us to understand factual styles of life and express our own belief system.

We must learn to love and respect others regardless of religion, race, sex, opinion or orientation. This, I believe, is not "a" way to live, but "the" way to live.

Thank you, and please excuse me while I step off this soapbox.

It's never too late to work to fulfill your dreams

When I was about seven years old if anyone would have stopped me and asked me what I wanted to be when I grew up, I would have answered the same way that I do now, "A writer.'

I was born in Medford, Ore., in December of 1985. Being raised in a military family, we moved more than the average family.

In my life, I have been to three elementary schools, two middle schools, one high school and, now, two different colleges.

from the Navy and decided to take a job in Kennesaw, Ga, which was what brought me to Cartersville.

In 2003, after high school and one semester of classes at Lee University in Cleveland, Tenn., I decided to take a break from school and "live life."

I got a couple of jobs (because back then I only needed three hours of sleep to survive) and found myself spending money as quickly as I made it and not on anything of real value.

A couple of years of reck-In 1999, my dad retired less behavior went by, and I met a boy and fell in love. Two kids later, the topic of going back to school may as well have been as far away as the moon.

Shortly after, I became a single mom, and I was finally forced to begin my journey of "growing up."

It was 2011 when I finally looked at my life and saw that it needed to be something more than what it had become.

I was living at home with my parents and my two little girls and working a job that paid little more than minimum wage. I looked at



Path 2 Highlands

Jessyca Arndt **Staff Writer**

my daughters, and I decided that I needed to set a better example for them.

I applied for financial aid and quit my job to go back to school.

Georgia Highlands was so close to me, and I had heard many really good things. After my first semester back in school (a seven year stint), I realized

that this is where I needed

I am 28 years old now (29 at the end of the year), and although I'm surrounded by 19 and 20 year olds getting their start on school (and making me feel old), I have realized that it is never too late to get my degree so that I can be what I have always dreamt of being, a writer.

GHC gives student a great start

Graduating from college is the only way to get ahead in this country—or at least that's what every adult tells young high school kids.

In one aspect that statement is completely true. A college diploma is the key to opening the doors to a future career.

The high school I attended was filled with overachievers, no offense rich kids.

College was a place for the smart to strive on the challenges of academia. For the rich, it was just a place

to blow their parents' sav-

I, on the other hand, knew I had no trust fund to send me to an SEC school or even the local university.

My grades were average, but nothing on my application would stand out to a scholarship committee. I then had to decide between starting my career at a community college I could afford or working in the mall

Georgia Highlands was recommended to me by an older friend. She said the



Path from Highlands

Brooke Govin Staff Writer

Cartersville campus was beautiful and I would still feel like I was attending a larger college.

I checked out the campus shortly after graduation and knew I could definitely survive two years at this col-

I planned to complete all of my core classes and then

transfer to a four-year college to get my degree.

Before my first semester started, I was expecting my experience at Highlands to be short and uneventful. Soon I found myself joining the Six Mile Post, and it was rewarding to see my writing in print.

I then really began to en-

joy my classes. I've realized that a majority of my classmates are here to learn and utilize this college just like

My time here at GHC has let me take a chance to see if I like the field I am going into. Also I did it all while making the best grades I have ever made in my life.

I will be attending Georgia State University this fall to begin my major in journalism.

The city is going to be my new home, but I won't forget how much of a steppingstone these past two years have been at GHC.

Opinion

p_{011}

What was your favorite class this semester and why?



Austin Woods
Douglasville
General Studies

"Math 0099 with Mrs. Largin. She was the best teacher and was easy to understand. Her class was the first time I ever understood math."



Britnee Williams
Douglasville
General Studies

"Math 0099. I love my professor and the class is a breeze for me."



Ally Cleek Cartersville Nursing

"Anatomy and Physiology II because I've always loved science and learning about the human body. It's amazing because the body is such a well-tuned machine."



Austin Dady Cartersville Computer Science

"Computer Science. I'm interested in that field and it's more fun than Calculus II."

Student stresses importance of keeping Lake Paris clean

By Ryan Jones Chief Photographer

Since I was young, I was taught not to litter. I do my best not to, but sometimes accidents happen.

I was walking around Lake Paris on the Floyd campus the other day, and I noticed some litter on the ground, so I picked it up. I kept finding more trash and picking it up as I walked around the lake, and by the time I finished I had what felt like 50 pounds of trash.

Some of it looked like it could have been dropped that day, while other items looked like they could have been there for months.

I found three long pieces of fishing line. It seems like that would be harmless, but it can wrap around the legs of ducks, geese, turtles and beavers if it gets in the water and keep them from being able to swim.

I also found a number of plastic bottles, glass bottles and cans. The glass bottles

pose a larger risk, because if broken they can injure the animals or the people that are walking around the lake.

I'm not suggesting that our lake isn't taken care of, but it's hard to keep up with the amount of litter that could be dropped around the lake each day.

One way to help is not to take anything around the lake that you wouldn't want to carry all the way around it. According to Ken Weatherman, professor of physical education, if people cut behind the observatory and don't walk down the peninsula, the lake is 1.58 miles around. If they do walk around the peninsula in front of the observatory, the distance around the lake is 1.85. Walking down the boardwalk in the wetlands adds another .73 miles.

If we don't take care of the lake, we won't have it to enjoy. So please, try to keep your trash with you when you are walking around the

The Six Mile Post wishes you luck on your final exams and a great summer!

Photos and Poll by Holly Chaney and Tatiana Smithson



'Divergent' keeps fans raving

By Ashlee Gilley Staff Writer

When a beloved book series has an on-screen adaptation, it is usually an anxious time for readers. However, "Divergent" will not disappoint.

"Divergent," a PG-13 movie based on the book by Veronica Roth, stars Shailene Woodley as Tris, Theo James as Four and Kate Winslet as Jeanine. The remaining characters were well-cast. The film includes actors such as Zoe Kravitz, Miles Teller and Ansel Elgort.

Many fans were worried that Shailene Woodley would not suit Tris' character because so many people know her from "Secret Life of the American Teenager." To their relief, her acting made it easy to see her as the main

character.

In her world, society is divided in five factions that stand for different things. The Abnegation are self-less, the Amity are kind, the Candor are honest, the Erudite are intelligent and the Dauntless are brave.

Movie review

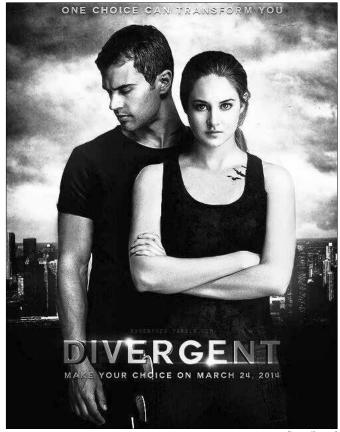
Tris discovers that she does not fit into any of the categories and that she is Divergent. The story follows her decisions, and later on she teams up with Four as they try to figure out what revolutionists are planning to do to the government.

Viewers who have not read the books will not miss anything because the film does a good job of explaining itself. Several details from the book were taken out of the movie, but nothing that would change the original plot line.

The effects used make the fictional world believable and are not overused. The music chosen, including songs by Ellie Goulding, add a lot to the intensity and drama of the film.

Neil Burger, who directed the film, will not be the director of the second installment of the trilogy, "Insurgent." The second film is in preproduction. It is going to be directed by Robert Schwentke and is expected to hit theaters in March 2015.

This fast paced sci-fi, action adventure will have viewers on the edge of their seats and will make them completely unaware of the fact that the film is a daunting two hours and 20 minutes.



Contribute

Movie poster for the new sci-fi movie "Divergent."

Charlie's Corner Café offers Paulding students delicious, Southern food at a discounted price

By Matthew Massey Staff Writer

For students who find themselves hungry on the Paulding campus, Charlie's Corner Café is the place to go.

Open Monday through Thursday 7 a.m.-2 p.m., Friday and Saturday 7 a.m.-1 p.m., it is the perfect place to sit down, relax, grab a good cup of coffee and enjoy a delicious Southern home cooked meal.



Inside is an inviting atmosphere of friendly staff, mouth-watering smells of the daily special and



Photo by Matthew Massey

Charlie's Corner Café is located on Courthouse Square in Dallas, Ga.

an entertaining cook who likes to personally visit the tables and make sure everyone's food is exactly right. Sometimes he will also throw in a few stories on the side. If the weather is nice, The Corner Café also features outdoor tables as well.

The breakfast menu features a wide variety of Southern favorites ranging from biscuits topped with any combination of bacon, sausage, egg, cheese and so on, as well as pancakes and other traditional dishes. Sides include eggs cooked to order, hash browns or a choice of bacon, sausage or other meat.

For lunch the possibilities open up even further with something for everyone. In a healthy mood? Try one of the various salads! Want something more traditionally American? They feature some of the best hamburgers in west Georgia. For traditional Southern, go for the grilled pork chops or the hamburger steak with grilled onions.

To compliment the entrées, the café offers a variety of sides, including pinto beans, fried okra, scalloped potatoes, a delicious salad and other daily specials. Falling in line with Southern tradition, the café tops the meal off with the customer's choice of a corn muffin or a delicious, warm, golden brown biscuit.

The café offers homemade desserts as well. Choices vary daily, but their brownies are some of the best in Georgia.

GHC students are offered a discount with student ID and are encouraged to stop by between classes and grab a quick bite.

Charlie's Corner Café also accommodates callahead orders for the students with a busy schedule. They can be reached at (678) 363-0699.

Floyd library encourages blind dates

By Derweatra Hammock Managing Ed., Design

Looking for someone to spend free time with? Someone who listens without judgment? Or just for someone to cuddle up with? The Floyd campus library has several candidates for those who are looking to have a good time.

For the spring semester, the library is offering students, faculty and staff the chance to go on a "Blind Date with a Book" of their choice.

Participants can choose from a wide variety of books that are wrapped in colored paper. The books have a few hints written on the wrapping to give clues into what the book is and what it might be about. Participants then select the book that they might be interested in and check it out at the checkout desk.

Melissa Jones, library assistant, discovered the idea online. She stated, "I love the element of surprise and believe it will attract others to want to participate."



Photo by Derweatra Hammock

Danielle Roberson spends time with her blind date book in the GHC Floyd campus library.

Participants can also choose books that they think will fit well in the blind dating pool. They can come up with clues and have a book wrapped and set out for others to pick from.

Elijah Scott, director of libraries, said, "We want students to get the chance to read for fun and not just because they have to for class."

Theresa Kellett, administrative assistant to the director of libraries, thinks the

event is going really well. "We started out with 20 wrapped books. Then we set out seven additional books, and now we are planning to wrap even more," she stated.

For now "Blind Date with a Book" is only on the Floyd campus, but if the event continues to go well, it might be on other GHC campuses. There is also the chance that the library will bring back the event for future academic semesters.

Floyd campus Spring Fling 2014



Photo by Ryan Jones

Cameron Johnson and Valencia Coulibaly play a game of Connect Four at the annual Spring Fling on the Floyd campus April 16. This year, Spring Fling consisted of various games such as Connect Four, Chess and Corn Hole. Adding to that, relaxing massages were available to all students.

Lorde sets relaxing, vibrant tune in debut album 'Pure Heroine'

By Pedro Zavala Editor-in-Chief

Artist Ella Marija Lani Yelich-O'Connor, known as Lorde, makes her professional and artistic debut with her studio album titled "Pure Heroine."

Music review

This album contains the single "Royals," which won Song of the Year at the Grammy's.

Most songs do not stray far from the two mainstream singles "Royals" and "Team," and both set the pace for the rest of the album.

While similar to "Team," the song "Glory and Gore" is darker with more dramatic highs and lows throughout. It has Lorde narrating leisurely paced lyrics with impactful resonances in the background providing the rhythm.

While the lyrics may not make any literal sense, Lorde is able to make sense through the relaxed but vibrant tune she sets throughout the album testifying to the teenage experience.

The album gives plenty of rich beats as auditory evidence of the adolescent life, perfect head-nodding music for summer drives.



Career Exploration

Counseling Support

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Workforce Investment Act (WIA) Program

Available on all GHC campuses.

Learn more online at:

http://www.highlands.edu/site/student-support-services

Persistence pays off for Demaurius Morgan

By Karlee Helms Managing Ed., Sports

After years of being at GHC playing intramurals, Demaurius Morgan finally got his chance to play college basketball. In the GHC Chargers' inaugural season, Morgan tried out and made the team.

Morgan, 24, has been a Georgia Highlands student for the past five years.

After graduating from high school in 2008, Morgan wasn't sure what he was going to do until Jon Hershey, dean of humanities and director of Brother 2 Brother, helped him get into college here at GHC.

"Despite struggles and difficulties on and off campus that have slowed his



Photo by Karlee Helms

Demaurius Morgan, number 20, moves the ball down court in the last home game of the 2013-14 season.

progress, Demaurius has never given up," says Hershey. "He teaches all of us to remain strong and keep reaching for our dreams."

Previously, Morgan was trying out for basketball at multiple other colleges but was always turned down. Morgan stated, "I was told that I was either too short or just not the type of player they were looking for. It was like they were looking for a reason to say no."

Phil Gaffney, athletics director and head men's basketball coach, stated, "Demaurius is a great kid and a tireless worker. He became a starter for us and was extremely valuable to the team in his role. Demaurius was instrumental in helping the program to rise

within one point of the National Tournament. He will certainly be missed next season."

Morgan plans to transfer soon and pursue a degree to either become an English teacher or a health teacher—and to coach basketball however he can.



Photo by Ryan Jones

Demaurius Morgan

Student recruitment is now underway for GHC's 2014-2015 basketball season with three signees so far, more to come

By Karlee Helms Managing Ed., Sports

Although the basketball season has ended, the coaches are working to put together another strong team for the Chargers' and Lady Chargers' 2014-2015 season.

So far, the Chargers have signed three student athletes.

Two of the three signees are from Georgia. They are Paris Ballinger from Dunwoody High School and Doniel Dean from Newnan High School. The third signee, Jaequan Brown, is from Wings Academy in New York City.

"These were very good players, so there were several schools recruiting each athlete," stated Phil Gaffney, athletics director and head men's basketball coach.

There were roughly 50 student athletes being re-

cruited to join the men's basketball team this upcoming season, but only about six student athletes will be joining the team.

Most students being recruited were from the Atlanta area. There were also some students from North Carolina.

Gaffney has hopes that the team will continue to improve and get significantly better this upcoming basketball season.

Gaffney said, "We hope to challenge for a regional title again and would like to get nationally ranked."

Brandan Harrell, head women's basketball coach, has started his recruitment process for the upcoming basketball season.

Out of the majority of the students being recruited, Harrell is looking to bring about five or six new student athletes onto the Lady Chargers, but there is no certainty yet as to who will be signing.

"We will try to recruit players that can play at a high level and compete for conference championships every year," Harrell stated.

Out of all possible Lady Charger recruits, there is a mix of local, in-state, outof-state and international students.

"Our expectations will always be the same for every season," Harrell stated.

"To win a championship, you have to have good players, you have to prepare them to be successful and things have to go your way during the season.

"In other words, you have to have a little good luck. Over the next couple of months is when we will lay the groundwork and try to bring in quality players that will put us in contention," Harrell said.

The signing date for the 2014-2015 Lady Chargers has yet to be determined.

2014 Ping-Pong Champ



Photo by Pedro Zavala

Jorge Jacobo won Floyd campus Six Mile Post/ Intramurals Ping-Pong Tournament.

(The C'ville tourney did not finish on schedule. Look for information on the winner at sixmilepost.com.)

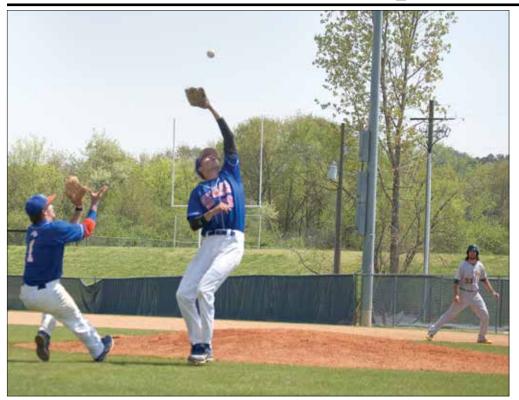


Photo by Antonio Garcia

Camden McGill (left) and Dalton Geekie race to catch in the game against East Georgia College, April 12.

Passion leads to a lifetime full of happiness



Karlee's Corner

Karlee Helms Managing Ed., Sports

Passion is something we all possess as human beings. We are all passionate about different things. Whether it's music, sports or possibly writing, our passion for the things we do is what drives us to achieve greatness.

If you pursue something you are not passionate about, then how long will it take you to get bored with it? By definition, passion is any powerful or compelling emotion or feeling.

Having passion for something doesn't start by waking up in the morning one day and saying, "Wow! That thumb-wrestling competition was intense yesterday! Thumb-wrestling is my new passion!" Finding something that you're passionate about doesn't come that easily.

Hardly anyone knows how much they will like something until they try it out. It takes hard work, dedication and commitment to feel fully rewarded from something and find a desire to continue moving forward with it.

For example, the first time my nephew played in his Little League baseball game he became addicted to the sport.

Everything in his life now revolves around his new found love for baseball. He's only six years old, so he's not going to recognize that his favorite sport could possibly turn into a lifelong passion, but over time the sport he has grown to love could be recognized as one of his future passions.

Professional athletes have to have passion for their sport to be successful, and there had to have been passion in the start of their careers in order for them to get noticed as a talented and dedicated athlete.

Having passion for whatever your heart desires is what is going to make you happy for the rest of your life. Pursue your passions, sports related or not. It's up to you and only you.

Congratulations!

Matt Catanzano, guard for the GHC Chargers, has been named GHC's first ever NJCAA Academic All-American.

Chargers split games with East Ga. College

By Mary Howard Staff Writer

The Charger baseball team played East Georgia College on April 12 as they get close to the end of their first season. The double-header was split, with Highlands losing the first game 2-1 and winning the second 9-2.

In game one, the Chargers hit early and scored a run in the first inning. However, East Georgia got hits in both the fourth and sixth innings, overpowering the Chargers. Parker Acuff started pitching the game. However, after hitting three batters, he was taken out and Dalton Geekie finished the game.

Coach Mike Marra

stated that both his Chargers and the opposing team pitched well in the first game, and that he hoped to come back in the second game and win.

And come back the Chargers did. The Chargers were hitting hard in game two and already had all nine runs in by the third inning. The game, pitched by Mikhail Cazenave, looked to be a shutout until the sixth when East Georgia scored two runs.

As of April 12, the Chargers baseball team had an overall record of 15-26. Marra hopes for wins in enough of the remaining six games so that he can take the team to the National NJCAA Championships on May 24-31.

Lady Chargers softball team to head to GCAA conference

By Mary Howard Staff Writer

The Lady Charger softball team is in the homestretch of its inaugural season. With two wins against USC-Salkehatchie on April 13, their record is 20-25.

The first game was won 6-0, while the second game was won 9-4. The bats were on fire in both games, and the Lady Chargers showed superb pitching throughout. Morgan McKinney pitched the first

four innings with Brandi Hughes taking over to finish out the game.

In game two the Lady Chargers started off strong and had an early lead of 8-0 by the third inning.

USC-Salkehatchie fought back, bringing the score at the end of the fourth inning to 8-2, but it wasn't enough to overtake the Lady Chargers, who placed another run on the board in the fifth.

The team now heads for the conference tournament April 24-26.

Check out the SMP's textbook exchange online at sixmilepost.com